



**Nevada
Area
Health
Education
Centers**

Ross Hall 209
School of Medicine
University of Nevada
Reno, Nevada 89557
(702) 784-1317
FAX (702) 784-6096

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Rehabilitation skills workshop for Lovelock nurses

Release: immediately

For more information contact:

Ann Diggins, community relations coordinator, 784-1317

Darlene McCart, R.N., Pershing County General Hospital, 273-2621

LOVELOCK--A four-hour class on rehabilitation skills for nurses will be held Sunday, Oct. 8, noon to 4 p.m., at Pershing County Community Center.

The class, sponsored by Nevada Area Health Education Centers, is designed to teach participants how to plan nursing care based on rehabilitation and restorative philosophy. In addition, nurses will learn specific techniques for helping patients regain lost communication and cognition abilities, swallowing and feeding, mobility and self-care.

Instructors include Cheryl Parlin, R.N., M.S.N., the neuro rehabilitation clinical nursing specialist at Saint Mary's Regional Medical Center and an adjunct faculty member of Orvis School of Nursing, University of Nevada, Reno as well as Linde Spuhler, M.S., C.C.C., Saint Mary's speech and language pathologist.

Cost of the course is \$16 if pre-registered by Oct. 2 and \$32 if registered after that date. The class is open to RNs, LPNs and nursing assistants and will provide four continuing education credits.

AHEC, a federally-funded program, works in partnership with the University of Nevada School of Medicine to provide support services for rural health care professionals.