



News Release

University of Nevada School of Medicine

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Anorexia nervosa oftentimes represents a struggle for power between a young, bright woman and a family that pushes her to achieve. On today's HEALTHLINE, here's Dr. Elisabeth Small of the University of Nevada School of Medicine:

"Anorexia nervosa is a dramatic disorder characterized by behavior toward losing weight. It occurs mainly in women, but can persist also in men. The onset usually is around the age of 15 to 25 and often occurring in persons who are highly achievement-oriented and concerned with control over their body image. The progressive weight loss is dangerous because it affects the rest of the body and can lead to a loss of monthly periods, constipation, bloating, swelling and lowering blood pressure. Psychological symptoms include depression, feelings of helplessness, social isolation, problems in sexual functioning and, in general, problems of control."

This is HEALTHLINE from the University of Nevada School of Medicine.