



News Release

University of Nevada School of Medicine

Public Relations Office
Savitt Medical Sciences Building
Reno, Nevada 89557-0046
(702) 784-6001

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There's a silent killer in America that affects 20 percent of the population. It's hypertension. With HEALTHLINE information, here's Dr. David Westfall of the University of Nevada School of Medicine:

"Hypertension, or high blood pressure, is the most important contributing factor to the development of cardiovascular diseases. In turn, cardiovascular disease -- including heart attacks and strokes -- is the leading cause of disability, general unhealthfulness and untimely death in the United States, even ahead of cancer. Once diagnosed as being hypertensive, the patient needs to comply with his or her physician's plan of treatment. Most importantly, this includes taking the medication prescribed for you. The results are clear that the cardiovascular problems that develop as a result of hypertension can be greatly reduced by the use of drugs that lower the blood pressure into the normal range."

This is HEALTHLINE from the University of Nevada School of Medicine.