7) ALCOHOL SERIES - PART II :60 PSA

IN THE SECOND OF A THREE-PART SERIES ON ALCOHOLISM,

DR. JOHN KILEY OF THE UNIVERSITY OF NEVADA SCHOOL OF

MEDICINE SAYS THAT PEOPLE DRINK MOSTLY TO RELIEVE

DEPRESSION AND TO RELAX AND FEEL MORE COMFORTABLE IN

SOCIAL SITUATIONS. THE PROBLEM, HOWEVER, IS THAT

MANY PEOPLE CANNOT DRINK IN MODERATION. DR. KILEY

EXPLAINS WHAT HAPPENS TO A PERSON'S BODY AFTER

LONG-TERM DRINKING:

.20 "There are significant health problems with
long-term drinking...cirrhosis...loss of
memory...loss of ability to function."

THE EARLIEST WARNING SIGN OF ALCOHOLISM IS A PERSON'S
LOSS OF EFFECTIVENESS AT WORK AND IN SOCIAL
SITUATIONS. OUR NEXT MESSAGE ON ALCOHOLISM SUGGESTS
WHERE TO GO FOR HELP IF YOU THINK YOU OR A LOVED ONE
MIGHT BE AN ALCOHOLIC. THIS IS "HEALTHLINE" FROM THE
UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.