

HEALTHLINE

✓ 1. Sage - sunburn

Americans are summertime sun-worshippers, but Dr. Roderick Sage of the University of Nevada School of Medicine tells HEALTHLINE that people of all ages - children, teenagers and even senior citizens - must be wary of the effects of the sun.

He: The sun season is upon us again....

Out: This is HEALTHLINE from the University of Nevada School of Medicine  
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✓ 2. Terry - children of divorce

When strife in a family leads to divorce, it's important to remember that children are affected as much as adults. They may feel rejected or even think that they caused the problem, Dr. Bill Terry of the University of Nevada School of Medicine tells HEALTHLINE.

He: Children don't believe in no-fault divorce...

3. Small - anorexia nervosa

Anorexia nervosa oftentimes represents a struggle for power between a young, bright woman and a family that pushes her to achieve, Dr. Elisabeth Small of the University of Nevada School of Medicine tells HEALTHLINE.

She: Anorexia nervosa is a dramatic disorder characterized...

4. Altrocchi - loss of a love

Death is final, but other types of loss can leave a number of issues and emotions unresolved, Dr. John Altrocchi of the University of Nevada School of Medicine tells HEALTHLINE.

He: Losing a love through separation or divorce is the most powerful stress...

✓ 5. Altrocchi - approaching marriage

Marriage is serious business and should be approached only after a couple has prepared themselves emotionally, psychologically and economically, Dr. John Altrocchi of the University of Nevada School of Medicine tells HEALTHLINE.

He: If you're considering marriage, you need to think about...

✓ 6. Carmichael - antihistamines

Over-the-counter drugs used to combat the dreaded effects of allergy and hayfever that proliferate in the spring and summer should be chosen with care, Dr. Jannet Carmichael of the University of Nevada School of Medicine tells HEALTHLINE.

She: The American public buys \$500 - \$700 million of non-prescription...

7. Mazzaferri - diabetes

Diabetes is the third leading cause of death by disease in this country, after cancer and heart disease. But current research is promising and Dr. Ernest Mazzaferri of the University of Nevada School of Medicine tells HEALTHLINE there is hope diabetics can lead close to normal lives.

He: Diabetes is a very important disease, affecting approximately...

8. St. Jeor - nutrition

Coffee guzzlers and sugar freaks beware! What you eat determines what you are, Dr. Sachiko St. Jeor of the University of Nevada School of Medicine tells HEALTHLINE.

She: Good nutrition is important in maintaining health...

9. Koze1 - AIDS

AIDS,

a mysterious affliction which kills most of its victims, has become almost epidemic in the United States. The cause is undiscovered and there is no cure, Dr. Thomas Koze1 of the University of Nevada School of Medicine tells HEALTHLINE.

He: AIDS is a disease known as....

10. Rothstein - asthma

Asthma may be a chronic problem, but there are ways asthma sufferers can alleviate their problems, Dr. Ronald Rothstein of the University of Nevada School of Medicine tells HEALTHLINE.

He: Asthma is a disease that involves narrowing...

✓ 11. Rothstein - hayfever

If you're sneezing and wheezing because it's hayfever season, you're in the company of thousands--but there are ways to control your symptoms, Dr. Ronald Rothstein of the University of Nevada School of Medicine tells HEALTHLINE.

He: Hayfever is a genetic problem which generally....

12. Rothstein - bee stings

Bees buzzing is a sign of spring, but to people who are allergic to bees and other insects, the buzzing is a signal to beware, Dr. Ronald Rothstein of the University of Nevada School of Medicine tells HEALTHLINE.

He: Although most of us find insect stings simply annoying...

13. Westfall - hypertension

There's a silent killer in America that affects 20 percent of the population. It's hypertension--and it's often controllable with drugs, Dr. David Westfall of the University of Nevada School of Medicine tells HEALTHLINE.

He: Hypertension, or high blood pressure, is the most important contributing factor...

14. St. Jeor - herpes simplex II

Herpes simplex II affects 500,000 people annually and while there are new drugs that help control it, eradication of the virus is impossible. The best prevention of herpes II is through careful choosing of sexual partners, Dr. Stephen St. Jeor of the University of Nevada School of Medicine tells HEALTHLINE.

He: Herpes Simplx virus includes several different virus types...

15. Hanke - safety in the yard

Yard work is a family pasttime that often has serious complications unless certain precautions are taken. Fertilizers, power equipment and even hand tools should all be used with care and only after reading all instructions, Dr. Rick Hanke of the University of Nevada School of Medicine tells HEALTHLINE.

He: One of the most important hazards in the yeard lies in the use of power equipment...