

# NEWS RELEASE

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## UNIVERSITY OF NEVADA SCHOOL OF MEDICINE

FOR THE GOOD HEALTH OF NEVADA

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### SOM Offers new drug combinations for weight loss

Lynne Williams, medical school information  
June 11, 1996

#### FOR IMMEDIATE RELEASE

If you are valiantly trying to keep up an exercise program and are reading food labels to lower the fat in your diet, but are still not losing weight; if you quit a diet because you were tired of feeling hungry, you may need some extra help.

The Nutrition Associates Weight Management Center at the School of Medicine is offering a **free** information seminar to educate the public about the latest techniques in weight loss and control, including a new combination of drugs called Phen-Phen. These drugs have been shown to be safe and effective for many people who have difficulty losing weight, by decreasing appetite and increasing the feeling of fullness during and following a meal.

The school's Weight Management program also includes counseling in nutrition, exercise, and behavior modification.

The **free** informational seminar will be held **Wednesday, June 26, from 5:30 - 6:30 p.m.** in the **Sierra Room** at the **University Inn**. Nutrition professionals will explain more about the weight management and control program, as well as the drug therapy program offered through the school.

Space is limited, so please call **784-1595** for reservations.

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