

LANDRA REID CENTER FOR WOMEN'S HEALTH STUDIES

The Landra Reid Center for Women's Health Studies was established by the School of Medicine to focus attention on and develop resources for the study of health problems of Nevada women, across their life cycle from adolescence through old age.

Priority health problems that are at especially high rates of occurrence in Nevada women have been targeted for study by the Center. These are cardiovascular disease, breast cancer, lung cancer, suicide and mental depression, domestic violence, and obesity and nutrition related problems.

The Landra Reid Center will also serve as a focal point for the development of research and education projects which address women's health issues. The Center invites others in the University and health care communities to share their ideas with us regarding further education and research projects. Please call us at 702-784-4906 or write us at Landra Reid Center for Women's Health Studies, Division of Community Medicine, Redfield Building/145, University of Nevada School of Medicine, Reno, NV 89557.

CONFERENCE FACULTY



Dr. Zerbe is staff psychoanalyst, staff psychiatrist, vice president for education and research, and the Helen Malsin Palley Professor of Psychiatry, the Menninger Clinic, Topeka, Kansas. She has written and taught extensively on women's mental health and eating disorders, and has recently published a book, *The Body Betrayed: Women, Eating Disorders, and Treatment*.

Keynote Speaker - Kathryn Zerbe, M.D.,

Robert M. Daugherty, Jr., M.D., Ph.D.
Dean, University of Nevada School of Medicine
Professor, Internal Medicine and Physiology

Caroline Davis, Ph.D.
Department of Psychiatry
University of Toronto School of Medicine
Program for Eating Disorders, Toronto Hospital
Professor, Kinesiology and Health
York University

Denise Wilfley, Ph.D.
Professor, Psychology
San Diego State University
Center for Eating and Weight Disorders

Linda Smolack, Ph.D.
Professor, Psychology
Kenyon College, Ohio

Robert Lynn Horne, M.D.
Clinical Associate Professor, Psychiatry and Behavioral
Sciences
Medical Director, Adult Psychiatric Unit,
Eating Disorders Program
Lake Mead Hospital, Las Vegas

Craig Johnson, Ph.D.
Professor, Clinical Psychology, University of Tulsa
Director of the Eating Disorders Center
Laureate Psychiatric Clinic and Hospital

Mary Sanders, Ph.D.
Director of Psychology, Division of Child Psychiatry
Stanford University School of Medicine

Pauline Powers, M.D.
Professor, Psychiatry and Behavioral Medicine
University of South Florida School of Medicine,
Tampa
Director of Eating Disorders Program

CONFERENCE SCHEDULE

7:30 Registration
8:00 Welcome and Introduction
of Landra Reid
Dr. Robert M. Daugherty
Welcome and Conference Goals
Landra Reid

8:15 Keynote Address:
Eating Disorders 2000:
Perspectives, Challenges, and Treatment
Implications
Kathryn Zerbe, M.D.

Medical and Psychological Assessment

9:15 Adolescents at Risk - Personality,
Behavioral, and Societal Dimensions
Mary Sanders, Ph.D.

10:15 Break

10:30 Athletics, Physical Activity, and
Eating Disorders - Psychobiological
Perspectives
Caroline Davis, Ph.D.

11:30 Medical and Psychiatric Assessment
and Early Treatment Options
Pauline Powers, M.D.

12:30 Lunch by Discipline Group

Medical and Psychological Treatment

3:15 Reno/1:30 Las Vegas
Creative Models of Treatment:
Surviving in an Environment of
Reduced Reimbursement
Craig Johnson, Ph.D.

2:15 Cognitive Behavioral Therapy
Denise Wilfley, Ph.D.

3:00 Break

1:30 Reno/3:15 Las Vegas
Medical Management - A Nevada
Perspective
Robert Lynn Horne, M.D.

Prevention

4:00 Developing Prevention Programs
Linda Smolack, Ph.D.

COURSE DESCRIPTION AND OBJECTIVES

This conference will provide physicians and medical team professionals with the most current information regarding assessment, treatment, and prevention of eating disorders in women.

The day will also provide the opportunity for an exchange of ideas, development of resources, and networking among medical professionals to better address the needs of women with eating disorders in our communities.

Formal presentations, including case examples, will be accompanied by question-and-answer periods.

Questions related to your patient cases are invited.

At the completion of the program, participants will be able to:

- Identify the High Risk Patient
- Determine the Differential Diagnosis
- Prescribe Early Interventions
- Determine the Appropriate Treatment Level in an Environment of Reduced Reimbursement
- Understand the Rationale for Medical and Psychological Management
- Contribute to the Prevention of Eating Disorders

FOR MORE INFORMATION

University of Nevada School of Medicine
Nutrition, Education and Research Program
Redfield Building/153
Reno, NV 89557-004
(702) 784-4474, FAX (702) 784-4468

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