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Yard work is a family activity that could have serious complications, unless certain precautions are taken. Fertilizers, power equipment and even hand tools should all be used with care. On today's HEALTHLINE, Dr. Rick Hanke of the University of Nevada School of Medicine:

"One of the most important hazards in the yard lies in the use of power equipment, especially rotary lawn mowers. Power equipment can cause severe injury and disability due to blades cutting hands or feet or from objects being thrown out by the blades. You can help prevent accidents by remembering the following things. First, remove rocks or other objects from the path of the equipment; operate the equipment well away from other people; wear sturdy shoes or boots and protective eyeglasses; use well-maintained equipment with appropriate housings; and before cleaning a round blade, always shut off equipment and remember to remove the spark plug wire from the spark plug."

This is HEALTHLINE from the University of Nevada School of Medicine.