2) ARTHRITIS

:60 PSA

ARTHRITIS--THE NATION'S NUMBER ONE CRIPPLER-
CAN STRIKE YOUNG AND OLD ALIKE,

BUT IT'S PARTICULARLY PREVALENT AMONG

MIDDLE-AGED WOMEN...DR. H. MALIN PRUPAS (pron. MALIN)

OF THE UNIVERSITY OF NEVADA SCHOOL OF

MEDICINE DESCRIBES THE CONDITION:

.10 "Arthritis is usually characterized...by
inflammation of a joint... swelling, pain,
redness and increased warmth in a particular
joint."

WE ASKED DR. PRUPAS IF ARTHRITIS IS CONFINED

JUST TO THE ELDERLY...

.15 "No, arthritis is seen in young children...
250M children a year...looks like
adult rheumatoid arthritis...a very severe
form of arthritis."

DR. PRUPAS SAYS THE BEST TREATMENT FOR ARTHRITIS

IS STILL ASPIRIN...BUT GOOD NUTRITION, EXERCISE,

REST AND JOINT PROTECTION PLAY AN IMPORTANT ROLE

IN THE TREATMENT AND PREVENTION OF ARTHRITIS. THIS

IS "HEALTHLINE" FROM THE UNIVERSITY OF NEVADA

SCHOOL OF MEDICINE.