

10/85

12) SUNBURN

:60 PSA

MOST PEOPLE WHO GET SUNBURNED WILL GET OVER IT,
WITH NO COMPLICATIONS. BUT SOME PEOPLE CAN BECOME
QUITE ILL FROM SUNBURN, AND NEED HOSPITALIZATION,
SAYS DR. CHARLES BUERK OF THE UNIVERSITY OF NEVADA
SCHOOL OF MEDICINE:

16.7 Sunburn can be a bad disease. It's extremely
painful. But you've got to realize that if
it's painful, if they're nauseated, and just
feel sick and they're not going to eat, they
might require hospitalization, or at least a
doctor's care to soothe the burn, and it
burns and it hurts.

WHETHER YOU BURN SKIING, OR TANNING BY THE POOL,
REMEMBER, IT WILL HEAL. YOU MIGHT BLISTER, BUT
THERE SHOULD BE NO SCARRING. AND USE COMMON
SENSE AND SUNSCREENS THE NEXT TIME YOU'RE IN THE
SUN:

12.8 and don't fall asleep by the swimming pool.
Get into the sun slowly when you start out,
especially if you're from the north coming
down here and the sun is, relatively hot.
Unfortunately, we've seen patients we've had
to admit to the burn unit.

IF YOU HAVE ANY DOUBTS ABOUT THE SERIOUSNESS OF A
SUNBURN, SEE YOUR PHYSICIAN. THIS IS HEALTHLINE,
FROM THE UNIVERSITY OF NEVADA SCHOOL OF MEDICINE.