

4/84

5) CHILD ABUSE

:60 PSA

THE BEST WAY FOR YOU AS A PARENT TO AVOID A CHILD ABUSE SITUATION IS TO TAKE GOOD CARE OF YOURSELF...THIS ADVICE FROM DR. ROBERT BONAR OF THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE. BEING A PARENT CAN BE FRUSTRATING AND STRESSFUL, AND IF YOU THINK YOU'RE ON THE VERGE OF HURTING YOUR CHILD, ONE IDEA IS TO LEAVE THE ROOM:

.25 "The best way to take care of yourself as a parent...realizing when you're in a stress situation ...walk out...see things with objectivity."

SOME CHILDREN DIE FROM THE PHYSICAL EFFECTS OF CHILD ABUSE; OTHERS EXPERIENCE INTELLECTUAL AND EMOTIONAL PROBLEMS FOR YEARS. PARENTS HAVE THE RESPONSIBILITY FOR AVOIDING CHILD ABUSE. THIS IS "HEALTHLINE" FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.