

4/84

8) ALCOHOL SERIES - PART III

:60 PSA

IN THE LAST PART OF A SERIES ON ALCOHOLISM, DR. JOHN KILEY OF THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE SAYS IT'S IMPORTANT TO GET HELP FOR THE DISEASE EARLY:

.20 "The most effective means of help has been group support...worked out much better than other method...antabuse to control it."

SOME OF THE EARLY DANGER SIGNS ARE: LOSS OF CONTROL OVER DRINKING; A PHYSICAL OR EVEN LEGAL PROBLEM RELATED TO DRINKING; INCREASED TOLERANCE TO THE EFFECTS OF ALCOHOL; AND WITHDRAWAL SYMPTOMS.

ONE USEFUL TEST IS TO STOP DRINKING FOR AT LEAST THREE MONTHS TO GET A BETTER PERSPECTIVE OF THE ROLE OF ALCOHOL IN YOUR LIFE...THIS IS "HEALTHLINE" FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.