

AC0081/1/25

University of Nevada  
Agricultural Extension Division

CECIL W. CREEL, Director



ANNUAL REPORT

—FOR—

ELKO COUNTY

FLORA E. McELHINNEY, County Extension Agent

1926



# COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS

U. S. Department of Agriculture  
and State Agricultural Colleges  
Cooperating

Extension Service,  
Office of Cooperative Extension Work,  
Washington, D. C.

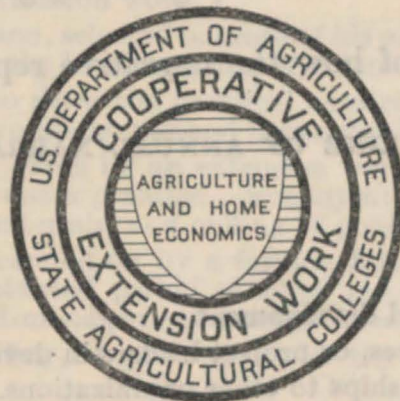
## ANNUAL REPORT OF COUNTY EXTENSION WORKERS

This report form is to be used by county extension agents, such as county agricultural agent, home demonstration agent, club agent, and negro agent, reporting on their respective lines of work.

State NEVADA County ELKO  
Report of Flora E. McElhinney County EXTENSION Agent.  
(Name) (Title)  
From November 1, 1925 to October 1, 1926, 1925.

If agent has not been employed entire year, indicate exact period. Agents resigning during the year should make out this report before quitting the service.

**READ DEFINITIONS, PAGES 3 AND 4**



Approved:

Date \_\_\_\_\_ State or District Supervisor.

Date \_\_\_\_\_ State Extension Director.

AC 0089 / 1 / 25



## SUGGESTIONS RELATIVE TO THE PREPARATION OF THE COUNTY EXTENSION AGENT'S ANNUAL REPORT.

The annual report should be a review, analysis, interpretation, and presentation to the people of the county, the State, and the Nation of the sum total of the extension activities in each county for the year and the results obtained by the county extension agent assisted by the subject-matter specialists. The making of such a report is of great value to the county extension agent and the people of the county in showing the progress made during the year as a basis for future plans. It is of vital concern also to the State and Nation as a measure of rural progress and a basis for intelligent legislation and financial support.

Separate statistical and narrative reports are desired from each county extension agent in charge of a line of work, such as county agent, home demonstration agent, boys' and girls' club agent, and negro agent. Where an assistant agent has been employed a part or all of the year, a report on his or her work should be included with the report of the leader in charge of that line of work. Where an agent in charge of a line of work has quit the service during the year, the information contained in his or her report should be incorporated in the annual report of the agent on duty at the close of the report year, and the latter report so marked. Where two or more extension agents are employed in a county, each in charge of a line of work, care should be exercised to *avoid including the same data in the statistical report of more than one agent.*

At least four copies of the annual report should be made: One copy for the county officials, one copy for the agent's files, one copy for the State extension office, and one copy for the Extension Service, United States Department of Agriculture. *The report to the Washington office should be sent through the State extension office.*

### NARRATIVE SUMMARY.

The narrative report should be a statement in orderly fashion and arranged under appropriate subheadings, of the work done, methods used, and results obtained under each project, as well as of the general work accomplished. Every statement should be clear-cut, concise, forceful, and, where possible, reinforced with ample data from the statistical summary. In the preparation of the part of the report relative to each project, the results reported in the statistical summary for the project should be analyzed, conclusions drawn, and recommendations made. The report may well be illustrated with photographs, maps, diagrams, blue prints, or copies of charts and other forms used in demonstration work. Full credit should be given to all cooperating agencies. The lines should be single-spaced, with double space between the paragraphs, and reasonably good margins left. The pages should be numbered in consecutive order.

The following outline is suggestive of how the narrative report may be clearly and systematically presented:

#### SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT.

- I. Cover and title page.
- II. Table of contents.
- III. Status of county extension organization.
  - (1) Form of organization—changes and development.
  - (2) Function of local people, committees, or project leaders in developing the program of work.
  - (3) General policies, including relationships to other organizations.
- IV. Program of work, goals established, methods employed, and results achieved.
  - (1) Factors considered and methods used in determining program of work.
  - (2) Project activities and results.
 

(a) Soils	}	(including diseases and insects).
(b) Farm crops		
(c) { Horticulture Home gardens Beautification of home grounds		
(d) Forestry		
(e) Rodents, predatory animals, and birds.		
(f) Animal husbandry	}	(including diseases and insects).
(g) { Dairy husbandry Home dairy		
(h) { Poultry husbandry Home poultry		

## SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT—Continued.

### IV. Program of work, etc.—Continued.

#### (2) Project activities and results—Continued.

- |     |   |
|-----|---|
| (i) | { Rural engineering.<br>Rural engineering—home.                                       |
| (j) | { Agricultural economics, including farm management and marketing.<br>Home marketing. |
| (k) | Foods.  |
| (l) | Nutrition.  |
| (m) | Clothing.   |
| (n) | Home management.  |
| (o) | House furnishings.  |
| (p) | Home health and sanitation.   |
| (q) | Community activities.   |
| (r) | Miscellaneous.  |

### V. Outlook and recommendations, including suggestive program of work for next year.

### VI. Summary of activities and accomplishments, preferably of one or two typewritten pages only, placed at the beginning or end of the narrative report.

### STATISTICAL SUMMARY.

To supplement the narrative part of the report, and in order that comparable State and National summaries may be made, it is necessary to include a statistical summary of the work in each county. The following form has been prepared to insure uniformity of reporting. In addition to the questions asked under each subdivision of the report, space is provided to add further data if desired. The statistical summary will grow naturally out of the field and office records.

### DEFINITIONS OF TERMS USED IN THIS REPORT.

1. A PROGRAM OF WORK is a definitely outlined plan for extension work.
2. A PROJECT is a definite, systematic, organized plan for carrying out some phase of the extension program of work, providing for what is to be done, how much, when, where, how, and by whom.
3. MISCELLANEOUS WORK includes work which has not yet become a regular part of the program of work—work other than project work.
4. A COMMUNITY, for the purposes of this report, may be any one of the several units into which the county is divided for purposes of conducting organized extension work.
5. A PROJECT LEADER OR LOCAL LEADER is a person, selected because of his or her special interest and fitness, who functions as a leader in advancing some phase of the local program of extension work.
6. A DEMONSTRATION is an example designed to show the practical application of an established fact. Demonstrations as contemplated in this report are of two kinds, method demonstrations and result demonstrations.
  - A method demonstration is a demonstration given by an extension worker or other trained leader to a group for the purpose of showing them how to carry out a practice. Synonym: Lecture demonstration. Examples: Demonstrations of canning, mixing of spray materials, and culling of poultry.
  - A result demonstration is a demonstration carried on by a farmer, farm woman, boy, or girl under the direction of the extension service, involving a substantial period of time, records of results, and comparisons. Examples: Child-feeding, corn-culture, and orchard-management demonstrations.
7. A DEMONSTRATOR is a farmer, farm woman, boy, or girl who, under the direction of the extension service, conducts a result demonstration.
8. MEMBERS COMPLETING should include those who have satisfactorily finished the work outlined for the current year.
9. A DEMONSTRATION MEETING is a meeting held to give a method demonstration or to start, inspect, or further a result demonstration.
10. A TRAINING MEETING is a meeting at which project leaders or local leaders are trained to carry on extension activities in their respective communities.
11. AN OFFICE CALL OR TELEPHONE CALL is a visit or call by a farmer or other person seeking agricultural or home economics information, as a result of which some definite assistance or information is given.
12. A FARM VISIT is a call at a farm by the agent at which some definite information is given or concrete plan of work outlined, or some valuable information obtained from the farmer regarding his work, or the better practice prevailing in his neighborhood.
13. A HOME VISIT is a call at a home by the agent at which some definite information is given or concrete plan of work outlined, or some valuable information obtained from the farm woman regarding her work, or the better practice prevailing in her neighborhood.
14. DAYS IN OFFICE should include time spent by the county agent in his office, at county agent conferences, and any other work directly related to office administration.
15. DAYS IN FIELD should include all days spent on official duty other than those spent in office.
16. LETTERS WRITTEN should include all single letters on official business.



DEFINITIONS OF TERMS USED IN THIS REPORT—Continued.

17. A FARMERS' INSTITUTE is one of a series of meetings of one to two days' duration, arranged by a central State farmers' institute agency, at which agricultural and home-economics problems are discussed, usually by outside speakers employed for the purpose.
18. AN EXTENSION OR MOVABLE SCHOOL is an itinerant school usually of two to six days' duration where practical but systematic instruction is given to persons not resident at the college. AN EXTENSION SHORT COURSE differs from an extension school in that it is usually held at the college or other educational institution and usually for a longer period of time, but not exceeding two weeks.
19. RECORDS consist of definite information filed in the county office that will enable the agent to verify the data on extension work included in this report.
20. FARM OR HOME PRACTICE ADOPTED is a new or improved practice adopted on a farm or in a home during the year as a result of extension teaching. Examples: Spraying of potatoes for disease, canning of fruits and vegetables, use of balanced rations, and hat making.

GENERAL ACTIVITIES.

Report only this year's extension activities and results that are supported by records.

If an assistant agent has been employed during the year, include his or her work with that of the agent.

1. List below the names, titles, and periods of service of the county extension agents whose work is included in this report.

Flora E. McElhinney - County Extension Agent - 11 11  
 (Name.) (Title.) (Months of service this year.)

2. Number of communities in county where extension work should be conducted..... 15 2
3. Number of above communities in which the extension program has been cooperatively worked out by extension agents and people concerned ..... 15 3
4. Number of voluntary county, community, or local leaders actively engaged in forwarding the extension program with— 4
  - (a) Juniors ..... 6
  - (b) Adults ..... 35
5. Number of clubs carrying on extension work: 5
  - (a) Junior ..... 6
  - (b) Adult ..... 9
6. Membership in above clubs:
 

(a) Boys ..... 2	(c) Men ..... 0
(b) Girls ..... 55	(d) Women ..... 165
7. Number of club members completing: 7
 

(a) Boys ..... 1	(c) Men ..... 0
(b) Girls ..... 40	(d) Women ..... 165
8. Number of members in junior club work for four or more years: 8
  - (a) Boys ..... 0
  - (b) Girls ..... 8

GENERAL ACTIVITIES—Continued.

9. Number of junior judging or demonstration teams trained..... 7 9
  - (a) Judging 1
  - (b) Demonstration 6
10. Number entering college this year who have been club members..... 0 10
11. Total number of farm visits<sup>1</sup> made in conducting extension work..... 0 11
12. Number of different farms visited..... 0 12
13. Total number of home<sup>1</sup> visits made in conducting extension work..... 833 13
14. Number of different homes visited..... 179 14
15. Number of calls<sup>2</sup> relating to extension work..... 15
 

(a) Office..... 290	}	15
(b) Telephone..... 222		
16. Number of days agent spent in office..... 91 16
17. Number of days agent spent in field..... 194 17
18. Number of individual letters written..... 3847 18
19. Number of fairs at which extension exhibits were made..... 19
 

(a) Community..... 0	}	19
(b) County..... 0		
20. Training meetings<sup>2</sup> held for local leaders..... 20
 

(a) Number..... 0	}	20
(b) Leaders in attendance..... 0		
21. Method and result demonstration meetings<sup>2</sup> held (do not include meetings reported in number 20)..... 21
 

(a) Number..... 150	}	21
(b) Attendance..... 3512		
22. Farmers' institutes<sup>2</sup> held..... 22
 

(a) Number..... 0	}	22
(b) Attendance..... 0		
23. Extension schools<sup>2</sup> and short courses held..... 23
 

(a) Number..... 0	}	23
(b) Attendance..... 0		
24. Junior club encampments held: 24
 

(a) Number..... 1	}	24
(b) Attendance by club members..... 18		
(c) Total attendance..... 23		
25. Other extension meetings attended and not previously reported..... 25
 

(a) Number..... 50	}	25
(b) Attendance..... 1666		
26. Number of meetings at which were shown..... 26
 

(a) Lantern slides..... 0	}	26
(b) Motion pictures..... 0		
(c) Charts..... 20		

[Use space below to include other important data.]

24a. Total attendance from Elko County- 24  
 Girls Clubs 19  
 Boys Clubs 16 35

<sup>1</sup> Do not count the same visit as both a farm visit and a home visit.  
<sup>2</sup> See definition on page 3.



PROGRAM SUMMARY

List below information on each project of the program of work for the year. If an assistant agent has been employed during the year, include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered.

Title of project.	Number of communities participating. <sup>1</sup>	Number of local leaders assisting. <sup>2</sup>	Days specialists helped.	Days agent devoted to projects.
	(a)	(b)	(c)	(d)
[Illustrative entry.] Poultry	6	7	2	14
27. Soils (page 7)				27
28. Farm crops (pages 8, 9, 10, 11)				28
29. { Horticulture (page 12)—home gardens (page 27) { Beautification of home grounds (page 26)				29
30. Forestry (page 13)				30
31. Rodents, predatory animals, and birds (page 13)				31
32. Animal husbandry (pages 14, 15, columns b, c, d, f)				32
33. Dairy husbandry (pages 14, 15, column a)—home dairy (page 29)				33
34. Poultry husbandry (pages 14, 15, column e)—home poultry (page 28)				34
35. { Rural engineering (page 16) { Rural engineering—home (page 26)				35
36. Agricultural economics (pages 17, 18)—home marketing (page 30)				36
37. Foods (pages 19, 20)	8	8	0	31
38. Nutrition (page 21)	12	12	19	64
39. Clothing (page 22)	13	13	0	50
40. Home management (page 23)	8	8	0	40
41. House furnishings (page 24)	4	4	0	15
42. Home health and sanitation (page 25)	4	2	0	25
43. Community activities (pages 18, 31)	0	0	0	2
44. Miscellaneous (pages 18, 31)	0	0	0	18
Home Gardens	4	10	0	10
Annual Reports	0	0	0	19
Annual Meetings	0	0	0	11
TOTAL	X X X	X X X	19	285

<sup>1</sup> The individual entries in this column should not exceed entry for question 2, page 4.  
<sup>2</sup> The individual entries in this column should not exceed entry for question 4, page 4.

FARM-DEMONSTRATION WORK.

SOILS.<sup>1</sup>

Report only this year's extension activities and results that are supported by records.

45. Number of method demonstrations given. (See definition 6, page 3.)	45
46. Number of result demonstrations started or under way. (See definition 6, page 3.)	46
47. Number of result demonstrations completed or carried through the year	47
48. Number of acres involved in these completed demonstrations	48
49. Number of farms adopting improved practices in the use of commercial fertilizer this year	49
50. Tons involved in preceding question	50
51. Number of farms taking better care of farm manures this year	51
52. Number of farms using lime or limestone for the first time	52
53. Tons of lime or limestone so used	53
54. Number of farms plowing under cover or other green manure crops for the first time	54
55. Acres of cover and green manure crops so plowed under	55
56. Total number of different farms adopting improved practices, relative to the soils work reported on this page. (Include questions 47, 49, 51, 52, and 54 less duplications.)	56

[Use space below to include other important data relating to soils.]

<sup>1</sup> For drainage, irrigation, land clearing, and terracing see "Rural Engineering," page 16.







LEGUMES AND FORAGE CROPS—Continued.

Report only this year's extension activities and results that are supported by records.

Item.	(g) Velvet beans.	(h) Field beans.	(i) Peanuts.	(j) Lespedeza.	(k) Pastures.	(m) Other. <sup>1</sup>	
71. Number of method demonstrations given							71
72. Number of adult result demonstrations started or under way							72
73. Number of adult result demonstrations completed or carried through the year							73
74. Acres involved in these completed demonstrations							74
75. Increased yield <sup>2</sup> per acre on demonstrations	bu. tons	bu.	bu.	tons	X X X	bu. tons	75
76. Number of junior clubs <sup>3</sup>							76
77. Number of members enrolled							77
(a) Boys							
(b) Girls							
78. Number of members completing							78
(a) Boys							
(b) Girls							
79. Number of acres grown by junior club members completing							79
80. Total yield <sup>2</sup> of crops grown by junior club members	bu. tons	bu.	bu.	tons	X X X	bu. tons	80
81. Number of farms planting improved seed for the first time							81
82. Number of farms practicing seed selection for the first time							82
83. Number of farms inoculating for these crops for the first time							83
84. Total number of different farms adopting improved practices relative to the legumes and forage crops reported on this page							84
[Use space below to include other important data relating to legumes and forage crops.]							

<sup>1</sup> Indicate crop by name.  
<sup>2</sup> Indicate whether yield is bushels of seed or tons of cured forage.  
<sup>3</sup> States which do not organize clubs on a project basis should not report on this question but should report on enrollment and completion.

POTATOES, COTTON, TOBACCO, AND OTHER SPECIAL CROPS.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Irish potatoes.	(b) Sweet potatoes.	(c) Cotton.	(d) Tobacco.	(e) Other. <sup>1</sup>		
85. Number of method demonstrations given						85	
86. Number of adult result demonstrations started or under way						86	
87. Number of adult result demonstrations completed or carried through the year						87	
88. Acres involved in these completed demonstrations						88	
89. Increased yield per acre on demonstrations	bu.	bu.	lbs. <sup>2</sup>	lbs.		89	
90. Number of junior clubs <sup>3</sup>						90	
91. Number of members enrolled						91	
(a) Boys							
(b) Girls							
92. Number of members completing work						92	
(a) Boys							
(b) Girls							
93. Number of acres grown by junior club members completing						93	
94. Total yield of crops grown by junior club members	bu.	bu.	lbs. <sup>2</sup>	lbs.		94	
95. Number of farms planting improved seed for the first time						95	
96. Number of farms practicing seed selection for the first time						96	
97. Number of farms treating seed for disease for the first time						97	
98. Number of farms spraying or dusting for diseases and insects for the first time						98	
99. Total number of different farms adopting improved practices relative to potatoes, cotton, tobacco, and other special crops reported on this page						99	
[Use space below to include other important data relating to potatoes, cotton, tobacco, and other special crops.]							

<sup>1</sup> Indicate crop by name.  
<sup>2</sup> Report yield of cotton in pounds of seed cotton.  
<sup>3</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HORTICULTURE.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Tree fruits.	(b) Bush and small fruits.	(c) Grapes.	(d) Market gardening, truck and canning crops.	(e) Home gardens.	(f) Beautification of home grounds.	
100. Number of method demonstrations given.....							100
101. Number of adult result demonstrations started or under way.....							101
102. Number of adult result demonstrations completed or carried through the year.....							102
103. Acres involved in these completed demonstrations.....					X X X	X X X	103
104. Increased yield per acre on demonstrations.....	bu.	qts.	lbs.	bu.	X X X	X X X	104
105. Number of junior clubs <sup>1</sup> .....							105
106. Number of members enrolled.....							106
(a) Boys.....							
(b) Girls.....							
107. Number of members completing.....							107
(a) Boys.....							
(b) Girls.....							
108. Number of acres grown by junior club members completing.....						X X X	108
109. Total yield of crops grown by junior club members.....	bu.	qts.	lbs.	bu.	bu.	X X X	109
110. Number of farms planting improved stock or seed for the first time.....							110
111. Number of farms pruning for the first time.....							111
112. Number of units involved in preceding question.....	trees	acres	acres	X X X	X X X	X X X	112
113. Number of farms spraying or otherwise treating for diseases and insect pests for the first time.....							113
114. Number of units involved in preceding question.....	acres	acres	acres	acres	X X X	X X X	114
115. Number of farms adopting improved practices relative to the horticultural work reported on this page.....							115
[Use space below to include other important data relating to horticulture.]							

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

FORESTRY.

Report only this year's extension activities and results that are supported by records.

116. Number of method demonstrations given.....		116
117. Number of adult result demonstrations started or under way.....		117
118. Number of adult result demonstrations completed or carried through the year.....		118
119. Number of acres included in these completed demonstrations.....		119
120. Number of junior clubs <sup>1</sup> .....		120
121. Number of members enrolled.....	{ (a) Boys..... (b) Girls.....	121
122. Number of members completing.....	{ (a) Boys..... (b) Girls.....	
122. Number of members completing.....	{ (a) Boys..... (b) Girls.....	122
123. Number of acres handled by junior club members.....		123
124. Number of forest or wood-lot plantings made this year.....		124
125. Acres involved in preceding question.....		125
126. Number of farms assisted in wood-lot management this year.....		126
127. Acres involved in preceding question.....		127
128. Number of farms planting windbreaks this year.....		128
129. Number of farms attempting to control white-pine blister rust for first time.....		129
130. Number of acres involved in preceding question.....		130
131. Total number of farms adopting improved practices relative to the forestry work reported on this page.....		131

[Use space below to include other important data relating to forestry.]

RODENTS AND MISCELLANEOUS<sup>2</sup> INSECT AND ANIMAL PESTS.

Report only this year's extension activities and results that are supported by records.

Item.	(a) Rodents.	(b) Other animal pests. <sup>3</sup>	(c) Grass-hoppers.	(d) Other insects. <sup>3</sup>	
132. Number of method demonstrations given.....					132
133. Number of result demonstrations started or under way.....					133
134. Number of such demonstrations completed or carried through the year.....					134
135. Number of acres in these completed demonstrations.....					135
136. Total number of farms cooperating in control measures this year.....					136
137. Number of acres involved in preceding question.....					137

<sup>1</sup> States which do not organize clubs on a project basis should not report on this question but should report on enrollment and completion.

<sup>2</sup> Do not include work reported under "Crop" and "Livestock" headings.

<sup>3</sup> Indicate by name.







RURAL ENGINEERING.

Report only this year's extension activities and results that are supported by records.

167. Number of method demonstrations given .....	167
168. Number of result demonstrations started or under way .....	168
169. Number of result demonstrations completed or carried through the year .....	169
170. Number of farms installing drainage systems this year .....	170
171. Acres drained .....	171
172. Number of farms installing irrigation systems this year .....	172
173. Acres irrigated .....	173
174. Number of farms constructing terraces or soil dams this year .....	174
175. Acres on which soil erosion was so prevented .....	175
176. Number of dwellings constructed this year according to plans furnished .....	176
177. Number of dwellings remodeled this year according to plans furnished .....	177
178. Number of sewage-disposal systems installed this year according to plans furnished .....	178
179. Number of water systems installed this year according to plans furnished .....	179
180. Number of heating systems installed this year according to plans furnished .....	180
181. Number of lighting systems installed this year according to plans furnished .....	181
182. Number of farms on which buildings other than dwellings were constructed or remodeled this year according to plans furnished .....	182
	(a) Barns .....
	(b) Hog houses .....
183. Number of buildings involved in preceding question .....	(c) Poultry houses .....
	(d) Silos .....
	(e) Other .....
	183
184. Number of farms clearing land of stumps or boulders this year .....	184
185. Acres of land so cleared .....	185
186. Total number of different farms adopting improved practices relative to the rural-engineering work reported on this page .....	186

[Use space below to include other important data relating to rural engineering.]

AGRICULTURAL ECONOMICS.

Report only this year's extension activities and results that are supported by records.

FARM MANAGEMENT.

187. Number of method demonstrations given .....	187
188. Number of farm-account books distributed this year .....	188
189. Number of farmers keeping records in such account books throughout the year .....	189
190. Number of farmers assisted in summarizing and interpreting their accounts .....	190
191. Number of farmers making changes in their business as result of keeping accounts .....	191
192. Number of other farmers adopting cropping, livestock, or complete farming systems this year according to recommendations .....	192
193. Number of junior farm-account clubs <sup>1</sup> .....	193
194. Number of members enrolled .....	194
{ (a) Boys .....	
{ (b) Girls .....	
195. Number of members completing .....	195
{ (a) Boys .....	
{ (b) Girls .....	
196. Number of farmers advised relative to leases this year .....	196
197. Number of farm-management and farm-account schools held this year .....	197
198. Number of farmers assisted in keeping cost-of-production records this year .....	198
199. Total number of different farms adopting improved practices relative to the farm-management work reported on this page .....	199

CREDIT.

200. Number of farm-loan or other credit associations organized this year with assistance of extension service .....	200
201. Membership in above associations .....	201
202. Number of other farmers assisted in obtaining credit .....	202

MARKETING.

203. Number of method demonstrations given .....	203
204. List below the cooperative-marketing associations organized <i>during this year</i> upon suggestion or with counsel of the extension service. .....	204

(a) Name of association or group.	(b) Number of members.	Supplies and products handled.	Supplies purchased.		Products sold.	
			(c) Value.	(d) Savings.	(e) Value.	(f) Profit.
			\$ .....	\$ .....	\$ .....	\$ .....
TOTAL						

<sup>1</sup> States which do not organize clubs on a project basis should not report on this question but should report on enrollment and completion.



AGRICULTURAL ECONOMICS—Continued.

Report only this year's extension activities and results that are supported by records.

205. List below this year's results in connection with the cooperative-marketing associations in the county previously organized and with which the extension service counseled or advised. 205

(a) Name of association or group.	(b) Number of members.	Supplies and products handled.	Supplies purchased.		Products sold.	
			(c) Value.	(d) Savings.	(e) Value.	(f) Profit.
			\$	\$	\$	\$
TOTAL						

205½. Total number of different farms adopting improved marketing practices (include entries for questions 204 (b) and 205 (b) less duplications plus other farms not in cooperative associations) 205½

COMMUNITY ACTIVITIES AND MISCELLANEOUS.

Report only this year's extension activities and results that are supported by records.

Use this space to include work on any other agricultural project not included in the preceding pages, such as bee-keeping, and similar work, i. e., any other information that can be reported statistically and that will help to give a complete account of the year's work.

Item.	(a) Beekeeping.	(b) <sup>1</sup>	(c) <sup>1</sup>	
206. Number of method demonstrations given.....				206
207. Number of adult result demonstrations started or under way.....				207
208. Number of result demonstrations completed or carried through the year.....				208
209. Number of units in these completed demonstrations.....				209
210. Number of junior clubs <sup>2</sup> .....				210
211. Number of members enrolled.....				211
	(a) Boys.....			
	(b) Girls.....			
212. Number of members completing.....				212
	(a) Boys.....			
	(b) Girls.....			
213. Number of units involved in junior club work completed.....				213
214. Total number of different farms adopting improved practices relative to the miscellaneous work reported on this page.....				214
[Use space below to include other important data relating to miscellaneous work.]				

<sup>1</sup> Indicate name over column.

<sup>2</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME-DEMONSTRATION WORK.

FOODS.

Report only this year's extension activities and results that are supported by records.

FOOD PREPARATION.

215. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	4	215
	(b) Juniors.....	1	
216. Number of members enrolled in food preparation.....	(a) Women.....	28	216
	(b) Girls.....	5*	
	(c) Boys.....	0	
217. Number of members completing.....	(a) Women.....	28	217
	(b) Girls.....	3**	
	(c) Boys.....	0	
218. Number of method demonstrations given. (See definition 6, page 3.).....		8	218
219. Number of result demonstrations started or under way. (See definition 6, page 3.).....	(a) Women.....	28	219
	(b) Girls.....	5	
	(c) Boys.....	0	
220. Number of result demonstrations completed or carried through the year.....	(a) Women.....	28	220
	(b) Girls.....	3	
	(c) Boys.....	0	
221. Number of individuals adopting improved practices in bread making this year.....	(a) Women.....	12	221
	(b) Girls.....	6	
	(c) Boys.....	0	
222. Number of individuals adopting improved practices in meat cookery this year.....	(a) Women.....	36	222
	(b) Girls.....	6	
	(c) Boys.....	0	
223. Number of individuals adopting improved practices in vegetable cookery this year.....	(a) Women.....	29	223
	(b) Girls.....	8	
	(c) Boys.....	0	
224. Number of individuals adopting improved practices in preparation of dairy-product dishes this year.....	(a) Women.....	12	224
	(b) Girls.....	3	
	(c) Boys.....	0	
225. Number of individuals adopting improved practices in meal preparation and service this year.....	(a) Women.....	15	225
	(b) Girls.....	3	
	(c) Boys.....	0	
226. Number of homes budgeting the family food supply for the first time.....		4	226
227. Total number of different homes adopting improved practices relative to the food-preparation work reported on this page. (Include entries for questions 220, 221, 222, 223, 224, 225, and 226 less duplications.).....		54	227

[Use space below to include other important data relating to food preparation.]

\* Not enrolled in Junior Clubs

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



FOODS—Continued.

Report only this year's extension activities and results that are supported by records.

FOOD PRESERVATION.

228. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	4	} 228
	(b) Juniors.....	1	
229. Number of members enrolled in food preservation.....	(a) Women.....	35	} 229
	(b) Girls.....	5*	
	(c) Boys.....	0	
230. Number of members completing.....	(a) Women.....	35	} 230
	(b) Girls.....	3*	
	(c) Boys.....	0	
231. Number of method demonstrations given.....		4	231
232. Number of result demonstrations started or under way.....	(a) Women.....	35	} 232
	(b) Girls.....	5	
	(c) Boys.....	0	
233. Number of result demonstrations completed or carried through the year.....	(a) Women.....	35	} 233
	(b) Girls.....	5	
	(c) Boys.....	0	
234. Number of individuals adopting improved practices in preserving fruits and vegetables this year.....	(a) Women.....	14	} 234
	(b) Girls.....	3	
	(c) Boys.....	0	
235. Number of individuals adopting improved practices in preserving meats and fish this year.....	(a) Women.....	16	} 235
	(b) Girls.....	0	
	(c) Boys.....	0	
236. Number of homes providing better food storage for the first time.....		22	236
237. Total number of different homes adopting improved practices relative to the food-preservation work reported on this page.....		66	237
238. List below amount of food preserved by club members completing:			238

Kind of food.	(1) Women.	(2) Girls.	(3) Boys.
(a) Fruits and vegetables canned..... quarts.....	4020	39	0
(b) Meats and fish canned..... quarts.....	288	0	0
(c) Jelly and preserves made..... quarts.....	2821	40	0
(d) Fruit juices made..... quarts.....	109	0	0
(e) Pickles made..... quarts.....	1365	0	0
(f) Fruits and vegetables dried..... pounds <sup>2</sup> .....	144	0	0
(g) Meats cured..... pounds <sup>2</sup> .....	2158	0	0

[Use space below to include other important data relating to food preservation.]

Report made out too early in year to secure total pounds of meat cured.

\*Not enrolled in Junior Clubs

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.  
<sup>2</sup> Finished product.

NUTRITION.

Report only this year's extension activities and results that are supported by records.

239. Number of project clubs or groups <sup>1</sup> .....	groups - not clubs	(a) Women.....	0	} 239
		(b) Juniors.....	0	
240. Number of members enrolled in nutrition.....	" "	(a) Women.....	0	} 240
		(b) Girls.....	0	
		(c) Boys.....	0	
241. Number of members completing.....	" "	(a) Women.....	0	} 241
		(b) Girls.....	0	
		(c) Boys.....	0	
242. Number of method demonstrations given.....	" "		8	242
243. Number of result demonstrations started or under way.....	" "	(a) Women.....	0	} 243
		(b) Girls.....	0	
		(c) Boys.....	0	
244. Number of result demonstrations completed or carried through the year.....	" "	(a) Women.....	0	} 244
		(b) Girls.....	0	
		(c) Boys.....	0	
245. Number of individuals balancing family meals according to approved methods for the first time.....		(a) Women.....	16	} 245
		(b) Girls.....	0	
		(c) Boys.....	0	
246. Number of individuals preparing better school lunches for the first time.....		(a) Women.....	62	} 246
		(b) Girls.....	0	
		(c) Boys.....	0	
247. Number of schools induced to serve a hot dish or school lunch for the first time.....			1	247
248. Number of children involved in preceding question.....			14	248
249. Number of homes carrying out improved practices in child feeding for the first time.....			73	249
250. Number of children involved in preceding question.....			229	250
251. Total number of different homes adopting improved practices relative to the nutrition work reported on this page.....			165	251

[Use space below to include other important data relating to nutrition.]

KEEP GROWING demonstration carried on in 12 schools.

Number weighed, measured and examined..... 425

" completing demonstration..... 426

At close of school per cent increase.....

normal or slightly underweight..... 31%

% decrease dangerously underweight..... 9.6%

Families influenced in demonstration..... 332

Number of communities reaching state goal..... 9

Schools having hot school lunch..... 3

Children involved..... 101

Volunteer Local Leaders..... 12

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



## CLOTHING.

Report only this year's extension activities and results that are supported by records.

252. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	8	} 252
	(b) Juniors.....	5	
253. Number of members enrolled in clothing work.....	(a) Women.....	165	} 253
	(b) Girls.....	51	
	(c) Boys.....	0	
254. Number of members completing.....	(a) Women.....	165	} 254
	(b) Girls.....	37	
	(c) Boys.....	0	
255. Number of method demonstrations given.....	(a) Women.....	18	} 255
	(b) Girls.....	92	
	(c) Boys.....	0	
256. Number of result demonstrations started or under way.....	(a) Women.....	48	} 256
	(b) Girls.....	80	
	(c) Boys.....	0	
257. Number of result demonstrations completed or carried through the year.....	(a) Women.....	37	} 257
	(b) Girls.....	37	
	(c) Boys.....	0	
258. Number of individuals adopting improved practices in selection and construction.....	(a) Women.....	32	} 258
	(b) Girls.....	30	
	(c) Boys.....	0	
259. Number of individuals adopting improved practices in renovation and remodeling.....	(a) Women.....	36	} 259
	(b) Girls.....	32	
	(c) Boys.....	0	
260. Number of individuals adopting improved practices in millinery.....	(a) Women.....	22	} 260
	(b) Girls.....	8	
261. Number of individuals adopting improved practices in costume designing.....	(a) Women.....	10	} 261
	(b) Girls.....	4	
262. Number of individuals adopting improved practices in infant wardrobe planning.....	(a) Women.....	8	} 262
	(b) Girls.....	0	
263. Number of individuals adopting improved practices in children's wardrobe planning.....	(a) Women.....	23	} 263
	(b) Girls.....	10	
264. Number of individuals adopting improved practices in adult wardrobe planning.....	(a) Women.....	20	} 264
	(b) Girls.....	2	
265. Total number of different homes adopting improved practices relative to the clothing work reported on this page.....		123	} 265
	(a) Women.....	16	
266. Number of dress forms made this year by.....	(b) Girls.....	0	} 266
	(a) Women.....	423	
267. Number of dresses and coats made this year by.....	(b) Girls.....	51	} 267
	(a) Women.....	263	
268. Number of undergarments made this year by.....	(b) Girls.....	77	} 268
	(a) Women.....	32	
269. Number of hats made this year by.....	(b) Girls.....	2	} 269
	(a) Women.....	2	

[Use space below to include other important data relating to clothing.]

Miscellaneous pieces of sewing as men's shirts, towels,  
sheets, pillow slips, quilts, etc. 121

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

## HOME MANAGEMENT.

Report only this year's extension activities and results that are supported by records.

270. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	8	} 270
	(b) Juniors.....	0	
271. Number of members enrolled in home management.....	(a) Women.....	102	} 271
	(b) Girls.....	0	
	(c) Boys.....	0	
272. Number of members completing.....	(a) Women.....	102	} 272
	(b) Girls.....	0	
	(c) Boys.....	0	
273. Number of method demonstrations given.....		20	} 273
	(a) Women.....	62	
274. Number of result demonstrations started or under way.....	(b) Girls.....	0	} 274
	(a) Women.....	62	
275. Number of result demonstrations completed or carried through the year.....	(b) Girls.....	0	} 275
	(a) Women.....	4	
276. Number of individuals following a systematized plan of household work for the first time.....	(b) Girls.....	0	} 276
	(a) Women.....	102	
277. Number of homes obtaining additional labor-saving equipment this year.....		26	} 277
278. Number of kitchens planned and rearranged for convenience this year.....	(a) Women.....	10	
279. Number of individuals following improved laundry practices for the first time.....	(b) Girls.....	0	} 279
	(a) Women.....	4	
280. Number of individuals making budgets and keeping accounts for the first time.....	(b) Girls.....	0	} 280
281. Total number of different homes adopting improved practices relative to the home-management work reported on this page.....		102	
282. List below the number of labor-saving appliances involved in question 277:			282
(a) Hand washing machines.....	4	(f) Kitchen cabinets.....	1
(b) Power washing machines.....	16	(g) Electric or gasoline irons.....	4
(c) Fireless cookers.....	2	(h) Mop Wringers.....	14
(d) Kitchen sinks.....	8	(i) Cream Separators.....	6
(e) Power vacuum cleaners.....	2	(j) Utility Table.....	1

[Use space below to include other important data relating to home management.]

× Can Openers	16	Stoves (oil)	4	× Dish pans	6
Scales	2	" (ranges)	2	× Saucepans	18
Kitchen Stools	3	Dustless Mops ✓	6	× Paring Knives	19
Pressure Cookers	6	Bread Mixers	2	× Approved Sifter	6
FULLER brushes ✓	18	Radio	3	× Pails	4
× Vegetable "	10	× Enameled Food			
× Jelly Bags	12	Containers	68	× Strainers	28
		Gallons of SOAP made	102		
		Bars of SOAP made	2280		

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HOUSE FURNISHINGS.

Report only this year's extension activities and results that are supported by records.

283. Number of project clubs or groups <sup>1</sup> .....	{ (a) Women..... 4 (b) Juniors..... 0 }	283
284. Number of members enrolled in house furnishings.....	{ (a) Women..... 40 (b) Girls..... 0 (c) Boys..... 0 }	284
285. Number of members completing.....	{ (a) Women..... 40 (b) Girls..... 0 (c) Boys..... 0 }	285
286. Number of method demonstrations given.....	3	286
287. Number of result demonstrations started or under way.....	{ (a) Women..... 20 (b) Girls..... 0 (c) Boys..... 0 }	287
288. Number of result demonstrations completed or carried through the year.....	{ (a) Women..... 20 (b) Girls..... 0 (c) Boys..... 0 }	288
289. Number of individuals adopting improved practices in selection and arrangement of furnishings this year.....	{ (a) Women..... 20 (b) Girls..... 0 (c) Boys..... 0 }	289
290. Number of individuals adopting improved practices in the repairing and remodeling of furnishings this year.....	{ (a) Women..... 20 (b) Girls..... 0 (c) Boys..... 0 }	290
291. Number of individuals adopting improved practices in wall, woodwork, and floor treatment this year.....	{ (a) Women..... 20 (b) Girls..... 0 (c) Boys..... 0 }	291
292. Number of rooms involved in questions 289, 290, and 291.....	{ (a) Bedrooms..... 28 (b) Living rooms..... 10 (c) Dining rooms..... 6 (d) Other rooms..... 23 }	292
293. Total number of different homes adopting improved practices relative to the house-furnishing work reported on this page.....	20	293

[Use space below to include other important data relating to house furnishings.]

Furniture refinished -			
chairs	62	Writing desk	1
dressers	8	home refinishing all	
Tables	10	furniture	2
bedroom set	4	couches	2
sideboard	1		
magazine stand	2		

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME HEALTH-SANITATION.

Report only this year's extension activities and results that are supported by records.

294. Number of project clubs or groups <sup>1</sup> .....	{ (a) Women..... 4 (b) Juniors..... 0 }	294
295. Number of members enrolled in home health and sanitation.....	{ (a) Women..... 64 (b) Girls..... 0 (c) Boys..... 0 }	295
296. Number of members completing.....	{ (a) Women..... 64 (b) Girls..... 0 (c) Boys..... 0 }	296
297. Number of method demonstrations given.....	8	297
298. Number of result demonstrations started or under way.....	{ (a) Women..... 18 (b) Girls..... 0 (c) Boys..... 0 }	298
299. Number of result demonstrations completed or carried through the year.....	{ (a) Women..... 18 (b) Girls..... 0 (c) Boys..... 0 }	299

HEALTH.<sup>2</sup>

300. Number of homes adopting recommended health practices this year.....	18	300
301. Number of individuals adopting recommended practices in—		301
(a) Use of health score card.....	1	
(b) Good posture.....	102	
(c) Prevention of colds.....	26	
(d) Good elimination.....	62	
(e) Care of teeth.....	262	
(f) Care of skin and hair.....	16	
(g) Home nursing.....	64	
(h) First aid.....	64	
(i).....		
(j).....		

302. Is your health program coordinated with the work of State and county health authorities?.....	{ (a) Yes..... Yes (b) No..... }	302
--	-------------------------------------	-----

SANITATION.

303. Number of homes installing sanitary closets or outhouses this year according to plans furnished.....	3	303
304. Number of homes screened for the first time.....	4	304
305. Number of homes following other methods of controlling flies, mosquitoes, and other insects for the first time.....	10	305
306. Total number of different homes adopting improved practices relative to the sanitation work reported on this page.....	17	306

[Use space below to include other important data relating to home health and sanitation.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

<sup>2</sup> It is assumed that this work is conducted in cooperation with State and county health authorities.



RURAL ENGINEERING—HOME.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 16.

307. Number of method demonstrations given.....	2	307
308. Number of result demonstrations started or under way.....	10	308
309. Number of result demonstrations completed or carried through the year.....	10	309
310. Number of dwellings constructed this year according to plans furnished.....	2	310
311. Number of dwellings remodeled this year according to plans furnished.....	4	311
312. Number of sewage-disposal systems installed this year according to plans furnished.....	2	312
313. Number of water systems installed this year according to plans furnished.....	4	313
314. Number of heating systems installed this year according to plans furnished.....	3	314
315. Number of lighting systems installed this year according to plans furnished.....	6	315
316. Number of poultry houses constructed this year according to plans furnished.....	0	316
317. Total number of different homes adopting improved practices relative to the rural-engineering work reported on this page.....	32	317

[Use space below to include other important data relating to rural engineering.]

BEAUTIFICATION OF HOME GROUNDS.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 12.

318. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 4 (b) Juniors..... 0	318
319. Number of members enrolled in beautification of home grounds.....	(a) Women..... 8 (b) Girls..... 0 (c) Boys..... 0	319
320. Number of members completing.....	(a) Women..... 8 (b) Girls..... 0 (c) Boys..... 0	320
321. Number of method demonstrations given.....	(a) Women..... 8 (b) Girls..... 0 (c) Boys..... 0	321
322. Number of result demonstrations started or under way.....	(a) Women..... 8 (b) Girls..... 0 (c) Boys..... 0	322
323. Number of result demonstrations completed or carried through the year.....	(a) Women..... 8 (b) Girls..... 0 (c) Boys..... 0	323
324. Number of home grounds planted this year according to a landscape plan.....	8	324
325. Number of school and community grounds planted this year according to a landscape plan.....	0	325
326. Number of homes painted or whitewashed this year as a result of instruction in beautification.....	4	326
327. Total number of different homes beautifying home grounds this year.....	10	327

[Use space below to include other important data relating to beautification of home grounds.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.

HOME GARDENS.

Report only this year's extension activities and results that are supported by records.

Do not list information which has been previously reported on page 12.

328. Number of project clubs or groups <sup>1</sup> .....	(a) Women..... 4 (b) Juniors..... 1	328
329. Number of members enrolled in home gardens.....	(a) Women..... 40 (b) Girls..... 4 (c) Boys..... 2	329
330. Number of members completing.....	(a) Women..... 40 (b) Girls..... 3 (c) Boys..... 1	330
331. Number of method demonstrations given.....	9	331
332. Number of result demonstrations started or under way.....	(a) Women..... 40 (b) Girls..... 4 (c) Boys..... 2	332
333. Number of result demonstrations completed or carried through the year.....	(a) Women..... 40 (b) Girls..... 4 (c) Boys..... 1	333
334. Number of gardens involved in result demonstrations.....	(a) Women..... 40 (b) Girls..... 4 (c) Boys..... 1	334
335. Number of individuals adopting improved practices in growing fruit trees this year.....	(a) Women..... 12 (b) Girls..... 0 (c) Boys..... 0	335
336. Number of individuals adopting improved practices in growing bush and small fruits this year.....	(a) Women..... 16 (b) Girls..... 0 (c) Boys..... 0	336
337. Number of individuals adopting improved practices in growing grapes this year.....	(a) Women..... 0 (b) Girls..... 0 (c) Boys..... 0	337
338. Number of individuals adopting improved practices in growing vegetables this year.....	(a) Women..... 40 (b) Girls..... 4 (c) Boys..... 1	338
339. Number of individuals saving improved stock or seed for the first time.....	(a) Women..... 14 (b) Girls..... 0 (c) Boys..... 0	339
340. Number of homes spraying or otherwise treating garden crops for diseases and insect pests for the first time.....	6	340
341. Number of individuals growing winter gardens for the first time.....	(a) Women..... 0 (b) Girls..... 0 (c) Boys..... 0	341
342. Total number of different homes adopting improved practices relative to the home-garden work reported on this page.....	40	342

[Use space below to include other important data relating to home gardens.]

We held 3 garden tours but the early frost prevented having 3 more which were planned.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion.



HOME POULTRY.

Report only this year's extension activities and results that are supported by records.  
Do not list information which has been previously reported on pages 14 and 15.

343. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	343
	(b) Juniors.....	
344. Number of members enrolled in home poultry.....	(a) Women.....	344
	(b) Girls.....	
	(c) Boys.....	
345. Number of members completing.....	(a) Women.....	345
	(b) Girls.....	
	(c) Boys.....	
346. Number of method demonstrations given.....		346
347. Number of result demonstrations started or under way.....	(a) Women.....	347
	(b) Girls.....	
	(c) Boys.....	
348. Number of result demonstrations completed or carried through the year.....	(a) Women.....	348
	(b) Girls.....	
	(c) Boys.....	
349. Number of birds in result demonstrations raised or managed by.....	(a) Women.....	349
	(b) Girls.....	
	(c) Boys.....	
350. Total profit on result demonstrations conducted by.....	(a) Women.....	350
	(b) Girls.....	
	(c) Boys.....	
351. Number of individuals culling flocks for the first time.....	(a) Women.....	351
	(b) Girls.....	
	(c) Boys.....	
352. Number of homes culling flocks for the first time.....		352
353. Number of birds in these flocks.....		353
354. Number of birds discarded.....		354
355. Number of homes feeding better-balanced poultry rations for the first time.....		355
356. Number of individuals assisted in obtaining standard-bred eggs for hatching this year.....	(a) Women.....	356
	(b) Girls.....	
	(c) Boys.....	
357. Number of homes assisted in obtaining standard-bred cockerels this year.....		357
358. Number of individuals adopting improved practices in early hatching and chick rearing this year.....	(a) Women.....	358
	(b) Girls.....	
	(c) Boys.....	
359. Number of homes directly assisted in increasing the family income this year through poultry.....		359
360. Number of homes controlling poultry insects for the first time.....		360
361. Total number of different homes adopting improved practices relative to the home-poultry work reported on this page.....		361

[Use space below to include other important data relating to home poultry.]

The women's work has grown so large that the man county agent has carried on the poultry work in this County.

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion. 8-5146

HOME DAIRY.

Report only this year's extension activities and results that are supported by records.  
Do not list information which has been previously reported on pages 14 and 15.

362. Number of project clubs or groups <sup>1</sup> .....	(a) Women.....	0	362
	(b) Juniors.....	0	
363. Number of members enrolled in home-dairy work.....	(a) Women.....	0	363
	(b) Girls.....	0	
	(c) Boys.....	0	
364. Number of members completing.....	(a) Women.....	0	364
	(b) Girls.....	0	
	(c) Boys.....	0	
365. Number of method demonstrations given.....		0	365
366. Number of result demonstrations started or under way.....	(a) Women.....	0	366
	(b) Girls.....	0	
	(c) Boys.....	0	
367. Number of result demonstrations completed or carried through the year.....	(a) Women.....	0	367
	(b) Girls.....	0	
	(c) Boys.....	0	
368. Number of cows or calves in result demonstrations raised or managed by.....	(a) Women.....	0	368
	(b) Girls.....	0	
	(c) Boys.....	0	
369. Number of homes feeding better dairy rations for the first time.....		0	369
370. Number of homes adopting better practices in the sanitary production and care of milk this year.....		0	370
371. Number of homes adopting better practices in butter or cheese making this year.....		0	371
372. Number of pounds of butter made.....		2422	372
373. Number of pounds of cheese made.....		20	373
374. Total number of different homes adopting improved practices relative to the home-dairy work reported on this page.....		4	374

[Use space below to list other important data relative to home dairying.]

<sup>1</sup> States which do not organize clubs or groups on a project basis should not report on this question but should report on enrollment and completion. 8-5146







Cooperative Extension Work  
in  
Agriculture and Home Economics  
State of Nevada

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ANNUAL  
NARRATIVE  
REPORT

Home Economics Activities  
in  
Elko County, Nevada

by

FLORA E. MCELHINNEY  
County Extension Agent.

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November 1, 1925  
to  
October 1, 1926.

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*My goals are in my plan of weekly report pages 5-6*



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### III. STATUS OF COUNTY EXTENSION ORGANIZATION.

The county extension organization cooperates and works under the county farm bureau board comprised of three men and two women. It has become an important feature in county work and is considered authoritative on agricultural and home economics problems.

Source of Funds. The finances of the county farm bureau are supplied by cooperative funds from the federal, state and county governments. For Elko County in 1926 the appropriation is -

State Farm Bureau .....	\$3975.00
Proceeds 2¢ County Farm Bureau Tax .....	7950.00
Balance carried over from 1925 .....	7140.00
U.S. Department of Agriculture .....	1500.00
	<u>\$20565.00</u>

#### (1) Form of Organization.

The county extension organization is composed of two extension agents, one having charge of the work of the men and one of the work of the women in the county. The work is under the direct supervision of the state Director of Extension and two Assistant Directors. We are fortunate in having as an assistant director in our women's work one who is state nutrition specialist. The women's work is organized as homemakers' clubs.

Community Organization. Each club has its president, vice president, secretary-treasurer and project leaders, the latter having charge of the different phases of the work. As the communities are so far apart, we have only local project leaders' meetings. Five clubs hold their meetings in community halls, two in school houses, and one is still holding meetings in the homes of the members. Each club holds two meetings per month.

#### (2) Function of Different Bodies in the Development of Program of Work.

A committee, comprised usually of the local leaders, meets and selects a program of work with the county agent. It is then presented to the club, discussed and often revised before it is accepted.

#### (3) General Policies.

Cooperation. The county extension agents have splendid cooperation from the State Extension office. Director Cecil W. Creel serves in a supervisory capacity, Assistant Director Mary E. Stilwell as nutrition specialist, Assistant Director Thomas Buckman as head of the boys' and girls' club work, and Professor V.E. Scott as our dairy and poultry specialist.

In the county, the Shephard-Towner nurse, the physicians, the Elko Chamber of Commerce, the Twentieth Century Club and other



federated clubs have cooperated, and in return we have rendered valuable service to them. Elko County has cooperated in giving us a very pleasant office in the Elko County court house.

Publicity. This is taken care of by news items in the local papers and by mimeographed narrative reports forwarded to parties interested in agriculture and home economice. The local papers cooperate in a very splendid manner, and have been of valuable assistance in putting over a great many of our projects.

#### IV. PROGRAM OF WORK.

##### (1) Factors considered and Methods used in Determining Program of Work.

Each club meets, discusses and decides upon a program of work for the year, and appoints project leaders for each phase of the work. Typewritten programs are furnished each member, and the programs are carried out as scheduled.

Just a word here in regard to Elko County, which will show the territory to be covered by the county agent in carrying out the programs of work. Elko County is situated in the northeastern part of the State of Nevada, and covers over 17,059 square miles, with some 4,000 miles of roads to be traveled by the agent in reaching all of the communities. These communities range from 23 to 125 miles from the main office at Elko. A new highway recently completed across Elko County materially assists in making the trips into four of these communities much easier and more comfortable. The total population of Elko County is 8,083, or one person to each 2.1 square miles.

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Elko County GOALS as Adopted at the State Meeting at Las Vegas,  
Nevada, January, 1926.

I. NUTRITION

	<u>Goals</u>		<u>Completed</u>
(a) KEEP GROWING - communities 12 - children 400	-		12 - 426
1. Hot School Lunch groups .....	4	-	4
2. Reaching Goals .....	6	-	9
3. Poster Contest .....	5	-	7
4. Achievement Day in each community .....	1	-	12
 (b) FOOD SELECTION AND PREPARATION			
Women's Clubs .....	4	-	4
Junior Clubs .....	1	-	1
Demonstrators .....	8	-	10
Cooperators .....	20	-	28
Exhibits .....	1	-	0
Families Emphasize - Vegetables .....	4	-	6
Milk .....	4	-	4
Meat .....	4	-	-
Score Card .....	1	-	1
 (c) FOOD PRESERVATION			
Communities .....	4	-	5
Women's Clubs .....	4	-	5
Junior Clubs .....	1	-	1
Demonstrators .....	4	-	6
Cooperators .....	40	-	40
Exhibits .....	1	-	0
 (d) GARDENS			
Demonstration Gardens .....	10	-	10
Women's Clubs .....	4	-	4
Junior Clubs .....	1	-	1
Cooperators .....	40	-	40
Tours .....	4	-	3
Achievement Days .....	1	-	3

II. CLOTHING

<u>Specialize on Children's Clothing</u>			
Number Communities .....	3	-	8
Women's Groups .....	2	-	8
Junior Clubs .....	3	-	5
Adult Demonstrators .....	2	-	8
Cooperators .....	10	-	90
Achievement Days .....	1	-	1
Exhibits .....	1	-	1



1926 Goals and Results continued

III. HOME IMPROVEMENT

	<u>Goals</u>	<u>Completed</u>
Convenient Kitchens .....	5	26
Water Systems .....	2	4
Heating Systems .....	1	3
Lighting Systems .....	1	6
Power Machinery .....	6	18
Pressure Cookers .....	5	6
Labor Saving Equipment .....	50	291
Homes Refinishing Furniture .....	4	20
Home Equipment Exhibit .....	2	2
Redecorating Rooms Demonstration - cooperators 2	10	4 - 20

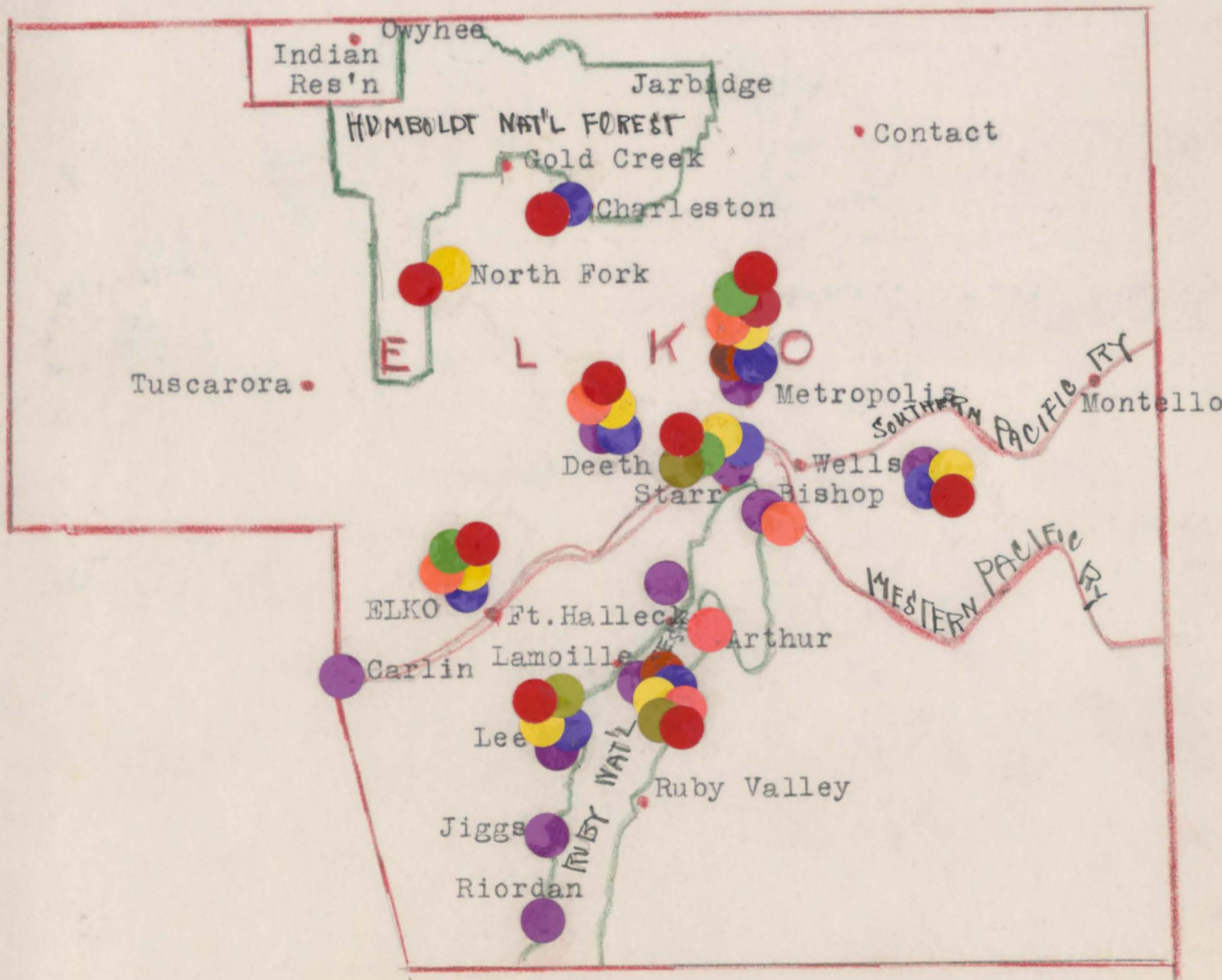
IV. JUNIOR CLUB WORK

Completions .....	45	41
Demonstration Teams .....	5	6
Achievement Day (County-wide) .....	1	1
Members at Camp .....	25	19



MAP of Elko County, Nevada, showing Communities and Projects.

- Homemakers' Clubs
- Nutrition -
  - Keep Growing
  - Food Selection, Preparation, Preservation
- Gardens -
  - Flower
  - Vegetable
- Clothing
- Home Improvement
- Junior Club Work -
  - Sewing Clubs
  - Garden Clubs





## COMMUNITIES AND PROJECTS - 1926.

Community	: Club or School	: Project
1. ARTHUR	: Junior Club	: Sewing
2. BISHOP	: Junior Club	: Sewing
	: School	: Keep Growing Demonstration
3. CARLIN	: School	: Keep Growing Demonstration
4. CHARLESTON	: Homemakers' Club	: Home Improvement
<i>but</i> 5. DEETH	: Homemakers' Club	: Home Improvement
		: Sewing- Clothing
	: Junior Club	: Sewing
	: School	: Keep Growing Demonstration
6. ELKO	: Homemakers' Club	: Home and Community
		: Better Homes - Gardens
	: Junior Club	: Sewing
	: 20th Century Club	: Home Improvement
<i>Irish</i> 7. FT. HALLECK	: School	: Keep Growing Demonstration
8. LAMOILLE	: Homemakers' Club	: Home Improvement
		: Clothing
		: Nutrition
		: Gardens
	: Junior Club	: Sewing
	: School	: Keep Growing Demonstration
9. LEE	: Homemakers' Club	: Home Improvement
		: Clothing
		: Nutrition
		: Gardens
	: School	: Keep Growing Demonstration
<i>Panama</i> 10. JIGGS	: School	: Keep Growing Demonstration
11. METROPOLIS	: Homemakers' Club	: Home Improvement
		: Clothing
		: Nutrition
		: Gardens
	: Junior Club	: Sewing
		: Garden
	: School	: Keep Growing Demonstration
12. NORTH FORK	: Homemakers' Club	: Clothing
13. STARR VALLEY	: Homemakers' Club	: Home Improvement
		: Clothing
		: Nutrition
		: Gardens
	: School (2)	: Keep Growing Demonstration
14. RIORDAN	: School	: Keep Growing Demonstration
15. WELLS	: Homemakers' Club	: Home Improvement
		: Clothing
	: School	: Keep Growing Demonstration



The major projects in the different clubs are -

- I. NUTRITION -
  - 1. Keep Growing Demonstrations
  - 2. Family Feeding
  - 3. Home Gardens
  - 4. Food Preservation
  - 5. Hot School Lunch
  
- II. HOME IMPROVEMENT -
  - 1. Convenient Kitchens
  - 2. Water Systems
  - 3. Heating Systems
  - 4. Lighting Systems
  - 5. Power Machinery
  - 6. Pressure Cookers
  - 7. Labor Saving Devices
  - 8. Refinishing Furniture
  - 9. Home Decorating
  - ~~10. Ranges~~
  - 11. Sewage Disposal
  
- III. RECREATION -
  - 1. Libraries
  - 2. Community Halls
  
- IV. CLOTHING -
  - 1. Remodelling
  - 2. Renovating
  - ~~3. Millinery~~ *3. Line & Color*
  
- V. JUNIOR -
  - 1. Clothing
  - 2. Food Preservation *+ preparation*
  - 3. Home Gardens



1926 SCHEDULE  
or the  
Regular Homemakers' Clubs Days.

COMMUNITIES

MONTHS	C h a r l e s t o n	D e e t h	L a m o i l e	L e e	M e t r o p o l i s	N o r t h F o r k	S t a r r	W e l l s	E l k o
March	: 2nd	: 24-25	: 27	: 30	: 17-18	: Last	: 13	: 18	: 2-16
April	: T	: 22-23	: 6-7	: 1-2	: 14-15	: S	: 8-9	: 16	: 13-24
May	: u	: 27-28	: 4-5	: 6-7	: 18-19	: a	: 12-13	: 20-22	: 8-25
June	: e	: 24-25	: 1-2	: 3-4	: 15-16	: t	: 9-10	: 17	: 8-22
July	: s	: 29-30	: 6-7	: 1-2	: 20-21	: u	: 8-9	: 15	: 0
August	: d	: 0	: 3-4	: 5-6	: 1-2	: r	: 7-8	: 0	: 0
September	: a	: 0	: 1-7	: 2-3	: 21-22	: d	: 8-9	: 16	: 13-27
October	: y	: 0	: 5-6	: 7-8	: 19-20	: a	: 13-14	: 21	: 12-26
November	: in	: 0	: 2-3	: 4-5	: 16-17	: y	: 10-11	: 18	: 9-23
December	: mo.	: 0	: 1-7	: 2-3	: 14-15	: in mp.	: 9-10	: 16	: 21



## (2) Project Activities and Results.

## (c) Home Gardens - VEGETABLE

~~This is where Elko County shines!~~

Number of Communities participating	4
Demonstration Gardens	10
Cooperators	40
Garden Tours	3
Junior Garden Clubs	1
Homes influenced by "Better Gardens"	40

This has been a year of very little water. One man said to me - "We will need our gardens more than ever as we will be short of everything else!"

Ten demonstrators experimented with different varieties and the following are considered good seeds for Elko County.

<u>Crop</u>	<u>Variety</u>
Celery	Golden Self Blanching
Spinach	Evergreen
Chard	Large Ribbed White
Lettuce	Butter Head
Cabbage (early)	Little Baseball - Early Wakefield
Cabbage (late)	Flat Dutch
Asparagus	Palmetto
Carrots	French Breakfast - Danvers Half Long
Rutabagas	American Purple Top
Turnips	Egg Yellow - Purple Top
Beets	Early Wonder
Parsnips	Hollow Crown
Peas	American Wonder- Telephone
Beans (string)	Early Butter Wax - Pencil Pod Black Wax
Tomatoes	Earliana
Onions	Silver Skins
Cucumbers	Earliest of All
Peppers	Ruby King
Squash (Summer)	Crook Neck - White Bush Scallop
Squash (Winter)	Yellow and Green Hubbard
Pumpkins	Yellow Pie



## Home Gardens - Flower

Number of Flower Garden Demonstrators - 3.



Fig. 1. From a Dahlia Garden.

We had a "Scatter Seed" day in June at our Elko Homemakers' Club. This of course was an out-of-doors day, and we decided to have our picnic at the new municipal camp ground located a short distance above town. The camp had just been completed and our picnic was to be a sort of "house warming". A summer shower drove us in doors and we had our coffee and "weinies" cooked on the electric plates provided for the use of the auto travelers. The City of Elko had already piped water to the grounds and planted a number of shade trees, so our Club chose California poppies and hollyhock seeds to scatter around as they are quick growth and come up every year without any special attention, and they will always be a living witness to the civic spirit of our Club.

Until quite recently it has been the belief that flowers could not be grown satisfactorily in Elko County. This was due to our short growing season, the early frosts preventing the plants from maturing. However, it has been proven that our climate is especially suited to the splendid growth of a large variety of flowers and shrubs. The flowers, shrubs and trees on the page following have been given a thorough test in this County and may be regarded as an authentic planting guide.



## Home Gardens - Flower

Number of Flower Garden Demonstrators - 3.



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All of THESE can be GROWN SUCCESSFULLY in Elko County.

Perennials

- a. Bulbs to be planted in October.
  - Tulips - May flowering-  
Darwin and Breeder
  - Crocus
  - Jonquil - common hardy varieties.
- b. Roots best planted in Spring.
  - Iris
  - Larkspur - "Belladonna"
  - Columbine
  - Gallardia
  - Goldon Glow
  - Gypsophila
  - Hollyhock
  - Iceland Poppy
  - Peony
- c. Vines.
  - Hop
  - Matrimony
  - Virginia Creeper

Biennials

- Marguerite Carnations

Annuals

- a. Seed themselves and come up year after year.
  - Alyssum
  - Calliopsis
  - Corn Flower
  - Poppy- California
  - " Shirley
  - Sunflower
  - Summer Cypress
- b. Must be planted each year.
  - Asters
  - Cosmos - early varieties
  - Calendula
  - Larkspur
  - Marigold
  - Nasturtium
  - Pansy
  - Petunia
  - Sultana
  - Sweet Peas
  - Verbena
  - Zinnia
- c. Vines - Morning Glory
- d. Tender Bulbs - Gladiolus

Shrubs

- a. Can be grown without winter protection.
  - Lilac
  - Mountain Honeysuckle
  - Hardest variety of June roses.
- b. Better for winter protection.
  - Roses -
    - Paul Neyron
    - Ulrich Brunner
    - Conrad F. Meyer
    - Gen. Jacqueminot
    - J.B. Clark
    - Frau Karl Druschki
    - Radiance
    - Need special care.
  - Teas
  - Ophelia
  - Duchess of Wellington
  - Climber -
  - Dorothy Perkins

Trees

- a. Quick Growing.
  - Carolina Poplar
  - (Borers can be controlled somewhat by giving plenty of water.)
  - Box Elders
  - Cottonwood
  - Quaking Asp
- b. Slow Growing.
  - Elms
  - Evergreens
  - Ash
- c. Fruit Trees
  - Crab Apple
  - Cherry
  - Plum





Fig. 2. Kind of Sign placed in our Demonstration Gardens.

We had three very successful garden tours this year. On account of shortage of water and early frost the other three tours will be postponed until next year. In the three tours made we visited 36 gardens. Some of the gardens were excellent, and some, due to shortage of water and an over supply of squirrels, were not as good as usual. Here is a story of one of the tours.

#### A Garden Tour

On the morning of August 22, several autos loaded with Starr Valley's prominent members of the "Farm Bureau and the Homemakers' Club" motored to the east end of the Valley, beginning with Mrs. Ed Smiley's garden and continuing on through the Valley with a stop at each ranch. The county extension agent Miss McElhinney led a discussion in which all joined on the causes of some of the inferior vegetables, and the things brought out in these talks will help to make better gardens next year. We saw many gardens full of splendid vegetables of all kinds and descriptions, showing us that all vegetables can be grown and matured here. Mrs. Minnie Hylton had especially fine beans. The pods were each a foot



Fig. 3. One of Starr Valley's Gardens.



Long, wonderfully tender and of fine flavor, and we learned the name was "The Kentucky Wonder". At Mrs. Wm. Goodale's we found ripe strawberries, fine squash, celery and chard, and at Mrs. E.C. Riddell's corn was ready for use - also ripe tomatoes and large cucumbers. Mrs. Blaine Jeanney had excellent turnips, beets and carrots, and Mrs. Johnston's peppers were immense. Mrs. Wm. Smiley also had fine corn and tomatoes. In each of the other gardens there was some especially fine vegetable, which taught us that our Valley is adapted to the raising of fine vegetables, and truck gardens could be carried on very profitably. We noticed the evidence of much cultivation and hoeing in the gardens visited.

We also visited the flower gardens in the Valley - but that is another story.

Our tour was completed with a fine picnic lunch at Boulder Creek. We all enjoyed it as we were hungry and the sandwiches and coffee, the salad and other good things, were certainly appreciated after our day out of doors. We all hope for a bigger tour and better gardens next year.

From another community, one of our women wrote - "our garden cuts our grocery bill in half." Some women cleared from \$100 to \$500 on gardens this year- this is exclusive of potatoes. All of the women reported that a garden pays.

Our Junior Club had good gardens. The club member shown in the picture sold \$25 worth of vegetables from his garden and he plans to have a larger garden next year. Owing to shortage of water only five Juniors had gardens this year, but these few made them pay well.

We had a Junior Garden Tour and found some very good gardens. Burnece Gerber, Metropolis, had the best one.



Fig. 4. A Junior Club boy and his Corn garden.



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Fig. 4. A Junior Club boy and his Corn garden.





Fig. 5. A Flower Garden in Starr Valley.

The following is the report of a Flower Garden Tour held in Starr Valley.

On a garden tour held in Starr Valley August 22, 13 gardens were visited and in nine of them we found flowers being grown. The principal flower gardens were at Mrs. Blaine Jeanney's and Mrs. E. C. Riddell's. Each of these gardens were about 40 by 60 feet in size. Mrs. Jeanney had some very lovely dahlias and some very large castor beans, which gave her garden quite a tropical air.

Other plants grown in abundance, and which seemed very well suited to our climate were sweet peas, marigolds, phlox, zinnias, gladiolus, calendula, asters, nasturtiums, petunias, poppies and cosmos.

These are all good old fashioned flowers, which can be grown with no more care than is given a good vegetable garden, and they add much to the beauty and happiness of the home.

---



Trees.



Fig. 6. These Trees are only 2 Years old.  
Aren't they growing fine.

It requires time and patience to grow trees as they need to be watered and cared for the same as flowers. In this County of so much sunshine we all need to plant trees and these pictures are proof that they will grow.



Fig. 7. These are Poplar Tree Cuttings.  
The Flower Hedge in front is  
Mammoth Daisies.



### Beautification of Home Grounds.

While this is not a special project, four communities worked it out pretty well.

One community assisted in having the grounds around their community hall started for a park. Loads and loads of soil were hauled in, trees planted, grass sown, and a system for watering installed. Next year, Elko will have another pretty spot of green lawn and trees in the center of town. All of the city organizations have shared in the expense of parking these grounds.

Rural people are deciding - after many years - to make homes on their ranches, and eight more have planned to beautify their yards and in spite of the shortage of water good results are being secured.

#### (i) Rural Engineering - Home.

Method Demonstrations given	2
Result Demonstrations completed	10
Dwellings built	2
Dwellings under construction	3
Sewage Disposal Systems installed	2
Water Systems installed	4
Heating Systems installed	3
Lighting Systems installed	6
Number of Homes influenced by this Project	32.

One of our projects was the building of a TIE house. Sickness in this family, however, retarded them, but at this time the cellar is completed and the walls are being started - before snow flies the house will be done. This will be one of the things left over for next year. A similar story applies to two other houses in the planning of which the county agent gave assistance. They are about half completed at this time, but will be occupied by the owners before Christmas time.





Fig. 8. Here is the Woman and the Pile of Ties.  
In the same spot in a short time will  
be a comfortable Home of Ties.

Here is one woman's story of her house.

We bought some time ago an old house and proceeded at once to make it livable. It was a two and a half story house. The wood work was dark and the paper brown - bound to give you that "dark brown taste" when you looked at it. Between the living and dining room was a lattice work with ginger-bread trimmings. There was also a dark pantry, hall and an impossible kitchen. We started right in on the work of reconstruction and now have a splendid home.

We tore out the front hall, giving more space in the living room as well as a cozy entrance. We took out the ginger-bread trimmings, painted the woodwork a cool gray, papered the living and dining room walls in a mottled effect of gray, blue and orange. The curtains are cream color with gold fringe and the drapes an orange and blue color scheme. The floors are a darker gray and with gray rugs the effect is very attractive and homey.

In my kitchen, I tore out the pantry partition, and had a cupboard built in. The sink was placed at the proper height with a draining board on each side and a work table adjoining the board at the left. I put blue linoleum on my work table. The woodwork is an ivory color, and I have blue and ivory linoleum on the floor. It is a joy to work in my kitchen.






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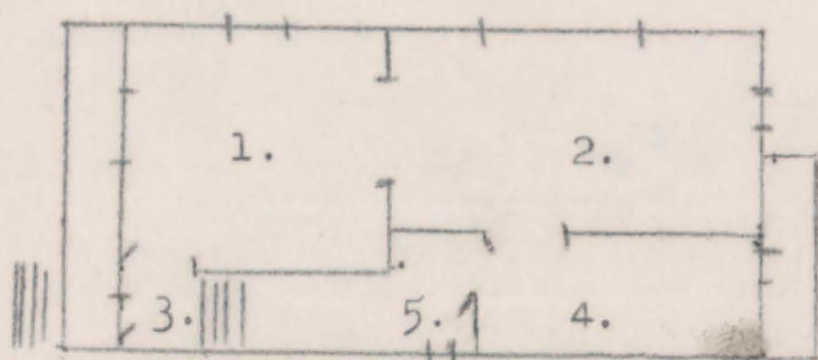


My back porch was widened, glassed and screened in, stationary tubs installed and with my new electric washing machine "wash day" is a "round of pleasure". At one end of the porch I had a closet built for my brooms, mops, buckets, and all my cleaning things.

Upstairs I had drawers and shelves put in on one side of a large closet to hold my bedding, etc. I had more shelves and drawers built into another closet. A small room was remodelled for my youngest son, and in this room went a child's bed, small dresser and chair. The color scheme in this room is a grayed pink. The top story was finished and furnished for the two older boys.

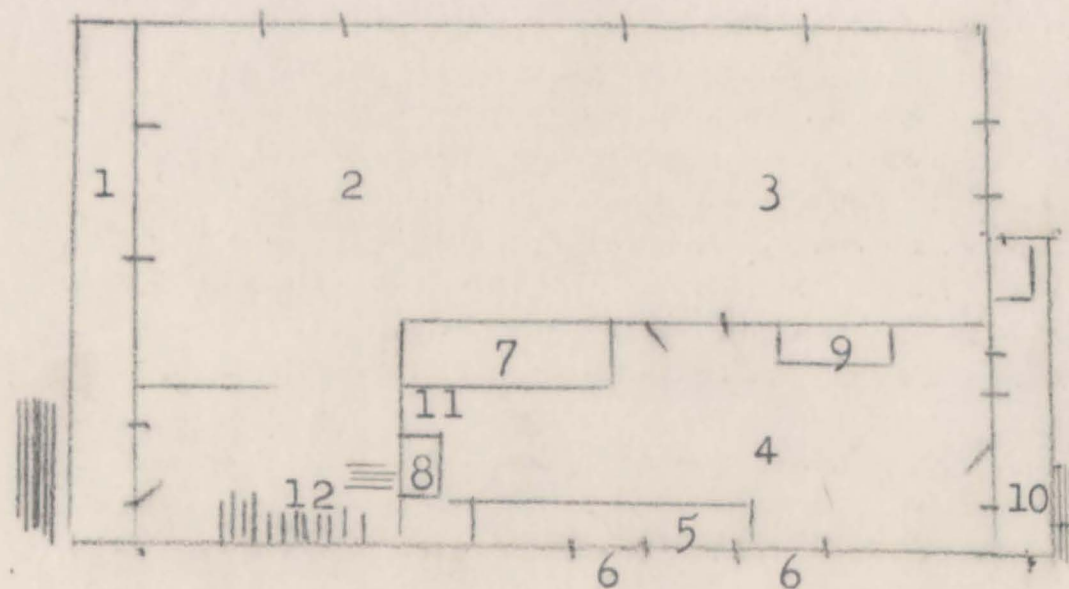
Plans of the First Floor "as were" -

1. Living Room
2. Dining Room
3. Dinky Hall
4. Kitchen
5. Pantry



Plans of the First Floor "as is" -

1. Front Porch
2. Living Room
3. Dining Room
4. Kitchen
5. Sink, Drain Board, Work Table.
6. Windows over No. 5.
7. Built in Cupboard.
8. Kitchen Cabinet
9. Stove
10. Screened and Glassed in Porch.
11. Stairs to Basement.
12. Stairs up.





The housing situation in Wells was a problem, and at the completion of the Oregon-Short Line railroad into this community box cars were brought in and set out to house the employees of the railroad. The county agent helped plan and make three of these into homes. One woman wrote the story of her car home. She was a bride - and to live in a box car! She accepted her fate and went to work, and this is her story.

ooo

### "Box Car Flat"

Did you ever live in a box? Well, here comes one on wheels that I am to live in, rattling along over the rails, coupled behind an Oregon Short Line freight engine. It's a box car, about 9 feet wide and 35 feet long and has about 7 foot ceilings.

Standing by my side is a dear friend of the people, the county extension agent, who like myself is dying of curiosity concerning this box car we have been talking about for weeks. We are sure of one thing - we are going to experience something new and plenty of hard work no doubt. Realizing this, it seems almost incredible - most too good to be true - that such efficient assistance has been offered, for you may be sure that a helping hand just at this time is even more than ordinarily appreciated.



Fig. 9. The Outside of My Flat.

The engine has pulled up alongside the depot and left our future home there - overlooking Main Street. What could be nicer. It has been newly painted a dark red, and has four small windows and three doors - one on either side at the center and one at one end. But look at the windows - they're painted red too! It must be gloomy inside.

Although the doorstep is about as high as our heads from the ground, we climb up and unlock the door - my friend at my heels - saying something about this being lots of fun. It's green inside. The small windows, and these coated, the low ceilings, the bare unpainted floors, and the rather dark green paint, make it so dark that we have to leave the doors open in order to see. Such a depressed feeling creeps over me, and I notice my friend isn't saying anything. We do have something to be glad for, however, for my husband has had two partitions put in, dividing the box into three rooms. Kitchen to the left; bedroom to the right; living room in the center, and we are standing in the living room in which there



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ARE no windows - the other rooms have two each, and the end door is in the kitchen.

Besides being dismal looking, the car is certainly mussed up, our household goods having already been piled in here and there. We scramble "over the top" to look at the kitchen. Handy cupboards, an enamel sink - just the right distance from the floor - and a drain board greet us. These take up one entire side of the 10 foot kitchen, and have just recently been put in. We notice that there is no chimney hole for a range.

Now "over the Top" again to the bedroom, where we find a nice, though small, clothes closet built in one corner near the opening into the living room. That's that! The county agent remarks that we can make this just a fine place. She's an optimist all right.

It is up to us to make this box as convenient, cozy and light as possible, believing that one's surroundings play a big part in our lives, and that cleanliness and lots of light - especially sunshine - bring joy. The same engine that brought the car in may move us out on the desert anytime with other box car dwellers, where it is especially true that home interests - or lack of such - may make one content or very unhappy. So, we may as well begin.

We first have two good sized windows put in the living room and a chimney hole cut in the kitchen. In the meantime, we start painting the inside - except the floors - pearl gray for we think that the green will not appeal to our sense of harmony long. You ought to see that county agent throw paint! We applied two coats, and my how it did cheer things up.

Next we lay our old print linoleum, which is large squares of blue and gray, in the kitchen. The large squares make the room look larger. We place our coal range in the corner opposite the cupboard, our home made ice box, which is gray enameled, in the other corner, and a bench between the two on which to put water buckets.

The carpenter has the windows in the living room, also steps at either door, so we start there by laying our old blue Congoleum rug. It doesn't cover the entire floor so we finish out with slate colored Lacquer floor paint, which dries in 15 minutes. The army cot in a



Fig.10.A view of the Living Room with Kitchen in rear.



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Corner near the kitchen, with its cover - under which is a heavy quilt - and a pillow, makes an inviting lounge. The gray enamelled table - homemade - with its green cover and vase of artificial flowers looks cheery opposite the cot - and the old caboose stove in the far corner shines like a silver dollar.

After painting the bedroom floor, we put our bed in the corner at the end of the clothes closet. Our cupboard, which we painted light gray, went along the opposite wall, next to the bed. It has three long shelves which are to hold our wearing apparel and household effects, and hovers over a row of footwear, for it sets about 6 inches off the floor. The two glass doors are curtained inside with blue and tan cretonne, which goes well with the blue spread on the bed and the covering on the trunk, which fits in the corner opposite the closet.



Fig. 11. Another view of Living Room with Bedroom beyond.



Fig. 12. A Corner of the Bedroom.

The third day finds us pretty well straightened around and cleaned up so we add the finishing touches by putting a shelf high in the corner over the cot and another above the trunk, for books and my husband's business files, etc. A large box, set vertically, is put outside the kitchen door for broom, mops, etc. We nail asbestos around the coal range, and moulding around the wall near the sink to keep water from running on the floor. We have a sump dug for the sink drain, bore a hole in the floor under the ice box for the ice water to escape, scrape and clean the windows - and numerous other things.

We are ready for the curtains now, so we shorten those I have; put white in the bedroom; white in the living room with blue drapes, brightened with large birds in



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contrasting colors; and gray and yellow flowered cretonne drapes only in the kitchen to insure all possible light. Two yards of 25¢ cretonne, with rose flowers and a light background, held in place with a wide lavender ribbon, makes an elaborate looking drape for the doorway into the bedroom, adds a cozy touch, and lightens the entire car.

Our "Palace on Wheels" is complete. We are proud of it for it is indeed convenient as well as cheery. In fact, far more than we dreamed it could be, and money had played but a very small part. A can of paint and touches of color had made for us - out of a box - a real home in which we enjoy living, and recollections of our labor bring pleasant memories and much satisfaction.

Did you ever live in a box? Well, dont. Make it the convenient and cheery home you would like it to be, but call on your county extension agent first.

oOo

Sewage Disposal This is a slow project, but each year we add a few more to our list. This year, two have put in a sewer system.

Water - Heating - Lighting. Due to the shortage of water, but four water systems have been installed. Three heating systems are working, and several others have been planned and will be installed before winter. People are favoring heatrolas, or similar systems, although one of the heating systems installed was steam heat and another hot air. Six lighting systems have been installed. These are the gas lamps, as they can also have the stoves and irons that are so popular.

(k) Foods

(1) Food Preparation.

The women in four communities adopted this project. New recipes were tried out and reported on as to quality, quantity and cost. This resulted in a group of tested recipes and new methods in cooking vegetables, meat and dairy product dishes.

Number of Families budgeting Family Food Supply	....	4
Number of different homes adopting Improved Practices relative to Food Preparation	.....	54

(2) Food Preservation.

35 women and 5 girls in 4 communities reported on this work with the following results:



		<u>Women</u>	<u>Girls</u>
Fruits and Vegetables canned	- quarts	4020	39
Meat and Fish canned		288	0
Jelly and Preserves made		2821	40
Fruit Juices made		109	0
Pickles		1365	0
Fruits and Vegetables dried	pounds	144	0
Meats cured		2158	0

This report obtained so early in the season only covers a small amount of this work done by the women. People in our rural communities, living so far from stores, realize the value of a cupboard full of canned fruits and vegetables, and all available fruits and vegetables are either canned or dried.

In one community where there is a limited number of pressure cookers, women often take their cookers to a neighbors and all assist in canning her surplus fish, meats, chicken, etc.

This year, 22 homes have prepared special places for storing of vegetables. Last winter, cabbage, turnips, carrots, beets, pumpkin, squash, as well as potatoes, were successfully stored. The cabbage kept until May and were exceptionally fine - in fact, as good as I ever ate.

Different homes adopting -  
Improved Practices in Food Preservation ..... 66.



## Amusing Poster Work Shown

### STUDENTS SUBMIT MANY AND VARIOUS EXAMPLES OF ART WORK IN CLASSES

POSTERS TO BE ON EXHIBIT AT COURTHOUSE HERE—SOME  
 AF May 13, 1926 <sup>NG</sup>

Posters made by pupils in the rural schools of this county will be on exhibition at the office of the County Farm Bureau in the courthouse tomorrow morning from nine o'clock until noon.

The exhibition will be under the supervision of Miss Flora McElhinney, county extension agent, and three members of the Homemakers Club of Elko have been selected as judges of the contest. They are Mrs. S. H. Crittenden, Mrs. A. Hansen and Mrs. S. C. Hawley.

The contest is state-wide and twelve rural schools of this county have entered. The youngsters have made some unique posters, choosing as their subjects cows, chickens, horses and even men and women. About 40 posters are on display.

The poster contest is in line with the "Keep Growing Project" inaugurated in the schools a few years ago.

Miss McElhinney is the head of the nutrition work in this county and the work is carried on with the aid of the teachers and local leaders.

The posters are well worth a trip to the courthouse to see, some very clever ideas being worked out by the pupils.

One in particular by a Carlin lad depicts a small man and a large man. Under the drawing of the small man appear these words: "This man drank beer and smoked and he stunted himself so that he is a little bit of a thin man."

Under the drawing of the large man are these words: "This man never drank beer and never smoked, but he drank a lot of milk and he is big and stout and he keeps himself clean by exercises."

Another youngster pictures a man in a bath tub, with these words beneath the drawing: "Water hurts no one, so take a bath twice a week."

### (1) Nutrition

We are justly proud of the "Keep Growing Demonstrations" carried on under this project in Elko County as 9 out of 12 schools reached the required State goal.

Number of families represented in this demonstration .....	332
Number of children completing .....	426

In the State "Keep Growing" Poster Contest Doris Black, an Elko County girl, won second place. In this contest 50% of the credit was given for the physical gain made and 50% for the clever poster idea illustrating how this gain was made. Many excellent posters were shown.



Fig. 13. Two Clever Posters from Elko County Schools.

See: UNRA - P1749 - 400



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Fig. 13. Two Clever Posters from Elko County Schools.



One of our high school boys, age 16, starting in at 8 per cent underweight, made the required gain, and the following is his story.

How to "Keep Growing"

by

Nello Aiazzi,  
Carlin, Nevada.

Good health is gained in my opinion and by my experience from a systematic manner of living. By this I mean a regular habit of eating, sleeping and caring for the body.

One of the necessary factors in developing the body is wholesome food. This food should include at least one quart of milk a day, plenty of fresh green vegetables and whole wheat or graham bread. Coffee, tea, and any kind of alcoholic liquors should positively be excluded.

The body needs rest to aid in its development. Nine hours of sound sleep in a room supplied with plenty of fresh air will insure enough rest for the body so that each day it will be fit to meet whatever is required of it.

These two factors, with clean living and sufficient exercise, will keep the body in a healthy condition.

oOo

The teachers in our schools lent fine cooperation in the "Keep Growing" work. The following is how one teacher "put it over".

Jiggs, Nevada,  
May 13, 1926.

Miss Flora E. McElhinney,  
Elko, Nevada.

Dear Miss McElhinney:

I am sending you two of our "Vegetable" letters. We had studied food values; we had written letters; both were becoming dull subjects. It was then that I thought of "Vegetable" letters.

Each child took the name of a vegetable as his last name, and a boy's or girl's for the first. They then wrote letters to one another, each trying to make his story the most interesting. Some were of the type I am enclosing; others described their lives in the garden. My only motives were letter writing practise and the value of vegetables in the diet. I succeeded in getting both results in almost every case.

Your letter has greatly increased the children's desire to do more work of this sort. Thank you for your interest.

Sincerely,

VILLA WALTHER.



These are two of the "Vegetable" letters.

Jiggs, Nevada,  
May 13, 1926.

Dear Polly Pea:

When I read your last letter I was surprised to learn that a tiny vegetable like you could be so useful to people.

I, too, am more valuable than many other foods.

I am grown in a garden on a vine. If people take too thick a peeling from me when they cook me, they are sure to lose some minerals.

I make children big and strong when they eat me, and if grown folks want to be well they eat me for every dinner and supper.

Your Chum,

BILLY POTATO.

oOo

Green Patch,  
Gardenville,  
May 13, 1926.

Dear Sally Spinach:

I have been hearing reports that say you are a great mine owner. They tell me that your riches are in your leaves. I am glad that men do not have to go underground and risk their lives when getting your precious mineral matter, which makes them so healthy.

Just lately I discovered why I have my special name. When it comes to making rosy cheeked boys and girls I cannot be beat.

Your old friend,

BILLY BEET.

oOo



KEEP GROWING

MEANS

HEALTH



WEALTH

MILK, VEGETABLES AND  
SLEEP MAKE HEALTH

First Prize State Poster Contest

ELKO COUNTY REPORT  
NUTRITION PROJECT  
"KEEP GROWING DEMONSTRATIONS"

CARRIED ON DURING 1925 - 1926  
BY THE  
EXTENSION DIVISION  
OF THE  
UNIVERSITY OF NEVADA

MARY E. STILWELL  
ASSISTANT DIRECTOR



STATE SUMMARY

NEVADA'S KEEP GROWING DEMONSTRATION REPORT, 1925-26

COUNTY RESULTS COMPARED WITH STATE GOALS

Counties	Children			Increase in normal children State goal 5%	Decrease in dangerously underweight. State goal -5%	% children now normal and slightly underweight. State goal 75%.	% children now dangerously underweight State goal 10% or less.
	Exam.	Compltg	%				
Elko	423	426	111.	+31.3	-14.5	82.0	9.6
Washoe	304	293	96.	+11.4	-13.0	65.4	19.1
Eureka	151	149	98.	+4.0	-4.5	71.1	12.0
Lyon	204	217	106.	-0.8	-0.9	69.1	13.8
White Pine <sup>e</sup>	149	157	106.	+8.1	-8.0	51.5	24.9
Lincoln	275	264	96.	+7.6	-10.9	62.5	17.8
Clark	982	921	93.8	-2.6	+6.6	66.0	20.8
<b>TOTALS</b>	<b>2488</b>	<b>2427</b>	<b>97.0</b>	<b>+10.3</b>	<b>-3.6</b>	<b>71.5</b>	<b>17.4</b>

<u>COUNTIES</u>	<u>NO. COMMUNITIES</u>	<u>NO. NEW COMMUNITIES</u>	<u>GOLD STAR COMMUNITIES</u> (having reached state goals)
Elko	12	4	9
Washoe	11	2	2
Eureka	2	0	0
Lyon	9	1	4
White Pine	5	0	2
Lincoln	5	00	0
Clark	7	1	1
<b>TOTALS</b>	<b>51</b>	<b>8</b>	<b>18</b>



# NEVADA'S KEEP GROWING DEMONSTRATION REPORT

1925 - 1926

This is the Fourth Annual Report of the Nutrition Project carried on with entire school populations of certain communities of the state through the so-called "Keep Growing Demonstrations."

## The Basis of the Demonstrations

These demonstrations are based on the following propositions:

1. That the health of a community may be justly judged by the health and growth of its school children.
2. That each community should know the health condition of its children and unite in raising it to the best possible level.
3. That at least seventy-five percent of Nevada children may have active good health and maintain a normal rate of growth, both as to height and weight if given the right kind of food and sufficient rest, with in some cases, attention given to existing physical defects.
4. That to maintain active good health and a normal rate of growth, Nevada children need:
  - (a) A quart of milk each day. Milk furnishes lime for bones and teeth, excellent protein for muscle growth and health protecting vitamins.
  - (b) Two vegetables every day, a green leaf vegetable and a root vegetable - for roughage, growth producing vitamins and mineral matter.
  - (c) A sensible breakfast, including cooked mush, as an easily digested, concentrated energy food.
  - (d) Ten hours or more of sleep every night, particularly before school days.

Cooperation the Keystone of Success. These "Keep Growing Demonstrations" are a practical demonstration in health education based on the cooperation of the children, the parents, the school, some civic organization such as the Parent-Teachers' Association, Farm Bureau or Relief Society, and the Agricultural Extension Division of the University of Nevada. The Extension Division, through its women extension agents and nutrition specialist, furnishes the technical training and supervision, starting and finishing the work each year, training local leaders and doing special follow-up work. The schools given an average of an hour a month to this work in each room, and also greatly help by correlating these health ideals with their regular school work. The sponsoring civic organization cooperates by active publicity with the parents and the general public, by offering small prizes to the children, by helping to secure Hot School Lunches and extra milk for the school, and by furnishing one or more local leaders who voluntarily assist in this work. These local leaders give valuable assistance by doing the monthly follow-up work in the absence of the agent and by constantly stimulating interest in the Keep Growing ideals with the children, the parents and the community in general.

This whole-hearted community cooperation is, we firmly believe, the foundation of success in this work. This year for the fourth time our statistics conclusively show that where every element of the community faithfully cooperates truly remarkable results are obtained. Child health and normal growth are largely dependent on sensible living habits as to food and sleep. Living habits can only be established through constant, faithful, daily supervision and encouragement by parents.



Nevada children have the best possible spirit and real interest in their own physical growth and well being; but like all children their memories are very short, and it is only when one or both parents have sufficient interest to keep alive their enthusiasm that permanent results are obtained. No amount of expert technical skill and advice furnished by extension agents or schools can take the place of this home cooperation. But real cooperation on the part of the home, school and community can accomplish remarkable results with only a small amount of technical skill and guidance. This was clearly illustrated in one county this year where the agent was absent for a considerable period due to illness. The local leaders, the parents, the schools and the children carried on the work so faithfully that they made the best record we have ever secured, increasing their normal children 31% and decreasing those dangerously underweight 14%. All over the state, in every county, there are community records to prove that where the home, school and local organization give full cooperation, real progress is made; but when the home cooperation is lacking very little progress can be made, no matter how hard the schools or Extension Division work. Living habits regarding food and sleep are home problems and can be solved only through persistent home effort.

Local Leaders and Home Cooperation Vital. To secure continued interest and enthusiasm on the part of the children and the parents is the function of the local leader and we have found no other method that can so effectively accomplish the same results. In one section of the state this year the schools generously volunteered to relieve the local leaders of their responsibilities, do the monthly weighing and send home monthly reports to the parents. The schools faithfully lived up to their agreement and very likely did the monthly weighing a bit better than the average local leader. They sent home monthly health reports and tried in every way to correlate the health ideals with their regular school work. In fact I think we can say that these schools carried on their part of the cooperative effort thoroughly and completely. However, there just seemed a lack of home cooperation. Keep Growing was so much a part of the regular school work that the parents left it to the schools and failed to live up to their home responsibility of daily habit building for which there is no substitute. The lack of local leaders to personally carry this message back to the homes and keep these busy parents enthused was the vital lack. As a result this district, which formerly made such splendid records that they were held up as examples all over the country, failed this year to make similar progress and even went backward.

Child Health the Result of Sensible Living Habits. From the above experiences we believe we are justified in saying that the success in this work of building health habits rests primarily upon home cooperation, and is dependent on the enthusiasm aroused and maintained by the faithful volunteer work done by local leaders who know these homes and can therefore secure wholehearted, persistent cooperation.

#### This Year's Results

In five of the seven counties, this past year's work has given the best results that have ever been secured in these Keep Growing Demonstrations. In these five counties the splendid results were due, we believe, to the complete community cooperation and support given to the work, particularly the faithful work of the local leaders in securing persistent cooperation.

Two of the counties did not do so well, principally because local leadership and home cooperation did not function as completely as they have in the past. However, we are confident there will be an improvement in this respect during the coming year.



As a whole the state made a very good record. The normal children were increased 10% which is twice the state goal. But the dangerously underweight children were only decreased 3.6% which does not quite equal the state goal of a 5% decrease.

The state average for all these 51 communities shows that they now have 71% of their children either normal or slightly under (the state goal is 75%), and 17% dangerously underweight (the state goal is 10%). Another year or two of persistent work ought to bring the state average up to the ultimate state goal.

A Survey of the Results for the Past Four Years

	Fall 1922	Fall 1923	Fall 1924	Fall 1925	Spring 1926
Percent of children normal to 20% above	24	23	31	32	42
Percent of children normal and slightly under- weight (State goal 75%)	57	46	62	62	71
Percent of children dangerously underweight (State goal 10% or less)	28	24	22	21	17
Number of children involved	941	2027	2249	2488	2427
Number of counties involved	3	7	9	7	7
Number of communities involved	8	33	46	51	51
Number of gold star communities (Having reached state goal of 10% or less dangerously underweight		-4-	-13-		18

A study of these statistics will show that during these four years there has been a steady gain in the number of children who are normal and slightly under and a corresponding decrease in those dangerously underweight. This, in spite of the fact that each year several new communities have taken up the work, and that adding their beginning statistics to those of the state has lowered the average each fall below what it was in the spring. This is particularly noticeable in 1923 when the work was more than doubled by the addition of new communities.

The Use of Summer Vacation. We are sorry to say that during each summer there is some loss due, we believe, to two factors:

- (1) The irregular life that a great many children tend to live in summer vacation, particularly in regard to sleep.
- (2) The very hot weather in the southern part of the state.

It is not farm work or house work that makes children lose weight in summer but excessive late hours and irregular meals. This year we are making an earnest plea that vacation be used for its real purpose -- physical and mental change and rest, and that regular meals and ten hours of sleep be insisted upon. Parents owe this wise use of vacation both to their children and to the schools.

Eighteen Gold Star Communities. Nevada is now the proud possessor of eighteen gold star communities, who have reached the ultimate state goals by having 75% of their children either normal or slightly under, and 10% or less dangerously underweight. These gold star communities are:

- ELKO COUNTY -- Carlin, Deeth, Ft. Halleck, Jiggs, Lamoille, Lee, Riordan  
Star and Wells
- WASHOE COUNTY -Camp Empire and Washoe Valley
- LYON COUNTY -- Barrett, Colony, Plummer and Smith
- WHITE PINE CO- Cherry Creek and Goshute
- CLARK COUNTY - St. Thomas



To these communities a special gold star achievement penant will be awarded at the beginning of the new school year and we believe those penants will bring as much honor to a school as any athletic or scholastic award. However, to keep these communities up to their present high level will require persistent community and home effort. Health victories do not remain won without effort any more than football victories or scholarship victories.

Increased Resistance to Disease. Another encouraging sign of improved health is the fact that, although Nevada still suffers from epidemics of colds and various children's diseases, in the communities that have raised their Keep Growing records up to or near the ultimate goal, they are finding that the children seem to resist these epidemics much better than formerly; indicating an increased resistance to disease as the general health level is raised. This means money as well as suffering saved in these communities, for long school absences result in many pupils repeating a grade; and repeaters are one of our heaviest school expenses.

Splendid Cooperation Given by Physicians and Nurses. We wish on behalf of the communities involved and the Agricultural Extension Division to express sincere appreciation for the cordial and helpful cooperation given this work by the medical profession and the child welfare nurses, particularly in regard to the removal of physical defects, as well as their general educational efforts in helping to prevent the spread of contagious colds, etc. It has been a splendid piece of cooperation for which we are all sincerely grateful.

#### Keep Growing Poster Contest

The Keep Growing poster contest was again carried on as an incentive for persistent effort on the part of the children. 50% of the credit was given for the physical gain made and 50% for the clever poster idea illustrating how this gain was made. Those winning in this year's contest were:

First Prize:	Clifford Bellander, Baker, White Pine County
Second Prize:	Doris Black, Starr, Elko County
Third Prize:	Lucille Parker, Gerlach, Washoe County
Fourth Prize:	Thomas Fay, Sanders, Lyon County
Fifth Prize:	Palma Zerga, Cherry Creek, White Pine County
Sixth Prize:	Roy Garaventa, Browns, Washoe County
Seventh Prize:	Marie McNaught, Eureka, Eureka County

Many clever posters were entered. The prize winning ones will be used for publicity throughout the state at fairs, conventions, institutes, etc. The others will be used for the same purpose in their respective counties and communities.

#### Suggestions for the Coming Year 1926-1927

The Extension Division in considering plans for the coming year makes the following suggestions:

1. That the work be continued in the interested communities with special emphasis placed on securing complete cooperation.
2. That real thought and effort be given to securing devoted and persistent local leaders who know their communities, like children, and will give one or two days of their time each month to securing home cooperation for this work.



3. That the schools continue their splendid cooperation especially in correlating this work with the regular school work.
4. That every community concentrate on the problem of seeing that every child has some hot food to eat with his noon lunch. This is one of Nevada's serious problems. It can be solved and the Extension Division stands ready to help. No community should rest content while a single child is eating a cold lunch. If you don't believe this, try cold lunches on Dad and see what happens to his "tummy" and his disposition!
5. We strongly recommend the milk drinking demonstrations such as were carried by the Las Vegas schools this year. It is an effective means of increasing milk consumption particularly in urban communities. We make a plea to Parent-Teachers' Associations, fraternal organizations, luncheon clubs, etc., to use a part of their funds to further this needed work to popularize milk.
6. Because of the large demands for this work it will be possible to carry on "Keep Growing Demonstrations" only in communities where there is sufficient local interest and cooperation to furnish dependable local leaders and where there is the active support of some local organization of parents as well as the sanction and cooperation of the school.
7. The aims for next year are:
  - (a) To continue the yearly increase and decrease of 5% for those normal and dangerously underweight respectively.
  - (b) To have every county either reach this goal or become a gold star county.
  - (c) To have twenty-four gold star communities in the state.
  - (d) To have a hot supplement to the school lunch in every school where the children stay for lunch.
  - (e) To have twenty milk drinking demonstrations in the state.
  - (f) To have frequent talks and food preparation exhibits made before parents' organizations and before the school showing in a practical way the use of milk, vegetables and mush.
  - (g) To have at least two follow-up meetings for parents, to arouse interest and secure home cooperation. One of these should be immediately after the work starts in the fall. These meetings should be held at night in order to interest the fathers, as the whole-hearted cooperation of Dad is absolutely essential to the success of this work.
  - (h) To have some sort of short achievement program in every school that carries on the "Keep Growing Demonstrations." We urge that these be held at night to secure the interest and cooperation of the fathers.
  - (i) That every "Keep Growing" community cooperate to see that all school children get ten hours sleep six nights a week. This is a problem for the men of these communities to solve.
  - (j) That athletics and other outside activities be regulated to fit the condition of each child and that no dangerously underweight children be allowed to take part in violent athletic exercise.

Respectfully submitted,

*Mary E. Stilwell*

Mary E. Stilwell,  
Assistant Director  
Agricultural Extension Division,  
University of Nevada.



NUTRITION PROJECT  
KEEP GROWING DEMONSTRATION REPORT  
Elko County, Nevada

- by -

Flora E. McElhinney  
County Extension Agent.

- - - - -

The nutrition work in Elko County schools is under the supervision of the Extension Division of the University of Nevada and is carried on by the county extension agent with the cooperation of the county public health nurse who has charge of the physical defects. This work has grown from 223 children in 1923 to 426 in 1926. This year 100% of the children completed the work.

Elko County is a Gold Star County, having reached all the state goals, viz -

<u>State Goals:</u>	<u>Elko County's Record</u>
75% children normal or slightly under	82.8%
5% decrease in dangerously underweight	14.5%
5% increase in normals	31.0%
10% (or less) dangerously underweight	9.6%

This is a very wonderful record, and it was only made possible by the splendid cooperation of the county public health nurse, teachers, project leaders, parents and boys and girls. Everybody helped and we are justly proud of the results.

The hard part is that some of the schools are so difficult to reach during the winter months and the county agent cannot always reach them as often as she would like.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. That schools be added to the Keep Growing Demonstration as fast as can be handled.
2. That all schools purchase scales.
3. That all schools supply hot lunches where it is necessary for children to bring their lunches to school.
4. That communities continue to have their home gardens in which are grown the green vegetables as lettuce, chard, spinach, beets, carrots, turnips, cabbage, onions and radishes.
5. That they can or dry a sufficient amount of these for winter use, especially spinach, beet greens, Swiss chard and carrots.
6. That all schools participate in Keep Growing poster contest.
7. That prizes be offered in each school for this contest.
8. That we keep up our fine record and the reputation we have established this year. We can do it if everyone cooperates.



NEVADA'S KEEP GROWING DEMONSTRATION REPORT - 1925-26

ELKO COUNTY RESULTS COMPARED WITH STATE GOALS

FLORA E. McELHINNEY, COUNTY EXTENSION AGENT

COMMUNITIES	Children			Increase in normal children. State Goal +5%	Decrease in dangerously underweight State goal -5%	% children now normal or slightly under. State goal 75%	% children now dangerously underwt. State Goal 10% or less.
	Exam.	Compltg	%				
Bishop	8	14	175	+23.2	+7	71	7.1
*Carlin	127	128	100	+29.4	-11.1	83	9.3
*Deeth	37	37	100	+32.5	-32.4	81	2.7
*Ft. Hallock	5	6	120	-23.4	-20.0	100	0.0
*Jiggs	9	10	110	-7.0	0.00	100	0.0
*Lamoille	32	32	100	-7.0	-6.0	84.6	9.0
*Lee	16	12	75	+31.0	-10.4	91	8.3
Metropolis	88	79	89	+25.0	-17.0	75	17.0
North Starr	10	10	100	+20.0	-30.0	60	30.0
*Riordan	7	7	100	+72.0	-28.0	100	0.0
*Starr	9	7	77	+38.0	-22.0	85	0.0
Wells	75	84	112	+18.5	-11.0	86	7.0
County Total	423	426	100	+31.3	-14.5	82	9.6

\* Gold Star Communities, having 75% of the children either normal or slightly under and 10% or less dangerously underweight. 75% are star communities. Elko is a gold star county. Let's keep up the good work!!



NUTRITION PROJECT

Bishop Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 8  
 Total number completing the demonstration . . . . . 14 or 175%

	<u>Sept. 1925</u>	<u>May 1926</u>
Normal (N and up to 15% above)	12.5	35.71
Slightly underweight (61-6%)	50.0	35.71
Seriously underweight (7-9%)	37.5	21.43
Dangerously underweight (10% and up)	-- -	7.14
Seriously overweight (16% above and up)	-- -	-- -
	<u>99.99</u>	<u>99.99</u>

This is the first year for Keep Growing Demonstrations in the Bishop School. At the beginning, only 8 were in school, but 6 more were added, which accounts for the increased number of dangerously underweights, as there were none at the beginning of the year.

Next year this school will, we are sure, reach both the state goal of 75% normal or slightly under. They reached part of it this year in having under 10% dangerously underweight.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. School secure scales; this is important.
2. A project leader be appointed to carry on the monthly weighings.
3. A mothers' meeting be held at least three times during the year.
4. The school participate in Keep Growing Poster Contest.
5. That everyone cooperate to make this a gold star community.



NUTRITION PROJECT

Carlin Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 128  
 Number completing the demonstration . . . . . 128 or 100%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	35.4	64.84
Slightly underweight (1-6%)	32.2	18.75
Seriously underweight (7-9%)	11.0	6.25
Dangerously underweight (10% and up)	20.4	9.37
Seriously overweight (16% above and up)	0.7	0.78
	<u>99.7</u>	<u>99.99</u>

The Carlin school did a splendid piece of work in the Keep Growing Demonstration this year. The increase in normal or slightly underweight is 29%, which is more than five times the state goal of 5% increase. The state goal for normal and slightly underweight is 75%, and Carlin has 83%. The state goal is 10%, or less for dangerously underweight, and here they have 9%.

This is a Gold Star Community.

This work was carried on by the county extension agent, the county public nurse and a project leader, with splendid cooperation from the teachers, and much credit is due the teachers for the success of this work - especially the principal, Mrs. Harriet Browne.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Secure school scales (They have been ordered)
2. Have a project leader to carry on monthly weighings.
3. Have mothers' meetings at least three times a year.
4. Continue the Keep Growing Poster Contest.
5. Keep this a gold star community.



NUTRITION PROJECT

Deeth Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 37  
 Total number completing the demonstration . . . . . 37 or 100%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	21.5	54.05
Slightly underweight (1-6%)	21.5	27.02
Seriously underweight (7-9%)	21.5	16.21
Dangerously underweight (10% and up)	35.1	2.70
Seriously overweight (16% above and up)	- -	- -
	<u>99.6</u>	<u>99.98</u>

This year Deeth has made an excellent record. It has reached all the state goals, and is therefore a gold star community, and this is due to the splendid cooperation of the children and their parents and teachers. The county public health nurse assisted the county extension agent in the weighing and measuring of the children.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Secure school scales.
2. At least three mothers' meetings be held with teachers and county extension agent.
3. Children continue their splendid cooperation and 'keep growing', and all the community help.
4. Project leader have charge of weighing and measuring each month and assist in making records.



NUTRITION PROJECT

Ft. Halleck Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . .	5
Total number completing demonstration . . . . .	6 or 120%
	<u>Sept., 1925</u> <u>May, 1926</u>
Normal (N and up to 15% above)	40.0                      16.66
Slightly underweight (1-6%)	40.0                      83.33
Seriously underweight (7-9%)	- -                      - -
Dangerously underweight (10% and up)	20.0                      - -
Seriously overweight (16% above and up)	- - -                      - - -
	<u>100.0</u> <u>99.99</u>

Ft. Halleck is a gold star community because it has reached the ultimate state goals which aim to have 75% of the children up to weight or slightly under, and 10% or less dangerously underweight.

<u>State Goals</u>	<u>Ft. Halleck's Record</u>
75% normal or slightly underweight	100%
5% increase of normals	25.4% increase
5% decrease of dangerously underweight	20% decrease

This is mostly due to the splendid cooperation of the teacher and children with the parents.

Very fine Keep Growing posters were made in this school.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Secure school scales. This is important because of the long distance and the bad winter roads. The whole community should help. Give some sort of an entertainment to raise the money.
2. A project leader be appointed to do the monthly weighing as this school is difficult to reach in the winter months.
3. Hold at least two meetings of parents with teacher, county extension agent and county public health nurse.
4. Participate in Keep Growing poster contest.
5. Keep this a gold star community and increase the percent of those who are normal.



NUTRITION PROJECT

Jiggs Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 9  
 Total number completing the demonstration . . . . . 10 or 110%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	77.7	70.0
Slightly underweight (1-6%)	22.2	30.0
Seriously underweight	-- -	-- -
Dangerously underweight (10% and up)	-- -	-- -
Seriously overweight (16% above and up)	-- -	-- -
	<u>99.9</u>	<u>100.0</u>

Jiggs is also a gold star community, having exceeded the state goal as they have 100% either normal or slightly under, and none dangerously underweight.

The children worked hard for this record, and they should be praised for the results. The teachers were excellent help even if teachers were changed at mid-year, and the homes gave the whole-hearted cooperation without which these results could never have been obtained.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. This is another school hard to reach in the winter months, and we hope to have them secure scales. We appeal to the community to see that they are secured.
2. Participate in the Keep Growing poster contest.
3. Have local leader to assist each month in weighing and measuring of children.
4. Keep up this splendid record by the continued cooperation of the whole community.



NUTRITION PROJECT

Lamoille Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 32  
 Total number completing the demonstration . . . . . 32 or 100%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	53.1	46.8
Slightly underweight (1-6%)	15.6	37.5
Seriously underweight (7-9%)	12.5	6.2
Dangerously underweight (10% and up)	15.6	9.3
Seriously overweight (16% above and up)	3.1	0.0
	<u>99.9</u>	<u>99.8</u>

Lamoille has reached the ultimate state goal, as it has 84% who are normal or slightly under, and 9.3% who are dangerously underweight. The state goal is 75% normal or slightly under and 10% or less dangerously underweight. Here again the boys and girls have worked hard for the fine results. The local leader and public health nurse were of great assistance, and the families were behind it all the time.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. School secure scales. This would be an important help because of the bad roads in winter.
2. Project leaders take charge of monthly weighing and measuring as it is so hard to reach this school all of the school months.
3. Hot school lunch at noon for those who carry lunches.
4. At least three meetings of mothers with leader and county extension agent.
5. Continue Keep Growing poster contest.
6. Give prizes for best work in this demonstration.
7. All cooperate to keep this a gold star community.



NUTRITION PROJECT

Lee Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - -

Total number of children examined . . . . . 16  
 Total number of children completing the demonstration . . 12 or 75%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	43.7	75.0
Slightly underweight (1-6%)	37.5	16.6
Seriously underweight (7-9%)	-- --	-- --
Dangerously underweight	18.7	8.3
Seriously overweight (16% above and up)	-- --	-- --
	<u>99.9</u>	<u>99.9</u>

Lee has exceeded the state goals and is a gold star community.

<u>State Goals</u>	<u>Lee's Record</u>
75% normal or slightly underweight	91.0%
10% or less dangerously underweight	8.3%
5% increase of normals	31.3%
5% decrease of dangerously underweights	10.4%

This good work was the result of cooperation of teacher, local leader and parents with the children. A hot dish was served at noon during the winter months and plenty of good playground equipment helped them to keep growing.

There are school scales at Lee and the project leader and teacher have been a wonderful help.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Continue this good work and keep Lee a gold star community.
2. Participate in Keep Growing poster contest.
3. Offer prizes for Keep Growing demonstration.



NUTRITION PROJECT

Metropolis Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 88  
 Total number completing demonstration . . . . . 79 or 89%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above	15.9	40.50
Slightly underweight (1-6%)	28.3	35.44
Seriously underweight (7-9%)	19.3	5.06
Dangerously underweight (10% and up)	34.0	17.72
Seriously overweight (16% above and up	2.2	1.27
	<u>99.7</u>	<u>99.99</u>

This year, Metropolis made a splendid improvement. They increased the normal children by 24.6%, which is almost 5 times the state goal of 5%, and they decreased those dangerously underweight by 14.2%, which is nearly three times the state goal of 5% decrease. Metropolis also reached one of the ultimate state goals, now having 75% of the children either up to weight or slightly under. However, they did not reach the other state goal, i. e, 10% or less dangerously underweight, as they still have 17.7% in this class. Nevertheless, this community did a splendid piece of work and their progress is due to the principal teachers and parents cooperating so well with the children.

One hot dish was served during the cold months which likely accounted for the small number losing weight during this time.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. School secure scales. This is necessary, due to the bad winter roads. The school and community should cooperate in raising the necessary funds.
2. Appoint project leader who will faithfully carry on the monthly weighing in the agent's absence.
3. Have three meetings with the parents and county extension agent.
4. Continue the hot school lunch during the cold months.
5. Participate in Keep Growing poster contest.
6. More vegetables canned for the winter months' use.
7. Try very hard to make Metropolis a gold star community this coming year.



NUTRITION PROJECT

North Starr Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 10  
 Total number completing the demonstration . . . . . 10 or 100%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	20.0	40.0
Slightly underweight (1-6%)	10.0	20.0
Seriously underweight (7-9%)	10.0	10.0
Dangerously underweight (10% and up)	60.0	30.0
Seriously overweight (16% above and up)	-- -	-- -
	<u>100.0</u>	<u>100.0</u>

North Starr Community tried very hard to reach the state goal and succeeded in having a 20% increase in normals and a 30% decrease in dangerously underweights, which is four times the state goal for increase in normals and slightly underweights, and six times the state goal for decrease in those dangerously underweight. This is a splendid gain for one year and another year of such work will make them a gold star community with 75% of the children either normal or slightly under, and 10% or less dangerously underweight.

One hot dish was furnished during the cold months and this helped a great deal. To the teacher's assistance and the cooperation of the parents are due these good results, as well as to the children's earnest efforts.

The Homemakers' Club furnished prizes for the Keep Growing poster contest and judged the posters.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Project leader appointed to weigh and measure each month.
2. Scales secured by school.
3. Continue Keep Growing poster contest.
4. Homemakers' Club offer prizes again.
5. One hot dish furnished at noon during cold months.
6. Make this a gold star community next year. It can be done if as great progress is made next year as was this past year.



NUTRITION PROJECT

Riordan Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 7  
 Total number completing demonstration . . . . . 7 or 100%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	28.5	100.0
Slightly underweight (1-6%)	28.5	-- --
Seriously underweight (7-9%)	14.2	-- --
Dangerously underweight (10% and up)	28.5	-- --
Seriously overweight (16% above and up)	- --	-- --
	<hr/>	<hr/>
	99.7	100.0

The Riordan community deserves much praise for all the boys and girls are NORMAL. This is the only one in the county. The school, tho small, worked very hard and accomplished splendid results. The teacher assisted greatly by having the children write "vegetable" letters, giving "good food" talks, etc.

To secure these very unusual results, the normal children were increased 71.5%, and those dangerously underweight were decreased 28.5%.

Keep this wonderful record. This is a hard thing to do and will need the help of the teacher and the parents, as well as the children. Let's keep Riordan a 100% Community!

RECOMMENDATIONS FOR THE COMING YEAR:-

1. Secure scales for school.
2. Continue keep growing poster contest.
3. Offer prizes for best work.
4. Have three mothers' meetings.



NUTRITION PROJECT

Starr Valley Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - - -

Total number of children examined . . . . . 9  
 Total number completing demonstration . . . . . 7 or 77%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (n and up to 15% above)	33.3	71.4
Slightly underweight (1-6%)	11.1	14.2
Seriously underweight (7-9%)	33.3	14.2
Dangerously underweight (10% and up)	22.2	-- -
Seriously overweight (16% above and up)	-- -	-- -
	<hr/>	<hr/>
	99.9	99.8

Starr is another gold star community, It has 85% of normals and slightly under. It made a 38% increase in normals and a 22% decrease in dangerously underweight. There are now no dangerously underweight children in this community.

This is another school hard to reach in winter months, and needs its own pair of scales very much. The teacher at the Starr school took a keen interest in the Keep Growing work and cooperated with the children in reaching these fine results. This helped a great deal - the homes also gave good cooperation.

The Homemakers' Club offered prizes and judged the posters.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. School secure scales. This is very necessary.
2. Project leader have charge of the weighing and measuring during the absence of the agent.
3. Continue Keep Growing poster contest.
4. Homemakers' Club continue its prizes.
5. Keep this a gold star community during the coming year.



NUTRITION PROJECT

Wells Community

Elko County

KEEP GROWING DEMONSTRATION REPORT

September, 1925 to May, 1926

- - - -

Total number of children examined . . . . . 75  
 Number completing the demonstration . . . . . 84 or 112%

	<u>Sept., 1925</u>	<u>May, 1926</u>
Normal (N and up to 15% above)	49.3	67.85
Slightly underweight (1-6%)	25.3	19.04
Seriously underweight (7-9%)	5.3	2.38
Dangerously underweight (10% and up)	18.6	7.15
Seriously overweight (16% above and up)	1.3	3.57
	<u>99.8</u>	<u>99.99</u>

Wells, another gold star community, has made a fine record. The normal children were increased 18.5%, which is over three times the state goal, and these dangerously underweight were decreased 11.5%, which is over twice the state goal. Wells now has 68% of the children up to weight or slightly under, and only 7.15% dangerously underweight. This credit is due to the project leader who took full charge of the work, made home visits and did everything to make the project a success.

The P. T. A. furnished milk for mid-morning lunch for the primary room which proved a wonderful success. The milk was supplied during the months of October, November and December, and this is responsible for much of the good results.

RECOMMENDATIONS FOR THE COMING YEAR:-

1. P. T. A. furnish milk for mid-morning lunch October to May for primary children.
2. Participate in Keep Growing Contest.
3. Homemakers' Club offer prizes for contest.
4. Continue splendid project leadership.
5. Keep Wells a gold star community. Everybody help to put it across.



Communities - 14

Bishop Lee  
 Carlin Metropolis  
 Deeth Riordan  
 Ft. Halleck North Starr  
 Jiggs Starr  
 Lamoille Wells

NUTRITION PROJECT GROUP

Elko County  
Mrs. E. C. Riddell  
 County Leader

Name	Age	Orig.		Oct.	Nov.	Dec.	Jan.	Feb.	Mar.	Apr.	May	Final		lbs gain	Orig % Var	Final % Va	
		Ht.	N. W.									Ht.	N.W.				
Bishop Robert Agee	13	64	111	104	110	112		122	122	123	123	67	128	14	-1.	+3.	
Carlin Nello Aiazzi	16	67	134	122	127	127		142	145	146	150	69	143	28	-8.	+4.	
Deeth Doris Black	12	57	82	73	76	76	82	84	84	85	88	58	86	15	-10.	+2.	
Ft. Halleck Clara Walther	10	55	74	70	72	72	74	76	76	76	76	56	78	6	-5.	-2.	
Jiggs Paul Hankins	11	34	70	72	70	71		75	75	77	77	56	78	5	-2.	N	
Lamoille James Billet	14	59	90	82	82		88	88	95	92	92	92	94	10	-8.	-2	
Lee Lily Peterson	13	63	106	108	109		114	114	115	118	119	119	115	11	+1.	+3.	
Metropolis Helen Hepworth	8	55	72	63		71	72	72	75	77	80	81	80	18	-12	+1.	
Riordan Ross Young	14	58	86	83	87	87		94	96	98	98	60	94	11	-3	+4.	
North Starr Maude Davis	12	61	100	90	92	92		99	98	100	100	61	100	10	-10	N.	
Starr May Bill	10	54	70	65	69	69		72	75	75	75	55	75	10	-7.	N	
Wells Agnes Gray	10	53	68	60	62	67	66	66	68	70	70	54	71	11	-11	N	
Deeth Henry Jim	13	61	97	92	97	101	100	101	102		104	104	104	12	5	N	
Starr Ray Antelope	14	59	90	96	98	99		100	104	106	106	62	103	10	+6	+2.	
Wells Berna M. Hansen	9	53	67	59	61	93	64	64	64	65	65	65	53	67	6	-11	-2.



(m) Clothing

Number of Homes interested in this Project .....	123
Number of Dress Forms made .....	16
Number of Dresses and Coats made .....	474
Number of Undergarments made .....	340
Number of Hats made .....	34
Number of Miscellaneous Pieces made .....	121

This is one of our minor projects, yet it is a project that is always interesting to women - 165 women carried on in this work representing 8 communities. Emphasis was placed on children's clothing, budgeting of clothes and planning a year's wardrobe.

There were 51 girls entered the clothing clubs at the beginning of the year. Due to the fact that several families, in two communities, moved from the County - all but two going out of the State - taking our club girls with them, our completing percentage was low. However, the girls who remained not only enjoyed the work but obtained fine results.

Number of Club Girls completing .....	37
Number of Coats and Dresses made .....	51
Number of Undergarments made .....	77
Number doing Renovating and Remodelling .....	32
Number assisting in Planning Girls' Wardrobes .....	10

(n) Home Management

The following list shows that our Elko County women are interested in new things.

	RADIOS .....	3		
Hand Washing Machines	4	Kitchen Cabinets	1	
Power Washing Machines	16	Electric or Gasoline Irons	4	
Fireless Cookers	2	Mop Wringers	14	
Kitchen Sinks	8	Cream Separators	6	
Power Vacuum Cleaners	2	Utility Table	1	
Can Openers	16	Dish Pans	6	
Scales	2	Sauce Pans	18	
Kitchen Stools	3	Paring Knives	19	
Pressure Cookers	6	Approved Sifters	6	
FULLER Brushes	18	Pails	4	
Vegetable Brushes	10	Strainers	28	
Jelly Bags	12	Stoves (Oil)	4	
Dustless Mops	6	Stoves (Ranges)	2	
Bread Mixers	2	Enam. Food Containers	68	
	Gallons of Soap made	102		
	Bars of Soap made	2280		

In 8 communities, 102 women were interested in the planning of house work, arrangement of kitchens and kitchen equipment; 62



women told us of their demonstrations. New labor saving devices were tested, especially washing machines, can openers, mop wringers, jelly bags, vegetable brushes and cleansers.

During May, each community observed "Better Homes Week". Deeth had a program of house plans in the Junior Club. In Elko, a tour to the homes, where the home improvement project is being carried on, was made. Mrs. Wheeler remodelled her kitchen, added a screened and glassed in back porch and a linen closet upstairs. Mrs. Hawley's kitchen was remodelled and back porch screened and enlarged. The A.M. Petersons have a complete new home. The committee finished their tour at the home of Mrs. Wheeler, who served them with cake and tea. None of these projects are complete.

At Starr, the Progressive Club held a "Better Homes" program. They report one house remodelled, 2 carbide gas lighting systems with stove and iron installed, and 25 new pieces of kitchen equipment purchased.

At Lee, the "Better Homes" committee reported one house painted inside and out and redecorated throughout; one house kalsomined with paper border, all furniture stained, and window added to kitchen. One house still in process of being remodelled and renovated; two carbide gas plants with stove, irons and lighting installed.

Metropolis reported four houses renovated, walls kalsomined, and new curtains and drapes hung; one new stove; 10 kitchen utensils. Nearly every home has shrubbery planted and a flower garden started.

Wells reported a very interesting project - fitting 2 box cars into cozy homes; 3 houses were renovated and redecorated, and 20 kitchen utensils purchased.

### SEVERAL ELKO HOMES SERVE AS MODELS THIS YEAR

Conducting an inspection of several Elko homes Friday, a committee from the Homemakers' Club of this city spent a very interesting day.

The "Better Homes Week" movement, scheduled for the 26th of April, but due to various other events continued to the last of May, was observed in this city and the committee, consisting of Mesdames S. C. Cook, C. E. Secor, E. J. L. Taber and H. M. Yoe, visited many Elko homes and inspected them with a view of selecting models in various lines

The new home of Mr. and Mrs. Ray Chester on First street was given an excellent recommendation on the lighting system, while the A. Peterson home on Oak street was deemed by the committee to represent a model home as to interior arrangements and plans.

The last home visited by the committee, that of Mr. and Mrs. Z. F. Wheeler on Pine street, proved to have the best remodeled kitchen. At this place the committee was served with refreshments by Mrs. Wheeler.

It was the intention of the Homemakers to show a picture film depicting better improvements in homes and grounds, but due to the delay in the "Better Homes" movement, they were unable to procure the film for display this year but hope to have one next season.



## (o) House Furnishings

62 Chairs	These are the product of 40 women in this County in this project. Some were stained, some painted, some waxed, and some polychromed.
8 Dressers	
10 Tables	It was interesting to see the old things become new pieces of furniture. It was done with very little expense but - a whole lot of work. Twenty different homes were benefitted by these lessons.
4 Bedroom Sets	
1 Sideboard	
2 Magazine Stands	
1 Writing Desk	
2 Couches	

## (p) Home Health and Sanitation

## Home Health.

In 4 communities 64 women completed their course in Home Nursing and First Aid. This is a great help to the rural women as so many are many miles from a doctor.

We had especially good results in the care of teeth, 262 improving their habits, 26 prevented colds, and 102 improved their posture. We had one use a health score card as an experiment.

## Sanitation.

We had 4 Houses screened  
 10 controlling Flies and Mosquitos  
 3 Sanitary Outhouses built.

## (q) Community Activities

## Recreation.

Each club, although not signing up for this project, believes that "all work and no play makes Jack a dull boy", and they have their recreational programs. This year, we had a card and dancing party for the school teachers and their friends, a Thanksgiving menu contest which was just lots of fun, a Christmas party where we each received a mosquito netting of candy and played games, a Valentine party where prizes were given for the best comic valentine, a St. Patrick's party with the O'Gradys, O'Briens, Murphys and O'Hallerans contesting for "Spud Day" prizes, and miscellaneous picnics and garden tours to make us just "glad we're livin'."



## (r) Miscellaneous

## Junior Club Work.

Our Junior club work is one of the important phases of our extension activities. Our County-wide Junior Club Achievement Day held in the fall finishes the club work for the year and is looked forward to with much enthusiasm by the club boys and girls. At this time they have the contests in the different projects entered into during the year, and the winners represent Elko County at the State Junior Farm Bureau Club Camp at Reno held a short time later. We were honored this year by having at our Achievement Day exercises Mr. George Farrell of the Washington, D.C., office, Mr. Cecil W. Creel, Director, and Miss Mary E. Stilwell, Assistant Director, of the Nevada Extension work.



Fig. 14. Winner of First Prize  
in our Elko County Contest.



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in our Elko County Contest.



ELKO COUNTY, NEVADA

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COOPERATIVE EXTENSION WORK  
IN  
AGRICULTURE AND HOME ECONOMICS  
STATE OF NEVADA

Elko, Nevada,  
July 28, 1926.

To - All Elko County Club Members  
Subject - EATS.

E A T S!!!

When - Achievement Day, August 7, 1926  
Where - Riddell Grove, Starr Valley.  
What - Sandwiches - Metropolis and Ruby  
and - Pickles and Olives - All Club Leaders  
Who - Potato Salad - Starr, Bishop, Clover  
Cakes - Lamoille  
Ice Cream - Wells and Elko

We expect 60 boys and girls and 100 grownups, who have  
come to hear you demonstrate, to eat.

D O N T F O R G E T!!! Each one please bring a cup and a  
spoon so you'll be in luck.

Very truly yours,

FLORA E. McELHINNEY  
JOSEPH W. WILSON,  
County Extension Agents.



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JUNIOR CLUB ACHIEVEMENT DAY  
Riddell Grove, Starr Valley,  
August 7, 1926 - Saturday.

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#### Page 35  
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<u>Morning Session</u>		<u>Projects</u>	<u>Judges</u>
10:00	15 Minutes	IDENTIFICATION CONTESTS 1. Textile 2. Crops	Mrs. Reinken Mr. Buckman
10:20	20 Minutes	BEST STORY	Miss Stilwell Mr. Sheerin
10:30	90 Minutes	STOCK JUDGING	Mr. Buckman Prof. Scott
10:40	20 Minutes	Girls' Club Reports Draw for places.	Miss Stilwell Mrs. Eby
11:30	30 Minutes	County Banners  Exhibits  Girls' Records	Mrs. Reinken Miss Stilwell Mrs. Wheeler Mrs. Lytton Mrs. Coryell Mrs. Moon Miss McElhinney

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E A T S -	Committee in Charge Assisted by Club Leaders	Mrs. J. W. Johnston Mrs. L. B. Jeanney Mrs. E. C. Riddell Mrs. C. H. Black
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<u>Afternoon Session</u>			
1:15	15 Minutes	Health Demonstration	Miss Stilwell
1:30	15 Minutes each	Demonstrations 1 - 2 - 3 Draw for Places	Miss Stilwell Mr. Tremewan Prof. Scott
2:15	10 Minutes	CLUB SONGS Draw for Places.	Miss Stilwell Mrs. Eby Mr. Sheerin
2:50	15 Minutes each	Demonstrations 4 - 5 - 6 - 7	Miss Stilwell Mr. Tremewan Prof. Scott
3:50	10 Minutes	CLUB STUNTS	Mr. Buckman Mr. Tremewan Prof. Scott
4:00	10 Minutes	CLUB YELLS Draw for Places	Mr. Buckman Mr. Sheerin Mrs. Wheeler

Award of Pins - Report of Judges

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This Club Song and Yell won the first place in the  
Elko County Contests.

- O U R C L U B -

There are many clubs in many lands,  
There are clubs of every name,  
But there is no club however grand,  
Like our own 4H Club.

Chorus

Then Hurrah for our Club, our 4H Club,  
It's work and pleasure too.  
There is no club in any land  
Like our 4H Club so true.

We know where the best gardens grow,  
And we are sure you know too.  
How the boys and girls can plant the seeds,  
And gather the harvest too.

We can out and make a shirt for dad,  
And a pair of trousers too.  
We can darn his socks so full of holes,  
And clean his suit of blue.

We 4H girls know how to cook,  
We can plan a balanced meal.  
We need not search through a big cook book,  
To keep our growing real.

The 4H Club can judge the stock,  
And cull the chickens too.  
They know how to feed and milk the cows,  
And work in the dairy too.

oOo

The Elko 4H Club Yell

Turnips, Cabbage, Parsley, Beets!  
We're the ones that cook the Eats!  
Does the Sewing, raise the Hogs!  
Elko County - Rah! Rah! Rah!



Newspaper Clipping "ELKO FREE PRESS".

# ACHIEVEMENT DAY IS HELD AT RIDDELL GROVE WITH 195 PRESENT

August 9, 1926.

**George Farrell of Washington,  
D. C., Praises Boys And  
Girls For Work Done**

**44 Workers Will Make Trip  
to Reno For Four H Club  
Camp Held There Yearly**

With 195 people in attendance the Achievement day contests were successfully held at the Riddell grove in Starr Valley Saturday. Ideal weather attended the meet which was received with enthusiasm by those attending and each demonstration was carried through with credit to those who took part in them.

#### Workers Are Complimented

George Farrel, head of extension work throughout the western states with headquarters at Washington, D. C., declared after the meet that it was one of the most successful he had attended in the west and he said he had been to many. In a short address he told of the history of the organization, explaining that the club work among boys and girls had sprung up when co-operation could not be gained among the older farmers. The problems were taken before the youngsters and with their customary enthusiasm results were accomplished. A pyramid of corn at the world's fair held in St. Louis, built by one of the first clubs inspired others and now the membership is 570,000, he declared.

Actively in charge of the days' work were Joe Wilson and Miss McElhinney, Elko county agents and Cecil W. Creel, director of extension work in Nevada and his assistant Miss Mary Stilwell, with headquarters in Reno were present.

#### 44 To Go To Reno

With 44 of the boys' and girls' club workers of the county ready to go a special train has been chartered and the slogan through the county now is "on to Reno" where the winners of Saturday's contests will represent Reno and where many others will go for the instruction and outing offered by the Four 2 club camp.

The following is a list of the contests and prize winners as announced by the judges:

Girls having high averages for club work throughout the year: Genevieve Hansen, Lorena McBride, Mary R. DeArmond, Estelle Rowher, Louise Walthers, Elko; Jutta, Metropolis and Belle Franklin, Bishop.

Best club girl score, 135 points out of a possible 150, Genevieve Hansen, Elko.

Best health: Donald Hennen, Lamoille and Louise Walthers, Elko.

Best clothing and report: Belle Franklin, Bishop.

Best story: Genevieve Hansen.

Best textile, Genevieve Hansen.

Club yell: Elko, first; Bishop, second.

Club song: Elko, first; Ruby second.

Stunt: Elko, first; Ruby, second.

Henderson Bank prize: Best home economics demonstration: Lamoille girls, Emily Bellinger, Ethel Bellinger and Aileen Kelly.

Crop Identification: William Barrows, first and Ray Hepworth, second, both Metropolis.

Agriculture demonstration: Lamoille first, Charles Trescartes and Donald Hennen; Metropolis second, Andrew Terry and William Barrows.

Livestock judging team: Wells, first, Fred Weeks, Williard Cleverly, James Cazier, John Franklin; Metropolis second, Andrew Terry, Ray Hepworth and Harold Hutchinson. The winner was awarded a \$15 prize by the Elko county farm bureau. Andrew Terry was complimented as being the best individual judge by Agent Wilson.

Lemonade was furnished for the occasion by Mrs. Eby and J. B. Fitzgerald furnished candy.



Newspaper Clipping from the "ELKO FREE PRESS".

Elko, Elko County, Nevada, Wednesday, August 4, 1926.

Entered at the post office at Elko, Nevada, as Second Class mail matter.

*"The Country Newspaper, in Proportion to its Circulation, is the Best Advertising Medium in the Country"*—Arthur Brisbane.

### Achievement Day

SATURDAY, in Riddell grove at Starr Valley boys and girls of the county interested in club work will gather to compete in various contests to earn the right to attend the annual achievement week held at the University of Nevada farm near Reno. For weeks these boys and girls have been looking forward to the achievement day contests. Each one has been preparing for the contest which will give him the right to go to Reno if he wins.

The work is worthy of the support of all the people of Elko county. More than 60 children will participate and each one of these will be better for doing so. Each one, win or loose, will learn the art of accomplishment. Each one will feel that he has done something worth while when the contests are finished and if he loses, the desire to win next time will be foremost in his mind.

One of the greatest ills among children is too much time. Each one should be given something to do and their parents should see to it that it is accomplished. They should learn from an early date the satisfaction gained from a deed well done. The child who has his time well occupied will have little chance to keep his mind on idle thoughts. He will be thinking along constructive lines, each day he will be broadening his intellect, becoming a better citizen.

That is why the achievement day contests are beneficial to the community, why the people of Elko should do everything in their power to make them successful and why parents should interest their children in boy and girl club work.

The Nevada state farm bureau association is doing some good work throughout the state and its work among the children is one of its most commendable deeds. Care is taken to see that the children are growing normally and with a normal physical growth the mental capacity has a greater chance to develop than if the body is neglected.



The Trip to the Junior Farm Bureau Club Camp held at Reno August 17-20 as told by one of the club girls.

Thirty-five boys and girls, accompanied by the two county agents and five local leaders, left Elko in a special coach attached to Southern Pacific train No. 19 Monday noon, August 16. We spent the time on the train singing our songs, yelling our yells, and eating our eats. We arrived at Reno about 10 o'clock where we found automobiles waiting to take us to the Club Camp at the University Farm, the end of our journey.

Our county extension agent Miss McElhinney had charge of all of the girls and the first aid tent. We girls were busy in the mornings with first aid lessons, cooking, gardening and handwork, and in the afternoons, oh, boy! - after our rest period, we went swimming at Moana and had lots of fun. The bonfires in the evening were great and so were the toasted marshmallows.

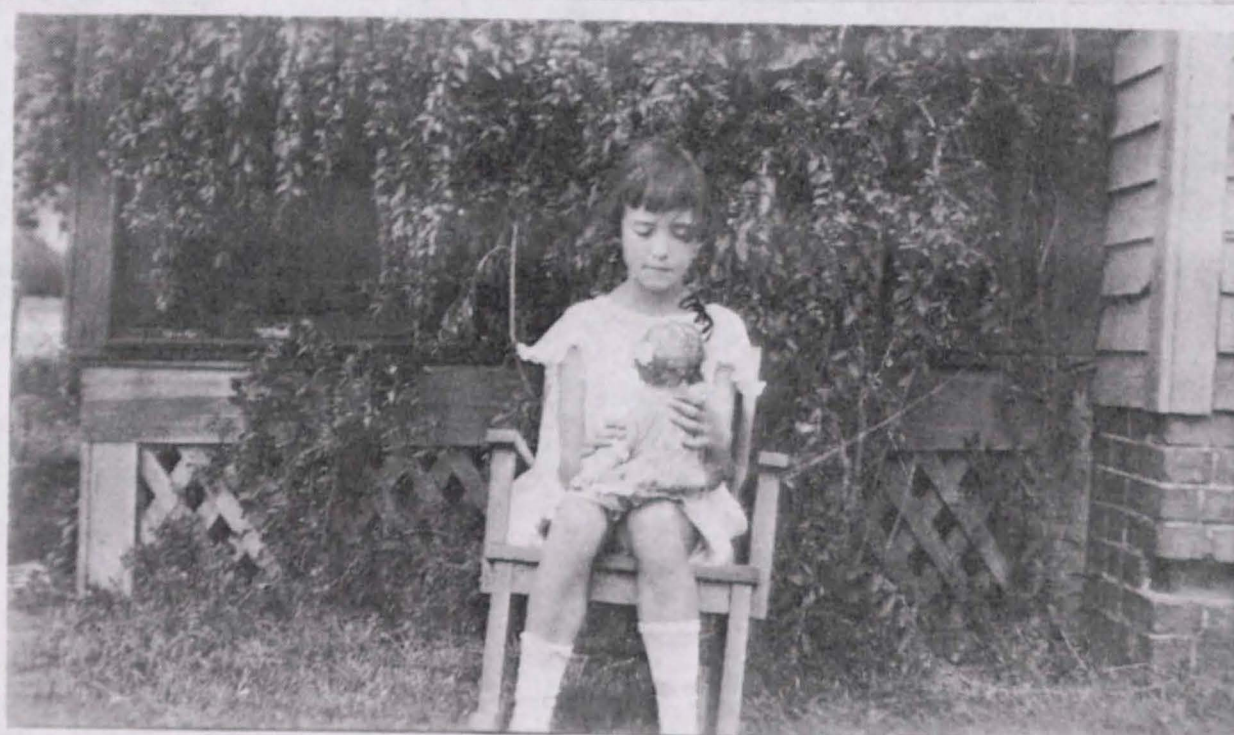


Fig. 15. Genevieve Hansen, winner of the First Prize in the Club Story contest. She told the story to her Dolly.



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Fig. 15. Genevieve Hansen, winner of the First Prize in the Club Story contest. She told the story to her Dolly.



The demonstrations were good also. Our girl's team of Ethel and Emily Bellinger and Aileen Kelly won second prize in demonstrating the "Preparation of a School Lunch."

Laurena McBride won first prize in the Textile Identification contest and Genevieve Hansen won first prize in telling her Club Story.



Fig. 16. Laurena McBride carried off First Prize in the Textile Identification Contest.



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Fig. 16. Laurena McBride  
carried off First Prize  
in the Textile Identification  
Contest.



Here are two secretary's reports for two Junior Sewing Clubs showing in a very excellent manner the work accomplished during the year.

The Report of ELKO 4H Sewing Club - October, 1925 to August, 1926

Club Membership .....	16
Average Attendance .....	13
Number of Members who were present at every Meeting ..	3
Number Regular Meetings ...	15
Special Meetings .....	6
Exhibits Held .....	2
Number Girls Work on Exhibit	12
Number Entertainments .....	2
Number of Demonstrations ...	2

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Fig. 17. The Elko 4H Club Members and their Local Leader - Mrs. Fred Walther.



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Fig. 17. The Elko 4H Club Members  
and their Local Leader -  
Mrs. Fred Walther.



The Report of the RUBY BUSY SEWING CLUB - June, 1926 to August, 1926

The Ruby Busy Sewing Club was organized June 7, 1926, with an enrollment of 8 members. Since that time we have had 8 meetings. Due to so many of our members being in quarantine with a contagious disease, only 2 members of a perfect record of attendance. It has made it hard for us to accomplish as much as we would have done otherwise, too. However, we have done pretty well as the following report will show.

Total number of articles made .....	44
This lot comprises the following -	
1 embroidered bedspread	1 chemise
1 " machine cover	2 night gowns
2 " dresser scarves	7 princess slips
4 " aprons	8 wash dresses
3 " tea towels	2 silk dresses
1 " Pillow slips (pr.)	3 handkerchiefs
8 hemmed tea towels	1 pair bloomers
Total number hours spent sewing .....	171½
Number of articles made over .....	6
Number of articles mended .....	171
Number hours spent mending .....	38
Number of hours spent doing housework .....	1915

As our territory covers 30 miles, it has been difficult for us to get to our meetings, and our leader Mrs. Rohwer has driven a total of 250 miles to get to our 8 meetings.

We have 4 motherless girls in our club, and we feel that the work has been especially helpful to them. They have learned so many things about sewing and housework that they did not know about until our club started.

The girls who have made dresses have never had sewing before, and we are real proud of the work they have done in the short time we have been organized. We have had real good cooperation from the parents, and we are sure boosters for farm club work.

We have not done much socially so far as we wanted to get as far as we could on our work, but we are planning a good time for the last of the month when our hard work is over.

At least 4 of our girls are going to Reno to Club Camp this year, and from the benefit they derive from their trip we surely hope to be a bigger and better Club next year.

ESTELLE ROHWER,  
 \_\_\_\_\_  
 Club Secretary.



An interesting Club Story which was attached to one of the "Final Report" blanks from one of our new club members.

My brother has been a member for over two years. The first year he went to Reno. I have wanted to be a club member ever since.

One day last fall, Mr. Wilson came to organize a club. He told us first about the rules of the club. We then elected officers. James Cazier was elected president, Albert Agee vice-president, but afterwards he resigned so we have no vice-president. I was elected secretary. My brother, John Franklin, was elected treasurer. We girls elected Elizabeth Cazier the president of the girl's club.

We wanted first to name our club. No one could think of a suitable name so we decided to wait till next week. By next week we were still undecided. At last, we agreed on the "Lone Star Club" - having a picture of the star in place of the words.

We had a few meetings and then adjourned till after Christmas. We did not get started again until March. Miss McElhinney came and started the girl's club. We had a few meetings at the school house, but our teacher was not much interested so we did not do much until we got a new teacher.

Kate Cazier, our teacher then, became local leader, and we had the first meeting at her house. After that we met quite regularly at the homes. We brought our sewing and sewed, talked over our club work, and afterwards had refreshments. We also made our color charts, and are learning the names and weaves of different materials. We read our club sewing books, and about every meeting we had questions on it, such as, how to tell materials, imitation materials, etc. Of course, we have been busy with our reports and stories.

We got together and made up a Club Yell, which goes as follows -

Our Yell -            ZIP, ZOOM, ZONE, ZAR,  
                          OUR CLUB'S THE LONE STAR.  
                          ZEE, ZOWIE, ZOOIE, ZEP,  
                          OUR CLUB IS FULL OF PEP.

I made up our Club Song to the tune of "Comin' Through the Rye", but we did not have enough members to sing it so we had to let it go. I will let you read it here.

If a member meet a member  
In the Club Work.  
If it snows hard in December,  
Do not stop to shirk.



We learn so many things to do,  
You never would believe.  
We learn to cook, we learn to sew,  
We sometimes learn to weave.

In the summer we learn to make  
A pretty fancy seam.  
We also teach our Club about  
The Demonstration Team.

We always meet just once a week,  
At houses here or there.  
The prizes we all try to seek,  
At the County Fair.

The End.

We hardly expect to win anything this year, but next year we're going to get an early start and be already for Achievement Day. And, of course, we're going to try to win the free trip to Reno.

BELLE FRANKLIN, Secretary  
of  
"The Lone Star Club".

oOo



V. OUTLOOK AND RECOMMENDATIONS, INCLUDING SUGGESTIVE PROGRAM OF WORK FOR NEXT YEAR.

Outlook.

The outlook for extension work with women and girls is as bright as ever. All communities answered "yes" to the question - "Do you wish to continue the work?" The chief complaint is - "we do not have a sufficient amount of the agent's time." Distances in our County are great, and this in connection with bad roads, etc., often makes it difficult to follow our schedule exactly. The clubs are working in better cooperation with their local leaders, which is very helpful.

Recommendations.

1. Clubs continue local leadership.
2. Local leaders assume more responsibility in regard to meetings, records and reports.
3. Hold more recreational meetings.

Recommended Program of Work.

It is recommended that our projects cover -

I. Major Projects

1. Nutrition

- a. "Keep Growing" Demonstrations in all 2 room schools.
- b. Hot School Lunch.

"A Hot School Lunch wherever Children travel over One Mile to School".

- c. Food Preparation and Preservation, especially drying vegetables.
- d. More adequate Home Gardens.

2. Home Improvement

- a. Better Homes
- b. Water and Heating Systems
- c. Planning of Work

3. Junior Work

- a. Club wherever there are a sufficient number of girls.

4. Recreation

II. Minor Projects

1. Clothing Budget

- a. Children's Clothing
- b. Color Work continued

2. Novelty Work



VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS

		<u>Value</u>
1. Gardens	45 Completed .....	\$2650
	40 Homes reached	
2. Home Dairy	Butter made lbs. 2422	1211
	Cheese made lbs. 20	80
3. Rural	New Houses built	2
Engineering	Houses remodeled	4
Home	Sewer Systems installed	2
	Water Systems "	4
	Heating Systems "	3
	Lighting Systems "	6
4. Food -		
Preparation	Homes benefited	54
Preservation	Homes benefited	66
	Fruits & Vegetables canned-qt. 4059	1822.40
	Jams and Jellies- " 2861	1361
	Fruits & Vegetables dried- lb. 144	72.!
	Meats & Fish canned - qt. 288	142
	Meat Cured- lb. 2158	420
5. Nutrition	Number School Children weighed and measured	426
	Number completing "Keep Growing" demonstration	426
6. Clothing	Number Articles made	969
7. Home Management	Labor Saving Devices	291
8. Home Health	Nursing and First Aid lessons completed this year	
9. Community Activities	Community Halls renovated	2
	Club Grounds started for Park	1
	County-wide Junior Clubs Achievement Day	1
	Trip to Reno Junior Farm Bureau Club Camp - total attendance from Elko County 42	1
10. Miscellaneous	Organized trip to the Junior Farm Bureau Club Camp held at Reno August 17-20, conveying club members and leaders in a special coach via Southern Pacific Railroad, raising for expenses .....	600