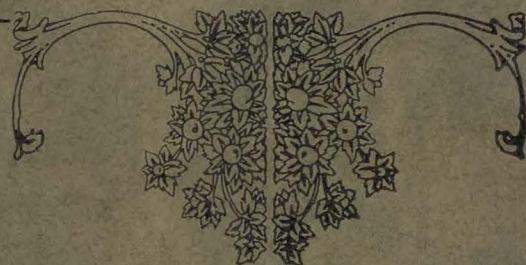


University of Nevada  
Agricultural Extension Division

CECIL W. CREEL, Director



ANNUAL REPORT

—FOR—

CLARK, LINCOLN AND WHITE PINE COUNTIES

ELLEN LeNOIR, District Extension Agent

1926



# COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS

U. S. Department of Agriculture  
and State Agricultural Colleges  
Cooperating

Extension Service,  
Office of Cooperative Extension Work,  
Washington, D. C.

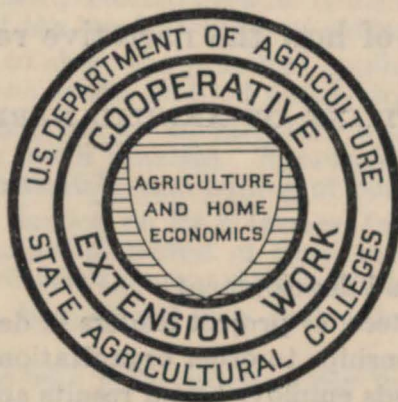
## ANNUAL REPORT OF COUNTY EXTENSION WORKERS

This report form is to be used by county extension agents, such as county agricultural agent, home demonstration agent, club agent, and negro agent, reporting on their respective lines of work.

State Nevada County Clark, Lincoln, White Pine  
Report of Ellen Le Noir County District Extension Agent.  
(Name) (Title)  
From November 1, 1925 to October 31, 1926.

If agent has not been employed entire year, indicate exact period. Agents resigning during the year should make out this report before quitting the service.

**READ DEFINITIONS, PAGES 3 AND 4**



Approved:

Date \_\_\_\_\_  
State or District Supervisor.

Date \_\_\_\_\_  
State Extension Director.

AC0089/1/24



## SUGGESTIONS RELATIVE TO THE PREPARATION OF THE COUNTY EXTENSION AGENT'S ANNUAL REPORT.

The annual report should be a review, analysis, interpretation, and presentation to the people of the county, the State, and the Nation of the sum total of the extension activities in each county for the year and the results obtained by the county extension agent assisted by the subject-matter specialists. The making of such a report is of great value to the county extension agent and the people of the county in showing the progress made during the year as a basis for future plans. It is of vital concern also to the State and Nation as a measure of rural progress and a basis for intelligent legislation and financial support.

Separate statistical and narrative reports are desired from each county extension agent in charge of a line of work, such as county agent, home demonstration agent, boys' and girls' club agent, and negro agent. Where an assistant agent has been employed a part or all of the year, a report on his or her work should be included with the report of the leader in charge of that line of work. Where an agent in charge of a line of work has quit the service during the year, the information contained in his or her report should be incorporated in the annual report of the agent on duty at the close of the report year, and the latter report so marked. Where two or more extension agents are employed in a county, each in charge of a line of work, care should be exercised to avoid including the same data in the statistical report of more than one agent.

At least four copies of the annual report should be made: One copy for the county officials, one copy for the agent's files, one copy for the State extension office, and one copy for the Extension Service, United States Department of Agriculture. *The report to the Washington office should be sent through the State extension office.*

### NARRATIVE SUMMARY.

The narrative report should be a statement in orderly fashion and arranged under appropriate subheadings, of the work done, methods used, and results obtained under each project, as well as of the general work accomplished. Every statement should be clear-cut, concise, forceful, and, where possible, reenforced with ample data from the statistical summary. In the preparation of the part of the report relative to each project, the results reported in the statistical summary for the project should be analyzed, conclusions drawn, and recommendations made. The report may well be illustrated with photographs, maps, diagrams, blue prints, or copies of charts and other forms used in demonstration work. Full credit should be given to all cooperating agencies. The lines should be single-spaced, with double space between the paragraphs, and reasonably good margins left. The pages should be numbered in consecutive order.

The following outline is suggestive of how the narrative report may be clearly and systematically presented:

#### SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT.

- I. Cover and title page.
- II. Table of contents.
- III. Status of county extension organization.
  - (1) Form of organization—changes and development.
  - (2) Function of local people, committees, or project leaders in developing the program of work.
  - (3) General policies, including relationships to other organizations.
- IV. Program of work, goals established, methods employed, and results achieved.
  - (1) Factors considered and methods used in determining program of work.
  - (2) Project activities and results.
 

(a) Soils	}	(including diseases and insects).
(b) Farm crops		
(c) Horticulture Home gardens Beautification of home grounds		
(d) Forestry		
(e) Rodents, predatory animals, and birds.		
(f) Animal husbandry	}	(including diseases and insects).
(g) Dairy husbandry Home dairy		
(h) Poultry husbandry Home poultry		

## SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT—Continued.

- IV. Program of work, etc.—Continued.
  - (2) Project activities and results—Continued.
    - (i) Rural engineering.  
Rural engineering—home.
    - (j) Agricultural economics, including farm management and marketing.  
Home marketing.
    - (k) Foods.
    - (l) Nutrition.
    - (m) Clothing.
    - (n) Home management.
    - (o) House furnishings.
    - (p) Home health and sanitation.
    - (q) Community activities.
    - (r) Miscellaneous.
- V. Outlook and recommendations, including suggestive program of work for next year.
- VI. Summary of activities and accomplishments, preferably of one or two typewritten pages only, placed at the beginning or end of the narrative report.

### STATISTICAL SUMMARY.

To supplement the narrative part of the report, and in order that comparable State and National summaries may be made, it is necessary to include a statistical summary of the work in each county. The following form has been prepared to insure uniformity of reporting. In addition to the questions asked under each subdivision of the report, space is provided to add further data if desired. The statistical summary will grow naturally out of the field and office records.

### DEFINITIONS OF TERMS USED IN THIS REPORT.

1. A PROGRAM OF WORK is a definitely outlined plan for extension work.
2. A PROJECT is a definite, systematic, organized plan for carrying out some phase of the extension program of work, providing for what is to be done, how much, when, where, how, and by whom.
3. MISCELLANEOUS WORK includes work which has not yet become a regular part of the program of work—work other than project work.
4. A COMMUNITY, for the purposes of this report, may be any one of the several units into which the county is divided for purposes of conducting organized extension work.
5. A PROJECT LEADER OR LOCAL LEADER is a person, selected because of his or her special interest and fitness, who functions as a leader in advancing some phase of the local program of extension work.
6. A DEMONSTRATION is an example designed to show the practical application of an established fact. Demonstrations as contemplated in this report are of two kinds, method demonstrations and result demonstrations.
  - A method demonstration is a demonstration given by an extension worker or other trained leader to a group for the purpose of showing them how to carry out a practice. Synonym: Lecture demonstration. Examples: Demonstrations of canning, mixing of spray materials, and culling of poultry.
  - A result demonstration is a demonstration carried on by a farmer, farm woman, boy, or girl under the direction of the extension service, involving a substantial period of time, records of results, and comparisons. Examples: Child-feeding, corn-culture, and orchard-management demonstrations.
7. A DEMONSTRATOR is a farmer, farm woman, boy, or girl who, under the direction of the extension service, conducts a result demonstration.
8. MEMBERS COMPLETING should include those who have satisfactorily finished the work outlined for the current year.
9. A DEMONSTRATION MEETING is a meeting held to give a method demonstration or to start, inspect, or further a result demonstration.
10. A TRAINING MEETING is a meeting at which project leaders or local leaders are trained to carry on extension activities in their respective communities.
11. AN OFFICE CALL OR TELEPHONE CALL is a visit or call by a farmer or other person seeking agricultural or home economics information, as a result of which some definite assistance or information is given.
12. A FARM VISIT is a call at a farm by the agent at which some definite information is given or concrete plan of work outlined, or some valuable information obtained from the farmer regarding his work, or the better practice prevailing in his neighborhood.
13. A HOME VISIT is a call at a home by the agent at which some definite information is given or concrete plan of work outlined, or some valuable information obtained from the farm woman regarding her work, or the better practice prevailing in her neighborhood.
14. DAYS IN OFFICE should include time spent by the county agent in his office, at county agent conferences, and any other work directly related to office administration.
15. DAYS IN FIELD should include all days spent on official duty other than those spent in office.
16. LETTERS WRITTEN should include all single letters on official business.



DEFINITIONS OF TERMS USED IN THIS REPORT—Continued.

17. A FARMERS' INSTITUTE is one of a series of meetings of one to two days' duration, arranged by a central State farmers' institute agency, at which agricultural and home-economics problems are discussed, usually by outside speakers employed for the purpose.
18. AN EXTENSION OR MOVABLE SCHOOL is an itinerant school usually of two to six days' duration where practical but systematic instruction is given to persons not resident at the college. AN EXTENSION SHORT COURSE differs from an extension school in that it is usually held at the college or other educational institution and usually for a longer period of time, but not exceeding two weeks.
19. RECORDS consist of definite information filed in the county office that will enable the agent to verify the data on extension work included in this report.
20. FARM OR HOME PRACTICE ADOPTED is a new or improved practice adopted on a farm or in a home during the year as a result of extension teaching. Examples: Spraying of potatoes for disease, canning of fruits and vegetables, use of balanced rations, and hat making.

GENERAL ACTIVITIES.

Report only this year's extension activities and results that are supported by records.

If an assistant agent has been employed during the year, include his or her work with that of the agent.

1. List below the names, titles, and periods of service of the county extension agents whose work is included in this report.

<u>Ellen Le Noir</u>	<u>District Extension Agent</u>	<u>Nov. 1-25,</u>
(Name.)	(Title.)	(Months of service this year.)
-----		
		<u>Oct-31, 26</u>

2. Number of communities in district county where extension work should be conducted..... 29 2
3. Number of above communities in which the extension program has been cooperatively worked out by extension agents and people concerned..... 22 3
4. Number of voluntary county, community, or local leaders actively engaged in forwarding the extension program with— 4
  - (a) Juniors..... 37x
  - (b) Adults..... 23
5. Number of clubs carrying on extension work: 5
  - (a) Junior..... 18
  - (b) Adult Not clubs but project groups..... 15
6. Membership in above clubs: 6
 

(a) Boys <sup>1</sup> ..... 0	(c) Men..... 45
(b) Girls <sup>1</sup> ..... 188	(d) Women..... 180
7. Number of club members completing: 7
 

(a) Boys <sup>2</sup> ..... 0	(c) Men..... 40
(b) Girls <sup>2</sup> ..... 134	(d) Women..... 173
8. Number of members in junior club work for four or more years: 8
 

(a) Boys..... 0	(c) Men..... 26
(b) Girls..... 26	(d) Women..... 26

<sup>1</sup> Report the total number of different boys or girls enrolled in club work. This total should equal the sum of the project enrollments reported on pages 8 to 31, less any duplications due to the same boy or girl carrying on two or more subject-matter lines of work.

<sup>2</sup> Include those boys and girls enrolled in club work as reported under 6 (a) and 6 (b) who have finished the work undertaken or such portion of it as it was planned to finish during the report year.

X. 37 leaders with Juniors included 17 keep growing demonstration leaders and 20 club leaders.

GENERAL ACTIVITIES—Continued.

- |   |      |        |
|---|------|--------|
| 9. Number of junior teams trained.....  | 11   |        |
| (a) Judging.....  | 13   | } 9    |
| (b) Demonstration.....  | 7    |        |
| 10. Number entering college this year who have been club members.....               | 0    | } 10 X |
| 11. Total number of farm visits <sup>1</sup> made in conducting extension work..... | 0    | } 11   |
| 12. Number of different farms visited.....  | 0    | } 12   |
| 13. Total number of home <sup>1</sup> visits made in conducting extension work..... | 341  | } 13   |
| 14. Number of different homes visited.....  | 186  | } 14   |
| (a) Office.....   | 68   | } 15   |
| (b) Telephone.....  | 55   |        |
| 16. Number of days agent spent in office.....                                       | 106  | } 16   |
| 17. Number of days agent spent in field.....  | 190  | } 17   |
| 18. Number of individual letters written.....                                       | 859  | } 18   |
| (a) Community.....  | 1    | } 19   |
| (b) County.....   | 0    |        |
| (a) Number.....   | 2    | } 20   |
| (b) Leaders in attendance.....  | 2    |        |
| (a) Number.....   | 135  | } 21   |
| (b) Attendance.....   | 6143 |        |
| (a) Number.....   | 0    | } 22   |
| (b) Attendance.....   | 0    |        |
| (a) Number.....   | 0    | } 23   |
| (b) Attendance.....   | 0    |        |
| (1) Boys.....   | 0    | } 24   |
| (2) Girls.....  | 27   |        |
| (c) Total attendance.....   | 41   |        |
| (a) Number.....   | 39   | } 25   |
| (b) Attendance.....   | 1285 |        |
| (a) Lantern slides.....   | 0    | } 26   |
| (b) Motion pictures.....  | 0    |        |
| (c) Charts.....   | 0    |        |

[Use space below to include other important data.]

Achievement program for 4-H Clubs.....	2
Attendance.....	1750
Pageant in which 4-H Club members took part.....	1
Attendance.....	4000

<sup>1</sup> Do not count the same visit as both a farm visit and a home visit.

<sup>2</sup> See definition on page 3.

X Besides these 7 club members, there is 1 club leader entering college this year.



PROGRAM SUMMARY

List below information on each project of the program of work for the year. If an assistant agent has been employed during the year, include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered.

Title of project.	Number of communities participating. <sup>1</sup>	Number of local leaders assisting. <sup>2</sup>	Days specialists helped.	Days agent devoted to projects.
	(a)	(b)	(c)	(d)
[Illustrative entry.] Poultry	6	7	2	14
27. Soils (page 7)	0			27
28. Farm crops (pages 8, 9, 10, 11)				28
29. { Horticulture (page 12)—home gardens (page 27) { Beautification of home grounds (page 26)	14	14	3	65
30. Forestry (page 13)	0			30
31. Rodents, predatory animals, and birds (page 13)	0			31
32. Animal husbandry (pages 14, 15, columns b, c, d, f)	0			32
33. Dairy husbandry (pages 14, 15, column a)—home dairy (page 29)	0			33
34. Poultry husbandry (pages 14, 15, column e)—home poultry (page 28)	0			34
35. { Rural engineering (page 16) { Rural engineering—home (page 26)	0			35
36. Agricultural economics (pages 17, 18)—home marketing (page 30)	0			36
37. Foods (pages 19, 20)	8	7		30
38. Nutrition (page 21)	17	17	23	74
39. Clothing (page 22)	17	15		90
40. Home management (page 23)	1	1		7
41. House furnishings (page 24)	4	4		21
42. Home health and sanitation (page 25)	0			0
43. Community activities (pages 18, 31)	1			2
44. Miscellaneous (pages 18, 31)	0			
Answering calls on matters not in program, etc.				7
TOTAL	X X X	X X X	26	296

<sup>1</sup> The individual entries in this column should not exceed entry for question 2, page 4.  
<sup>2</sup> The individual entries in this column should not exceed entry for question 4, page 4.

FARM-DEMONSTRATION WORK.

SOILS.<sup>1</sup>

Report only this year's extension activities and results that are supported by records.

45. Number of method demonstrations given. (See definition 6, page 3.)	45
46. Number of result demonstrations started or under way. (See definition 6, page 3.)	46
47. Number of result demonstrations completed or carried through the year	47
48. Number of acres involved in these completed demonstrations	48
49. Number of farms adopting improved practices in the use of commercial fertilizer this year	49
50. Tons involved in preceding question	50
51. Number of farms taking better care of farm manures this year	51
52. Number of farms using lime or limestone for the first time	52
53. Tons of lime or limestone so used	53
54. Number of farms plowing under cover or other green manure crops for the first time	54
55. Acres of cover and green manure crops so plowed under	55
56. Total number of different farms adopting improved practices, relative to the soils work reported on this page. (Include questions 47, 49, 51, 52, and 54 less duplications.)	56

[Use space below to include other important data relating to soils.]

<sup>1</sup> For drainage, irrigation, land clearing, and terracing see "Rural Engineering," page 16.







LEGUMES AND FORAGE CROPS—Continued.

Report only this year's extension activities and results that are supported by records.

Item.	(g) Velvet beans.	(h) Field beans.	(i) Peanuts.	(j) Lespedeza.	(k) Pastures.	(m) Other. <sup>1</sup>	
71. Number of method demonstrations given.....							71
72. Number of adult result demonstrations started or under way.....							72
73. Number of adult result demonstrations completed or carried through the year.....							73
74. Acres involved in these completed demonstrations.....							74
75. Increased yield <sup>2</sup> per acre on demonstrations.....	bu. tons	bu.	bu.	tons	X X X	bu. tons	75
76. Number of junior clubs <sup>3</sup> .....							76
77. Number of members enrolled.....							77
(a) Boys.....							
(b) Girls.....							
78. Number of members completing.....							78
(a) Boys.....							
(b) Girls.....							
79. Number of acres grown by junior club members completing.....							79
80. Total yield <sup>2</sup> of crops grown by junior club members.....	bu. tons	bu.	bu.	tons	X X X	bu. tons	80
81. Number of farms planting improved seed for the first time.....							81
82. Number of farms practicing seed selection for the first time.....							82
83. Number of farms inoculating for these crops for the first time.....							83
84. Total number of different farms adopting improved practices relative to the legumes and forage crops reported on this page.....							84
[Use space below to include other important data relating to legumes and forage crops.]							

<sup>1</sup> Indicate crop by name.  
<sup>2</sup> Indicate whether yield is bushels of seed or tons of cured forage.  
<sup>3</sup> States which do not organize clubs on a project basis should not report on this question but should report on enrollment and completion.

POTATOES, COTTON, TOBACCO, AND OTHER SPECIAL CROPS.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Irish potatoes.	(b) Sweet potatoes.	(c) Cotton.	(d) Tobacco.	(e) Other. <sup>1</sup>	
85. Number of method demonstrations given.....						85
86. Number of adult result demonstrations started or under way.....						86
87. Number of adult result demonstrations completed or carried through the year.....						87
88. Acres involved in these completed demonstrations.....						88
89. Increased yield per acre on demonstrations.....	bu.	bu.	lbs. <sup>2</sup>	lbs.		89
90. Number of junior clubs <sup>3</sup> .....						90
91. Number of members enrolled.....						91
(a) Boys.....						
(b) Girls.....						
92. Number of members completing work.....						92
(a) Boys.....						
(b) Girls.....						
93. Number of acres grown by junior club members completing.....						93
94. Total yield of crops grown by junior club members.....	bu.	bu.	lbs. <sup>2</sup>	lbs.		94
95. Number of farms planting improved seed for the first time.....						95
96. Number of farms practicing seed selection for the first time.....						96
97. Number of farms treating seed for disease for the first time.....						97
98. Number of farms spraying or dusting for diseases and insects for the first time.....						98
99. Total number of different farms adopting improved practices relative to potatoes, cotton, tobacco, and other special crops reported on this page.....						99
[Use space below to include other important data relating to potatoes, cotton, tobacco, and other special crops.]						

<sup>1</sup> Indicate crop by name.  
<sup>2</sup> Report yield of cotton in pounds of seed cotton.  
<sup>3</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HORTICULTURE.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Tree fruits.	(b) Bush and small fruits.	(c) Grapes.	(d) Market gardening, truck and canning crops.	(e) Home gardens.	(f) Beautification of home grounds.	
100. Number of method demonstrations given.....							100
101. Number of adult result demonstrations started or under way.....							101
102. Number of adult result demonstrations completed or carried through the year.....							102
103. Acres involved in these completed demonstrations.....					X X X	X X X	103
104. Increased yield per acre on demonstrations.....	bu.	qts.	lbs.	bu.	X X X	X X X	104
105. Number of junior clubs <sup>1</sup> .....							105
106. Number of members enrolled.....							106
(a) Boys.....							
(b) Girls.....							
107. Number of members completing.....							107
(a) Boys.....							
(b) Girls.....							
108. Number of acres grown by junior club members completing.....						X X X	108
109. Total yield of crops grown by junior club members.....	bu.	qts.	lbs.	bu.	bu.	X X X	109
110. Number of farms planting improved stock or seed for the first time.....							110
111. Number of farms pruning for the first time.....							111
112. Number of units involved in preceding question.....	trees	acres	acres	X X X	X X X	X X X	112
113. Number of farms spraying or otherwise treating for diseases and insect pests for the first time.....							113
114. Number of units involved in preceding question.....	acres	acres	acres	acres	X X X	X X X	114
115. Number of farms adopting improved practices relative to the horticultural work reported on this page.....							115
[Use space below to include other important data relating to horticulture.]							

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

FORESTRY.

Report only this year's extension activities and results that are supported by records.

116. Number of method demonstrations given.....		116
117. Number of adult result demonstrations started or under way.....		117
118. Number of adult result demonstrations completed or carried through the year.....		118
119. Number of acres included in these completed demonstrations.....		119
120. Number of junior clubs <sup>1</sup> .....		120
121. Number of members enrolled.....	{ (a) Boys.....	121
	{ (b) Girls.....	
122. Number of members completing.....	{ (a) Boys.....	122
	{ (b) Girls.....	
123. Number of acres handled by junior club members.....		123
124. Number of forest or woodland plantings made this year.....		124
125. Acres involved in preceding question.....		125
126. Number of farms assisted in forest management this year.....		126
127. Acres involved in preceding question.....		127
128. Number of farms planting windbreaks this year.....		128
129. Number of farms attempting to control white-pine blister rust for first time.....		129
130. Number of acres involved in preceding question.....		130
131. Total number of farms adopting improved practices relative to the forestry work reported on this page.....		131

[Use space below to include other important data relating to forestry.]

RODENTS AND MISCELLANEOUS<sup>2</sup> INSECT AND ANIMAL PESTS.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Rodents.	(b) Other animal pests. <sup>3</sup>	(c) Grass- hoppers.	(d) Other insects. <sup>3</sup>	
132. Number of method demonstrations given.....					132
133. Number of result demonstrations started or under way.....					133
134. Number of such demonstrations completed or carried through the year.....					134
135. Number of acres in these completed demonstrations.....					135
136. Total number of farms cooperating in control measures this year.....					136
137. Number of acres involved in preceding question.....					137

<sup>1</sup> States which do not organize clubs on a project basis should not report on this question but should report on enrollment and completion.

<sup>2</sup> Do not include work reported under "Crop" and "Livestock" headings.

<sup>3</sup> Indicate by name.











AGRICULTURAL ECONOMICS—Continued.

Report only this year's extension activities and results that are supported by records.

205. List below this year's results in connection with the cooperative-marketing associations in the county previously organized and with which the extension service counseled or advised. 205

(a) Name of association or group.	(b) Number of members.	Supplies and products handled.	Supplies purchased.		Products sold.	
			(c) Value.	(d) Saving.	(e) Value.	(f) Profit.
			\$.....	\$.....	\$.....	\$.....
TOTAL						

205½. Total number of different farms adopting improved marketing practices (include entries for questions 204 (b) and 205 (b) less duplications plus other farms not in cooperative associations) 205½

COMMUNITY ACTIVITIES AND MISCELLANEOUS.

Report only this year's extension activities and results that are supported by records.

Use this space to include work on any other agricultural project not included in the preceding pages, such as beekeeping, and similar work, i. e., any other information that can be reported statistically and that will help to give a complete account of the year's work.

Item.	(a)	(b) <sup>1</sup>	(c) <sup>1</sup>
	Beekeeping..		
206. Number of method demonstrations given.....			206
207. Number of adult result demonstrations started or under way.....			207
208. Number of result demonstrations completed or carried through the year.....			208
209. Number of units in these completed demonstrations.....			209
210. Number of junior clubs <sup>2</sup> .....			210
211. Number of members enrolled.....	(a) Boys.....		211
	(b) Girls.....		
212. Number of members completing.....	(a) Boys.....		212
	(b) Girls.....		
213. Number of units involved in junior club work completed.....			213
214. Total number of different farms adopting improved practices relative to the miscellaneous work reported on this page.....			214
[Use space below to include other important data relating to miscellaneous work.]			

<sup>1</sup> Indicate name over column.

<sup>2</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME-DEMONSTRATION WORK.

FOODS.

Report only this year's extension activities and results that are supported by records.

FOOD PREPARATION.

215. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	7	215
	(b) Juniors.....	0	
216. Number of members enrolled in food preparation.....	(a) Women.....	53	216
	(b) Girls.....	0	
	(c) Boys.....	0	
217. Number of members completing <sup>2</sup> .....	(a) Women.....	48	217
	(b) Girls.....	0	
	(c) Boys.....	0	
218. Number of method demonstrations given. (See definition 6, page 3.).....		20	218
219. Number of result demonstrations started or under way. (See definition 6, page 3.).....	(a) Women.....	25	219
	(b) Girls.....	0	
	(c) Boys.....	0	
220. Number of result demonstrations completed or carried through the year.....	(a) Women.....	20	220
	(b) Girls.....	0	
	(c) Boys.....	0	
221. Number of individuals adopting improved practices in bread making this year.....	(a) Women.....	0	221
	(b) Girls.....	0	
	(c) Boys.....	0	
222. Number of individuals adopting improved practices in meat cookery this year.....	(a) Women.....	50	222
	(b) Girls.....	0	
	(c) Boys.....	0	
223. Number of individuals adopting improved practices in vegetable cookery this year.....	(a) Women.....	65	223
	(b) Girls.....	0	
	(c) Boys.....	0	
224. Number of individuals adopting improved practices in preparation of dairy-product dishes this year.....	(a) Women.....	70	224
	(b) Girls.....	0	
	(c) Boys.....	0	
225. Number of individuals adopting improved practices in meal preparation and service this year.....	(a) Women.....	24	225
	(b) Girls.....	0	
	(c) Boys.....	0	
226. Number of homes budgeting the family food supply for the first time.....		0	226
227. Total number of different homes adopting improved practices relative to the food-preparation work reported on this page. (Include entries for questions 220, 221, 222, 223, 224, 225, and 226 less duplications.).....		9	227

[Use space below to include other important data relating to food preparation.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion  
<sup>2</sup> Include those who have finished the work undertaken, or such portion of it as it was planned to finish during the report year.



FOODS—Continued.

Report only this year's extension activities and results that are supported by records.

FOOD PRESERVATION.

228. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 1	} 228
	(b) Juniors..... 5	
229. Number of members enrolled in food preservation.....	(a) Women..... 9	} 229
	(b) Girls..... 24	
	(c) Boys..... 0	
230. Number of members completing.....	(a) Women..... 9	} 230
	(b) Girls..... 16	
	(c) Boys..... 0	
231. Number of method demonstrations given.....	5	231
232. Number of result demonstrations started or under way.....	(a) Women..... 9	} 232
	(b) Girls..... 24	
	(c) Boys..... 0	
233. Number of result demonstrations completed or carried through the year.....	(a) Women..... 9	} 233
	(b) Girls..... 16	
	(c) Boys..... 0	
234. Number of individuals adopting improved practices in preserving fruits and vegetables this year.....	(a) Women..... 25	} 234
	(b) Girls..... 30	
	(c) Boys..... 0	
235. Number of individuals adopting improved practices in preserving meats and fish this year.....	(a) Women..... 12	} 235
	(b) Girls..... 6	
	(c) Boys..... 0	
236. Number of homes providing better food storage for the first time.....	-	236
237. Total number of different homes adopting improved practices relative to the food-preservation work reported on this page.....	33	237
238. List below amount of food preserved by club members completing:		238

Kind of food.	(1) Women.	(2) Girls.	(3) Boys.
(a) Fruits and vegetables canned..... quarts.....	9368	1053	
(b) Meats and fish canned..... quarts.....	706	10	
(c) Jelly and preserves made..... quarts.....	1662	20	
(d) Fruit juices made..... quarts.....			
(e) Pickles made..... quarts.....	432	40	
(f) Fruits and vegetables dried..... pounds <sup>2</sup> .....	9081	124	
(g) Meats cured..... pounds <sup>2</sup> .....			

[Use space below to include other important data relating to food preservation.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.  
<sup>2</sup> Finished product.

NUTRITION.

Report only this year's extension activities and results that are supported by records.

239. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	} 239
	(b) Juniors.....	
240. Number of members enrolled in nutrition.....	(a) Women.....	} 240
	(b) Girls.....	
	(c) Boys.....	
241. Number of members completing.....	(a) Women.....	} 241
	(b) Girls.....	
	(c) Boys.....	
242. Number of method demonstrations given.....	30	242
243. Number of result demonstrations started or under way.....	(a) Women.....	} 243
	(b) Girls.....	
	(c) Boys.....	
244. Number of result demonstrations completed or carried through the year.....	(a) Women.....	} 244
	(b) Girls.....	
	(c) Boys.....	
245. Number of individuals balancing family meals according to approved methods for the first time.....	(a) Women.....	} 245
	(b) Girls.....	
	(c) Boys.....	
246. Number of individuals preparing better school lunches for the first time.....	(a) Women.....	} 246
	(b) Girls.....	
	(c) Boys.....	
247. Number of schools induced to serve a hot dish or school lunch for the first time.....		247
248. Number of children involved in preceding question.....		248
249. Number of homes carrying out improved practices in child feeding for the first time.....		249
250. Number of children involved in preceding question.....		250
251. Total number of different homes adopting improved practices relative to the nutrition work reported on this page.....		251

Keep growing Demonstrations (School child nutrition)  
 [Use space below to include other important data relating to nutrition.]

No. Community demonstrations.....	17
No. Volunteer local leaders assistance.....	17
No. Children enrolled.....	1406
No. Children completing.....	1342
Percent increase in normal children.....	2%
Percent decrease in dangerously underweight.....	12.5%
No. Communities reaching state goal of 75% either normal or slightly underweight and 10% or less dangerously underweight.....	3

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

Total number of schools having hot lunch.....	2
Total children enroled ( in hot school lunch).....	19



CLOTHING.

Report only this year's extension activities and results that are supported by records.

252. Number of project clubs or groups <sup>1</sup> .....	{(a) Women --- 1 (b) Juniors --- 17}	252
253. Number of members enrolled in clothing work.....	{(a) Women --- 6 (b) Girls --- 164 (c) Boys --- 0}	253
254. Number of members completing.....	{(a) Women --- 5 (b) Girls --- 118 (c) Boys --- 0}	254
255. Number of method demonstrations given.....	{(a) Women --- 6 (b) Girls --- 164 (c) Boys --- 0}	255
256. Number of result demonstrations started or under way.....	{(a) Women --- 5 (b) Girls --- 118 (c) Boys --- 0}	256
257. Number of result demonstrations completed or carried through the year.....	{(a) Women --- 20 (b) Girls --- 175 (c) Boys --- 0}	257
258. Number of individuals adopting improved practices in selection and construction.....	{(a) Women --- 0 (b) Girls --- 164 (c) Boys --- 0}	258
259. Number of individuals adopting improved practices in renovation and remodeling.....	{(a) Women --- 5 (b) Girls --- 0 (c) Boys --- 0}	259
260. Number of individuals adopting improved practices in millinery.....	{(a) Women --- 25 (b) Girls --- 35}	260
261. Number of individuals adopting improved practices in costume designing.....	{(a) Women --- 0 (b) Girls --- 0}	261
262. Number of individuals adopting improved practices in infant wardrobe planning.....	{(a) Women --- 0 (b) Girls --- 0}	262
263. Number of individuals adopting improved practices in children's wardrobe planning.....	{(a) Women --- 0 (b) Girls --- 0}	263
264. Number of individuals adopting improved practices in adult wardrobe planning.....	{(a) Women --- 0 (b) Girls --- 30}	264
265. Total number of different homes adopting improved practices relative to the clothing work reported on this page.....	{(a) Women --- 0 (b) Girls --- 0}	265
266. Number of dress forms made this year by.....	{(a) Women --- 0 (b) Girls --- 124}	266
267. Number of dresses and coats made this year by.....	{(a) Women --- 0 (b) Girls --- 194}	267
268. Number of undergarments made this year by.....	{(a) Women --- 5 (b) Girls --- 0}	268
269. Number of hats made this year by.....	{(a) Women --- 0 (b) Girls --- 0}	269

[Use space below to include other important data relating to clothing.]

Household linens and other miscellaneous articles by girls 820  
 Garments made over or mended by girls 300

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME MANAGEMENT.

Report only this year's extension activities and results that are supported by records.

270. Number of project clubs or groups <sup>1</sup> .....	{(a) Women --- 1 (b) Juniors --- 0}	270	
271. Number of members enrolled in home management.....	{(a) Women --- 6 (b) Girls --- 0 (c) Boys --- 0}	271	
272. Number of members completing.....	{(a) Women --- 6 (b) Girls --- 0 (c) Boys --- 0}	272	
273. Number of method demonstrations given.....	{(a) Women --- 6 (b) Girls --- 0}	273	
274. Number of result demonstrations started or under way.....	{(a) Women --- 6 (b) Girls --- 0}	274	
275. Number of result demonstrations completed or carried through the year.....	{(a) Women --- 0 (b) Girls --- 0}	275	
276. Number of individuals following a systematized plan of household work for the first time.....	{(a) Women --- 0 (b) Girls --- 0}	276	
277. Number of homes obtaining additional labor-saving equipment this year.....	15	277	
278. Number of kitchens planned and rearranged for convenience this year.....	3	278	
279. Number of individuals following improved laundry practices for the first time.....	{(a) Women --- 2 (b) Girls --- 0}	279	
280. Number of individuals making budgets and keeping accounts for the first time.....	{(a) Women --- 0 (b) Girls --- 0}	280	
281. Total number of different homes adopting improved practices relative to the home-management work reported on this page.....	15	281	
282. List below the number of labor-saving appliances involved in question 277:		282	
(a) Hand washing machines.....	2	(f) Kitchen cabinets.....	1
(b) Power washing machines.....	1	(g) Electric or gasoline irons.....	1
(c) Fireless cookers.....	1	(h) Pressure Cookers.....	1
(d) Kitchen sinks.....	1	(i) .....	
(e) Power vacuum cleaners.....	0	(j) .....	

[Use space below to include other important data relating to home management.]

(p) Miscellaneous Kitchen equipment 30  
 (r) Kitchen rearrangement 3  
 (t) Working Heights 5

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HOUSE FURNISHINGS.

Report only this year's extension activities and results that are supported by records.

283. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 4	} 283
	(b) Juniors..... 0	
284. Number of members enrolled in house furnishings.....	(a) Women..... 35	} 284
	(b) Girls..... 0	
	(c) Boys..... 0	
285. Number of members completing .....	(a) Women..... 30	} 285
	(b) Girls..... 0	
	(c) Boys..... 0	
286. Number of method demonstrations given.....	9	286
287. Number of result demonstrations started or under way .....	(a) Women..... 35	} 287
	(b) Girls..... 0	
	(c) Boys..... 0	
288. Number of result demonstrations completed or carried through the year .....	(a) Women..... 30	} 288
	(b) Girls..... 0	
	(c) Boys..... 0	
289. Number of individuals adopting improved practices in selection and arrangement of furnishings this year .....	(a) Women..... 10	} 289
	(b) Girls..... 0	
	(c) Boys..... 0	
290. Number of individuals adopting improved practices in the repairing and remodeling of furnishings this year.....	(a) Women..... 0	} 290
	(b) Girls..... 0	
	(c) Boys..... 0	
291. Number of individuals adopting improved practices in wall, woodwork, and floor treatment this year .....	(a) Women..... 40	} 291
	(b) Girls..... 0	
	(c) Boys..... 0	
292. Number of rooms involved in questions 289, 290, and 291.....	(a) Bedrooms..... 12	} 292
	(b) Living rooms..... 10	
	(c) Dining rooms..... 9	
	(d) Other rooms..... 10	
293. Total number of different homes adopting improved practices relative to the house-furnishing work reported on this page.....	30	293

[Use space below to include other important data relating to house furnishings.]

(a) Furniture purchased	6
(b) Furniture renovated	3
(c) Rugs made	10
(d) Quilts made	25
(e) Pairs curtains made	6

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME HEALTH—SANITATION.

Report only this year's extension activities and results that are supported by records.

294. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 0	} 294
	(b) Juniors..... 0	
295. Number of members enrolled in home health and sanitation.....	(a) Women.....	} 295
	(b) Girls.....	
	(c) Boys.....	
296. Number of members completing .....	(a) Women.....	} 296
	(b) Girls.....	
	(c) Boys.....	
297. Number of method demonstrations given .....		297
298. Number of result demonstrations started or under way.....	(a) Women.....	} 298
	(b) Girls.....	
	(c) Boys.....	
299. Number of result demonstrations completed or carried through the year.....	(a) Women.....	} 299
	(b) Girls.....	
	(c) Boys.....	
HEALTH. <sup>2</sup>		
300. Number of homes adopting recommended health practices this year.....		300
301. Number of individuals adopting recommended practices in—		301
(a) Use of health score card .....	(f) Care of skin and hair .....	
(b) Good posture .....	(g) Home nursing .....	
(c) Prevention of colds .....	(h) First aid.....	
(d) Good elimination .....	(i) .....	
(e) Care of teeth .....	(j) .....	
302. Is your health program coordinated with the work of State and county health authorities?.....	(a) Yes.....	} 302
	(b) No.....	
SANITATION.		
303. Number of homes installing sanitary closets or outhouses this year according to plans furnished.....		303
304. Number of homes screened for the first time.....		304
305. Number of homes following other methods of controlling flies, mosquitoes, and other insects for the first time .....		305
306. Total number of different homes adopting improved practices relative to the sanitation work reported on this page.....		306

[Use space below to include other important data relating to home health and sanitation.]

Slight assistance was given to one fly control campaign.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.  
<sup>2</sup> It is assumed that this work is conducted in cooperation with State and county health authorities.



RURAL ENGINEERING—HOME.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 16.

307. Number of method demonstrations given.....	0	307
308. Number of result demonstrations started or under way.....	0	308
309. Number of result demonstrations completed or carried through the year.....	0	309
310. Number of dwellings constructed this year according to plans furnished.....	0	310
311. Number of dwellings remodeled this year according to plans furnished.....	0	311
312. Number of sewage-disposal systems installed this year according to plans furnished.....	0	312
313. Number of water systems installed this year according to plans furnished.....	0	313
314. Number of heating systems installed this year according to plans furnished.....	0	314
315. Number of lighting systems installed this year according to plans furnished.....	0	315
316. Number of poultry houses constructed this year according to plans furnished.....	0	316
317. Total number of different homes adopting improved practices relative to the rural-engineering work reported on this page.....	0	317

[Use space below to include other important data relating to rural engineering.]

BEAUTIFICATION OF HOME GROUNDS.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 12.

318. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 1 (b) Juniors..... 0	318
319. Number of members enrolled in beautification of home grounds.....	(a) Women..... 41 (b) <del>Girls</del> Men..... 34 (c) Boys..... 0	319
320. Number of members completing.....	(a) Women..... 40 (b) <del>Girls</del> Men..... 32 (c) Boys..... 0	320
321. Number of method demonstrations given.....	(a) Women..... 41 (b) <del>Girls</del> Men..... 34 (c) Boys..... 0	321
322. Number of result demonstrations started or under way.....	(a) Women..... 40 (b) <del>Girls</del> Men..... 32 (c) Boys..... 0	322
323. Number of result demonstrations completed or carried through the year.....	(a) Women..... 40 (b) <del>Girls</del> Men..... 32 (c) Boys..... 0	323
324. Number of home grounds planted this year according to a landscape plan.....	0	324 x
325. Number of school and community grounds planted this year according to a landscape plan.....	0	325
326. Number of homes painted or whitewashed this year as a result of instruction in beautification.....	0	326
327. Total number of different homes beautifying home grounds this year.....	72	327

[Use space below to include other important data relating to beautification of home grounds.]

A yard improvement contest was carried on, in which both men and women enrolled and 72 yards were improved.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

No detailed plans were furnished by agent.

HOME GARDENS.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 12.

328. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 14 (b) Juniors..... 0	328
329. Number of members enrolled in home gardens.....	(a) Women..... 136 (b) <del>Girls</del> Men..... 39 (c) Boys..... 0	329
330. Number of members completing.....	(a) Women..... 132 (b) <del>Girls</del> Men..... 36 (c) Boys..... 0	330
331. Number of method demonstrations given.....	(a) Women..... 136 (b) <del>Girls</del> Men..... 39 (c) Boys..... 0	331
332. Number of result demonstrations started or under way.....	(a) Women..... 132 (b) <del>Girls</del> Men..... 36 (c) Boys..... 0	332
333. Number of result demonstrations completed or carried through the year.....	(a) Women..... 132 (b) <del>Girls</del> Men..... 36 (c) Boys..... 0	333
334. Number of gardens involved in result demonstrations.....	(a) Women..... 4 (b) <del>Girls</del> Men..... 1 (c) Boys..... 0	334
335. Number of individuals adopting improved practices in growing fruit trees this year.....	(a) Women..... 4 (b) <del>Girls</del> Men..... 1 (c) Boys..... 0	335
336. Number of individuals adopting improved practices in growing bush and small fruits this year.....	(a) Women..... 4 (b) Girls..... 0 (c) Boys..... 0	336
337. Number of individuals adopting improved practices in growing grapes this year.....	(a) Women..... 0 (b) Girls..... 0 (c) Boys..... 0	337
338. Number of individuals adopting improved practices in growing vegetables this year.....	(a) Women..... 145 (b) <del>Girls</del> Men..... 45 (c) Boys..... 0	338
339. Number of individuals saving improved stock or seed for the first time.....	(a) Women..... 0 (b) Girls..... 0 (c) Boys..... 0	339
340. Number of homes spraying or otherwise treating garden crops for diseases and insect pests for the first time.....	15	340
341. Number of individuals growing winter gardens for the first time.....	(a) Women..... 10 (b) Girls..... 0 (c) Boys..... 0	341
342. Total number of different homes adopting improved practices relative to the home-garden work reported on this page.....	190	342

[Use space below to include other important data relating to home gardens.]

No garden tours were conducted; in one community, a garden day was held at which time various people visited 2 gardens; in another community many (uncounted) visits were made by cooperators to each other's gardens.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HOME POULTRY.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on pages 14 and 15.

343. Number of project clubs or groups <sup>1</sup> .....	{(a) Women ..... 0 (b) Juniors ..... 0}	343
344. Number of members enrolled in home poultry.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	344
345. Number of members completing.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	345
346. Number of method demonstrations given.....		346
347. Number of result demonstrations started or under way.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	347
348. Number of result demonstrations completed or carried through the year.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	348
349. Number of birds in result demonstrations raised or managed by.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	349
350. Total profit on result demonstrations conducted by.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	350
351. Number of individuals culling flocks for the first time.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	351
352. Number of homes culling flocks for the first time.....		352
353. Number of birds in these flocks.....		353
354. Number of birds discarded.....		354
355. Number of homes feeding better-balanced poultry rations for the first time.....		355
356. Number of individuals assisted in obtaining standard-bred eggs for hatching this year.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	356
357. Number of homes assisted in obtaining standard-bred cockerels this year.....		357
358. Number of individuals adopting improved practices in early hatching and chick rearing this year.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	358
359. Number of homes directly assisted in increasing the family income this year through poultry.....		359
360. Number of homes controlling poultry insects for the first time.....		360
361. Total number of different homes adopting improved practices relative to the home-poultry work reported on this page.....		361

[Use space below to include other important data relating to home poultry.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion. 8-5146

HOME DAIRY.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on pages 14 and 15.

362. Number of project clubs or groups <sup>1</sup> .....	{(a) Women ..... 0 (b) Juniors ..... 0}	362
363. Number of members enrolled in home-dairy work.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	363
364. Number of members completing.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	364
365. Number of method demonstrations given.....		365
366. Number of result demonstrations started or under way.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	366
367. Number of result demonstrations completed or carried through the year.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	367
368. Number of cows or calves in result demonstrations raised or managed by.....	{(a) Women ..... (b) Girls ..... (c) Boys .....}	368
369. Number of homes feeding better dairy rations for the first time.....		369
370. Number of homes adopting better practices in the sanitary production and care of milk this year.....		370
371. Number of homes adopting better practices in butter or cheese making this year.....		371
372. Number of pounds of butter made.....		372
373. Number of pounds of cheese made.....		373
374. Total number of different homes adopting improved practices relative to the home-dairy work reported on this page.....		374

[Use space below to list other important data relative to home dairying.]

Two families have secured cows to supply the children with milk.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion. 8-5146



HOME MARKETING.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on pages 17 and 18.

375. Number of method demonstrations given..... 375

376. List below the cooperative-marketing associations organized during this year upon suggestion and counsel of the Extension Service. 376

(a) Name of association or group.	(b) Number of members.	Products sold.		Supplies purchased.	
		(c) Value.	(d) Profit.	(e) Value.	(f) Saving.
Curb or bazaar markets.....		\$.....	\$.....	\$.....	\$.....
Egg circles.....					
TOTAL.....					

377. List below this year's results in connection with the cooperative-marketing associations in the county previously organized and with which the Extension Service counseled or advised. 377

(a) Name of association or group.	(b) Number of members.	Products sold.		Supplies purchased.	
		(c) Value.	(d) Profit.	(e) Value.	(f) Saving.
Curb or bazaar markets.....		\$.....	\$.....	\$.....	\$.....
Egg circles.....					
TOTAL.....					

378. Number of homes standardizing and grading products for markets: 378

- (a) Poultry and poultry products..... (d) Fruits and vegetables.....
- (b) Canned goods..... (e) .....
- (c) Dairy products..... (f) .....

378½. Total number of different homes adopting improved marketing practices (include entries for questions 376 (b) and 377 (b) less duplications plus other homes not in cooperative associations).... 378½

[Use space below to list the principal products handled in cooperative marketing associations reported above.]

COMMUNITY ACTIVITIES AND MISCELLANEOUS—HOME.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 18.

Use this page to include work on any other home-economics project not included in the preceding pages, such as recreation, basket making, and similar work, i. e., any other information that can be reported statistically and that will help to give a complete account of the year's work.

Item.	(a) <sup>1</sup>	(b) <sup>1</sup>	(c) <sup>1</sup>
379. Number of project clubs or groups <sup>2</sup> .....	(a) Women.....	1	} 379
	(b) Juniors.....		
380. Number of members enrolled.....	(a) Women.....	6	} 380
	(b) Girls.....	3	
	(c) Boys.....	5boys 6men	
381. Number of members completing.....	(a) Women.....		} 381
	(b) Girls.....		
	(c) Boys.....		
382. Number of method demonstrations given.....		3	382
383. Number of result demonstrations started or under way.....	(a) Women.....	0	} 383
	(b) Girls.....	0	
	(c) Boys.....	0	
384. Number of result demonstrations completed or carried through the year.....	(a) Women.....		} 384
	(b) Girls.....		
	(c) Boys.....		
385. Number of units involved in such result demonstrations.....	(a) Women.....		} 385
	(b) Girls.....		
	(c) Boys.....		
386. Total number of different homes adopting improved practices relative to the miscellaneous work reported on this page.....		6	386
[Use space below to include other important data relating to miscellaneous work.]			

<sup>1</sup> Indicate name over column.

<sup>2</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



ANNUAL REPORT  
OF  
DISTRICT AGENT  
FOR  
SOUTHEASTERN DISTRICT OF NEVADA  
(CLARK, LINCOLN & WHITE PINE COUNTIES)  
SUBMITTED BY  
ELLEN LE NOIR,  
DISTRICT EXTENSION AGENT  
1926



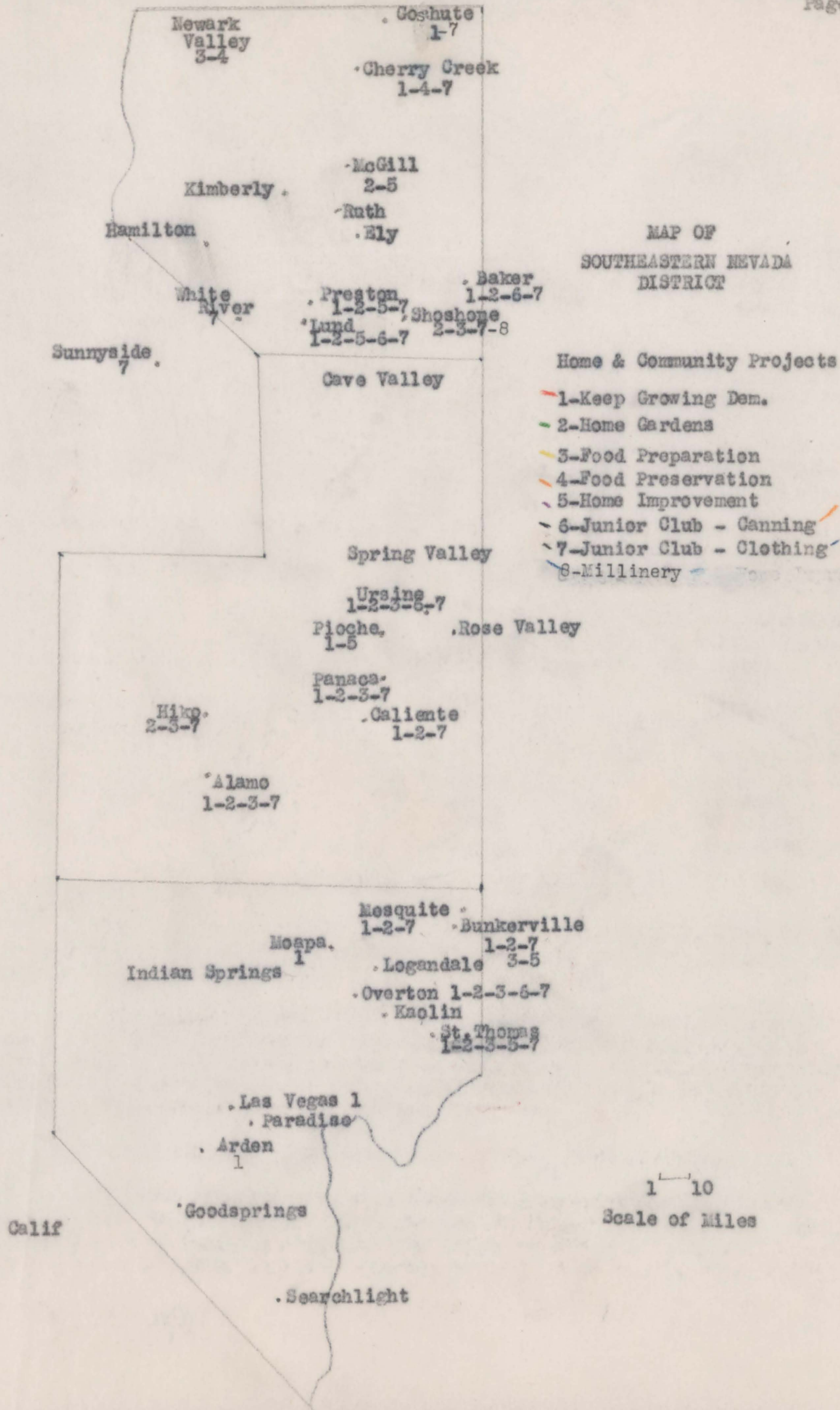
## Table of Contents.

Cover and Title Page		
Table of Contents - - - - -	-2	- 3
Project map of Southeastern District - - - - -	-4	
Narrative Report for <u>Clark County</u> - - - - -	-5	- 30
Introduction - - - - -	-5	
I. Status of County Extension Organization - - - - -	-5	- 6
1. Form of organization - - - - -	-5	
2. Function of Local People in Developing Programs - - - - -	-5	
3. General Policies - - - - -	-5	- 6
II. Program of Work - - - - -	-6	- 28
1. Factors Considered and Methods Used -c- - - - -	-6	
2. Project Activities and Results - - - - -	-6	- 28
(a) Home Gardens - - - - -	-6	- 7
Illustrations - - - - -	-8	
(b) Foods Preparation - - - - -	-7	✓
Foods Preservation - 4-H Club Work - - - - -	-7	✓
(c) Nutrition - Keep Growing Demonstration - - - - -	-9	- 24
Clipping on Health Program - - - - -	-9	
Illustrations - - - - -	-10	
Detailed Report - - - - -	-11	- 24
(d) Clothing - 4-H Club Work - - - - -	-25	+
(e) Home Management - - - - -	-25	
(f) Home Furnishings - - - - -	-25	
(g) Miscellaneous - - - - -	-26	- 28
(1) The Status of 4-H Club Work - - - - -	-26	- 27
(2) Annual Farm Bureau and Extension Conference - - - - -	-27	- 28
(3) Office Improvement - - - - -	-27	
Clippings on annual conferences - - - - -	-28	
III. Outlook and Recommendations - - - - -	-29	
IV. Summary of Goals and Achievements - - - - -	-30	
V. County Statistics - - - - -	-30	A
Narrative Report for <u>Lincoln County</u> - - - - -	-31	- 45 B
Introduction - - - - -	-31	
I. Status of County Extension Organization - - - - -	-31	- 32
1. Form of Organization - - - - -	-31	
2. Function of Local People in Developing Programs - - - - -	-31	
3. General Policies - - - - -	-32	
II. Program of Work - - - - -	-32	- 44
1. Factors Considered and Methods Used - - - - -	-32	
2. Project Activities and Results - - - - -	-32	- 44
(a) Home Gardens -c- - - - -	-32	- 33
(1) Clipping on Garden Program - - - - -	-32	
(2) Project Outline - - - - -	-33	
(b) Foods - Preparation - - - - -	-34	✓
Foods - Preservation 4 H Club-Work - - - - -	-34	✓
(c) Nutrition - Keep Growing Demonstration - - - - -	-34	- 42
(d) Clothing - 4 H Club Work - - - - -	-43	+
(e) Home Management - - - - -	-43	
(f) House Furnishings - - - - -	-43	
(g) Community Activities - - - - -	-43	
(h) Miscellaneous - Status of 4-H Club Work -c- - - - -	-43	- 44



III. Outlook and Recommendations - - - - -	45	
IV. Summary of Goals and Achievements - - - - -	45	A
V. County Statistics - - - - -	45	B
Narrative Report for <u>White Pine</u> County - - - - -	46	66 A
Introduction - - - - -	46	
I. Status of County Extension Organization - - - - -	46	47
1. Form of Organization - - - - -	46	
2. Function of Local People in Developing Programs - - - - -	46	
3. General Policies - - - - -	46	47
II. Program of Work - - - - -	47	65
1. Factors Considered and Methods Used - - - - -	47	
2. Project Activities and Results - - - - -	47	65
(a) Home Gardens - - - - -	47	49
Illustration - - - - -	48	
Clipping on garden program - - - - -	49	
(b) Foods - Preparation - - - - -	50	✓
Foods - by women and 4-H Club Girls - - - - -	50	✓
(c) Nutrition - Keep Growing Demonstration - - - - -	50	59
Clipping on Prizes Won in County - - - - -	51	
Copy of First Prize Poster - - - - -	51	
Detailed Report - - - - -	52	59
(d) Clothing - - - - -	60	
(1) Millinery - - - - -	60	
(2) 4 H Club Work - - - - -	60	+
(e) Home Management - - - - -	60	
(f) House Furnishings - - - - -	60	
Yard Improvement, reported with garden contest - - - - -	51	
(g) Miscellaneous - - - - -	60	65
(1) Status of 4 H Club Work - - - - -	60	62
Clipping on Camp Trip - - - - -	61	
Illustrations - - - - -	62	
(2) Historical Pageant at Ely - - - - -	63	
Illustration - - - - -	64	
(3) County Fair - - - - -	63	
(4) Federation of Women's Clubs - - - - -	63	
(5) County Farm Bureau Annual Meeting - - - - -	65	
III. Outlook and Recommendations - - - - -	65	
IV. Summary of Goals and Achievements - - - - -	66	
V. County Statistics - - - - -	66	A







NARRATIVE REPORT FOR CLARK COUNTYIntroduction:

The aim of the district extension agent is to divide the year equally among the three counties served. The present report is made for twelve months,-- November 1, 1925 to October 31, 1926.

Of this time, one and one half months have been spent in the Farm Bureau and Extension Conferences, State Club Camp and work on the annual report, all of which belong to the district as a whole; thirteen days have been spent as annual leave on the agent's vacation; three and one fourth months each have been spent in the work of Lincoln and Clark Counties and three and one half in White Pine.

## I. Status of County Extension Organization

## 1. Form of Organization.

According to the plan of Smith-Lever work in Nevada, the organization through whose cooperation extension work is carried on in the county, is the County Farm Bureau. Following are the names of the county directors:

Name	Address	Official Title
E. G. McGriff	Las Vegas	President
Henry Rice, Sr.	Logandale	Vice-President
Wallace Jones	Kaolin	Director
Parley Hunt	Bunkerville	Director
F. A. Gibson	Las Vegas	Secy-Treasurer.

## 2. Function of Local People In Developing Programs.

The extension program in each of the 8 communities in Clark County where some work is carried on has been worked out by the local people in conference with the agent.

The individual communities have furnished local leaders who have assumed the responsibility for the details of preliminary arrangements and final reports, thus leaving the agent's time free for the actual demonstrations. This has made it possible for the agent to reach more people and cover much more territory than would otherwise have been possible.

## 3. General Policies -- Relationships to Other Organizations.

The two organizations with which the extension service is most closely connected are the County Farm Bureau and the County Commissioners. They are both kept in touch with the work by copies of the agent's monthly reports for each month during which any time was spent in this county. The Relief



Society of the L. D. S. Church -- which represents most of the rural population of the county -- is most interested in the work; this organization frequently asks the district agent to be on a program, supplies most of the local leaders in the county as well as the cooperators and in general, supports the extension program. The one federated club in the county cooperated in the celebration of Better Houses week in the spring, gave invaluable assistance in the entertainment of the State Farm Bureau conferences as did the Chamber of Commerce, the City and County schools, the P. T. A. and other civic organizations. The P. T. A. also furnishes leaders for the Keep Growing Demonstration in Las Vegas, in which the Rotary and Kiwanis cooperate by furnishing milk to groups of underweight children. The schools of the county and of Las Vegas are most cordial in their cooperation in the Keep Growing Demonstration and also in developing any program of community interest; and the Sheppard-Towner nurse also, is an interested friend of extension work.

## II. Program of Work.

### 1. Factors Considered and Methods Used In Determining Program of Work.

The work during the past year, is, of course, an outgrowth of the work of the several years that have gone before. The carrying on of the Keep Growing Demonstration has now come to be recognized by the people as one of the primary duties of the agent; the garden project has developed in answer to the demand for vegetables to carry out the nutrition program; especially is this true of winter gardens in this section where climate obviates the necessity for much canning. The girls' club work is desired by the parents and the choice of project has been made according to the need of the community as expressed by the mothers and the girls. The various projects were adopted at community annual meetings and confirmed at the county annual meeting.

### 2. Project Activities and Results.

#### (a) Home Gardens.

This has been the most important project in Clark County in the women's work of this year. For several years, work has been done by local leaders and agent to secure an adequate supply of fresh vegetables in the homes of the county and a good many cooperators have planted and used the required minimum variety of:

- 4 green leaf vegetables
- 3 root vegetables
- 2 pod vegetables
- 3 miscellaneous vegetables

Last year, there were 30 cooperators who completed this project. This year there have been 40 cooperators but the emphasis has been laid on demonstrations. There have been 5 excellent demonstrations, well located so as to be seen by many people -- 3 in Meaps Valley and 2 in Virgin Valley. These demonstrators conducted a garden day, at which time the neighbors were invited to inspect the gardens and attend a garden program; the nutrition specialist and Mr. Jeppson the Smith-Hughes teacher of agriculture, were the



speakers at 2 of the programs and the nutrition specialist at another. The other 2 programs were arranged by the community project leaders while the agent was out of the county. Speakers were secured--in one case, the district agricultural agent, in the other, several local gardeners of ability--and canning demonstrations were given by a local woman of successful experience. The approximate attendance at these two meetings was over 80 people. No pictures were secured of these two demonstrations; the accompanying illustrations (see next page) show (1) one group hearing the Smith-Hughes teacher at a demonstration garden and (2) one of the gardens with the gardener. This woman reported that besides furnishing vegetables for the family which was the primary purpose of her garden, her work in the early morning had given her such a good appetite for breakfast that she hoped to get out of the underweight class herself. An especially valuable contribution from the Smith-Hughes teacher was a list of suitable varieties for this county with planting dates for both summer and winter gardens; this was mimeographed and distributed. There are more home winter gardens this fall than ever before in the county.

(b) Foods.

(1) Preparation.

There have been 2 communities working on this project this year and another has completed the work that was planned for last year but not finished. Emphasis was placed on the preparation of vegetables and the use of milk with one demonstration given in each community on meat cookery. The women have made reports of amounts of vegetables and milk used in the daily dietary, showing an appreciable increase due to their food study.

(2) Preservation - 4 H Club Work.

Canning club work has been carried on with the girls in two communities. In one community there are 2 canning club members, who have completed their third year. In another, 9 girls started canning in the spring; one of them was married and moved away in the summer; the other 8 have done their required work and 5 of them have sent in their reports. The large territory to be covered by the district agent prevents frequent visits to any one community and this is one of the communities where it has been impossible to hold a meeting this fall.





Plate 1.  
A Home garden Demonstration  
Group being instructed in cultural methods  
Clark County, Nevada



Plate 2.  
A Home garden and Gardener.  
Working the garden furnishes and satisfies the appetite for  
getting out of the underweight class.  
Clark County, Nevada.



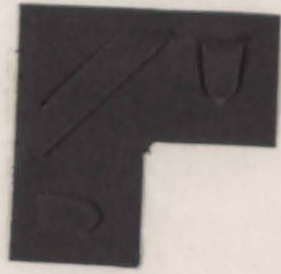


Plate 1.  
A Home garden Demonstration  
Group being instructed in cultural methods  
Clark County, Nevada

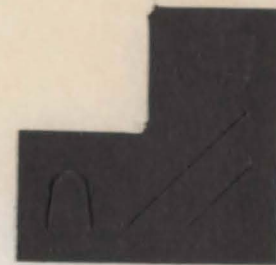
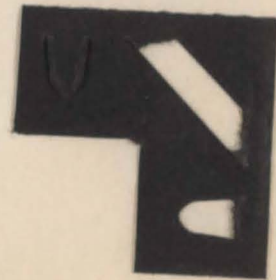
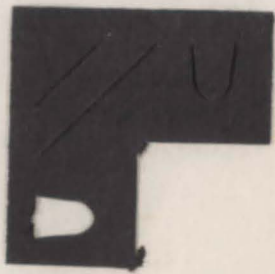


Plate 2.  
A Home garden and Gardener.  
Working the garden furnishes and satisfies the appetite for  
getting out of the underweight class.  
Clark County, Nevada.



## (c). Nutrition.

In this state, the foods work, home gardening and the keep growing demonstration are all sub-projects of human nutrition. In conformity with the outline in the statistical report, however, work on gardens and foods has been reported separately and only the keep growing demonstrations (on school child nutrition) will be reported here.

Following is the report (beginning on page 11) taken from this district's section of the state report for 1925-26.

The accompanying pictures show (1) the kindergarten children at their mid-morning bottle of milk, and (2) one of the groups of children taking part in the program which was held at the end of the school year, the newspaper account of which is attached.

### INTERESTING HEALTH PROGRAM WAS GIVEN BY GRADE STUDENTS

The health program given Monday night at the high school auditorium by the pupils of the grammar school was witnessed by a large number of parents and friends, and both pupils and teachers are to be highly commended for their excellent work. The following numbers were given:

Reading—Virginia Bachert.  
 Exercise, "Child Health Alphabet"—First Grade Pupils.  
 Recitation, "Story of the Magic Pitcher"—John William Park.  
 Folk Dance — First and Second Grade Girls.  
 Exercise, "The Milky Way"—The Fifth Grade Pupils.  
 Milk Song—Fourth, Fifth and Sixth Grade Boys.  
 "Eight Rules of Health"—Sixth and Seventh Grade Girls.  
 Milk Song—Fourth Grade Pupils.  
 Recitation, "Why Little Cream Pitcher Is So Fat"—Mary Barlow.  
 Fairy Dance—Fourth Grade Girls.  
 Playlet, "Vegetables Entertain"—Seventh Grade Pupils.  
 Recitation, "Feeding Father"—Wilhelmina Hefner.  
 Skit, "Who's Afraid?" — Miss Elizabeth Scott's Dramatic Class.  
 Recitation, "Miss Dorothy Entertains"—Alice Doherty.  
 Miss Mary Stilwell, assistant director in state extension work, gave her report for the year on work done in the schools.





Plate 3.  
"It's Good"  
Las Vegas Kindergarten Children drink-  
ing their mid-morning milk.  
Clark County, Nevada



Plate 4.  
Milk and Vegetables Make Gold Star Children  
Group from Health Program given at  
Las Vegas.  
Clark County, Nevada.

See  
KNR A-P 1749-381





Plate 3.  
"It's Good"  
Las Vegas Kindergarten Children drink-  
ing their mid-morning milk.  
Clark County, Nevada



Plate 4.  
Milk and Vegetables Make Gold Star Children  
Group from Health Program given at  
Las Vegas.  
Clark County, Nevada.



NUTRITION PROJECT  
KEEP GROWING DEMONSTRATIONS  
District Summary for Clark, Lincoln, White Pine Counties, 1925-26.  
Ellen LeNoir, District Extension Agent.

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During the past year, Keep Growing Demonstrations have been carried on in seven communities in Clark County, five in Lincoln County, and five in White Pine County.

The goal for the year was: A total of 1110 children completing the demonstration with an increase of 5% in the number of normal, and a decrease of 5% in the number dangerously underweight; 6 communities carrying on the poster contest and at least two communities holding achievement programs at the close of the demonstration.

In the fall, there were 1406 children examined in the district, of whom 465, or 33% were up to normal weight and 267, or 18.3% were dangerously underweight; in the spring there were 1342 examined of whom 440 or 35% were up to normal and 278 or 20.8% were dangerously underweight; in other words, instead of attaining the state goal of 5% increase in the number of normal weights and a decrease in the number dangerously under of 5%, there was an increase of 2% in the number normal and an increase of 2.5% in the number dangerously underweight. There were 10 communities that carried on a poster contest, nearly twice the goal, from which some excellent posters were sent to the state contest. There were five communities in which achievement programs were held, over twice the goal (one of them a joint program of two communities), and two others in which a report of the year's work was made at a regular meeting of some community organization.

As the results in the three counties of the district were so diverse, the individual county statistics are here given:

County	No. exam.	No. compltg.	% normal		% increase Goal + 5%	% dang. under		% decrease Goal -5%
			Fall	Spring		Fall	Spring	
Clark	982	921	38.3	35.7	-2.6	14.2	20.8	6.6
Lincoln	275	264	20.4	28.0	+7.6	28.7	17.8	-10.9
White Pine	149	157	15.4	23.5	+8.1	32.9	24.9	-8.0
TOTALS	1406	1342	33.0	35.0	+2.0	18.3	20.8	2.5

Examination of these statistics shows that most of the gains of the district were made in Lincoln and White Pine and most of the losses in Clark. But as Clark has so many more children involved in the demonstration than the other two counties together, it determines the statistics for the district. The reasons for these differences will be brot out in the county reports.

In the various communities of the three counties, there is marked improvement in the diet in respect to increased use of milk and vegetables; and in most of the communities, there is a growing sentiment to the effect that the physical condition of the children is a matter of public interest and that the parents should use the approved methods to bring their children up to the country-wide average physically, besides giving them every opportunity mentally.

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NUTRITION PROJECT  
KEEP GROWING DEMONSTRATION  
Clark County Report - 1925 - 1926  
Ellen LeNoir - District Extension Agent.

Page 12.

Keep Growing Demonstrations have been carried on for four years in Clark County, beginning with the school children in Las Vegas, Bunkerville, Mesquite, Overton and St. Thomas. A year ago, Moapa was added to the number and this year, Arden also has carried on the demonstration.

The demonstrations started last fall with a total of 982 children, of whom 921 or 93.8% completed the demonstration in the spring. The number of children up to normal weight was decreased 2.6% during the year, instead of the state goal of 5% increase. Instead of the state goal of 5% decrease in the number dangerously underweight, there was an increase of 6.6%. There are several reasons for these losses:

(a) One of them is undoubtedly the fact that the hot spring in Clark County makes every kind of physical work, even growth a little more difficult there than in a cooler place. For that reason, the out-of-school activities should be so limited that the children would get more rest than, instead of less than usual, which was not the case.

(b) Another is the fact that there has been less home cooperation than in former years. The schools have given fine cooperation, even assuming the responsibility of leadership; but neither the school nor the extension service can assume the duties of the home. In former years, each community has had as local leader some capable local woman, who (with the cooperation of the school) weighed the children each month, talked with them individually about their condition, and either at public meetings or in individual conferences, discussed this matter with their mothers, making frequent mention of the four Keep Growing rules stressed by the Extension Division:

1. A substantial breakfast including cooked mush.
2. A quart of milk every day.
3. Two vegetables besides potatoes every day.
4. Ten hours of sleep every night.

Clark County has not used this method this year: In Las Vegas, the Parent-Teachers' Association has sponsored the demonstration and has sent different leaders almost every month, thereby losing the value of the continued personal contact between the leader and the family; in the rural districts, the monthly weighings have been conducted by the school, which without a live Parent-Teachers' Association cannot give constant publicity to the nutritional condition of the children and their needs. Comparison of the results in the various parts of the district bears out the conviction of the Extension Division that the only way to conduct a successful Keep Growing Demonstration is to conduct it under the direction of an efficient local leader.

(c) A third reason for these poor results is that the low vitality, due partly to the hot climate and partly to wrong food habits, makes the children particularly susceptible to infections, colds, whooping cough, etc. Experience in the rest of the state leads to the belief that as the general health of the school children is improved thru right living habits, their resistance to these infectious diseases is increased.

In former years, Clark County has made good gains, as shown by the fact that even now after the losses of this year, there are still 66.0% of the children up to normal. The last steps of the ladder are the hardest to reach and if the goal of 75% of the children either normal or only slightly under is reached, it will take the combined efforts of all concerned - the children themselves, the extension service, the schools and the homes. If Las Vegas and Educational District No. 1 could each employ a school nurse who would visit each room once a week, they would increase their efficiency enough to pay her salary.

SUGGESTIONS FOR THE COMING YEAR:

1. That each community secure a competent local leader who will:
  - a. Assist with the preliminary examination.



SUGGESTIONS FOR THE COMING YEAR: (cont'd)

- b. Hold a meeting soon after the beginning of the demonstration and one later in the year.
  - c. Do the montly weighing, send a report each month to the agent and make a report to the community.
  - d. Assist with the poster contest and the Achievement Day.
2. That some arrangment be made to serve one hot food to all children who do not go home for lunch.

- - - - -



NEVADA'S KEEP GROWING DEMONSTRATION REPORT - 1926

CLARK COUNTY RESULTS COMPARED WITH STATE GOALS

ELLEN LENOIR - District Extension Agent

Communities	Children			Increase in normal children. State goal + 5%	Decrease in dangerously underweight. State goal -5%	% children now normal and slightly under. State goal 75%	% children now dangerously underweight. State goal 10% or less
	Exam.	Compltg	%				
Arden	63	45	71	-5.5	+11.8	55.3	29.1
Bunkerville	86	71	82	-5.1	-1.39	63.2	28.35
Las Vegas	539	543	100	-1.9	+6.3	67.3	20.8
Moapa	15	12	80	-18.3	+16.6	66.6	16.8
Mesquite	105	88	83	-8.0	+7.9	63.5	19.3
Overton	121	107	88	-3.0	+10.0	58.8	23.3
* St. Thomas	53	55	103	+12.7	-2.3	81.7	7.27
Totals	982	921	97	-2.6	+6.6	66.0	20.8

\*Gold Star Community.



NUTRITION PROJECT

Arden Community

Clark County

KEEP GROWING DEMONSTRATION REPORT  
Nov. 1925 to May 1926

Total number of children examined - - - - - 63

Number completing demonstration - - - - - 45  
(only these are included in the statistics below)

	<u>Nov. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	31.70	26.23
Slightly Underweight (1-6%)	28.57	29.11
Seriously Underweight (7-9%)	22.23	15.55
Dangerously Underweight (10% & up)	17.30	29.11
Seriously Overweight (21% above & up)	0.00	00.00
	<u>99.80</u>	<u>100.00</u>

This is the first year that a Keep Growing Demonstration has been carried on at Arden and the results are not what had been hoped. It has been hard to secure home cooperation as the majority of the people are of foreign parentage. Another cause of the poor growth record made here was the epidemic of measles from which the community suffered, so that in the spring nearly one-third of the children were out of school at the time of the final examination. It is very hard in this mining community to get an adequate supply of either milk or vegetables. It will probably take several years of persistent effort to build up a community sentiment strong enough to demand these essentials of proper growth. The children themselves are interested and in time the parents will be also.

The cooperation given by the school is appreciated. It is suggested that next year the school try to serve each child a half-pint of milk at the morning recess.

It would be a big help if some young woman could be found in this community to act as interpreter and explain to the mothers just what foods the children need and why.

The Extension Service offers the same cooperation for the coming year as has been given this past year, but urges greater community cooperation.



## NUTRITION PROJECT

Bunkerville Community

Clark County

## KEEP GROWING DEMONSTRATION REPORT

Dec. 1925 to May 1926

Total number of children examined - - - - - 86

Number completing the demonstration - - - - - 71  
(only these are included in the statistics given below)

	<u>Dec 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	36.04	30.98
Slightly underweight (1-6%)	29.07	32.39
Seriously underweight (7-9%)	8.14	11.26
Dangerously Underweight (10% & up)	26.74	25.35
Seriously Overweight (21% above & up)	00.00	00.00
	<u>99.99</u>	<u>99.98</u>

Bunkerville has hardly held its own this year in the matter of its children's physical condition. The Keep Growing Demonstration was started in the fall with 65% of the children either normal or only slightly under and 26% dangerously underweight. It closed in the spring with 63% in the former class and 25% in the latter. This lack of improvement was perhaps due to some extent to the whooping cough epidemic which swept the valley. Better home cooperation, however, with the school and the Extension Service would have helped to develop a stronger resistance, especially by emphasis on two things -- use of fresh vegetables and seeing that every child eats a hot breakfast and lunch, instead of "piecing."

It is suggested that next year the community continue the effort to increase the number of winter gardens, as a diet including more vegetables would build up a stronger resistance than the children now have. Also that an effort be made to establish the pint jar method of providing a hot lunch for those children who come on the trucks. It is very necessary that these children have something hot to eat with their noon lunch.

Again if the Relief Society would spend five to ten minutes of the monthly social service meeting discussing the health habits of the community and possible improvement, the community would receive dividends from the time invested. The Extension Division would be glad to furnish subject matter for these discussions.

The Extension Service offers the same cooperation as that given in the past, but strongly urges that the whole community cooperate in giving the local cooperation necessary to insure the success of this important work.



## NUTRITION PROJECT

Las Vegas Community

Clark County

KEEP GROWING DEMONSTRATION REPORT  
Nov. 1925 to May 1926.

Total number of children examined - - - - - 539

Number completing the demonstration - - - - - 543

	<u>Nov. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	40.81	39.96
Slightly underweight (1-6%)	31.53	27.44
Seriously Underweight (7-9%)	12.43	10.49
Dangerously Underweight (10% & up)	13.54	20.81
Seriously Overweight (21% above & up)	1.48	1.28
	<u>99.79</u>	<u>99.98</u>

It is with real regret that we make the following report. During the past year Las Vegas has accomplished the reverse of the state goal in the Keep Growing Demonstration. Instead of a 5% increase in the number of children who are up to normal they have increased only 0.8%, and those dangerously underweight have increased 6.2% instead of decreasing 5%.

The P.T.A. has sponsored this demonstration and has furnished local leaders to do the monthly weighting (the initial and final examinations were, as usual, made by the District Agent); but it was impossible for the same women to go back to each group month after month and so the benefit of personal conference with the child was lost. The Extension Agent has spent ten days this year on this demonstration, which is all the time that can be spared from a program essentially largely rural. Again, the frequent change in local leaders has made it difficult for them to reach the parents and gain the whole hearted home cooperation that is absolutely essential to the success of this work. If it is not possible for Las Vegas to secure a school nurse for the coming year, it is suggested that the P.T.A. for one more year sponsor this demonstration but appoint one leader who will secure the necessary assistants and assume the responsibility for the efficient conduct of the monthly work and desirable publicity.

The Rotary Club has this year cooperated in supplying milk at the morning recess. This is appreciated and should be continued; but the list of children who are taking this milk should be handled by the local leader so that she and the agent can keep in touch with them and frequently see that results are being secured.

The P.T.A. supplied prizes for a poster contest similar to the state contest, in which the judging was 50% on the idea of the poster and 50% on the child's own growth record. This is a fine incentive and should be continued.

An excellent Achievement Program was given at the close of the demonstration in the spring. It is suggested that a similar program be given next fall at night, so that the fathers will be present and a larger contribution made toward public sentiment in favor of the health program. In the four years that the Keep Growing Demonstration has been carried on in Las Vegas, good improvement has been made in the matter of amount of milk and vegetables commonly used. A further suggestion is that more community effort be made to see that the growing



girls and boys get the required 10 hours of sleep every night.

The Extension Service offers the same cooperation given in the past, but urges that greater cooperation is necessary as suggested above.



## NUTRITION PROJECT

Mesquite Community

Clark County

## KEEP GROWING DEMONSTRATION PROJECT

Dec. 1925 to May 1926

Total number of children examined - - - - - 105  
 Number completing the demonstration - - - - - 88 or 84%  
 (only these are included in the statistics given below)

	<u>Dec 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	35.23	27.28
Slightly underweight (1-6%)	37.13	36.36
Seriously Underweight (7-9%)	12.38	12.50
Dangerously Underweight (10% & up)	11.40	19.31
Seriously Overweight (21% above & up)	3.80	4.04
	<u>99.94</u>	<u>99.49</u>

Examination of the above statistics will show that Mesquite started the Keep Growing Demonstration last fall with a good chance of reaching the state goal, i.e. 75% of its children either normal or only slightly under and not more than 10% dangerously underweight. Small steady gains were maintained for the first part of the year under the able leadership of Mrs. Abbott. In the early spring, however, an epidemic of whooping cough swept the valley; children who had been up to normal dropped below; those who had been only slightly under, dropped into the class of seriously or dangerously under, and some were not able to finish the school year. If this district had had a school nurse, the first case of whooping cough would most likely have been detected and the epidemic prevented.

It is suggested that next year the community continue the effort to increase the number of winter gardens, as a diet including more vegetables would build up a stronger resistance than the children now have. Also that an effort be made to establish the pint jar method of providing a hot lunch for those children who come on the trucks. This is an important matter for the whole community to consider as it is very necessary that these children have something warm to eat with their noon lunch. It is also suggested that the Relief Society again appoint a local leader to cooperate in carrying on this work and that it spend from five to ten minutes of the monthly social service meeting discussing the health habits of the community and possible improvement. The Extension Division would be glad to furnish subject matter for these discussions.

The Extension Division offers the same cooperation as in the past, but with the hope that this educational district will soon be able to support the school nurse who is needed. Again it is urged that greater home cooperation be given to this project as only by sincere home cooperation can the needed living habits be established, and upon these sensible living habits largely depends the good health and growth of these children.



## NUTRITION PROJECT

Moapa Community

Clark County

KEEP GROWING DEMONSTRATION REPORT  
Dec 1925 to May 1926

Total number of children examined - - - - - 15

Number completing the demonstration - - - - - 12  
(only these are included in the statistics given below) or 80%

	Dec 1925	May 1926
Normal (N & up to 20% above)	26.66	8.33
Slightly underweight (1-6%)	40.00	58.33
Seriously Underweight (7-9%)	33.33	16.66
Dangerously Underweight (10% & up)	00.00	16.66
Seriously Overweight (21% above & up)	00.00	00.00
	<u>99.99</u>	<u>99.98</u>

Moapa has had some individual children who have made good gains but as a whole the community's percentage of children who are up to normal weight has decreased 18% instead of increasing 5% which is the state goal. There has been about the same percent increase in those slightly underweight so that the number in these two groups has remained the same throughout the year. The percentage dangerously under is 16% greater than last fall instead of decreasing 5% as set by the state goal in spite of some excellent health work done by the local leader, Miss Ryan, who has correlated the school work with the Keep Growing Demonstration in an excellent way. There are a few resident families but many of the people at Moapa are somewhat transient. In the fall there were several families connected with the plaster mill who have left now and the results of the demonstration with these children are not known. Some of the Indian children have been sent away to school and their places in the demonstration taken by children of the transient families. All this may broadcast useful information as to Keep Growing methods, but it somewhat explains the lack of improvement as a result of the good work of the teacher who has acted as local leader.

It is suggested that next year a more definite effort be made to supply every family in the community with an adequate amount of milk; also that the pint jar method of solving the hot school lunch problem be adopted. The children are in real need of some hot food to eat with their noon lunch.

The Extension Division offers the same cooperation as in the past, but urges the need of cooperation from the homes to secure lasting results.



Overton Community

Clark County

KEEP GROWING DEMONSTRATION REPORT  
Dec. 1925 to May 1926

Total number of children examined - - - - - 121

Total number of children completing demonstration - - - - - 107  
(Only these are included in the statistics given below)

	<u>Dec 1925</u>	<u>May 1926</u>
Normal (N and up to 20% above)	34.71	31.77
Slightly underweight (1-6%)	33.05	27.10
Seriously underweight (7-9%)	18.18	16.82
Dangerously underweight (10% and up)	13.22	23.36
Seriously overweight (20% above and up)	0.82	0.93
	<u>99.98</u>	<u>99.98</u>

We are very sorry to have to make this discouraging report regarding Overton's work in this project, for Overton has this year accomplished exactly the opposite of the state goal and in one instance doubled it! The goal is to increase the number of normal children 5%, and decrease the number of those dangerously underweight 5%, until there are 75% up to normal or only slightly under, and not more than 10% dangerously under weight; instead, the number of normal children has decreased 3% this year and the number dangerously under has increased 10%. These are rather surprizing results for Overton, as in the past Overton has done such good work in this project that the Federal Government has used it as an outstanding example of successful community health work and presented the Overton methods and results at several national health meetings. There are several causes that have contributed to this unfortunate lack of results this year:

- (a) There are so many things besides the regular work of the schools to take up the time of the children that the growing girls and boys do not have enough time for rest, especially when the hot weather of spring comes on.
- (b) There are physical defects for which some of the children should be taken to the doctor.
- (c) There are numbers of children who come on the trucks and stay all day not only without a hot lunch, but many of them without any lunch and some even rush off without breakfast; With the splendid commercial winter gardens that are in this community, it is possible for every family to have two vegetables every day, but it is not yet being done. As the number of home gardens increases, the consumption of vegetables becomes more nearly adequate. Continued community effort in this direction is recommended.
- (d) At the request of the school authorities a decided change was made in the method of handling this project this year, the schools doing the monthly weighing. This did away with the personal conferences which the local leaders held each month with the children and made it more difficult to secure the home cooperation that is aboslutely necessary for the success of this work.

It is sincerely hoped that the school district may be able to secure the services of a school nurse, to carry on this and other health work, but even when this happens, there will still be need for the close cooperation of the homes and the community to carry out the suggestions given. Child health and growth



are largely a matter of establishing certain sensible living habits in regard to food, sleep and exercise; and living habits must always remain a home responsibility.

If a nurse is not secured, the Extension Division again offers its cooperation in carrying on the Keep Growing Demonstrations, but makes the following suggestions:

1. That the Relief Society again actively sponsor the work, by appointing a local leader, who, if she does not do the monthly weighing, will at least confer with the children each month and also secure the necessary home cooperation.
2. That the Relief Society spend ten minutes of the monthly social service meeting in discussing the health habits of the community and possible improvements with emphasis on the needs of growing children. The Extension Service will be glad to furnish subject matter for these discussions.
3. That the community give earnest thought to the problem of a hot supplement to the noon lunch for all children who do not go home at noon. This is an urgent need as every child needs some warm food at noon.
4. That the community study the problem of securing more sleep and less outside activities for these growing children. This is particularly important in Clark County where the hot summer weather places an extra strain on growing school children, so that outside activities should be carefully regulated to avoid over fatigue.



## NUTRITION PROJECT

St. Thomas Community

Clark County

## KEEP GROWING DEMONSTRATION PROJECT

Dec. 1925 to May 1926.

Total number of children examined - - - - - 53

Number completing the demonstration -- - - - - 55  
(only these are included in the statistics given below)

	<u>Dec. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	49.05	36.36
Slightly underweight (1-6%)	33.96	45.45
Seriously Underweight (7-9%)	5.66	5.45
Dangerously Underweight (10% & up)	7.54	7.27
Seriously Overweight (21% above & up)	3.77	5.45
	<u>99.98</u>	<u>99.98</u>

St. Thomas has made an excellent record in this project this year. They started the Keep Growing Demonstration last fall a little over the state goal of 75% of its children up to normal or only slightly under. By hard work on the part of the children themselves, Mr. Snow and the teachers, and the parents, this condition has been maintained throughout the year. This community is enjoying the fruit of three former years of work on the Keep Growing Demonstration along with the past year's endeavor to maintain the standard reached. The top rounds of the ladder are the hardest to climb and to keep but St. Thomas hopes to hold this good physical condition throughout the hot summer and make a little gain next year.

It is suggested that next year the community continue the effort to increase the number of winter gardens, as a diet including more vegetables would build up a stronger resistance than the children now have. Also that an effort be made to establish the pint jar method of providing a hot lunch for all children who eat lunch at school. It is very necessary that they have something warm with their noon meal. If the Relief Society would spend from five to ten minutes of the monthly social service meeting discussing the health habits of the community and possible improvement, the community would receive dividends from the time invested. The Extension Division would be glad to furnish subject matter for these discussions.

The Extension Division offers the same cooperation as in the past, but with the hope that this educational district will soon be able to support the school nurse who is needed.



NUTRITION PROJECT

Arden, Bunkerville, Las Vegas, Moapa, Mesquite  
Overton, St. Thomas Communities.

Clark County

Name	Age	Orig		Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Final		Lbs Gain	Orig Var.	Final % Var.
		Ht.	N.W.										Ht	N.W			
ARDEN																	
Lazzorotto, Amerigo	11	54	70			68 $\frac{1}{2}$		70 $\frac{3}{4}$	72			70	54	70	1 $\frac{1}{2}$	-2.1	N
BUNKERVILLE																	
Leavitt, Beth	6	47	50			48 $\frac{1}{2}$		49 $\frac{1}{2}$	51	51	52	52 $\frac{1}{2}$	47	50	4	-3	+5
LAS VEGAS																	
Smith, Jack	5	44	44			41 $\frac{1}{2}$	43	42 $\frac{3}{4}$	43 $\frac{1}{2}$	42 $\frac{3}{4}$		45 $\frac{3}{4}$	44	44	4 $\frac{1}{4}$	-5.6	+3.9
Williams, Blanche	14	62	109			175 $\frac{1}{2}$		180	176	172		165	63	116	-10 $\frac{1}{2}$	+59	+42.2
MOAPA																	
Samlar, Edith	7	47	50			46 $\frac{1}{2}$		46 $\frac{1}{2}$	48	50	49 $\frac{1}{2}$	49 $\frac{3}{4}$	47	50	3 $\frac{1}{4}$	-7	N
MESQUITE																	
Hardy, Keel	7	45	46			45		47 $\frac{1}{2}$	48 $\frac{1}{4}$	47		49 $\frac{3}{4}$	46	48	4 $\frac{3}{4}$	-2.1	+3.7
OVERTON																	
Jones, Neca	11	59	90			82 $\frac{1}{2}$	85 $\frac{1}{2}$	87 $\frac{1}{2}$	91	91		93 $\frac{1}{2}$	59	90	11	-8.3	+3.8
ST. THOMAS																	
Gentry, Lela	7	49	54			52 $\frac{1}{2}$		57	55	54 $\frac{1}{2}$	56 $\frac{1}{4}$	55 $\frac{1}{2}$	50	56	3 $\frac{1}{2}$	-2.7	N



(d) Clothing - 4-H Club Work.

No clothing work has been done with adults in Clark County during the past year; but that has been the major project in junior club work. There are four communities where girls have been organized into clothing clubs, with a total enrollment of 70. Of these 37 have handed in reports; most of the others have completed the required work but owing to the necessity of starting all the Keep Growing Demonstrations before November, the agent has been unable to have a meeting with these clubs this fall, to get their reports. They will be turned in before the first of the year but will not be counted this year. The articles made by the club girls of the district, of which Clark County Club Members reported approximately one third, include 124 dresses, 194 undergarments, 820 pieces of household linen and other miscellaneous articles, 300 garments made over or mended.

(e) Home Management.

This work and that of house furnishings have been grouped together under the home improvement project. On home management proper, there has been one group at work. There have been 10 pieces of miscellaneous kitchen equipment bought, 1 pressure cooker, 1 kitchen sink installed, 1 kitchen cabinet built in, 1 kitchen rearranged and 3 women have improved the height of the working surfaces. The women decided to have a home improvement program for their husbands and, of course, wishing to make them enjoy it, to have it in the form of a supper. They wished to have their husbands see a whole dinner cooked in the steam pressure cooker but decided that the proof of the pudding is in the eating and that it would be better to bring sandwiches etc. and to use all the space in the agent's cooker and the one she could borrow for enough of one thing to go around. Chicken was decided on and the guests were invited to contribute old tough birds. The agent's report for that month contains this account: "While the fried chicken was cooking in the steam pressure cooker, the husbands were treated to a talk on kitchen conveniences with emphasis on the ones which they could buy at small expense or make at home. The age of the chickens was a matter of much interest; one man furnished a rooster well over the ten year mark with a wager that it would not cook tender in forty minutes; he won for it took fifty; but at the end of the extra ten minutes, the meat fell off the bones. There were 50 people present and after the lecture and the dinner, the evening ended with games on the lawn."

(f) House Furnishings.

This has been a major project this year with 1 group of women in Clark County and other women have done some work on it as part of their larger home improvement project. Furniture has been purchased or renovated, quilts and curtains have been made and 9 rooms have been done over. The special emphasis in this project this year has been on color in home improvement. The women have made color wheels which they feel are helpful in both house furnishing and clothing.



## (g) Miscellaneous.

## 1. 4 H Club Work

Club work has been reported by projects under clothing and food preparation but the status of the 4 H club work has not been given. This has been the best year of club work that Clark County has ever had. The members have begun to feel a responsibility for completing the work undertaken and the local leaders have assumed their task as a definite piece of community service to which they have brought a fine spirit. The club girls, with a little training by the agent in the spring and further help from the leaders during the agent's summer absence in White Pine County, took part in two club programs under the direction of the district agricultural agent. These demonstrations, songs, etc. were given before 600 people. These two programs gave the people of Virgin and Moapa Valleys a better understanding of the aims and methods of 4 H club work. Indeed, sufficient interest was aroused that from each valley the people sent at the public expense, a girls' club leader to the state club camp to bring back to the community, together with the boy's club leader, sent the same way, the benefit of the training and inspiration received there. The girls of St. Thomas community succeeded in making enough money to send one car the 1200 miles to Reno and back; they sent their leader and four members with the driver. The accompanying picture of the campers starting on a tour shows what a large group this small group became a part of; for the total camp attendance was 272.

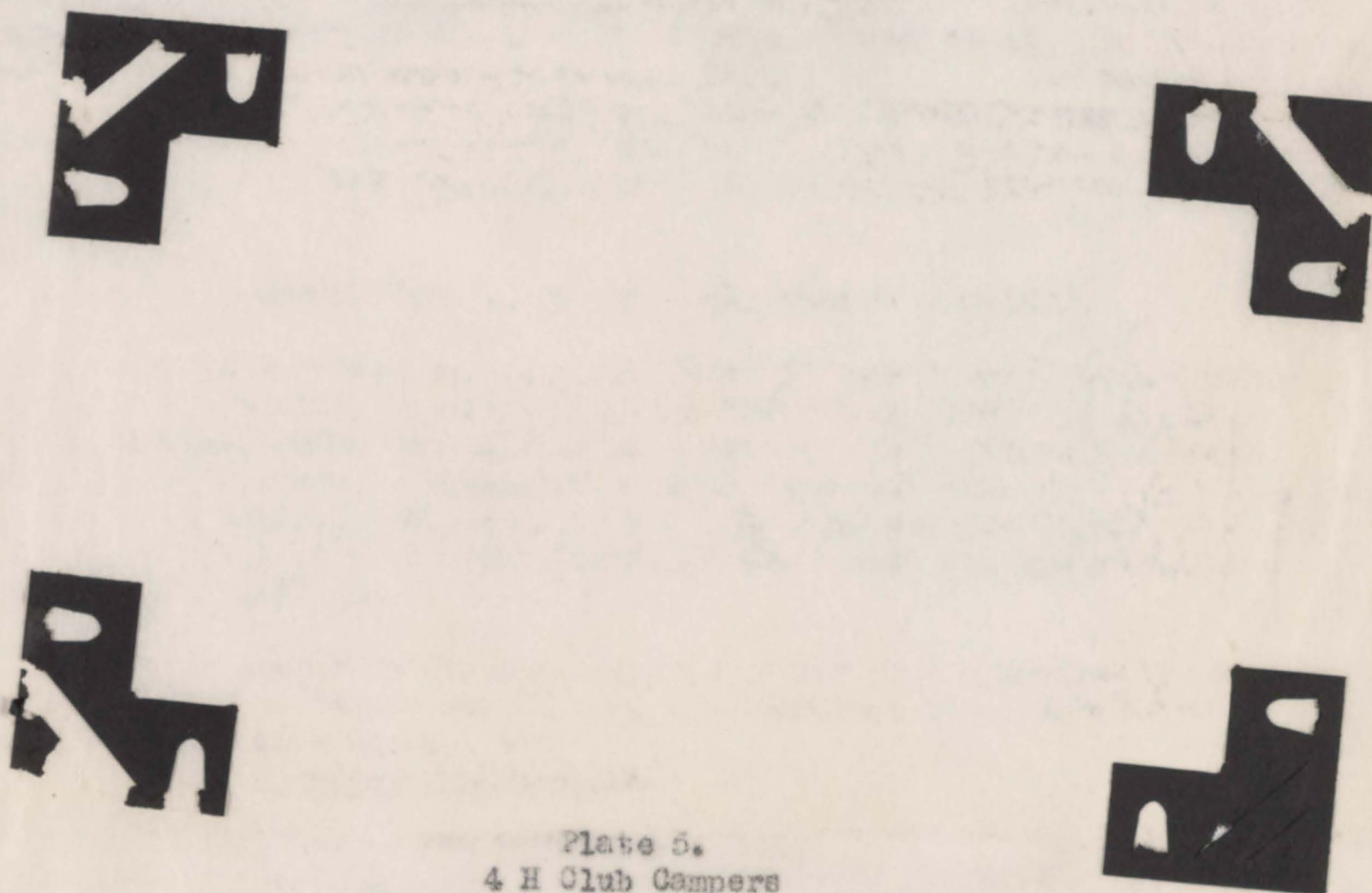


Plate 5.  
4 H Club Campers  
Starting on tour around Reno.  
Clark County, Nevada.



## (g) Miscellaneous.

## 1. 4 H Club Work

Club work has been reported by projects under clothing and food preparation but the status of the 4 H club work has not been given. This has been the best year of club work that Clark County has ever had. The members have begun to feel a responsibility for completing the work undertaken and the local leaders have assumed their task as a definite piece of community service to which they have brought a fine spirit. The club girls, with a little training by the agent in the spring and farther help from the leaders during the agent's summer absence in White Pine County, took part in two club programs under the direction of the district agricultural agent. These demonstrations, songs, etc. were given before 600 people. These two programs gave the people of Virgin and Mospa Valleys a better understanding of the aims and methods of 4 H club work. Indeed, sufficient interest was aroused that from each valley the people sent at the public expense, a girls' club leader to the state club camp to bring back to the community, together with the boy's club leader, sent the same way, the benefit of the training and inspiration received there. The girls of St. Thomas community succeeded in making enough money to send one car the 1200 miles to Reno and back; they sent their leader and four members with the driver. The accompanying picture of the campers starting on a tour shows what a large group this small group became a part of; for the total camp attendance was 272.



PLATE 2.  
4 H Club Campers  
Starting on tour around Reno.  
Clark County, Nevada.



These club members took part in every camp activity; nothing escaped them, of classes, demonstrations, trips through the stores so new and wonderful to them and the friendly mingling with girls and boys from other sections. Although the delegation was small in numbers, it made up in quality for Clark County won the following prizes:

- 1st - Best kept girls' tent
- 3rd - County Club Song
- 2nd - Club story contest
- 2nd - Girls' health contest

Three club girls from Clark County are entering college this year and also one young club leader. With all these girls, the financing was a problem. Two of them worked in the summer; one has borrowed the money, with the confidence that her earning power will enable her to repay it promptly, and is continuing to "make her best better" at the state university. One girl worked during the summer but still had only enough saved to carry her through the first semester; she is an honor student, a health prize winner and a participant in the various activities; so she was offered a scholarship at a small college where the work is not quite up to the standard to which she aspires. She therefore thanked the authorities for the offer but answered that she felt she should go to the school where she could get the work in which she had decided to specialize. She therefore, asked her school superintendent to write to the college president that if there were work to do, she should like to work, with the result that she secured a position as helper in the house of a family of wealth and good position, where she is making her board and is paid for extra work; she writes back that she is learning there as well as at school and is having real fun using the hitherto unknown electric vacuum and electric stove.

(g) 2. Annual Farm Bureau and Extension Conferences.

Clark County and Southern Nevada were honored this year in having at Las Vegas the annual conferences of the State Farm Bureau of the State Extension Service, which have before been held at the University at Reno. The citizens of Las Vegas, through the civic organizations, the women's clubs and individually and the school systems of the city and the county were most cordial and helpful in the entertainment of the guests and the newspapers gave valuable cooperation.

The clippings on the next page are a few of the notices which appeared in the local press both before the conferences and as current accounts of the proceedings.

(g) 3. Office Improvement.

The office at Las Vegas has been renovated and new equipment has been bought; so now there is every necessary provision for efficient work.



## PROMINENT MEN COMING TO FARM BUREAU MEET

Gov. Scrugham, Pres. Carl Gray  
of U. P. System, and  
Others Will Speak

A communication has just been received from J. D. Yeager, president of the Nevada State Farm Bureau stating that among prominent speakers at the State Farm Bureau Conference scheduled for Las Vegas from Monday, January 25th to Friday, January 29th, there will be President Carl R. Gray of the Union Pacific System, Mr. A. C. Hardson, former president of the California Farm Bureau Federation and Western Regional Committeeman of the American Farm Bureau Federation, Governor J. G. Scrugham of our own State and several members of the University staff will also address us. The tentative program is as follows:

January 25 and 26—Business sessions.

January 27—Trip to Boulder Canyon dam site.

January 28—Forenoon: Final business session and election of officers. Afternoon: Tour of ranches in Las Vegas Valley.

January 29—Forenoon: Trip from Las Vegas to Buried City. Noon: Luncheon at Overton High School. Afternoon: Visiting ranches in Moapa and Virgin Valleys. Night: Meeting at Virgin Valley High School.

"For those unable to make the trip by automobile, the Western Pacific and the Union Pacific railroads have kindly consented to give us a rate of one and one-half fare for the round trip from all Nevada points on the Western Pacific to Las Vegas, trip to be made via Salt Lake City where transfer to the Union Pacific is made. Sale dates on the Western Pacific will be January 16th to 23rd, inclusive, return trip to be completed by midnight, February 2nd. The Union Pacific has likewise granted this fare-and-one-half rate for the round trip from all points on its line between Salt Lake City and Los Angeles, sale dates January 19th to 24th, inclusive. Return trip to be completed by January 31st. Those desiring to make the trip via California may purchase and Mrs. Hesse. Governor Scrugham, County Commissioner Cashman and wife and Mrs. Ainsworth.

## Governor Tells Farm Bureau Of State's Needs

### Governor Scrugham Speaks of Sound Financial Condition Of The State

In his address to the meeting of the Nevada State Farm Bureau, on Thursday morning, Governor Scrugham covered many pertinent points in relation to the agricultural and industrial situation in Nevada. Although his time was limited and he must needs give but a few words to each point, the importance of his words was driven home by the energy and fervidness of the speaker.

Governor Scrugham spoke of the hospitality shown the visitors by Southern Nevada and spoke highly of the various civic organizations that had aided in making the Farm Bureau Convention a success.

He spoke of the sound financial condition of the State and called the attention of his audience to the fact that in the past ten years the State of Nevada had not known a bank failure, although neighboring states were experiencing the greatest financial difficulties. He called attention to the 27% reserve fund, almost twice as much as the 15% required by law.

The Governor pointed out that the bonds of the State sold for more than those of any other State and that the State owned bonds in a greater amount than the outstanding indebtedness.

He spoke of improved road conditions and of the immense increase in traffic.

With the increased activity in the State, the need for public improvements, said the Governor, has increased and with it the expenditures of the State. In spite of this the tax rate has not been raised.

the canyon went aground and was stranded for some time on a sand bar.

## TOUR OF LAS VEGAS VALLEY BY VISITORS HERE THIS WEEK

Delegates and visitors to the Farm Bureau Conference were taken over the valley Thursday over the following route:

Starting from the Overland hotel they were taken to Four Mile Park over the Searchlight-Arrowhead, at the Forks of the road four miles out to the left in the distance could be seen the heavy Mesquite forest, and the Winterwood Ranch, while still farther in the distance could be seen Boulder and Black Canyon Dam sites. Then came the Campbell Ranch, Shaw Ranch, Heaton Lane, and on the left J. M. Heaton Ranch, Jap Ranch with its asparagus plot, and another with vegetables and a 45" artesian well, Miller Ranch, Bleack Ranch, and McGriff Ranch, where a ten minute stop was made to view this fine orchard, vineyard, and fertilized plats. There is a 55" artesian well on this place. From McGriff's they passed the Mitchell place and the Mizpah Road House, Sand Dunes, the Airplane Landing Field Stockyards, Blanding Ranch, Farm Bureau Project, silos, Anderson Ranch, Filby Ranch, Pipe Line and the Railroad well where Vegas gets her water supply, a stop of five minutes was made here, after which they drove past the site of the oldest building in the State where there is a big spring with a flow of two cubic inches per minute, second spring—Las Vegas Ranch water supply, Lorenzi Ranch, largest grape vine in Nevada, grafted. Ice plant, 3-year old fig trees on the right going out, Russell Ranch, 45" inch artesian well, trench silo, Farm Bureau Project, Old Town, Pumped Well, 2½ inch flow increased to 10 inches after pumping; 32 inches can be pumped at 40 feet depth, Old Town, Taylor Ranch, five minute stop to see the fig trees and the oldest vineyard in Nevada, 70 acres in vineyard, trench silo; Amargosa Rose Garden to right, Experiment Station Farm, Cemetery, Mrs. Stewart's home, Indian relics and baskets, Las Vegas Ranch, trench silo, apricot trees, old fort, oldest standing building in Nevada, adobe houses, Fair Ground on right, Farm Bureau office—the end.

music by the Emerson Orchestra. Refreshments of cake and coffee were served during the evening.



### III. Outlook and Recommendations.

The spread of extension work in Clark County during the past year has been quite encouraging. The home garden project has grown enough that comments have been made on the increased number of gardens and the improved quality; especially in this true of the Virgin Valley where there is more interest in the extension work among the women than has ever been shown before. In this valley, the girls' club work has improved many fold. This increased quantity and better quality of work is due to the splendid leaders that have been secured; both the club leaders and the garden leaders all over the county have been interested and faithful.

During the coming year, as there seems to be no prospect of dividing this district, it will be necessary to cut down the number of projects. Even as it is the agent does not reach every community in the county which has asked for work this year; the results in each project have been less satisfactory than they would have been if more of the agent's time had been spent on them. The project map for the district shows that the combination of large large territory and number of projects prevents the giving of sufficient time to each project. Accordingly some plan will be worked out in conferences with the state office for fixing a maximum number of projects that may be carried by any community or otherwise equalizing the opportunities of all the communities within the county for participation in the extension program. A good deal of the program for next year is predetermined by the necessary follow-up of projects under way. This will be possible through the fine community service of the local leaders who have given freely of their time and their enthusiasm and stand ready to continue that giving and thus make each year of extension work better than the last one.



SUMMARY OF GOALS AND ACHIEVEMENTS FOR 1926.

PROJECT.	CLARK		LINCOLN		WHITE PINE		TOTALS	
	goals	achieve	goals	achieve	goals	achieve	goals	achieve
1. Nutrition	:	:	:	:	:	:	:	:
(a) Keep Growing	: 6 dem.	: 7 dem	: 5 dem.	: 5 dem.	: 5 dem.	: 5 dem	: 16 dem	: 17 dem.
Dem.	: 759 chil.	: 921 chil	: 250 chil	: 264 chil	: 110 chil	: 157 chil	: 1110 chil	: 1342 chil
Com. in poster contest.	: 2	: 5	: 2	: 2	: 2	: 3	: 6	: 10
Com in reaching state goal.	: 1	: 1	: 1	: 0	: 1	: 2	: 3	: 3
Achieve. Progr.	: 1	: 1	: 1	: 2	: 0	: 3	: 2	: 5
(b) Home Gardens.	:	:	:	:	:	:	:	:
Demonstrators.	: 4	: 5	: 2	: 2	: 4	: 3	: 10	: 10
Cooperators.	: 24	: 40	: 18	: 30	: 37	: 97	: 79	: 167
Achieve. Progr.	: 1	: 4	: 12	: 1	: 1	: 2	: 3	: 7
(c) Food Prep.	:	:	:	:	:	:	:	:
Com Organ for.	: 2	: 2	: 4	: 4	: 1	: 1	: 7	: 7
Cooperators.	: 16	: 18	: 20	: 24	: 4	: 6	: 40	: 46
2. Home Impr.	:	:	:	:	:	:	:	:
Conven. Kitchen.	: 1	: 1	: 1	: 1	: 1	: 1	: 3	: 3
Pressure Cookers.	: 1	: 1	: 1	: 0	: 1	: 0	: 3	: 1
Labor Savers.	: 10	: 11	: 10	: 12	: 15	: 16	: 35	: 39
Rooms Redecorated.	: 4 coop	: 6	: 4	: 6	: 4	: 18	: 12	: 20
	: 1 dem	: 0	: 1	: 0	: 1	: 0	: 3	: 0
3. Junior Club Work.	:	:	:	:	:	:	:	:
Memb. Compl.	: 20	: 42	: 40	: 40	: 45	: 52	: 105	: 134
Dem. Teams.	: 4	: 4	: 3	: 4	: 4	: 5	: 11	: 13
Judg. Teams.	: 2	: 4	: 2	: 4	: 2	: 3	: 6	: 11
Memb at Camp.	: 2	: 4	: 15	: 0	: 20	: 23	: 37	: 27
Achieve. Progr.	: 1	: 0	: 1	: 1	: 1	: 1	: 3	: 2
4. State Annual Conferences F. B. & Extension.	: 2	: 2	:	:	:	:	:	: 2
Not Part of Progr. as outlined.	:	:	:	:	:	:	:	:
Food Pres.	:	:	:	:	:	: 1 com.	:	: 1
Millinery.	:	:	:	:	:	: 9 coop.	:	: 9
Historical Pageant.	:	:	:	:	:	: 1 com.	:	: 1
Community Fair.	:	:	:	:	:	: 6 coop	:	: 6
	:	:	:	:	:	: 1 epis.	:	: 1 episo



## COUNTY STATISTICS

## CLARK COUNTY, NEVADA 1926.

Total Area in square miles . . . . . 8,045  
 Farm area in acres . . . . . 16,166  
 Irrigated area in acres . . . . . 4,586  
 Type of irrigation . . . spring . . . artesian . . . river flow . . .  
 Elevation of farm lands . . . 700 - 3500 ft. . . . .  
 Frost conditions . . . latest frost 2-4 to 4-13 - earliest 10-15 to 11-30  
 Average size of farms . . irrigated farms basis - 35.9 ac.  
 Tax valuation of county . . . . . approx. \$10,000,000

Total population . . . . . 1920 . . . . . 4,859  
 Rural population . . . . . 1920 . . . . . 4,859  
 Number of farm families . . . . . 1925 . . . . . 212  
 Number of farm families reached by work . . . . . estimated . . . 150  
 Number of urban families reached by work - 200 - in Las Vegas  
 Number of families in Farm Bureau . . . . . Drive not made . . . . .  
 Number of organized community centers designated centers - 7  
 Number of unorganized districts where some work is carried on 1 . . .

List the major county problems in the order of their importance:

Underweight condition of children.

Junior Club Work

Winter gardens (home).

Home Improvement.

Food Preparation and menu planning.

List the valuable cooperating agencies in the county:

Name of organization	Leading official	Address
Clark County Farm Bureau	E. G. McGriff	Las Vegas
Clark Co. Commissioners	Wm Stewart	Las Vegas
L. V. C. of Commerce	S. R. Whitehead	Las Vegas
L. V. Age	C. P. Squires	Las Vegas
L. V. Review	A. E. Cahlan	Las Vegas
L. V. P. T. A.	Mrs. Will Beckley	Las Vegas
Dept. of Education	Miss Maude Frazier	Las Vegas
Dept. of Education	Mr. A. L. Kelly	Overton
S. T. Nurse	Mrs. Sadie Lee	Overton



NARRATIVE REPORT FOR LINCOLN COUNTYIntroduction:

The aim of the district extension agent is to divide the year equally among the three counties served. The present report is made for twelve months,-- November 1, 1925 to October 31, 1926.

Of this time, one and one half months have been spent in the Farm Bureau and Extension Conferences, State Club Camp and work on the annual report, all of which belong to the district as a whole; thirteen days have been spent as annual leave, on the agent's vacation; three and one fourth months each have been spent in the work of Lincoln and Clark Counties and three and one half in White Pine.

## I. Status of County Extension Organization.

## 1. Form of Organization.

Lincoln County has a well organized County Farm Bureau, with its board of directors representing the various sections of the county, in cooperation with which the extension program is conducted, according to Nevada's plan for Smith-Lever work. Following are the names of the county directors:

Name	Address	Official Title
Jas N. Hollinger	Ursine	President
Thos. E. Dixon	Caliente	Vice-President
Wm. E. Edwards	Panaca	Director
Mrs. Chas. Thompson	Picche	Sec-Treasurer
Mrs. J. Horace Bean	Hiko	Director

Lincoln County cooperates with Clark County in maintaining an office at Las Vegas where the records of both counties are kept and the clerical work of both is done by a most conscientious, willing and efficient secretary. Lincoln County maintains a car for the joint use of the agricultural agent and the home demonstration agent; the railroad gives free transportation from Las Vegas to Caliente and the two district agents plan their schedules so as not to conflict in the use of the car.

## 2. Functions of Local People in Developing Programs.

In the 6 communities in Lincoln County where extension work has been done during the past year, the program has been worked out by the local people in conference with the agent.

The individual communities have furnished local leaders who have multiplied the agent's time manyfold by assuming the responsibility for enrolling cooperators, arranging meetings, collecting reports etc. thus leaving



the agent's time free for the demonstrations.

### 3. General Policies -- Relationships to Other Organizations.

The County Farm Bureau Directors and the County Commissioners are kept in close touch with the work by copies of the agent's monthly reports. The commissioners are as a body and individually deeply interested in extension work, especially club work and are always ready to give it their cordial support. The schools of the county and the L. D. S. Church--which includes in its membership most of the rural people--are cordial in their cooperation. The P. T. A.'s of Caliente and Pioche also are supporters of the work. The business men gave generous support to the Club Achievement Program and Educational Fair held in the spring. As mentioned before, the railroad habitually gives transportation to the agents. The press of the county continually gives space for publicity to the work.

## II. Program of Work.

### 1. Factors Considered and Methods Used in Determining Program of Work.

The first factor considered in determining the program of work in each community has been the expressed need of the people. An effort has been made to unify the work of the county in the interest of efficiency on the part of the agent; for with 27,000 square miles of territory to cover, the work must be grouped under a few main projects in order to achieve any real results. As the needs of the homes, however, are basically the same until many years of work have been done, the program as developed has included the major projects of nutrition (including the Keep Growing Demonstration, Food Preparation and Home Gardens), Home Improvement, and 4 H Club Work. The choice of sub-project under each of these has been made by each community according to its needs. There have been requests from other communities for the Keep Growing Demonstration but it has been impossible to grant them because of the agent's crowded schedule.

### 2. Project Activities and Results.

#### (a) Home Gardens

As part of the nutrition project, home gardens have been stressed for the past two years, not so much with a view of getting gardens planted as with the purpose of increasing the variety to the minimum of:

- 4 green leaf vegetables
- 3 root vegetables
- 2 pod vegetables
- 3 miscellaneous vegetables.

A county goal was set of 18 cooperators and 2 demonstrators. There have been 30 good gardens raised and used by cooperators and 3 demonstrators planted and cultivated their demonstration gardens. Two of these were so damaged by summer storms that their owners could not have the public programs planned; the other one invited a large number of prospective gardeners and carried out an excellent program. N

#### GARDEN DEMONSTRATION HELD IN CALIENTE

A garden demonstration was held at the Marriage Home Garden on June 4th. Sixteen being present, talks were made on the best vegetables to raise in Caliente and the profit to be derived from raising same from seed. It was shown that almost every fruit and vegetable could be raised in Caliente and with the aid of cold frames that it was possible to have some fresh vegetables almost the entire year round. Among the vegetables now ready for the table are turnips, carrots, lettuce, asparagus, onions, green peas, chard rhubarb and spinach while currants, strawberries, gooseberries, and cherries are now ready for market. Miss LeNoir was unable to be present and will preside at a similar demonstration at a later date.



GOAL:

1. To supply at least 6 families in each community adopting the project with an adequate supply of vegetables throughout the year.
2. To demonstrate to the community the possibilities of good gardens.

PROJECT METHOD:

1. Small kitchen gardens with simple record of kinds and amounts produced.
2. Project meetings and garden tours where possible.
3. At least one good story of community gardens in a county paper.

AGENT WILL:

1. Supply garden plans, bulletins, record blanks, etc.
2. Visit each cooperator or demonstrator at least once.
3. Help with publicity.
4. Summarize records for community and county annual report.

LEADER WILL:

1. Secure cooperators and demonstrators.
2. Distribute garden plans, bulletins, record blanks, etc.
3. Arrange for any project meetings necessary.
4. Assist with publicity.
5. Collect garden reports and forward to Extension Agent.

COOPERATOR WILL:

1. Plant, cultivate and keep a record on a home garden at least 20 ft. x 20 ft. containing the following minimum varieties of vegetables.
  - 4 green leaf vegetables, such as spinach, Swiss Chard, kale, lettuce, cabbage and asparagus.
  - 3 root vegetables, such as carrots, rutabagas, beets, sweet potatoes, etc.
  - 2 pod vegetables, such as beans and peas.
  - 3 miscellaneous vegetables, such as tomatoes, onions, squash, pumpkins, celery, peppers and cucumbers.
2. Try to secure an adequate winter supply of vegetables by a winter garden in Clark County or by storage and canning in Lincoln and White Pine.

OR

DEMONSTRATOR WILL:

1. Plant, cultivate, and keep a record on an adequate family garden (see Nevada garden Bulletin) including above varieties.
2. Display a demonstration sign to interest the public.
3. Hold at least 1 meeting at the garden to demonstrate methods and results.
4. Earnestly try to interest 3 neighbors in having an adequate garden next year.

\_\_\_\_\_  
Cooperator

\_\_\_\_\_  
Address  
or

\_\_\_\_\_  
Demonstrator

\_\_\_\_\_  
Address

\_\_\_\_\_  
Leader

*Ellen Davis*  
\_\_\_\_\_  
District Extension Agent.



- (b) Foods.
- (1) Preparation.

As a result of last year's Keep Growing Demonstration, 4 groups of women decided on food preparation as their major project for the year just ending. In each group, the goal of this project was:

- I. To study food value of common foods.
- II. To demonstrate methods of preparations of typical food.
- III. To increase the number of families eating balanced meals.

The methods were:

- I. Group meetings to be held at least four times during year.
- II. Demonstration and lecture to be given at these meetings, by District Extension Agent; methods to be applied by the women between these meetings.

The course of demonstration as outlined, laid especial stress on the cooking of vegetables and the use of milk; one demonstration of meat cookery was given. Reports have been handed in showing an increase in the amounts of vegetables and milk used in 24 homes.

#### (2) Preservation -- 4 H Club Work

There are 3 club girls who have done first year canning this year. A number of clothing club girls have done a large part of the family conservation although they have not enrolled in the canning club; for with the idea of carrying out the 4 H aims, most of the club girls have done extra work at home.

#### (c) Nutrition.

Home gardens and food preparation are part of Nevada's nutrition project. The other phase of it is the Keep Growing Demonstration. Following is the Lincoln County section of the district report made in the summer for the Keep Growing Demonstration for 1925-26/



NUTRITION PROJECT  
KEEP GROWING DEMONSTRATION  
Lincoln County Report, 1925-26  
Ellen LeNoir, District Extension Agent.

- - - - -

Four years ago, a Keep Growing Demonstration was started in Lincoln County at Panaca and Caliente. The next year, demonstrations were established at Pioche and Ursine and for the past two years, Alamo also has carried on the work, making a total of five communities in Lincoln County.

Last fall there were 275 children examined, of whom 264 or 96% completed the demonstration in the spring. The number of children up to normal was increased 7.6% exceeding the state goal of 5% by 2.6%. The number dangerously underweight was decreased 10.9% more than doubling the state goal of 5%. This is a record for which the county and the local communities should be congratulated. There are now 62.5% of the children either normal or only slightly under; the state goal is 75%. Two more years of such improvement as has been made this year should bring Lincoln County to this desired position.

Credit for the improvement is due the several cooperators. The schools have been whole-heartedly for the work; the children and their parents have tried hard to accomplish these results and have been inspired constantly by their local leaders, whose names are given with their respective community reports.

SUGGESTIONS FOR THE COMING YEAR:

1. That the same local leaders continue in charge of the project with the following duties:
  - a. Assist with the initial examination.
  - b. Hold a parents' meeting soon after the beginning of the demonstration and another later in the year.
  - c. Do the monthly weighing; send a monthly report to the agent and make one to the community.
  - d. Assist with the poster contest and Achievement Day.
2. That the local communities furnish prizes and hold a public Achievement Day program.



NEVADA'S KEEP GROWING DEMONSTRATION REPORT -- 1926

LINCOLN COUNTY RESULTS COMPARED WITH THE STATE GOALS

ELLEN LE NOIR - District Extension Agent

Communities	Children			Increase in Normal children. State Goal +5%	Decrease in dangerously underweight. State goal -5%	% children no normal & slightly under. State Goal 75%	% children now dangerously underweight. State goal 10% or less
	Exam.	Compltg.	%				
Alamo	34	38	111	-3.7	+8.9	55.1	23.6
Caliente	85	77	90	+2.5	-5.3	64.8	19.4
Panaca	70	65	93	+13.6	-19.3	64.5	12.3
Pioche	79	76	96	+11.6	-18.3	61.7	17.1
Ursine	7	8	114	+22.7	-17.8	62.5	25.0
Totals	275	264	96	+7.6	-10.9	62.5	17.8



## NUTRITION PROJECT

Alamo Community

Lincoln County

KEEP GROWING DEMONSTRATION REPORT  
Sept. 1925 to May 1926

Total number of children examined - - - - - 34

Number completing the demonstration - - - - - 38

	<u>Sept. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	35.29	31.58
Slightly Underweight (1-6%)	26.47	23.68
Seriously Underweight (7-9%)	17.65	18.44
Dangerously Underweight (10% & up)	14.71	23.68
Seriously Overweight (21% above & Up)	5.88	2.63
	<u>100.00</u>	<u>100.01</u>

The second year of Alamo's Keep Growing Demonstration is, like the first, a disappointment. Instead of a 5% increase in the number of children up to normal and a 5% decrease in the number dangerously underweight (which are the state goals) there has been a 4% decrease in the number normal and a 9% increase in the number dangerously underweight.

Mrs. Pace and Mrs. Snow have furnished faithful and efficient leadership and the school has given good cooperation but the home cooperation has not been what it should have been. There are still many children coming to school with an insufficient breakfast instead of the substantial hot mush which they need and some are even coming without any. In spite of the fact that milk is abundant in the community, there are many children who are not drinking the quart a day needed for growth by all young animals. There is a third serious fault which can be remedied by home cooperation only; that is, that the children, of the upper grades especially, are not getting the ten hours of sleep that they should have every night. Finally there are a few cases of tonsils that need medical attention.

It is suggested that the community make an effort to encourage the use of milk in the homes and the growing of home gardens to supply the fresh vegetables needed; also, that a program be held next fall at which all the parents should learn what progress their children have made during the summer and what their standard is, and at which they may earnestly consider what methods shall be used to secure the home cooperation vital in this project.

The Extension Service offers the same cooperation for the coming year that has been given in the past, if the homes will pledge real cooperation. Otherwise it will be useless to continue this Keep Growing Project in this community.



## NUTRITION PROJECT

Caliente Community

Lincoln County

KEEP GROWING DEMONSTRATION REPORT  
Oct. 1925 to May 1926

	<u>Oct. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	24.70	27.28
Slightly Underweight (1-6%)	24.70	37.66
Seriously Underweight (7-9%)	23.53	14.28
Dangerously Underweight (10% & up)	24.70	19.48
Seriously Overweight (21% above & up)	2.35	1.29
	<u>99.98</u>	<u>99.99</u>

Caliente has made a fairly good gain this year; it lacked 2 of reaching the state goal of a 5% increase in the number of normal children and attained the goal of a 5% decrease in the number dangerously underweight.

The credit for this good result is due to the excellent leadership of Mrs. Duffin, assisted by Mrs. Mathews, and to the fine school cooperation given by Mr. Knudson and the teachers. The school board is to be congratulated upon having the wisdom to employ a school nurse and Mrs. Countryman has done splendid work in this capacity. Through her efforts some corrective work has been done and a great deal of preventive work. It is hoped that Caliente will continue this work of the school nurse and that other communities will follow the good example.

It is suggested that next year the Parent-Teacher Association and other organizations establish a milk demonstration furnishing 3 or 4 quarts of milk daily at the morning recess for the dangerously underweight children. When this was done two years ago, milk was given only to the little children but there are now several in the upper grades who are not having the quart a day that they need for normal growth. Another fault which is serious in the upper grades and which depends for correction on home cooperation is the lack of sufficient sleep. Every growing child should have 10 hours each night and the children in the upper grades need this growing and resting time as much as the younger ones. The school is coming to realize that the violent exercise which has heretofore accompanied the closing programs is too strenuous for most of the children and their effort to simplify the program should be matched by family cooperation in enforcing these four growth aids:

- (a) Cooked mush for breakfast.
- (b) A quart of milk every day.
- (c) Two vegetables besides potatoes every day.
- (d) Ten hours of sleep every night.

The Extension Service offers again next year the same cooperation as in the past.



NUTRITION PROJECT

Panaca Community

Lincoln County

KEEP GROWING DEMONSTRATION REPORT  
Oct. 1925 to May 1926

Total number of children examined - - - - - 70  
Number completing the demonstration - - - - - 65

	<u>Oct. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	17.14	30.77
Slightly Underweight (1-6%)	28.59	33.85
Seriously Underweight (7-9%)	22.85	23.07
Dangerously Underweight (10% & up)	31.43	12.30
Seriously Overweight (21% above and up)	00.00	00.00
	<u>100.01</u>	<u>99.99</u>

The results shown this year by Panaca's Keep Growing Demonstration are excellent. The state goal of a 5% increase in number of normal children has been nearly trebled and that of a decrease of 5% in the number dangerously underweight has been nearly quadrupled. Another year of such good work will bring Panaca up to the state goal of 75% of its children either normal or only slightly under and not more than 10% dangerously underweight. Especial improvement has been made in the first three grades, where there is not a dangerously underweight child.

This improvement is due to the fine cooperation among the various agencies at work on the demonstration. The spirit and helpfulness of the school is appreciated; Mrs. Wadsworth, the capable leader, has kept in close touch with the children and by frequent public reports has secured the best home cooperation given since Panaca has been carrying on the demonstration.

There is still need for more substantial breakfasts, more milk and more sleep among the children of the upper grades. If the parents will see that these growth rules are lived up to, Panaca should be a gold star community next year.

The Extension Service again offers its cooperation in carrying on the demonstration.



## NUTRITION PROJECT

Pioche Community

Lincoln County

KEEP GROWING DEMONSTRATION REPORT  
Oct. 1925 to May 1926.

Total number of children examined - - - - - 79

Number completing the demonstration - - - - - 76

	<u>Oct. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	12.66	23.68
Slightly Underweight (1-6%)	32.91	38.16
Seriously Underweight (7-9%)	18.99	21.05
Dangerously Underweight (10% & up)	35.44	17.10
Seriously Overweight (21% above and up)	00.00	00.00
	<u>100.00</u>	<u>99.99</u>

The results of Pioche's Keep Growing Demonstration this year have been most gratifying. Mrs. Thomas has given splendid leadership to this project for two years and can now begin to see the results of her work. The state goal of a 5% increase in the number of normal children has been more than doubled and that of a 5% decrease in the number dangerously underweight has been more than trebled. Another year of this good progress should put Pioche into the list of Nevada's gold star communities which have 75% of the children up to normal weight or only slightly under and not more than 10% dangerously underweight.

The school cooperation has been excellent and is appreciated. The Parent-Teacher Association and other organizations have furnished 3 quarts of milk daily for a milk demonstration among the dangerously underweight children. This has helped these individual children and has also done much to encourage the use of milk; there is much more being consumed in the camp now than was used a year ago.

Suggestions for next year are:

- (a) Home enforcement of the rule of a substantial breakfast.
- (b) Medical attention for a few cases of tonsils.
- (c) More sleep for most of the children as even the older ones need ten hours.

The Extension Service offers its cooperation in continuing this demonstration.



NUTRITION PROJECT

Ursine Community

Lincoln County

KEEP GROWING DEMONSTRATION REPORT  
Oct. 1925 to May 1926

Total number of children examined - - - - - 7  
Number completing the demonstration - - - - - 8

	<u>Oct. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	14.28	37.50
Slightly Underweight (1-6%)	42.85	25.00
Seriously Underweight (7-9%)	00.00	12.50
Dangerously Underweight (10% & up)	42.85	25.00
Seriously Overweight (21% above and up)	00.00	00.00
	<u>99.98</u>	<u>100.00</u>

Ursine has made splendid progress in the Keep Growing Demonstration this year; the state goal of a 5% increase in number of normal children has been more than quadrupled and that of a 5% decrease in number dangerously underweight has been more than trebled. If the same progress is continued during the vacation and next school year, this community will reach the state goal of 75% of its children either normal or only slightly under and not more than 10% dangerously underweight.

There are a few cases of tonsils that need medical attention and there are still some children who are coming to school without a substantial breakfast.

Appreciation is expressed for the work of the local leader, Mrs. Hammond, and the teacher, Miss Devlin.

The Extension Division again offers its cooperation in carrying on this demonstration.



Alamo, Caliente, Panaca, Pioche, Ursine  
Community

NUTRITION PROJECT

Lincoln  
County

Name	Age	Orig.		Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Final		Lbs. Gain	Orig. % Var.	Final % Var.
		Ht.	N.W.										Ht	N.W.			
ALAMO																	
Stewart, Wilson	10	53	67		59 $\frac{1}{4}$	62	62 $\frac{1}{2}$		65	64 $\frac{1}{2}$	64	63 $\frac{1}{2}$	54	70	4 $\frac{1}{4}$	-15	-9
CALIENTE																	
Amante, Pete	7	46	48		43	45 $\frac{3}{4}$	47 $\frac{1}{2}$	47	48 $\frac{1}{4}$	48	47 $\frac{1}{4}$	47 $\frac{3}{4}$	46	48	4 $\frac{3}{4}$	-10	N
Wadsworth, Frank	9	57	79		74 $\frac{1}{4}$	77 $\frac{1}{4}$	78 $\frac{1}{2}$	76 $\frac{3}{4}$	80	79	78 $\frac{3}{4}$	79 $\frac{1}{4}$	57	79	5	-6	N
Puffin, Press	9	54	70		65 $\frac{1}{2}$	66 $\frac{1}{2}$	68 $\frac{1}{4}$	68 $\frac{1}{4}$	69 $\frac{3}{4}$	69 $\frac{1}{2}$	69	71	54	70	5 $\frac{1}{2}$	-6	+1
PANACA																	
Wadsworth, Luetta	6	51	57		52 $\frac{3}{4}$	54	55	56	55 $\frac{1}{4}$	55 $\frac{1}{4}$	53	56	50	56	3 $\frac{1}{4}$	-7	N
Mathews, Evelyn	11	62	104		96	101	102	103	106	106	107	106 $\frac{1}{2}$	62	105	10 $\frac{1}{2}$	-8	+1
Dalley, Rud	7	49	55		52 $\frac{1}{2}$	53 $\frac{1}{2}$	55 $\frac{1}{4}$	55	55	60 $\frac{1}{2}$	55 $\frac{3}{4}$	57 $\frac{1}{2}$	50	58	5	-5	N
PIOCHE																	
Denver, Kenneth	9	51	61		51 $\frac{1}{2}$	58	59 $\frac{1}{4}$	60 $\frac{1}{2}$	59 $\frac{1}{2}$	60 $\frac{1}{4}$	59 $\frac{3}{4}$	61	51	61	9 $\frac{1}{2}$	-15	N
Wilson, Robert	10	57	80		77 $\frac{1}{2}$	82	84 $\frac{1}{2}$	83 $\frac{3}{4}$	84 $\frac{1}{2}$	86 $\frac{1}{2}$		85	57	80	7 $\frac{1}{2}$	-3	+6
URSINE																	
Hammond, Elmer	12	61	96		90 $\frac{1}{2}$	91			96		99	96 $\frac{3}{4}$	61	97	7 $\frac{1}{4}$	-6	N

page 42



(d) Clothing.-- 4 H Club Work.

There has been no clothing work carried on with women in Lincoln County the past year. This has been the major project in girls' club work. There have been 46 girls enrolled, all of whom have completed the required sewing and 37 of whom have filed their final reports. There have been 35 dresses made by club members, 55 undergarments 243 miscellaneous articles and 80 garments mended or remodeled.

(e) Home Management.

There has been one group of women working on the home improvement project and although the emphasis has been on home furnishings, there have been some improvements that belong in the class of management; 1 kitchen has been rearranged and 12 small pieces of equipment have been purchased.

(f) House Furnishings.

In the home improvement project, especial attention was given to the study of color in relation to house furnishing. The women made color wheels to use as guides in their selection and different types of color harmonies were worked out. Six rooms were redecorated; in other rooms furniture was purchased or renovated or curtains were made.

(g) Community Activities.

In one community the agent has assisted with the recreational program. Here meetings purely for recreation have been held in the evening to which the whole family came, men, women, and children. One masculine visitor in the neighborhood remarked that here one met all the attractive girls from six to sixty.

(h) Miscellaneous.

Status of 4 H Club Work.

Club work in Lincoln County has steadily improved each year. It suffered quite a loss at the end of last year in the resignation of one of the local leaders who had been serving indefatigably for two years. The work of the girls' club in that community has shown a decline but as this leader expected, the girls have learned that they themselves should carry the responsibility for their work. They have now taken on new zeal and are ready to go forward. The girls in club work include 40 members completing their work-- there are 40 reports in--, 3 demonstration teams trained--there were 4 trained--, 15 members at camp--there were none. The matter of state club camp attendance is the only thing in which club work in Lincoln County has failed this year. This failure was due partly to financial conditions and partly to the absence of the agent from the county just before the time of the camp. Several



of the girls' clubs had earned some money toward the expense of this trip before the agent left for the northern part of the district and contests had been held to determine which club would represent the county in the various state events there; so it was taken for granted that arrangements were going forward until it was too late to make a trip into the county. Then through the efforts of the district agricultural agent, one girls' club leader was sent along with the boys' club leader. As this leader was new in the subject matter and methods of the club, she received valuable lessons. Besides attending a number of classes with the club members, the leaders had training classes in charge of various officers. The accompanying picture shows one of these round table groups presided over by the Director of Extension.

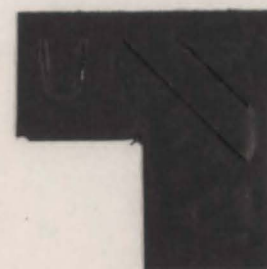


Plate 6.  
Local Leaders' Round Table at State Club Camp.  
Presided over by Director Greel  
Nevada.

One big feature of club work in Lincoln County this past year was the achievement program and educational fair held at Pioche by the 4 H Clubs and the schools of the county. The two days program included exhibits of work, demonstrations, contests, sports, plays and stunts, addresses by the Extension Director, the State Superintendent of Schools and others; and each of the two evenings closed with a dance. There were approximately 1500 people who viewed these exhibits and demonstrations.



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### III. Outlook and Recommendations.

The status of extension work in Lincoln County is better than at any time before since the present agent has known the county. The cumulative result of the several years of work on the Keep Growing Demonstration is that although there is no community in the county now up to the state goal of 75% either normal or only slightly under, still all the communities carrying on the demonstration except one are over 60%. It is believed that several of these communities will reach the state goal next year. The spread of influence of the garden project has been such that the variety has been increased in the average garden and the consumption of vegetables has been greatly increased. Another year, if sufficient time can be spent on it, will see an adequate variety of vegetables in the majority of home gardens in the county. 4 H Club Work is on a better basis each year; the members have a better appreciation of requirements and it appears that from this time on the effort that the agent has had to spend on mechanical details can be spent on demonstration and training.

There are communities in the county where no work has been done, in spite of requests from the people, on account of the agent's crowded schedule. Accordingly some plan will be worked out in conference with the state office for fixing the maximum number of projects that may be carried by any one community or otherwise equalizing the opportunities of all the communities within the county for participating in the extension program; for as long as the district remains its present size, it will be necessary to limit the number of projects.

The leaders have been secured for next year's work in all the major projects and have started their work with an enthusiasm that foretells better and more far reaching results than ever before.



SUMMARY OF GOALS AND ACHIEVEMENTS FOR 1926.

PROJECT.	CLARK		LINCOLN		WHITE PINE		TOTALS	
	goals	achieve	goals	achieve	goals	achieve	goals	achieve
1. Nutrition								
(a) Keep Growing Dem.	6 dem. 759 chil.	7 dem. 921 chil	5 dem. 250 chil	5 dem. 264 chil	5 dem. 110 chil	5 dem. 157 chil	16 dem. 1110 chil	17 dem 1342 chil
Com in poster contest.	2	5	2	2	2	3	6	10
Comp. in reaching state goal.	1	1	1	0	1	2	3	3
Achieve. Progr.	1	1	1	2	0	3	2	5
(b) Home Gardens.								
Demonstrators.	4	5	2	2	4	3	10	10
Cooperators.	24	40	18	30	37	97	79	167
Achieve Progr.	1	4	1	1	1	2	3	7
(c) Food Prep.								
Com Organ. for. Cooperators.								
2. Home Impr.								
Conven. Kitchen	1	1	1	1	1	1	3	3
Pressure Cookers.	1	1	1	0	1	0	3	1
Labor Savers.	10	11	10	12	15	16	35	39
Rooms Redecorated.	4 coop 1 dem	6 0	4 1	6 0	4 1	18 0	12 3	20 0
3. Junior Club Work.								
Memb. Compl.	20	42	40	40	45	52	105	134
Dem. Teams.	4	4	3	4	4	5	11	13
Judg. Teams.	2	4	2	4	2	3	6	11
Memb. at Camp.	2	4	15	0	20	23	37	27
Achieve Progr.	1	0	1	1	1	1	3	2
4. State Annual Conferences F. S. & Extension.	2	2						2
Not Part of Progr. as outlined.								
Food Pres.						1 com.		1
Millinery.						9 coop.		1
Historical Pageant.						1 com.		6
Community Fair.						6 coop. 1 episode		1 episode



## COUNTY STATISTICS

## LINCOLN COUNTY, NEVADA 1926.

Total area in square miles . . . . . 10,511  
 Farm area in acres . . . . . 33,080  
 Irrigated area in acres . . . . . crop land harvested 1924 . . 5,335  
 Type of irrigation . . . . . springs - small streams . . .  
 Elevation of farm lands . . . . . 3,000 - 6,000 . . . . .  
 Frost conditions . . . . . very greatly - lower elevations 90-120 frost free days  
 Average size of farms . . Ave. 214.5 Impd ac. 63.9 . . higher 60-90 days  
 Tax valuation of county approx \$7,800,000

Total population . . . . . 2,287  
 Rural population . . . . . 2,287  
 Number of farm families . . . . . 189  
 Number of families reached by work . . . . . 90  
 Number of urban families reached by work . . In Pioche & Caliente . . 75  
 Number of families in Farm Bureau . . . . . 60  
 Number of organized community centers . . . . . 6  
 Number of unorganized districts where some work is carried on. . . 1

List the major county problems in the order of their importance:

Underweight condition of children.

Junior Club Work.

Home improvements.

Poultry

Food preparation and menu planning.

List the valuable cooperating agencies in the county:

Name of Organization	Leading Official	Address
Lincoln County Farm Bureau	J. N. Hollinger	Ursine
Lincoln County Commissioners	J. N. Hollinger	Ursine.
Caliente P. T. A.	Mrs. W. J. Mathews	Caliente
Pioche P. T. A.	Mrs. A. L. Scott	Pioche
Dept. of Education	Miss Maude Frazier	Las Vegas
Lincoln County Record	S. D. Perry	Caliente & Pioche



NARRATIVE REPORT FOR WHITE PINE COUNTYIntroduction:

The aim of the district extension agent is to divide the year equally among the three counties served. The present report is made for twelve months,-- November 1, 1925 to October 31, 1926.

Of this time, one and one half months have been spent in the Farm Bureau and Extension Conferences, State Club Camp and the work on the annual report, all of which belong to the district as a whole; thirteen days have been spent as annual leave, on the agent's vacation; three and one fourth months each have been spent in the work of Lincoln and Clark Counties and three and one half in White Pine.

## I. Status of County Extension Organization.

## 1. Form of Organization.

White Pine County has a well organized County Farm Bureau, under a board of directors representing their respective community Farm Bureaus. It is in the cooperation with this organization that the extension service functions. Following are the names of the 1926 directors:

Name	Address	Official Title
J. H. Gallagher	Ely	President
R. T. Swallow	Shoshone	Vice President
Mrs. Ruth B. Gardner	Lund	Secy-Treasurer
Ed. Funk	Freston	Director
George Baker	Baker	Director

An office is maintained at Ely, located through the courtesy of the county officials, in the Court House. A part time stenographer is employed, whose efficient help greatly increases the amount of work that can be accomplished in the one third of the year allotted to White Pine County.

## 2. Function of Local People in Developing Programs.

The program for the past year has grown out of the program of the several years past. The size of the territory has necessitated concentration on a few projects; each community has adopted the project which previous experience has shown to be its especial need.

## 3. General Policies -- Relationships to other Organizations.

The County Commissioners have always been interested in extension work, ready to hear a report from the agents or to give any possible assistance asked. At the time of the state club camp, they lent an automobile for transportation of club members to Reno and return. They and the Farm Bureau directors are kept in touch with the work by copies of the agent's monthly reports. The



schools of the county have cooperated not only in the Keep Growing Demonstration, but also in the development of any program for community improvement. The county nurse is interested in extension work; she attended club camp as an able assistant and has worked out with the district agent a plan of cooperation for the communities where the Keep Growing Demonstration is carried on. The mining company in charge of the copper operations in the district manifests an interest by annually financing the garden contest at McGill. The local business men have given generous support, especially of club work; the Rotary Club and the Lions' Club each financed a car for transportation of club members to camp. The L. D. S. Church, which is strong in the county, is a cordial supporter of the extension program. Last but by no means least among the friends of the work is the press; both the papers have been gracious in the proffer of their columns and very helpful.

## II. Program of Work.

### 1. Factors Considered and Methods Used in Determining Program of Work.

The first factor considered in the development of the county program and each community program has been the need of the people as expressed in the community meetings and the county board meetings. The major projects have been continued from the work of the several years past. This is true of the Nutrition project--both Home Gardens and the Keep Growing Demonstration-- of Home Improvement and 4 H Club Work. The new communities reached this year have been given service in response to their requests.

### 2. Project Activities and Results.

#### (a) Home Gardens.

For the past three years, the home garden project has been an important one in White Pine County. It grew out of the realization that, although most of the rural families were cultivating some sort of garden, the majority of them did not have an adequate variety of vegetables during the growing season nor an adequate amount for winter storage. There were 19 cooperators and 3 demonstrators out in the county this summer. The cooperators raised and used excellent gardens on which they have reported more than the required variety. The demonstrators, in addition, invited the people of the community in for a program and an inspection of the garden.

The garden contest at McGill closed its second year this fall with three times the number of cooperators that completed their work last year. The accompanying press notice gives the history of the project as well as the account of this year's achievement program; and the picture



shows the exhibit of vegetables and flowers brought by the cooperators -- a bunch of beets by one, a head of cabbage by another, a bouquet of pansies by another and so on to the completion of a beautiful display which the aggregate astounded the smelter executives who had provided the incentive and even the cooperators who had accomplished the result.

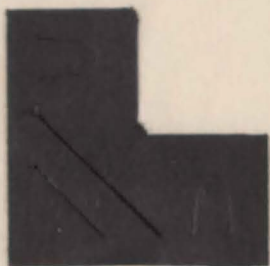


Plate 7.  
Some Products of a Smelter Town  
Garden Display at McGill's Achievement Program Sept. 2, 1926.  
White Pine, County, Nevada.



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Plate 7.

Some Products of a Smelter Town  
Garden Display at McGill's Achievement Program Sept. 2, 1926.  
White Pine, County, Nevada.



# Garden and Yard Contests Held for McGill Residents

**Prizes Awarded to Those Who Have Assisted in Making  
Deserts Bloom. Second Year With  
Splendid Results**

Thursday night the achievement program for the garden contest and yard improvement contest was held and the prizes were awarded. The garden contest has been carried on for two years under the supervision of the Extension Service. At the request of the McGill Community League, the yard improvement contest was started this year. Because of the fine interest manifested, both contests will be continued next year. At Thursday night's program the beautiful displays of flowers and the many varieties of fine vegetables showed that the smelter town can grow gardens. A large number of people came to see the exhibits and to hear the program and the prize list in each contest reached the sum of \$90.

The plans for the garden contest were made three years ago when in work on other projects, it was brought to the attention of the district extension agent that it is very hard to get a constant and adequate supply of fresh vegetables in the community, on account of distance from the markets. The idea of a garden contest in order to stimulate production of vegetables and therefore consumption was presented to the officers of the company who showed their approval in a substantial way. It was too late to do very much on the matter that year; but last year about 25 gardens were entered into the contest and in the fall a short program was held at the Club House at which the prizes were awarded and plans were made for this year's contest. At that time the enrolling of contestants was put into the hands of a committee composed of H. J. Williams, chairman; Mrs. William Lamont, Mrs. D. H. Bradlee, E. T. Gibson, Miss Alice Leech, Gust Constantine. In the early spring this committee canvassed the town, each taking a section and gave the people an opportunity to enroll. It was at this program that the Community League asked the Extension Service to conduct a similar contest in yard improvement and offered to provide prizes for it. This contest was put under the same committee which was so successful in carrying on the publicity that 72 contestants were enrolled in the

1926 garden contest and 78 in the yard improvement contest.

These gardens and yards were all visited by the district extension agent some time during the summer. In August, judges were secured by the committee and the gardens and yards were scored. The final score in each case was a combination of what the judges saw when they visited the place and the report that was handed in of the blank provided, showing that work has been done on the yards or what products had been gathered from the gardens.

At Thursday evening's program, Mr. Williams presided as chairman of the committee. After the 90 odd people present had seen the exhibits, he called on the band to open the meeting with a selection which was splendidly played and then to accompany the group in America. He then called on Miss Mary E. Stilwell, assistant director of extension to deliver the speech of the evening. Miss Stilwell congratulated the community on the improvement made; she recalled her first visit to McGill about four years ago, when there were only a few trees in the town and several lawns; then she told of riding round the town most of the day on this visit and seeing lawn after lawn, young trees, beautiful flowers, and well kept home gardens. She said that some of the people who think the garden spot of the state is in another locality should see the products of this smelter town where in spite of the smoke of which some complain, many citizens have made the desert bloom.

She selected from the large exhibit specimens of the varieties that the Extension Service consider an adequate home garden and placed on a stand before her as she talked of the need of the human body for vegetables, four greens, three roots, two pods and three other vegetables.

Mr. Williams then spoke briefly of the community value of gardens and well kept yards after which he called on Miss LeNoir, district extension agent to award the prizes. Miss LeNoir called attention to the fact that the scores were based on the appearance of the garden or yard and the report submitted,

thanked the judges for their arduous work of inspection and scoring, expressed appreciation of the generosity of the friends of McGill in providing the prize money and awarded the following prizes:

For Gardens: 1st, Mrs. William Lamont, \$25.00; 2nd, Mrs. H. A. Fowler, \$15.00; 3rd, Mrs. Emilie Sherwood, \$10.00; 4th Mrs. Elias Vasilion, \$5.00; 5th Mrs. George O'Boyle, \$5.00; 6th, Wm. Knight, \$5.00; 7th Nick Basta, \$5.00; 8th, Mark Basta, \$5.00; 9th Mrs. Geras Pearetas, \$5.00; 10th, Mrs. J. W. Cottrell, \$5.00; 11th, Nick Mirrich, \$5.00.

For improved yards: 1st, Mrs. Emilie Sherwood, \$25.00; 2nd, Thos. Tretheway, \$15.00; 3rd, Mrs. Geo. O'Boyle, \$10.00. The next eight received \$5.00 each: Mrs. William Lamont, Mrs. H. A. Fowler, M. L. Jenne, Mrs. J. T. Elliott, J. H. Lee, J. Stevens, T. M. Baker and Elias Vasilion.

It was announced that the contests will be carried on again next year but that the committee will meet soon to make some slight changes in the rules, also that any who wish to enter for next year and are not at home when called on or for some other reason do not see one of the committee, can get the agreements to sign by calling on Gus Constantine. The meeting closed with another splendid selection by the band.

After the committee have a picture made of the exhibits they will be moved to the windows of Connelos' store where they were put on exhibition Friday.



(b) Foods.

(1). Preparation.

There has been one group of women working on this project this year. The purpose was to study the food value of the ordinary foods and methods of preparation and thus bring about a better dietary. The course emphasized the use of vegetables and milk but included also one demonstration of meat cookery. Reports have been made by the women showing that most of them are using at least two vegetables every day and an abundance of milk, both as a beverage and in food preparation.

(2). Preservation. By Women and 4 H Club Girls.

There have been one group of women and 2 groups of girls working on conservation this year. These women had asked for the demonstrations a year ago but it was necessary to plan in advance to get them into the schedule. They were given demonstrations of the canning of vegetables and of meats, both of which they followed up.

The canning club girls have done first year canning in one community and second year in another; the first year girls have been given demonstrations in the canning of fruits and vegetables; to this has been added for the second year girls, the making of jelly. A team of girls from this club gave a jelly making demonstration as representatives of White Pine County at the State Club Camp.

(c) Nutrition.

In addition to the Home Garden and Foods projects which are part of the Nutrition work, White Pine County has carried on the Keep Growing Demonstration in 5 communities this year, the following pages from the district report for 1925-26 show with what result. With 2 gold star communities and 2 prizes in the state poster contest, White Pine County has achieved a good deal this year. The attached clipping (next page) gives the press account of the presentation of these awards. Attached is also a copy of the prize winner Keep Growing poster which was used as a cover design for the state report. The leaders are all anxious to have their respective groups go on next year to a higher physical standard.



## Two Prizes to White Pine Co.

Four state prizes in the Keep Growing Demonstrations that have been carried on for several years by the Extension Service of the University have come to White Pine county this year. Miss LeNoir, district extension agent has just completed the fall examinations of the children in those communities that are carrying on this demonstration and has awarded the prizes which were given for excellence in the term completed this spring.

The state goal in this Keep Growing Demonstration is to have 75 percent of the children of a community up to normal weight or only slightly under; there are two communities in this county that had reached this goal in the spring; they are Goshute and Cherry Creek; these are called gold star communities and there are only 18 of them in the state; so white Pine county should be proud of these two. At the meeting on Tuesday the banners recognizing this achievement were presented to these two communities

# KEEP GROWING

MEANS

HEALTH



WEALTH

MILK, VEGETABLES AND  
SLEEP MAKE HEALTH

First Prize State Poster Contest



NUTRITION PROJECT  
KEEP GROWING DEMONSTRATION  
White Pine County Report, 1925-26  
Ellen LeNoir, District Extension Agent.

- - - - -

The Keep Growing Demonstration has been carried on for three years in Lund, Preston and Baker and for two years at Cherry Creek and Goshute, making a total of five communities during the past year in White Pine County.

There were 149 children examined in the fall; in the spring 157 or 106% completed the demonstration. There was an increase of 8.1% in the number normal during the school year, thus exceeding the state goal of 5% by 3.1. The number dangerously underweight was decreased 8.0%, also exceeding the state goal of 5% by 3. There are now 51.5% of the children either normal or only slightly under; so there is still a good long way to go to reach the state goal in that respect, 75% in these two classes. Two communities in the county, however, attained the state goals and are gold star communities with at least 75% normal or only slightly under and not more than 10% dangerously underweight.

The children and their parents have made a commendable effort to live up to the four Keep Growing rules emphasized by the Extension Division:

- 1 - A substantial breakfast including cooked mush.
- 2 - A quart of milk each day.
- 3 - Two vegetables besides potatoes every day.
- 4 - Ten hours sleep every night.

The schools too have been fine in their cooperation and the local leaders, whose names are given in the community summaries have worked untiringly to accomplish the gains that White Pine County has made this year.

Suggestions for the coming year:

1. That the same local leaders continue in charge of the project with the following duties:
  - a - Assist with the initial examination.
  - b - Hold a parents' meeting soon after the beginning of the demonstration and another later in the year.
  - c - Do the monthly weighing; send a monthly report to the agent and make one to the community.
  - d - Assist with the poster contest and Achievement Day.
  - e - Give publicity to the work.
2. That an effort be made at Baker to furnish one hot food to the children who will be brought in from the outlying districts and have to remain at school for lunch; this was done at Goshute with excellent results last year.
3. That the local communities try to furnish prizes and hold an Achievement Day as several have done this last year.



NEVADA'S KEEP GROWING DEMONSTRATION REPORT - 1926

WHITE PINE COUNTY RESULTS COMPARED WITH THE STATE GOALS

ELLEN LENOIR - District Extension Agent

Communities	Children			Increase in normal children State goal +5%	Decrease in dangerously underweight. State goal -5%	%Children now normal and slightly under. State goal 75%	% children now dangerously underweight. State goal 10% or less.
	Exam.	Compltg.	%				
Baker	22	30	131	+18.8	4.8	39.9	36.6
*Cherry Creek	13	15	114	+23.6	-24.1	79.9	6.6
*Goshute	6	4	66	+25.0	-66.6	75.0	0.0
Lund	69	73	105	+7.1	-7.0	51.9	20.5
Preston	39	35	39	-7.2	-4.2	47.7	34.2
Totals	149	157	106	+8.1	-0.8	51.5	24.9

\*Gold Star Communities.



## NUTRITION PROJECT

Baker Community

White Pine County

KEEP GROWING DEMONSTRATION REPORT  
Sept. 1925 to Apr. 1926

Total number of children examined - - - - -	22	
Number completing the demonstration - - - - -	30 or 136%	
	<u>Sept. 1925</u>	<u>Apr. 1926</u>
Normal (N & up to 20% above)	4.54	23.33
Slightly underweight (1-6%)	40.90	16.66
Seriously Underweight (7-9%)	22.72	23.33
Dangerously Underweight (10% & up)	31.81	36.66
Seriously Overweight (21% above & up)	00.00	00.00
	<u>99.97</u>	<u>99.98</u>

Baker has made a splendid gain this year in the number of its children who are up to normal weight. The state goal is an increase of 5% in the numbers normal and Baker has made an increase of 19%. In the matter of the dangerously underweight children; however, there has not been such progress; the state goal is a decrease of 5% in the number dangerously underweight and Baker has made an increase of 5%. One reason for the continued high percentage of dangerously underweight children is that there are in the community a number of tonsil cases which need medical attention. Another reason is that there are still some homes that are not giving the cooperation which should be expected and some of the children go to school without their breakfasts and some have not the necessary amount of milk for growth.

The credit for the gain made is due to the splendid leader, Mrs. Baker, who has kept the children inspired to attain a high standard and to the teachers, Mrs. Jordan and Miss Morton, who have given their time and energy to the project.

A good Achievement Day and poster contest was held at the end of the work, at which Mrs. Baker, Miss Stilwell and County Agent Townsend spoke. Some excellent posters were exhibited, the winning ones being entered in the state contest.

Suggestions for next year are:

1. A community program in the fall to remind the parents of their part in the year's health program.
2. A demonstration of milk drinking at the school, furnishing about two quarts of milk daily to the dangerously underweight children throughout the school year.
3. Hot supplement to school lunch for those children who bring lunch in the middle of the winter.

The Extension Service offers the same cooperation given in the past.



NUTRITION PROJECT

Cherry Creek Community

White Pine County

KEEP GROWING DEMONSTRATION REPORT  
 Sept. 1925 to May 1926.

Total number of children examined - - - - - 13  
 Number completing the demonstration - - - - - 15 or 115%

	Sept. 1925	May 1926
Normal (N & up to 20% above)	23.07	46.66
Slightly Underweight (1-6%)	46.16	33.33
Seriously Underweight (7-9%)	00.00	6.66
Dangerously Underweight (10% & up)	30.76	6.66
Seriously Overweight (21% above & up)	00.00	6.66
	<u>99.97</u>	<u>99.97</u>

The results of this year's Keep Growing Demonstration at Cherry Creek have been highly gratifying. Instead of merely reaching the state goal of a 5% increase in the number of children up to normal and a 5% decrease in the number dangerously underweight, this community has made an increase of 23% in the number normal and a decrease of 24% in the number dangerously under, and has become a gold star community with 79% of its children either normal or only slightly under and only 6% dangerously under (the respective goals are 75% and not more than 10%).

Credit for this achievement is due to the local leader, Mrs. Rager, and to the children themselves, who have the ambition to be up to the average both physically and mentally.

An achievement program was held at the close of the demonstration, in which Goshute took part. A good attendance from both communities received the congratulations of the nutrition specialist on their excellent work.

Careful attention to the rules of growth on the part of the parents as well as the leader and the children will enable Cherry Creek to maintain this high standard of which they can well be proud.

The Extension Service again offers its cooperation in carrying on this demonstration in order to stabilize the results and make this condition permanent.



## NUTRITION PROJECT

Goshute Community

White Pine County

KEEP GROWING DEMONSTRATION REPORT  
Sept. 1925 to May 1926.

Total number of children examined - - - - - 6

Number completing the demonstration - - - - - 4 or 66%

(Only these are included in the statistics given below)

	<u>Sept. 1925</u>	<u>May 1926</u>
Normal (N & up to 20% above)	00.00	25.00
Slightly Underweight (1-6%)	16.66	50.00
Seriously Underweight (7-9%)	16.66	25.00
Dangerously Underweight (10% & up)	66.66	00.00
Seriously Overweight (21% above & up)	00.00	00.00
	<u>99.98</u>	<u>100.00</u>

This is a somewhat isolated ranching community where the children of only two families are involved in the Keep Growing Demonstration. In the two years that this demonstration has been carried on, remarkable results have been secured, through the cooperation of the leader, Mrs. Green; last year's teacher, Mrs. Bradshaw; this year's teacher, Miss Campbell, and again Mrs. Bradshaw who completed this year's school year, and the members of both families.

All the children have to come so far to school that they must bring a lunch. For the two years during the cold months, each family has provided the children with a large thermos bottle of hot soup, cocoa, milk, or some other nourishing hot food to supplement the cold lunch. Also special attention has been paid to the matter of a substantial breakfast. These two factors have done much toward the fine achievement of this community. This year's figures show that instead of the state goals of 5% increase in the number normal and 5% decrease in the number dangerously underweight, Goshute has made a 25% increase in the number normal and a 66% decrease in the number dangerously underweight and is now a gold star community with 75% of its children either normal or only slightly under and none of them dangerously under.

If the community will continue the careful attention to the factors that have brought it up to the state goal, this high standard can be maintained.

Very little help from the Extension Service is needed for next year but it is cordially offered.



## NUTRITION PROJECT

Lund Community

White Pine County

KEEP GROWING DEMONSTRATION REPORT  
Sept. 1925 to Apr. 1926

Total number of children examined - - - - - 69  
 Number completing the demonstration - - - - - 73 or 106%

	<u>Sept. 1925</u>	<u>April 1926</u>
Normal (N & up to 20% above)	20.29	27.39
Slightly underweight (1-6%)	34.78	24.66
Seriously Underweight (7-9%)	17.39	27.39
Dangerously Underweight (10% & up)	27.53	20.55
Seriously Overweight (21% above & up)	00.00	00.00
	<u>99.99</u>	<u>99.99</u>

Splendid gains have been made at Lund this year in the Keep Growing Demonstration. This community has surpassed the goal of a 5% increase in the number normal and a 5% decrease in the number dangerously underweight, making 7% in each case. These good gains are due to the fine leadership of Mrs. Gardner who has done faithful work with the individual children and has interested the community and secured home cooperation by frequent public reports. The excellent cooperation of the school is certainly appreciated.

There are still some tonsil cases that need attention, but a clinic for this summer is planned.

It is suggested that the children of the upper grades should have more sleep; for in this high, dry climate, even though they are "almost grown," they need ten hours of sleep.

The work here has been excellent in spite of epidemics of cold and other infections near the end of school. If the progress is continued through vacation (growing time) and next year, the coming spring will probably see this community attain the state goal of 75% of its children normal or only slightly under and not more than 10% dangerously underweight. It will then be a gold star community.

## Suggestions for next year:

1. Physical defects, such as tonsils, receive attention.
2. Much more sleep, particularly in the upper grades.
3. Special attention given at home to the taking of a substantial breakfast, and something warm for lunch.
4. The cooperation of the whole community is needed to make this a gold star community.

The Extension Service offers the same cooperation as in the past.



NUTRITION PROJECT

Preston Community

White Pine County

KEEP GROWING DEMONSTRATION REPORT  
Oct. 1925 to Apr. 1926

Total number of children examined - - - - - 39

Number completing the demonstration - - - - - 35 or 90%  
(only these are included in the statistics below)

	<u>Oct. 1925</u>	<u>April, 1926</u>
Normal (N & up to 20% above)	12.82	5.71
Slightly Underweight (1-6%)	25.64	40.00
Seriously Underweight (7-9%)	23.04	20.00
Dangerously Underweight (10% & up)	38.48	34.28
Seriously Overweight (21% above & up)	00.00	00.00
	<u>100.00</u>	<u>99.99</u>

Preston has not reached any of the state goals in this year's Keep Growing Demonstration; instead of an increase of 5% in the number of children up to normal, there was a decrease of 7%; the goal of a 5% decrease in the number dangerously underweight was almost reached as the decrease was 4%. Neither of the ultimate state goals was reached as Preston still has only 45.7% of the children up to normal or slightly under, and 34.2% are still dangerously underweight.

The local leader, Mrs. Bradley, has been faithful in her work and the school has given good cooperation but the homes have not measured up to their responsibility. There are more than a few children who report that they eat hardly any breakfast (when they should have a substantial breakfast including the cooked mush which they need for growth) and that they lack by several hours the ten hours of sleep which growing children should have. There are still some tonsil cases that should have medical attention. These are all matters of parents' responsibility and only with home cooperation can good results be obtained.

Suggestions for next year:

1. That the Keep Growing work be made a subject of serious consideration in the church meeting of this community.
2. That every family earnestly try to fulfill their duty in respect to -
  - a. A substantial breakfast including cooked mush.
  - b. Two vegetables every day.
  - c. A quart of milk for each child every day.
  - d. 10 to 12 hours sleep every night.
  - e. Milk for morning recess for those children dangerously underweight.

The Extension Service offers its cooperation for next year if the community is willing to give home cooperation and community support to supplement the work of the leader and the school.



NUTRITION PROJECT

Baker, Cherry Creek, Goshute, Lund, Preston Community

White Pine County

Grade \_\_\_\_\_

Teacher \_\_\_\_\_  
or Local Leader \_\_\_\_\_

Name	Age	Orig.		Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Final		Lbs Gain	Orig. % Var	Final. % Var
		Ht.	N.W.										Ht	N.W.			
BAKER																	
Bellander, Rhea	8	51 $\frac{1}{2}$	60	56 $\frac{3}{4}$	56	60	62	60 $\frac{1}{2}$		62	64		52	64	7 $\frac{1}{4}$	-5.4	N
Jordan, Bernice	7	48	52	40 $\frac{3}{4}$	48	51	53	54	54 $\frac{1}{2}$	55	54 $\frac{1}{2}$		49	55	13 $\frac{3}{4}$	-21.6	N
CHERRY CREEK																	
Dolan, Delbert	13	63	107	103 $\frac{1}{2}$	109	111	110	114	118	115	113	112 $\frac{1}{2}$	64	111	9	- 3.2	+2
Salvi, Marcus	14	57	83	78 $\frac{1}{4}$	82	84	85 $\frac{1}{2}$	86	89	88 $\frac{1}{2}$	90	90 $\frac{1}{2}$	59	90	12 $\frac{1}{4}$	0 5.7	N
GOSHUTE																	
Cordano, Angelina	11	57	82	82	85	85	87	88	88	88 $\frac{3}{4}$	87 $\frac{1}{2}$		57	82	5 $\frac{1}{2}$	1.8	+6.7
Green, Margaret	11	56	78	66 $\frac{1}{2}$	69	71	70	75	74	72 $\frac{1}{4}$	72 $\frac{1}{4}$		56	78	5 $\frac{3}{4}$	-17.	-7
LUND																	
Oxborrow, Fred	8	46	48	46 $\frac{3}{4}$	46	46 $\frac{3}{4}$	47 $\frac{1}{2}$	47 $\frac{1}{2}$		47 $\frac{1}{2}$	47 $\frac{3}{4}$		46	48	1	-4	N
Hendrix, Shirley	9	54	70	60 $\frac{3}{4}$	67 $\frac{1}{4}$	70	70 $\frac{1}{2}$	72 $\frac{1}{2}$		71 $\frac{1}{2}$	71		54	70	1 $\frac{3}{4}$	N	+1
Fawcett, Lavon	10	56	77	75	72 $\frac{3}{4}$	75 $\frac{3}{4}$	77 $\frac{1}{4}$	80 $\frac{3}{4}$	79 $\frac{1}{2}$	77	79 $\frac{3}{4}$		57	80	4 $\frac{3}{4}$	-6	N
PRESTON																	
Harranson, Royce	11	60	92		87 $\frac{1}{2}$	90		94 $\frac{3}{4}$	95 $\frac{1}{4}$	96 $\frac{3}{4}$	94 $\frac{1}{2}$	94 $\frac{3}{4}$	61	96	7 $\frac{1}{4}$	-4	-1



(d) Clothing.

(1) Millinery.

For a year, there has been one group of women anxious to have some millinery demonstrations. So a two days meeting was planned during which the women learned to make several buckram frames, cover them with different types of cover material and make a few kinds of trimmings.

(2). 4 H Club Work.

There have been 8 groups of girls working on the clothing project this year (listing 2 clothing clubs at Lund where there are too many girls for 1 club leader to handle). There were all four years of club work represented. These girls made a total of 47 dresses, 70 undergarments, 303 miscellaneous articles and mended or remodeled 120 garments.

(e) Home Management.

Although the emphasis in the home improvement project has been on furnishing this year, there have been some pieces of equipment added to several homes among which are 2 hand washing machines, 1 power washing machine, 1 fireless cooker and 16 miscellaneous pieces of kitchen equipment. One kitchen has been rearranged and 2 women have improved the height of the working surfaces.

(f) House Furnishings.

Under the general head of home improvement, this project has been carried on by 2 groups of women. The emphasis has been on color in its relation to the home. The women have made color wheels with which they have worked out different types of harmonies. They have reported that this work is useful to them in planning both home decoration and clothing. There have been 18 rooms redecorated or furnished with new or renovated furniture. There have been 10 rugs and 15 quilts made.

(g) Miscellaneous.

(1). Status of 4 H Club Work.

Each year there are more girls doing club work than the year before and more communities asking to have a club organized. So (with the cooperation of the agricultural agent) club members were enrolled in 3 new communities this year--2 in hitherto unreached sections of White Pine County and 1 across the line into Eya, where the ranchers, for lack of a Farm Bureau in their own county, belong to the White Pine County Farm Bureau. The attached newspaper clipping on the next page is from one of these new clubs, just after the trip to camp and shows that these boys and girls and their leaders have quickly developed a good club spirit. The county goals for girls' club work for this year included 45 members completing--there were 52 reports filed; 4 demonstration teams trained--5 were trained; 2 judging teams trained--3 were trained; 20 members attending club camp--there were 22 members, 5 leaders and 3 drivers representing White Pine County girls' club at the state camp.



The goal included also one achievement program. This was held at the time of the Community Fair, put on by Lund and Preston. Like last year's program, it took the form of a meeting, presided over by the president of one of the clubs; at this meeting the members carried on a business session and conducted a program of songs, yells and demonstrations, after which the pins were awarded and Director Croel presented the charters.

The trip to camp was a great experience to the club members from White Pine County. For a while the financing of it loomed as a problem; for by the shortest way, the distance from Ely to Reno is about 300 miles. Some of the clubs gave entertainments and in other ways made the money to cover the expense of their trip; all the clubs of the county working in shifts ran a "hot dog" stand during the American Legion Convention in Ely but cleared very little. Finally the friends of 4-H Club Work, in the Rotary, the Lions' Club and the County Commission came to the rescue and furnished the remaining necessary cars. So a cavalcade of eight automobiles containing 50 people--agents, leaders, boys, girls, the County Farm Bureau President and a few visitors--traveled to Reno via the Lincoln Highway, enjoyed the camp and returned by the state capitol, Walker Lake and Tonopah. The members and their families were delighted and the local papers carried glowing accounts of the grand tour. The illustration (Plate 8) shows that the trip was not entirely a tour de luxe; but camping by the way at night and reassembling a car en route were all parts of the fun. This assemblage was the largest county delegation at camp and of course, took part in all the activities, stunts, songs, demonstrations, contests, classes and sightseeing and perhaps best of all becoming acquainted with club workers from other parts of the state. White Pine came away with the following prizes:

County Song Contest -----Second  
 County Yell Contest-----Second  
 County Banner Contest-----Second  
 Textile Identification Contest---Second  
 Crops Identification Contest----Third.

## Enjoyed Trip to The Junior Camp

Editor Record:

This is a short story about our trip to the Nevada State Farm at Reno in August. It is late, but due to the fact that we are a small club and only have our meetings twice a month.

We all enjoyed the week very much and consider ourselves very lucky in being able to have gone. Being just a newly organized club we did not have the time to make enough money to hire a car to take us. But we had some very good friends who took pity on us. These friends were, Miss Ellen LeNoir and C. R. Townsend. They secured a car from the Rotary Club at Ely. It was a large car and we all piled in it, bag and baggage. There were nine of us with our two leaders.

The trip going and coming was very great sport. Our tour around Reno was a great sight. They took us through Chisms' Ice Cream Factory and not only that, but they treated us to ice cream and we are satisfied to say that everyone enjoyed the treat. We went up to the University and walked all around the grounds. The University is a great credit to our state.

Most of our idle nickels and dimes were spent at the five and ten cent store.

There was a lot learned from the classes that were held each day.

We are going to work hard now so that we can go again next year and bring White Pine County to the front.

We want to thank all the people at the club camp, the county agents and our leaders who treated us so royally.

Girls and Boys, 4-H Club Workers,  
From White River, White Pine Co.



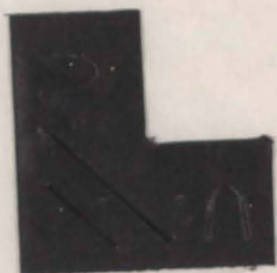
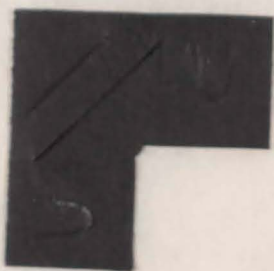


Plate 8. (above)  
The Tour de luxe  
Part of the White Pine County Delegation  
of 50 on the way to the state club camp.  
The round trip was about 1000 miles.  
White Pine County, Nevada.

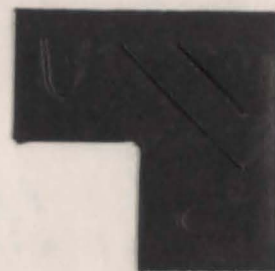
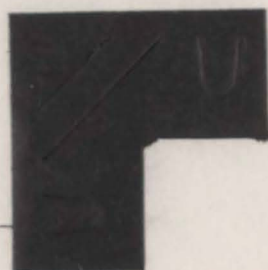
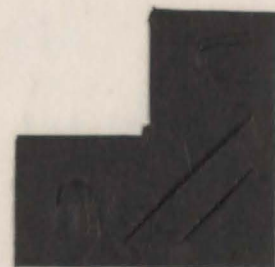
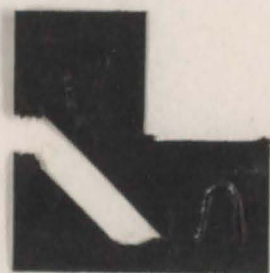


Plate 9. (right)  
A Prize Winning Banner.  
At Nevada State Club Camp.





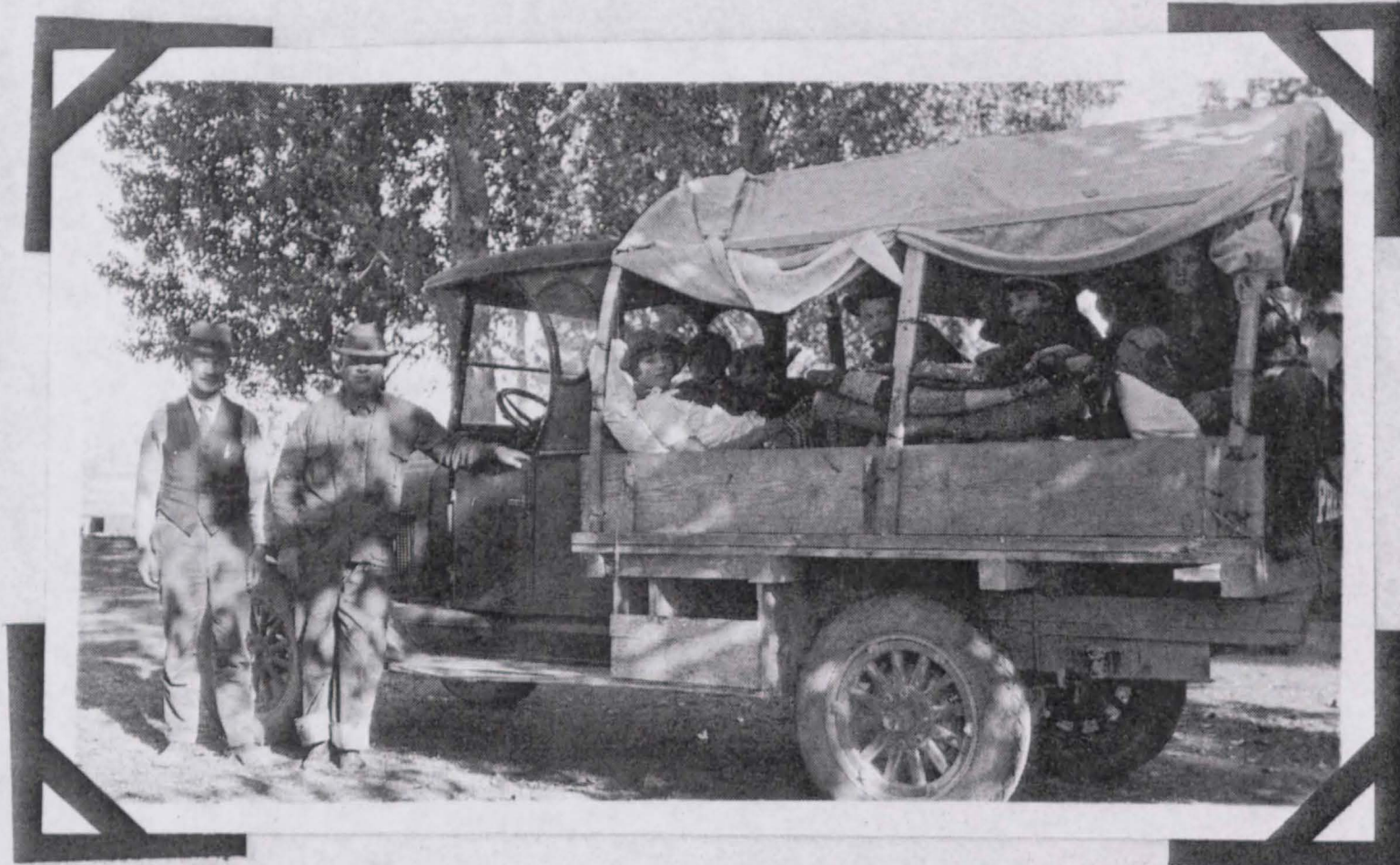
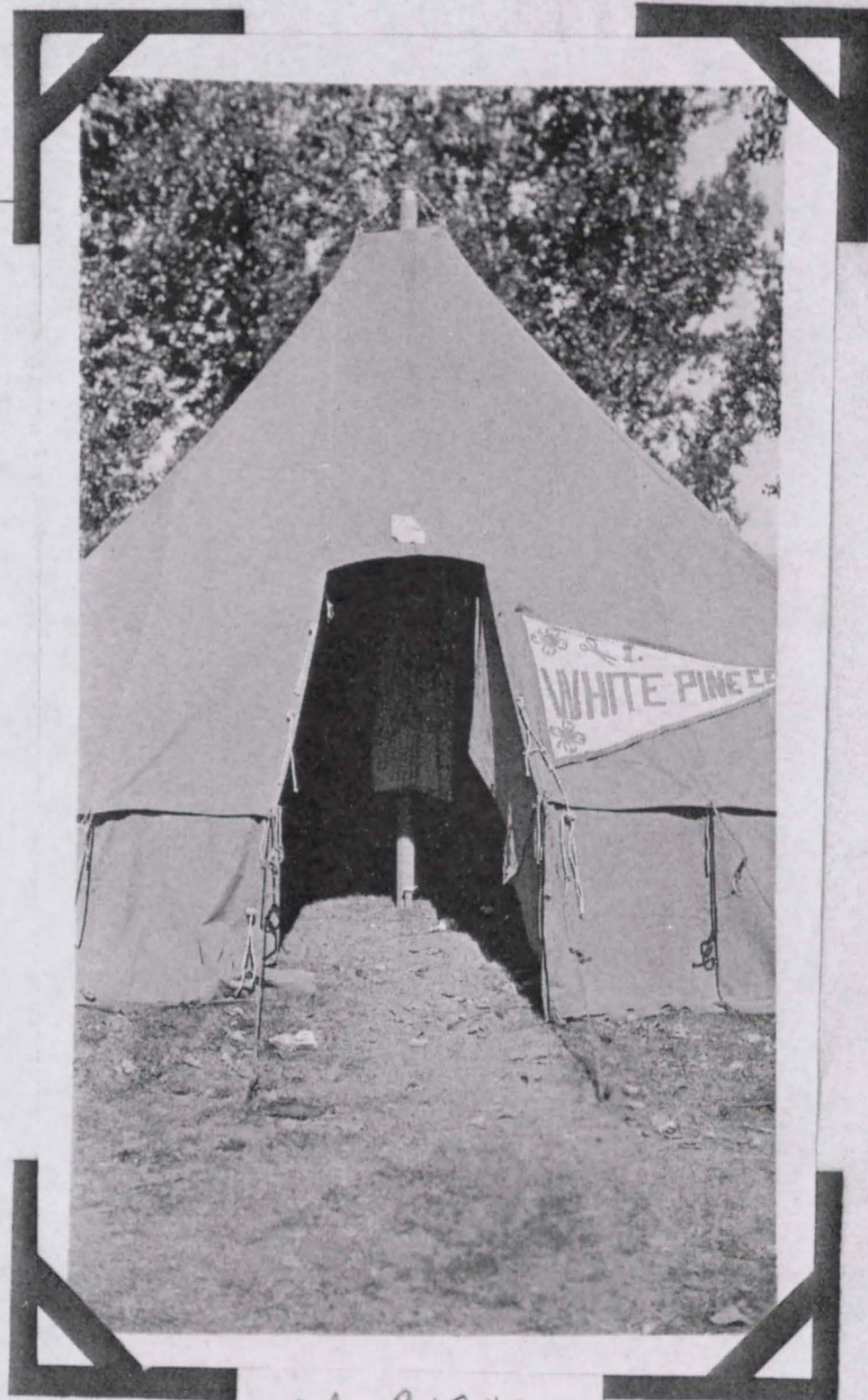


Plate 8. (above)  
The Tour de luxe  
Part of the White Pine County Delegation  
of 50 on the way to the state club camp.  
The round trip was about 1000 miles.  
White Pine County, Nevada.

Plate 9. (right)  
A Prize Winning Banner.  
At Nevada State Club Camp.



UNRA-P1749-386



(2) Historical Pageant at Ely.

With the aid of the Governor, Ely and White Pine County staged as the grand finale of the American Legion State Convention, a pageant called the Glory of Nevada, in which was depicted the history of the state with a summary of its industries and its resources. The district agricultural agent was the general chairman of this pageant; so all the agricultural interests of the county were interested in helping him make it a success. The one part in which the home demonstration agent worked was an episode called the Gifts of Sunshine, in which 4-H Club members from various parts of the county took part. These girls and boys dressed to represent various fruits, flowers and vegetables, marched forth from a great horn of plenty made of agricultural products and formed a tableau for the singing of a patriotic song. The picture on the next page gives an idea of the general position but can not give the beautiful effect of the colorful pageant against the sage brush covered hillside.

(3) Community Fair.

The monthly report for October contains this paragraph on the fair at which Lund and Preston showed themselves and the county the agricultural possibilities of White Pine.

"The first fair ever held in White Pine County was held by the two communities of Preston and Lund, October 8th and 9th. The general committee was composed of the Farm Bureau offices, who handled matters in such a way that the fair was a decided success in all departments,--from the parade and the barbecue to the exhibits and the sports. This board appointed various committees in charge of different classes of exhibits and entertainments. The exhibits of farm products and home work were excellent and the sports were enjoyed by a record attendance from different sections of the county; as approximately 1000 people visited the fair. The school cooperated by dismissing the pupils and lending their building for exhibits which were kept in place through Friday and Saturday. Pens for the stock and poultry were built in an adjacent lot. Not only the visitors from other parts of the county but even the home people were surprised at the variety and quality of products grown in the White River Valley and the beautiful display of women's work. The Governor, in his address, called attention to the excellent market which lies ready in the mining center of this county to be supplied by the agricultural sections."

(4) Federation of Women's Clubs.

From the October report is taken also the following:

"The district meeting of the State Federation of Women's Clubs was held in Ely, October 1st and 2nd; the extension service was represented on the program by the district agent. The general subject of the meeting was Home Improvement."





Plate 10.  
Gift of Sunshine.  
4-H Club Members Representing Agricultural Products  
coming from the Horn of Plenty.  
White Pine County, Nev.

A-1749-387



Plate 10.  
Gift of Sunshine.  
4-H Club Members Representing Agricultural Products  
coming from the Horn of Plenty.  
White Pine County, Nev.



### (5) County Farm Bureau Annual Meeting.

The annual meeting of the White Pine County Farm Bureau was held at Lund. Reports were made by Governor James G. Scrugham and Extension Director Cecil W. Creel. The budget for next year was adopted and the following directors were elected: J. H. Gallagher, Ely; R. T. Swallow, Shoshone; Ed Funk, Preston; George Fawcett, Lund; John Whipple, Sunnyside.

### III. Outlook and Recommendations.

The past year has seen the growth of extension work in White Pine County to more than double its volume three years ago. There were then 2 Keep Growing Demonstrations; there are now five; there were then 8 garden demonstrators (according to the present terminology cooperators); this year, there were 97 cooperators and 3 demonstrators; there were then 3 live girls' clubs and one dormant group; there were this year, 9 club groups which did good club work. Every year some new communities have been added to the extension itinerary; this year the new communities where any work was done were Newark Valley, White River and Sunnyside. The point has been reached where no farther expansion is possible under the present district plan. A grouping with some northern county would be more beneficial to White Pine than the southern grouping; for the automobile trip from Las Vegas to Ely-- either by the poor road via Alamo or by the 400 odd miles via Tonopah-- takes two days of the agent's time each way; further White Pine County could as shown by the above mentioned growth advantageously use one half an agent's time instead of one third.

The projects have been planned for next year and the work has been organized. The leaders and the cooperators are interested and diligent and ready to go forward in as large a program as the extension service can lead.



SUMMARY OF GOALS AND ACHIEVEMENTS FOR 1926.

PROJECT.	CLARK		LINCOLN		WHITE PINE		TOTALS	
	goals	achieve.	goals	achieve	goals	achieve	goals	achieve
1. Nutrition	:	:	:	:	:	:	:	:
(a) Keep Growing Dem.	:6 dem.	:7 dem.	:5 dem.	:5 dem.	:5 dem.	:5 dem.	:16 dem.	:17 dem.
Com. in poster contest.	:759 chil.	:921 chil.	:250 chil.	:264 chil.	:110 chil.	:157 chil.	:1110 chil.	:1342 chil.
Com. in reaching state goal.	:2	:5	:2	:2	:2	:5	:6	:10
Achieve. Progr.	:	:	:	:	:	:	:	:
(b) Home Gardens.	:	:	:	:	:	:	:	:
Demonstrators.	:1	:1	:1	:0	:1	:2	:3	:3
Cooperators.	:4	:5	:2	:2	:4	:3	:10	:10
Achieve. Progr.	:24	:40	:18	:30	:37	:97	:79	:167
(c) Food Prep.	:	:	:	:	:	:	:	:
Com. Organ. for Cooperators.	:1	:4	:1	:1	:1	:2	:3	:7
Cooperators.	:16	:18	:20	:24	:4	:6	:40	:48
2. Home Impr.	:	:	:	:	:	:	:	:
Conven. Kitchen.	:1	:1	:1	:1	:1	:1	:3	:3
Pressure Cookers.	:1	:1	:1	:0	:1	:0	:3	:1
Labor Savers.	:10	:11	:10	:12	:15	:16	:35	:39
Rooms Redecorated.	:4 coop :1 dem.	:6 :0	:4 :1	:6 :0	:4 :1	:18 :0	:12 :3	:20 :0
3. Junior Club Work.	:	:	:	:	:	:	:	:
Mem. Compl.	:20	:42	:40	:40	:45	:52	:105	:134
Dem. Teams.	:4	:4	:3	:4	:4	:5	:11	:13
Judg. Teams	:2	:4	:2	:4	:2	:3	:6	:11
Mem. at Camp.	:2	:4	:15	:0	:20	:23	:37	:27
Achieve. Progr.	:1	:0	:1	:1	:1	:1	:3	:2
4. State Annual Conferences.	:	:	:	:	:	:	:	:
Farm Bureau and Extension.	:2	:2	:	:	:	:	:	:2
Not Part of Progr. as outlined.	:	:	:	:	:	:	:	:
Food Pres.	:	:	:	:	:	:1 coop.	:	:1
Millinery.	:	:	:	:	:	:1 coop.	:	:1
Historical Pageant.	:	:	:	:	:	:5 coop.	:	:5
Community Fair.	:	:	:	:	:	:1 epis.	:	:1 episode



COUNTY STATISTICS

WHITE PINE COUNTY, NEVADA 1926.

Total area in square miles . . . . .	8,774
Farm area in acres . . . . .	138,776
Irrigated area in acres . . . . .	17,802
Type of irrigation . . . . .	Chiefly from small streams and springs.
Elevation of farm lands . . . . .	4,000 to 6,500ft.
Frost conditions . . . . .	growing season - June 1 to September 10.
Average size of farm . . . . .	712 acres (including all lands -85 A. cultivated.
Tax valuation 1925 . . . . .	\$16,188,176
Total population . . . . .	8,935
Rural population . . . . .	8,935
Number of farm families .c.c. . . . .	195
Number of farm families reached by work . . . . .	115
Number of urban families reached by work . . . . .	33
Number of families in Farm Bureau . . . . .	4
Number of organized community centers. . . . .	6
Number of unorganized districts . . . . .	

List the major county problems in order of their importance:

- Nutrition
- Junior Club Work
- Home Gardens
- Home Improvement
- Country

List the valuable cooperating agencies in the county:

Name of Organization	Leading Official	Address
White Pine County Farm Bureau	J. H. Gallagher, Pres.	Ely, Nevada
Ely Record	Senator N. H. Chapin	Ely, Nevada
Ely Daily Times	Vail Pittman	Ely, Nevada
Nevada Cons. Copper Co.	J. A. Kinear	McGill,
County Commissioners	Fred Clark	Ely,
	J. W. Wallace	Ely,
	J. J. Gubler	Lund,
	F. D. Oldfield	Ely,