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9) MEDICINES AND THE ELDERLY

:60 PSA

THE OLD ADAGE, "THE FEWER MEDICINES TAKEN THE BETTER," APPLIES PARTICULARLY TO THE ELDERLY. DR. ARNOLD GREENHOUSE, DIRECTOR OF THE GERIATRICS PROGRAM AT THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE, DESCRIBES WHAT CAN HAPPEN IF YOU TAKE TOO MANY MEDICINES:

.15 "The major difficulties are problems with thinking...confusion, light headedness, difficulty in passing urine."

THE ELDERLY SHOULD WATCH OUT FOR OVER-THE-COUNTER MEDICATIONS, ESPECIALLY SLEEPING AND COLD REMEDIES, AND FOR SO-CALLED YOUTH DRUGS.

.20 "Number one when anyone gives medication--prescription drugs...the recipient absolutely has a right to know what the drug is for; how long it should be taken and how much does it cost."

THIS IS "HEALTHLINE" FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.