

8/84

11) ASPIRIN

NO KILL DATE

:60 PSA

A SIMPLE MEASURE WHICH MAY HELP PREVENT STROKES OR HEART DISEASE IN SOME PEOPLE IS TAKING ASPIRIN, SAYS DR. SANDRA DAUGHERTY, OF THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE:

.6 "It's associated with lower prevalence of heart attack, a lower prevalence of stroke.."

AND WHY DO DOCTORS RECOMMEND THAT CERTAIN PATIENTS TAKE ASPIRIN?

.15 "It apparently has an effect on the development of atherosclerosis, so that it apparently slows the process down...and you may expect to have fewer heart attacks or strokes in the population."

AT THE SAME TIME, DR. DAUGHERTY SAYS ASPIRIN IS NOT FOR EVERYBODY:

.14 "If I were a premenopausal woman, I would not take, it, because women have protective hormones, and they are less likely to have coronary disease."

A SPECIAL COATED ASPIRIN CAN HELP THOSE WITH DIGESTIVE UPSETS.

THE IRRITATION PERSISTS, SEE YOU DOCTOR. THIS IS HEALTHLINE, FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.