

NEWS RELEASE



Public Relations Office
Savitt Medical Sciences Building/356
Reno, Nevada 89557-0046
(702) 784-6003
FAX: (702) 784-6096

Public Relations Office
2040 W. Charleston Blvd., Suite #503
Las Vegas, Nevada 89102-2386
(702) 383-2638
FAX: (702) 486-3582

UNIVERSITY OF NEVADA SCHOOL OF MEDICINE

FOR THE GOOD HEALTH OF NEVADA

Med School offers free depression screenings

Lynne Williams, medical school information
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FOR IMMEDIATE RELEASE

Mental health professionals from the University of Nevada School of Medicine will offer local residents the opportunity to learn about the signs and symptoms of depression, and to participate in a free screening as part of National Depression Screening Day, **Thursday, Oct. 10, 5:30 - 7:00 p.m. in the Manville Auditorium.**

Participants will hear a brief talk on the causes, symptoms, and treatments of depression, followed by a short video. Individuals will complete an anonymous written screening test for depression, and have the opportunity to discuss the results with a mental health professional.

Depression strikes more than 17 million Americans each year, according to figures from the National Institute of Mental Health. Fewer than half of them, however, seek treatment, even though treatment can help 80 percent of those affected. Common symptoms of depression include feelings of hopelessness, worthlessness, restlessness and irritability, changes in sleep and appetite, loss of energy and thoughts of death or suicide.

If you would like to participate, contact either David Antonuccio, Ph.D., at 328-1490; or William Danton, Ph.D., at 328-1225.