

10/85

11) HOME BURN REMEDIES

:60 PSA

WHEN A CHILD IS BURNED IN A HOME ACCIDENT, FOLK WISDOM SAYS YOU SHOULD EITHER PUT BUTTER OR AN ICE CUBE ON THE BURN. BUT DR. CHARLES BUERK OF THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE SAYS COLD WATER IS MORE EFFECTIVE:

15.2 The primary thing is to stop the burning process; to stop the heat that's localized in the wound from spreading and creating more damage. So if you can get the burned part immersed in cool, or put it under cool running water for a while, that's fine. Ice cubes and that sort of thing don't work.

AFTER YOU'VE COOLED THE SKIN OFF WITH RUNNING WATER, BUTTER OR OINTMENT MAY THEN BE APPLIED, SAYS DR. BUERK:

17.4 Well, any type of cream or ointment will provide some protection, and most everybody has butter available, so it does provide some protection, I guess, from the pain. So it's helpful in that.

IF YOU HAVE ANY DOUBTS ABOUT THE SERIOUSNESS OF THE BURN, SEE YOUR FAMILY PHYSICIAN. THIS IS HEALTHLINE, FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.