

NEWS RELEASE



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UNIVERSITY OF NEVADA SCHOOL OF MEDICINE

FOR THE GOOD HEALTH OF NEVADA

Med School offers free Eating Disorder lecture

Medical school information
April 21, 1997

FOR IMMEDIATE RELEASE/RENO

In this era of pencil-thin models and actresses, too many of our young people, primarily female, begin punishing their bodies at an early age in order to achieve what are unrealistic goals. Is it social pressure alone or are there physiological factors involved?

The University of Nevada School of Medicine's Landra Reid Center for Women's Studies is offering a free lecture on May 4, 6:30 p.m., in the school's Manville Auditorium on Eating Disorders: Anorexia Nervosa, Binge Eating and Bulimia. The speaker is Kathryn Zerbe, M.D., who is professor of psychiatry at the Menninger Clinic in Topeka, Kansas, and has written a recently published book, *The Body Betrayed: Women, Eating Disorders, and Treatment*.

The lecture, and a one-day workshops for medical professionals, is supported by an educational gift from Columbia Sunrise Hospital and Medical Center. For information, call (702) 784-4468.

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eatingdi.pr