

# UNIVERSITY OF NEVADA SCHOOL OF MEDICINE

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#### FOR THE GOOD HEALTH OF NEVADA

### Women volunteers needed

Lynne Williams, medical school information June 29, 1995

## FOR IMMEDIATE RELEASE

Historically, women have been under-represented in most studies done on the causes and treatment of disease. However, that is changing. The University of Nevada School of Medicine has been awarded \$8.5 million by the National Institutes of Health to take part in a nationwide study of women's health issues. The 12-year project, which is the first to be undertaken by the school's Landra Reid Center for Women's Health Studies, will examine the risk factors involved in heart disease, breast cancer and osteoporosis in older women.

Nationwide, 160,000 women will be studied during the next 12 years; 3,800 will be enrolled in the Nevada study.

The project will involve both clinical trials and an observational study. The clinical trials will be set up to study: 1) the effect of hormone replacement therapy on heart attacks in women, 2) whether a low-fat diet can reduce breast cancer rates, and 3) whether calcium and vitamin D can slow down bone loss due to osteoporosis. All trials will be randomized, with approximately half of the participants receiving intervention (such as hormones, calcium and vitamin D), while the other half will receive placebos.

-MORE-

Kachleen

### PUBLICITY TIMELINE FOR WOMAN'S HEALTH INITIATIVE

### LYNNE WILLIAMS - PATTY BORHANI

### April 21, 1995

The video is completed, and three dubs have been made for the three major affiliates in Reno. The copies of the audio tape have not been done yet; neither IMS or KUNR had the capability to do the size required.

May

May 23 - 30 Lynne is on vacation in Alaska

Because the Center is still trying to process all the volunteers that have called in already, no further publicity will be done until after the May and June elections. June 6 is the general Washoe County election. Press releases will be on the computer and can be pulled up and run whenever the need arises during this schedule.

#### June

June 1

Patty B. begins contacts in minority communities

June 7-25

Patty in Europe and Canada

June 8 or 9 Deliver the video PSAs to KTVN-TV, KOLO-TV, and KRNV-TV; and audio PSAs to key radio stations. These will be delivered only if the Center is caught up with their interviews and have the capability of processing additional volunteers.

June 13 - 16

Review current mailing lists, and contact people in the community who can provide lists for the categories of women that still need to be filled (minorities or specific age groups). Contact Bernice Martin-Matthews for lists of African Americans (if the Legislature - blunch is finished with their work), and Shayne Del Cohen for lists of Native Americans. Hispanic : ann (ask)

June 19

Mailing to Tahoe South Shore: 2093 pieces zip 89448 Zephyr Cove Stateline zip 89449 zip 89413 Glenbrook

1000 946 147

Senior adnocate -Prime Time (REJ.)

Ready to go, according to Pathyahora - Lespanie Black: Virita Black

	News release to local area papers and adjacent California communities on South Shore just before mailing.		
June 20	Lynne will pitch the idea of a story in Silver and Blue magazine for one of the issues late in the year.		
July			
July 3 - 14	Lynne is on vacation in Alaska		
July 5	Mailing to outlying areas of I-80 corridor: 2350 piecesImlay-Unionvillezip 8941884Lovelockzip 89419508Winnemuccazip 89446541zip 894451217		
July 18	Check to see how recruitment is going; contact Rollan Melton for an additional mention in his column, stressing age group and minorities that are needed.		
July 24	Mailing to Tahoe North Shore:2734 piecesCrystal Bayzip 89402213Incline Villagezip 894501688zip 89451284zip 89452549		
	Mailing to North Shore communities should be led by news releases to local area as well as adjacent California communities of Truckee, Tahoe City, etc.		
August			
August 4	Patty in Washington, D.C. and New York City		
	Look at different areas where we could recruit volunteers for the study; senior centers, the Health Department, YWCA.		
August 7	Mailing Fallon and Northern Washoe County area: 3484 piecesFallonzip 894062823Zip 89407546Nixonzip 8942448Gerlachzip 8941267Mailing to these areas to be proceeded by news release to local		
	and adjacent California communities of Susanville and Sierraville.		

August 21	Mailings to Southern I locations: 3842 pieces	Douglas County	and Mineral Co	ounty
	Gardnerville	zip 89419	2412	
	Genoa	zip 89411	125	
	Schurz			
		zip 89427	107	
	Hawthorne	zip 89145	928	
		zip 89422		
		zip 89404 (		
		zip 89426	> 6	
			1	
	Virginia City	zip 89490	236	
September				
September 5	Mailing to communitie	e east of clinic	sita: 1135 piaca	
September 5				5
	Yerington	zip 89447	1501	
	Wellington	zip 89444	566	
	Smith	zip 89430	81	
	Silver City	zip 89428	45	
		zip 89429	844	
	Fernley	zip 89408	1098	
September 18	Mailing to Carson City	area: 5181 pie	ces	
	Dayton	zip 89403	957	
	Empire	zip 89405	46	
	Wadsworth	zip 89442	150	
	Carson City	zip 89701	4028	
0.11		Lip of tor	1020	
October				
October 2	Mailing to Carson City	continue: 2381	nieces	
	Carson City	zip 89702	1057	
		zip 89704	659	
		zip 89705		
		zip 89721	136	
		210 03721	150	
		zip 89711)		
		zip 89801 >	5	
		zip 89832		
October 16	Comon City continue	5102		
October 10	Carson City continue:	-	1074	
	Carson City	zip 89703	1874	
		zip 89706	3228	

## November

November 1 - June 30, 1996

Mailing to Sparks and Reno area begins at the rate of 1000 to 3000 every two weeks: 48,345 pieces.

Silver and Blue article appears

# December

Dec. 26 - Jan. 8 Lynne's on vacation in Hawaii

### January

January 16 Discuss the possibility of doing "Mother/Daughter" PSAs. This will depend on how the recruitment is going, and what funds are available.

dw2/PR/whi.timeline

Tentative Timeline for DMV Mailing

June 1995

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June 7-25 Patty in Europe & Canada

June 19 Mailing to Tahoe South Shore: 2093 pieces Zephyr Cove zip 89448 1000 Stateline zip 89449 946 Glenbrook zip 89413 147

> News release to local area papers and adjacent California communities on South Shore just before mailing.

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#### July 1995

July 5	Mailing to outlying areas of I-80 corridor: 2350 pieces
	Imlay-Unionville zip 89418 84 Lovelock zip 89419 508 Winnemucca zip 89446 541 zip 89445 1217
July 24	Mailing to Tahoe North Shore: 2734 pieces Crystal Bay zip 89402 213 Incline Village zip 89450 1688 zip 89451 284 zip 89452 549
	Mailing to North Shore communities should be led by news releases to local area as well as adjacent California communities of Truckee, Tahoe City, etc.
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August 1995	
August 7	Mailing Fallon and Northern Washon County area.

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Mailing to these areas to be proceeded by news

release to local and adjacent California communities of Susanville and Sierraville.

August 21 Mailings to Southern Douglas County and Mineral and Mineral County locations: 3842 pieces

Gardnerville	zip	89410	2412
Genoa	-	89411	125
Schurz		89427	107
Hawthorne	-	89145	928
		89422)	
	zip	89404 (	
	zip	89426	6
	zip	89409)	
Virginia City	zip	89490	236

September 1995

Sept. 5	Mailing to communi 4135 pieces	ities east of c	linic site:
	Yerington	zip 89447	1501
	Wellington	zip 89444	566
	Smith	zip 89430	81
	Silver City	zip 89428	45
		zip 89429	844
	Fernley	zip 89408	1098
Sept 18	Mailing to Carson	a'. 510	
SPOLIA	Malling to Carson	ITTV area. 518	I DIACAC

Sept.18	Mailing to Carson	City area: 5181	pieces
	Dayton	zip 89403	957
	Empire	zip 89405	46
	Wadsworth	zip 89442	150
	Carson City	zip 89701	4028

#### October 1995

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zip 89706

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