

University of Nevada  
Agricultural Extension Division

CECIL W. CREEL, Director



ANNUAL REPORT

OF

ELKO COUNTY

MARGARET BRENNER, County Extension Agent

FOR

~~1933~~

1934

AC 0089/I/49 c.1



# COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS

U. S. Department of Agriculture  
and State Agricultural Colleges  
Cooperating

Extension Service,  
Office of Cooperative Extension Work  
Washington, D. C.

## ANNUAL REPORT OF COUNTY EXTENSION WORKERS

This report form is to be used by county extension agents, such as county agricultural agent, home demonstration agent, club agent, and negro agent, reporting on their respective lines of work.

State Elko County Nevada

Report of Margaret Brenner County Extension Agent  
(Name) (Title)

From November 1, 1933 to June 1, 1934

If agent has not been employed entire year, indicate exact period. Agents resigning during the year should make out this report before quitting the service.

### READ DEFINITIONS, PAGE 3



Approved:

Date \_\_\_\_\_ State or District Supervisor.

Date \_\_\_\_\_ State Extension Director.

AC 0089/1/49 c.1



## SUGGESTIONS RELATIVE TO THE PREPARATION OF THE COUNTY EXTENSION AGENT'S ANNUAL REPORT

The annual report should be a summary, with analysis and interpretations, for presentation to the people of the county, the State, and the Nation of the extension activities in each county for the year and the results obtained by the county extension agent, assisted by the subject-matter specialists. The making of such a report is of great value to the county extension agent and the people of the county in showing the progress made during the year as a basis for future plans. It is of vital concern also to the State and Nation as a measure of rural progress and a basis for intelligent legislation and financial support of extension work.

Separate statistical and narrative reports are desired from each leader of a line of work, such as county agricultural agent, home demonstration agent, boys' and girls' club agent, and negro agent, regardless of title. Where an assistant agent has been employed a part or all of the year, a report on his or her work should be included with the report of the leader of that line of work. Where an agent in charge of a line of work has quit the service during the year, the information contained in his or her report should be incorporated in the annual report of the agent on duty at the close of the report year, and the latter report so marked. Where two or more agents are employed in a county, each a leader of a line of work, statistics should not be duplicated.

At least four copies of the annual report should be made: One copy for the county officials, one copy for the agent's files, one copy for the State extension office, and one copy for the Extension Service, United States Department of Agriculture. *The report to the Washington office should be sent through the State extension office.*

### NARRATIVE SUMMARY

The narrative report should summarize and interpret the outstanding results accomplished and the extension methods used, under appropriate subheadings, for each project. Every statement should be clear-cut, concise, forceful, and, where possible, reenforced with necessary data from the statistical summary. Use an interesting style of writing, giving major accomplishments first under each project. Give extension methods fully relating to outstanding results only, and where practicable illustrate with photographs, maps, diagrams, blue prints, or copies of charts and other forms used. Full credit should be given to all cooperating agencies. The lines should be single-spaced, with double space between the paragraphs, and reasonably good margins. The pages should be numbered in consecutive order.

The following outline is suggestive of how the narrative report may be clearly and systematically presented. Each agent should adapt the outline to the situation and the work to be reported.

#### SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT

- I. Cover and title page.
- II. Table of contents.
- III. Status of county extension organization.
  - (1) Form of organization—changes and development.
  - (2) Function of local people, committees, or project leaders in developing the program of work.
  - (3) General policies, including relationships to other organizations.
- IV. Program of work; listing goals set up, methods employed, and results achieved.
  - (1) Factors considered and methods used in determining program of work.
  - (2) Project activities and results.
 

<ol style="list-style-type: none"> <li>(a) Cereals.</li> <li>(b) Legumes and forage crops.</li> <li>(c) Potatoes, Irish.</li> <li>(d) Cotton.</li> <li>(e) Tobacco and other special crops.</li> <li>(f) Home gardens and home beautification.</li> <li>(g) Market garden and truck crops.</li> <li>(h) Fruits.</li> <li>(i) Forestry.</li> <li>(j) Rodents and miscellaneous insects.</li> <li>(k) Agricultural engineering and home engineering.</li> <li>(l) Poultry.</li> </ol>	<ol style="list-style-type: none"> <li>(m) Dairy.</li> <li>(n) Other livestock.</li> <li>(o) Farm management.</li> <li>(p) Marketing, farm and home.</li> <li>(q) Foods and nutrition.</li> <li>(r) Child training and care.</li> <li>(s) Clothing.</li> <li>(t) Home management.</li> <li>(u) Home furnishings.</li> <li>(v) Home health and sanitation.</li> <li>(w) Community activities.</li> <li>(x) Miscellaneous.</li> </ol>
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- V. Outlook and recommendations, including suggestive program of work for next year.
- VI. Summary of activities and accomplishments, preferably of one or two typewritten pages only, placed at the beginning or end of the narrative report.

### STATISTICAL SUMMARY

To supplement the narrative part of the report, and in order that comparable State and National summaries may be made, it is necessary to include a statistical summary of the work in each county. The following form has been prepared to insure uniformity of reporting:

#### DEFINITIONS OF TERMS USED IN THIS REPORT

1. A program of work is a statement of the specific lines of extension work to be undertaken by the extension agent during a year or a period of years.
2. A plan of work is a definite outline of procedure for carrying out the different phases of the program of work. Such a plan provides specifically for the means to be used and the methods of using them. It also shows what, how much, when, and where the work is to be done.
3. A community is a more or less well-defined group of rural people with common interests and problems. Such a group may include those within a township, trade area, or similar limits. For the purpose of this report a community is one of the several units into which a county is divided for conducting organized extension work.
4. A project leader, local leader, or committeeman is a person who, because of special interest and fitness, is selected to serve as a leader in advancing some phase of the local extension program. A project leader may be either an organization or a subject-matter leader.
5. Demonstrations as contemplated in this report are of two kinds—method demonstrations and result demonstrations.
 

A method demonstration is a demonstration given by an extension worker or other trained leader for the purpose of showing how to carry out a practice. Examples: Demonstrations of how to can fruits and vegetables, mix spray materials, and cull poultry.

A result demonstration is a demonstration conducted by a farmer, home maker, boy, or girl under the direct supervision of the extension worker, to show locally the value of a recommended practice. Such a demonstration involves a substantial period of time and records of results and comparisons, and is designed to teach others in addition to the person conducting the demonstration. Examples: Demonstrating that the application of fertilizer to cotton will result in more profitable yields, that underweight of certain children can be corrected through proper diet, or that the use of certified seed in growing potatoes is a good investment.

The adoption of a farm or home practice resulting from a demonstration or other teaching activity employed by the extension worker as a means of teaching is not in itself a demonstration.
6. A result demonstrator is an adult, boy, or girl who conducts a result demonstration as defined above.
7. A cooperator is a farmer or home maker who agrees to adopt certain recommended practices upon the solicitation of an extension worker. The work is not directly supervised by the extension agent and records are not required, but reports on the success of the practices may be obtained.
8. A 4-H Club is an organized group of boys and/or girls with the objectives of demonstrating improved practices in agriculture or home economics, and of providing desirable training for the members.
9. 4-H Club members enrolled are those boys and girls who actually start the work outlined for the year.
10. 4-H Club members completing are those boys and girls who satisfactorily finish the work outlined for the year.
11. A demonstration meeting is a meeting held to give a method demonstration or to start, inspect, or further a result demonstration.
12. A training meeting is a meeting at which project leaders, local leaders, or committeemen are trained to carry on extension activities in their respective communities.
13. An office call is a call in person by an individual or group seeking agricultural or home-economics information, as a result of which some definite assistance or information is given. A telephone call differs from an office call in that the assistance or information is given or received by means of the telephone. Telephone calls may be either incoming or outgoing.
14. A farm or home visit is a call by the agent at a farm or home at which some definite information relating to extension work is given or obtained.
15. Days in office should include time spent by the county extension agent in his office, extension conferences, and any other work directly related to office administration.
16. Days in field should include all days spent on official duty other than those spent in office.
17. Letters written should include all original letters on official business. (Duplicated letters should not be included.)
18. An extension school is a school usually of two to six days' duration, arranged by the extension service, where practical instruction is given to persons not resident at the college. An extension short course differs from an extension school in that it is usually held at the college or other educational institution and usually for a longer period of time.
19. Records consist of definite information on file in the county office that will enable the agent to verify the data on extension work included in this report.



GENERAL ACTIVITIES

Report Only This Year's Activities and Results that can be Verified

1. List below the names, titles, and periods of service of the county extension agents whose work is included in this report.
 

<b>Margaret Brenner</b> County Extension Agent	<b>5</b>		1
(Name) (Title) (Months of service this year)			
<b>Helen S. Tremewan, Ass't. County Extension Agent</b>	<b>1 1/2</b>		
2. County extension organization or association.
 

(a) Name <b>Farm Bureau and Homemakers' Clubs</b>			2
(b) Number of members	(1) Men <b>33</b>	(2) Women <b>58</b>	
3. Number of communities in county where extension work should be conducted **32** 3
4. Number of above communities in which the extension program has been cooperatively worked out by extension agents and local committees **32** 4
5. Number of different voluntary county or community local leaders or committeemen actively engaged in forwarding the extension program.
 

(a) Adult work	(1) Men <b>5</b>	(2) Women <b>42</b>	
(b) 4-H Club work	(1) Men <b>0</b>	(2) Women <b>12</b>	
	(3) Older club boys <b>0</b>	(4) Older club girls <b>1</b>	
6. Number of clubs or other groups organized to carry on adult home demonstration work **39** 6
7. Members in above clubs or groups **789** 7
8. Number of 4-H Clubs **10** 8
9. Number of different 4-H Club members enrolled
 

(a) Boys <b>0</b>			9
(b) Girls <b>59 quite - projects</b>	<b>67</b>		
10. Number of different 4-H Club members completing
 

(a) Boys <b>0</b>			10
(b) Girls <b>0</b>			
11. Number of different members enrolled in 4-H Club work for:
 

	1st Year	2d Year	3d Year	4th Year	5th Year	6th Year and Over
(a) Boys	0	0	0	0	0	0
(b) Girls	67	31	11	14	8	3
12. Number of different 4-H Club members enrolled according to age.
 

Age	10	11	12	13	14	15	16	17	18	19	20
Boys	0	0	0	0	0	0	0	0	0	0	0
Girls	9	8	14	11	12	4	5	4	0	0	0

<sup>1</sup> Report the total number of different boys or girls enrolled in club work. This total should equal the sum of the project enrollments reported on pages 8 to 24, less any duplications due to the same boy or girl carrying on two or more subject-matter lines of work.  
 NOTE.—In counties where more than one extension agent is employed, each agent making a report should include under questions 9, 10, 11, 12, and 13 only those boys and girls whom the agent has directly supervised.

GENERAL ACTIVITIES—Continued

Report Only This Year's Extension Activities and Results that can be Verified

13. Number of 4-H Club members in school **66** Out of school **1** 13
14. Number of 4-H Club teams trained
 

	(a) Judging <b>0</b>		14
	(b) Demonstration <b>0</b>		
15. Number of groups organized for extension work with rural young people above the 4-H Club age **0** 15
16. Members in above groups
 

	(a) Young men <b>0</b>		16
	(b) Young women <b>0</b>		
17. Total number of farm visits <sup>2</sup> made in conducting extension work **0** 17
18. Number of different farms visited **0** 18
19. Total number of home visits <sup>2</sup> made in conducting extension work **565** 19
20. Number of different homes visited **172** 20
21. Number of calls relating to extension work
 

	(a) Office <b>253</b>		21
	(b) Telephone <b>260</b>		
22. Number of days agent spent in office **80 1/2** 22
23. Number of days agent spent in field **95 1/4** 23
24. Number of news articles or stories published <sup>3</sup> **38** 24
25. Number of individual letters written **148** 25
26. Number of different circular letters prepared (not total copies mailed) **43** 26
27. Number of bulletins distributed **2693** 27
28. Number of radio talks made **0** 28
29. Number of events at which extension exhibits were shown **0** 29
30. Training meetings held for local leaders or committeemen
 

	(1) Number <b>15</b>		
(a) Adult work	(2) Total men leaders attending <b>0</b>	(3) Total women leaders attending <b>266</b>	
(b) 4-H Club	(1) Number <b>5</b>	(2) Total leaders attending <b>16</b>	30
31. Method demonstration meetings held (do not include meetings reported under No. 30)
 

	(a) Number <b>115</b>		31
	(b) Total attendance <b>2170</b>		
32. Meetings held at result demonstrations
 

	(a) Number <b>7</b>		32
	(b) Total attendance <b>183</b>		
33. Tours conducted
 

	(1) Number <b>0</b>		
(a) Adult work	(2) Attendance <b>0</b>		
(b) 4-H Club	(1) Number <b>0</b>	(2) Attendance <b>0</b>	33
34. Achievement days held
 

	(1) Number <b>0</b>		
(a) Adult work	(2) Total attendance <b>0</b>		
(b) 4-H Club	(1) Number <b>0</b>	(2) Total attendance <b>0</b>	34

<sup>2</sup> List as farm or home visit according to principal purpose of visit.  
<sup>3</sup> Include county and State press, agricultural journals, and home magazines. Do not count items relating to notices of meetings only.



GENERAL ACTIVITIES—Continued  
Report Only This Year's Extension Activities and Results that can be Verified

35. Encampments held <small>(Do not include picnics, rallies, or short courses, as these should be reported under other meetings.)</small>	(a) Farm women	(1) Number.....	0	35
		(2) Total members attending.....	0	
		(3) Total others attending.....	0	
		(4) Total others attending.....	0	
(b) 4-H Club	(1) Number.....	0	35	
	(2) Total boys attending.....	0		
	(3) Total girls attending.....	0		
	(4) Total others attending.....	0		
36. Other meetings of an extension nature participated in and not previously reported	(a) Number.....	0	36	
	(b) Total attendance.....	0		
37. Meetings held by local leaders or committeemen not participated in by agent and not reported elsewhere	(a) Adult work	(1) Number.....	0	37
		(2) Total attendance.....	0	
	(b) 4-H Club	(1) Number.....	0	
		(2) Total attendance.....	0	

8-5146

PROGRAM SUMMARY  
(Nevada Substitute)

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	Sheet No. <u>1</u>	(a) Number communities or other units participating	(b) Number of leaders or committee-men assisting	(c) Days specialists helped with line of work	(d) Days agents devoted to line of work	(e) No. meetings held in relation to line of work	(f) No. news stories published	(g) No. circular letters issued	(h) No. farm or home visits made	(i) No. office calls made	(j) No. result demonstration completed or carried thru year	(k) No. meetings at result demonstrations	(l) No. method demonstration meetings	QUESTION NUMBER
	Home Gardens & Variety Tests		15	0	1/2	2 1/2	0	0	0	5	8	24	0	0	
	Home Ground Improvement		2	0	13	0	0	0	0	0	0	3	0	0	
43	Sub-totals Home Gardens		17	0	13 1/2	2 1/2	0	0	0	5	8	27	0	0	43
	Food Selection & Preparation		7	7	0	4	15	1	0	4	7	(171)	0	15	
	Food Selection & Preparation 4-H		3	7	0	17	35	7	12	26	39	22	3	11	
	Food Preservation		8	0	0	1/2	0	0	0	2	3	3	0	0	
	Food Preservation 4-H		3	1	0	1	2	1	2	2	1	11	0	1	
	Keep Growing		22	24	21	61	103	2	5	40	19	22	0	45	
	CWSA School Lunch		5	7	0	7 1/2	267	7	0	6	22	5	258	2	
54	Sub-totals Nutrition		48	46	21	91	422	18	19	80	91	(171)	261	74	54
	Prepare for School Round Up		10	10	0	1 1/2	3	0	0	1	1	25	0	3	
	Preschool Home Demonstrations		9	10	0	7 1/2	28	0	0	21	3	18	0	27	
55	Sub-totals Child Training & Care		19	20	0	9	31	0	0	22	4	43	0	30	55

(1) Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
(2) Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



**PROGRAM SUMMARY**  
(Nevada Substitute)

List below information on each subdivision of the project of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	(a) Number communities or other units participating	(b) Number of leaders or committee-men assisting	(c) Days specialists helped with line of work	(d) Days agents devoted to line of work	(e) No. meetings held in relation to line of work	(f) No. news stories published	(g) No. circular letters issued	(h) No. farm or home visits made	(i) No. office calls made	(j) No. result demonstration completed or carried thru year	(k) No. meetings at result demonstrations	(l) No. method demonstration meetings	QUESTION NUMBER
										(171)				
	Clothing Selection & Construction	7	0	0	1	1	0	0	0	8	0	0	2	
	Clothing Selection & Const. 4-H	4	5	0	10½	36	4	13	14	29	41	3	13	
	Children's Clothing	3	0	0	(2)	0	0	0	0	0	0	0	1	
56	Sub-totals Clothing Sel & Const.	14	5	0	11½	37	4	13	14	37	(171)	3	16	56
	Nevada Live-at-Home Plan	(7)	(7)	(6)	(13)	(9)	0	(1)	(239)	(30)	(171)	(3)	(37)	
	Sub-totals Live-at-Home Plan	(7)	(7)	(6)	(13)	(9)	0	(1)	(239)	(30)	(171)	(3)	(37)	
	Home Improvement, Interior	3	0	0	1	0	0	0	3	2	4	0	12	
58	Sub-totals Home Improvement, Int.	3	0	0	1	0	0	0	3	2	4	0	12	
	Recreation	8	3	0	(1)	(3)	2	0	5	0	7	0	(3)	
	Relief Work Cooperation	32	25	0	(6½)	6	3	1	13	42	(171)	0	0	
	Supplementary Extension Work	7	7	6	13	9	0	2	239	30	171	0	37	
	Farm Bureau Cooperation	7	7	2	6½	15	2	0	0	8	33	0	0	
	Homemakers' Cooperation	3	3	0	(6½)	16	8	1	16	13	58	1	5	

(1) Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
 (2) Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



**PROGRAM SUMMARY**  
(Nevada Substitute)

List below information on each subdivision of the program of work. Include under each heading all the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	(a) Number communities or other units participating	(b) Number of leaders or committeemen assisting	(c) Days specialists helped with line of work	(d) Days agents devoted to line of work	(e) No. meetings held in relation to line of work	(f) No. news stories published	(g) No. circular letters issued	(h) No. farm or home visits made	(i) No. office calls made	(j) No. result demonstrations completed or carried thru year	(k) No. meetings at result demonstrations	(l) No. method demonstration meetings	QUESTION NUMBER
60	Agricultural & Civic Problems	3	3	0	1	1	1	0	0	0	58	0	1	
	Sub-totals Community Activities	60	48	8	(14) <sup>(3)</sup> 29	47	16	4	273	93	(438) 327	1	(3) 43	60
	Miscellaneous Organization & Extension	0	0	4	32 <sup>(6)</sup>	2	0	7	17	25	0	0	0	
61	Sub-totals Misc. Org. & Extan.	0	0	4	32 <sup>(6)</sup>	2	0	7	17	25	0	0	0	61
	GRAND TOTALS	32	55	52½	(29) <sup>(18)</sup> 176	539	38	43 <sup>(1)</sup> 414	(239) <sup>(30)</sup> 260	(684) <sup>(3)</sup> 523	(40) <sup>(3)</sup> 265	175		

Sheet No. 3

<sup>1</sup>Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
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PROGRAM SUMMARY

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

Line of work	Number of communities or other units participating (a)	Number of leaders or committeemen assisting (b)	Days specialists helped with line of work (c)	Days agent devoted to line of work (d)	Number of meetings held in relation to line of work (e)	Number of news stories published (f)	Number of different circular letters issued (g)	Number of farm or home visits made (h)	Number of office calls received (i)
38. Cereals (page 8).....									38
39. Legumes and forage crops (pages 9, 10).....									39
40. Potatoes, Irish (page 11).....									40
41. Cotton (page 11).....									41
42. Tobacco and other special crops (page 11).....									42
43. Home gardens and home beautification (page 12).....									43
44. Market garden and truck crops (page 12).....									44
45. Fruits (page 12).....									45
46. Forestry (page 13).....									46
47. Rodents and miscellaneous insects (page 13).....									47
48. Agricultural engineering (page 14).....									48
49. Poultry (page 15).....									49
50. Dairy (page 15).....									50
51. Other livestock (page 15).....									51
52. Farm management (page 16).....									52
53. Marketing—farm and home (page 17).....									53
54. Foods and nutrition (page 18).....									54
55. Child training and care (page 19).....									55
56. Clothing (page 20).....									56
57. Home management (page 21).....									57
58. House furnishings (page 22).....									58
59. Home health and sanitation (page 23).....									59
60. Community activities (page 24).....									60
61. Miscellaneous (page 24).....									61
62. Building extension program of work <sup>1</sup> .....									62
63. Organization—extension association and committee <sup>2</sup> .....									63

(The totals for these columns do not necessarily check with the information given on pages 4, 5, and 6, since one meeting, farm visit, circular letter, etc., may relate to two or more lines of subject matter.)

<sup>1</sup> Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.

<sup>2</sup> Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



CEREALS<sup>1</sup>

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Corn	(b) Wheat	(c) Oats	(d) Rye	(e) Barley	(f) Other <sup>2</sup>	
64. Number of method demonstration meetings held.....							64
65. Number of adult result demonstrations completed or carried into the next year.....							65
66. Total number of acres included in adult result demonstrations.....							66
67. Average increased yield per acre on adult result demonstrations due to recommended practices.....	bu.	bu.	bu.	bu.	bu.	bu.	67
68. Number of 4-H Club members enrolled.....							68
69. Number of 4-H Club members completing.....							69
70. Number of acres grown by club members completing.....							70
71. Total yields of cereals grown by club members completing.....	bu.	bu.	bu.	bu.	bu.	bu.	71

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Report fall-sown crops the year they are harvested.  
<sup>2</sup> Indicate crop by name.

LEGUMES AND FORAGE CROPS

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Alfalfa	(b) Sweet clover	(c) Clover (red, alsike, white)	(d) Vetch	(e) Lespedeza	(f) Pastures	
72. Number of method demonstration meetings held.....							72
73. Number of adult result demonstrations completed or carried into the next year.....							73
74. Total number of acres included in adult result demonstrations.....							74
75. Average increased yield per acre on adult result demonstrations due to recommended practices <sup>1</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ xxxxxx xxxxxx	75
76. Number of 4-H Club members enrolled.....							76
77. Number of 4-H Club members completing.....							77
78. Number of acres grown by club members completing.....							78
79. Total yield of crops grown by club members completing <sup>1</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ xxxxxx xxxxxx	79

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate whether yield is bushels of seed or tons of cured forage.



LEGUMES AND FORAGE CROPS—Continued

Report Only This Year's Extension Activities that are Supported by Records

Item	(g) Soy beans	(h) Cowpeas	(i) Velvet-beans	(j) Field beans	(k) Peanuts	(m) Other <sup>1</sup>	
72. Number of method demonstration meetings held.....							72
73. Number of adult result demonstrations completed or carried into the next year.....							73
74. Total number of acres included in adult result demonstrations.....							74
75. Average increased yield per acre on adult result demonstrations due to recommended practices <sup>2</sup> .....	{.....bu. .....tons	{.....bu. .....tons	{.....bu. .....tons	{.....bu.	{.....lbs.	{.....bu. .....tons	75
76. Number of 4-H Club members enrolled.....	{(1) Boys.....						76
	{(2) Girls.....						
77. Number of 4-H Club members completing.....	{(1) Boys.....						77
	{(2) Girls.....						
78. Number of acres grown by club members completing.....							78
79. Total yield of crops grown by club members completing <sup>2</sup> .....	{.....bu. .....tons	{.....bu. .....tons	{.....bu. .....tons	{.....bu.	{.....lbs.	{.....bu. .....tons	79

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate crop by name.

<sup>2</sup> Indicate whether yield is bushels of seed or tons of cured forage.

POTATOES, COTTON, TOBACCO, AND OTHER SPECIAL CROPS

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Irish potatoes	(b) Sweet potatoes	(c) Cotton	(d) Tobacco	(e) Other <sup>1</sup>	
80. Number of method demonstration meetings held.....						80
81. Number of adult result demonstrations completed or carried into the next year.....						81
82. Total number of acres included in adult result demonstrations.....						82
83. Average increased yield per acre on adult result demonstrations due to recommended practices.....	.....bu.	.....bu.	.....lbs. <sup>2</sup>	.....lbs.		83
84. Number of 4-H Club members enrolled.....	{(1) Boys.....					84
	{(2) Girls.....					
85. Number of 4-H Club members completing.....	{(1) Boys.....					85
	{(2) Girls.....					
86. Number of acres grown by club members completing.....						86
87. Total yield of crops grown by club members completing.....	.....bu.	.....bu.	.....lbs. <sup>2</sup>	.....lbs.		87

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate crop by name.

<sup>2</sup> Report yield of cotton in pounds of seed cotton.



FRUITS, VEGETABLES, AND BEAUTIFICATION OF HOME GROUNDS

Report Only This Year's Extension Activities that are Supported by Records

Table with 7 columns: (a) Home gardens, (b) Market gardening, truck, and canning crops, (c) Beautification of home grounds, (d) Tree fruits, (e) Bush and small fruits, (f) Grapes. Rows include items 88-94 with numerical data and 'x' marks.

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned. (Use space below for State questions not listed above)

FORESTRY

Report Only This Year's Extension Activities that are Supported by Records

Table with 2 columns: Item description and numerical value. Rows include items 95-107 1/2 with various forestry-related activities.

RODENTS, OTHER ANIMAL PESTS, AND MISCELLANEOUS INSECTS

Report Only This Year's Extension Activities that are Supported by Records

(Do not include work reported under "Crop" and "Livestock" headings)

Table with 4 columns: Item, (a) Rodents, (b) Other animal pests, (c) Insects. Rows include items 108-110.



AGRICULTURAL ENGINEERING  
(FARM AND HOME)

Report Only This Year's Extension Activities that are Supported by Records

- 111. Number of method demonstration meetings held..... 111
- 112. Number of adult result demonstrations completed or carried into next year..... 112
- 113. Number of adults completing training in terracing and other engineering extension schools, or completing plans for some major engineering improvement..... 113
- 114. Number of 4-H Club members enrolled..... { (a) Boys.....  
(b) Girls..... } 114
- 115. Number of 4-H Club members completing..... { (a) Boys.....  
(b) Girls..... } 115
- 116. Number of units improved by 4-H Club members:  
 (a) Acres terraced..... (c) Articles made.....  
 (b) Machines or equipment repaired..... (d) Equipment installed..... } 116

Engineering activities	Principal improvements being made	(a) Number of farms	(b) Number of units	(c) Total value of service or savings	
117. Terracing and erosion control.....			.....acres.	\$.....	117
118. Drainage practices.....			.....acres.		118
119. Irrigation practices.....			.....acres.		119
120. Land-clearing practices.....			.....acres.		120
121. Better types of machines.....			.....mach.		121
122. Maintenance and repair of machines <sup>1</sup> .....			.....mach.		122
123. Efficient use of machinery.....			x x x x x		123
124. All buildings constructed <sup>2</sup> .....			.....bldgs.		124
125. Buildings remodeled, repaired, painted <sup>2</sup> .....			.....bldgs.		125
126. Farm electrification <sup>2</sup> .....					126
127. Home equipment <sup>2</sup> .....					127
128. Total of columns (a) and (c).....	x x x x x		.....farms.....	\$.....	128

- <sup>1</sup> 129. Number of machines repaired as reported in question 122, by types:
- (a) Tractors..... (c) Harvesters and threshers.....
  - (b) Tillage implements..... (d) Other..... } 129

- <sup>2</sup> 130. Number of building and equipment improvements as reported in questions 124, 125, 126, 127, by types:
- (a) Dwellings constructed according to plans furnished.....
  - (b) Dwellings remodeled according to plans furnished.....
  - (c) Sewage systems installed..... (h) Dairy buildings.....
  - (d) Water systems installed..... (i) Silos.....
  - (e) Heating systems installed..... (j) Hog houses.....
  - (f) Lighting systems installed..... (k) Poultry houses.....
  - (g) Home appliances and machines..... (l) Other..... } 130

POULTRY, DAIRY CATTLE, BEEF CATTLE, SHEEP, SWINE, AND HORSES

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Poultry	(b) Dairy cattle	(c) Beef cattle	(d) Sheep	(e) Swine	(f) Horses and mules	
131. Number of method demonstration meetings held.....							131
132. Number of adult result demonstrations completed or carried into the next year.....							132
133. Number of animals involved in these completed adult result demonstrations.....							133
134. Total profit or saving on adult result demonstrations completed.....							134
135. Number of 4-H Club members enrolled..... <span style="display: inline-block; vertical-align: middle;">{ (1) Boys..... (2) Girls..... }</span>							135
136. Number of 4-H Club members completing..... <span style="display: inline-block; vertical-align: middle;">{ (1) Boys..... (2) Girls..... }</span>							136
137. Number of animals involved in 4-H Club work completed.....							137
138. Number of farms assisted in obtaining purebred sires.....							138
139. Number of farms assisted in obtaining high-grade or purebred females.....							139
140. Number of bull, boar, ram, or stallion circles or clubs organized <sup>1</sup> .....							140
141. Number of members in preceding circles or clubs.....							141
142. Number of herd or flock improvement associations organized or reorganized <sup>1</sup> .....							142
143. Number of members in these associations.....							143
144. Number of farms not in associations keeping performance records of animals..... (Use space below for State questions not listed above)							144

<sup>1</sup> Where less than half the membership resides within the county, do not report the circle, club, or association, but report the membership within the county under following questions.



FARM MANAGEMENT, CREDIT, INSURANCE, AND TAXATION

Report Only This Year's Extension Activities that are Supported by Records

145. Number of method demonstration meetings held.....	145	
146. Number of adult result demonstrations completed or carried into the next year.....	146	
147. Number of 4-H Club members enrolled in farm account work.....	147	
{ (a) Boys.....	}	
{ (b) Girls.....		
148. Number of 4-H Club members completing.....	148	
{ (a) Boys.....	}	
{ (b) Girls.....		
149. Number of farms keeping farm accounts throughout the year under supervision of agent.....	149	
150. Number of farms keeping cost-of-production records under supervision of agent.....	150	
151. Number of farms assisted in summarizing and interpreting their accounts.....	151	
152. Number of farms assisted in making inventory or credit statements.....	152	
153. Number of farm business or enterprise survey records taken during year.....	153	
154. Number of farms making recommended changes in their business as result of keeping accounts or survey records.....	154	
155. Number of other farms adopting cropping, livestock, or complete farming systems according to recommendations.....	155	
156. Number of farms advised relative to leases.....	156	
157. Number of farms assisted in obtaining credit.....	157	
158. Number of different farms assisted in using outlook or other timely economic information as a basis for readjusting farm operations (Use best judgment in making conservative estimate).....	158	
159. Number of farms in preceding question making readjustments in—	159	
(a) Wheat.....	(g) Dairy cattle.....	(m).....
(b) Corn.....	(h) Beef cattle.....	(n).....
(c) Cotton.....	(i) Hogs.....	(o).....
(d) Potatoes.....	(j) Sheep.....	(p).....
(e) Tobacco.....	(k) Poultry.....	(q).....
(f) Truck crops.....	(l).....	(r).....

(Use space below for State questions not listed above)

MARKETING (FARM AND HOME)

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Grain and feed	(b) Cotton	(c) Dairy products	(d) Livestock	(e) Fruits and vegetables	(f) Poultry and eggs	(g) Home products	(h) Other
160. Number of cooperative-marketing associations or groups <sup>1</sup> organized during the year.....								160
161. Number of cooperative-marketing associations or groups <sup>1</sup> previously organized assisted by extension agent this year.....								161
162. Membership in associations organized and assisted (161 and 162).....								162
163. Value of products marketed by all associations worked with.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	163
164. Value of supplies purchased by all associations worked with.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	164
Number of cooperative-marketing associations or groups assisted with problems of—								
165. Preliminary analysis.....								165
166. Organization.....								166
167. Accounting and auditing.....								167
168. Financing.....								168
169. Business policies.....								169
170. Production to meet market demand.....								170
171. Reduction of market losses.....								171
172. Use of current market information.....								172
173. Standardizing.....								173
174. Processing or manufacturing.....								174
175. Packaging and grading.....								175
176. Loading.....								176
177. Transporting.....								177
178. Warehousing.....								178
179. Keeping membership informed.....								179
180. Merging into larger units.....								180
Number of farms or homes not in cooperative associations or groups assisted with problems of—								
181. Standardizing.....								181
182. Packaging and grading.....								182
183. Use of current market information.....								183

(Use space below for State questions not listed above)

<sup>1</sup> Include independent local associations, units of federations, branches of centralized organizations, terminal sales agencies, production associations which do buying or selling, and curb and home demonstration club markets.



FOODS AND NUTRITION

Report Only This Year's Extension Activities that are Supported by Records

184. Number of method demonstration meetings held.....	74	184	
185. Number of adult result demonstrations completed or carried into the next year.....	48	185	
	Food selection and preparation	Food preservation	
	(a)	(b)	
	22	11	
186. Number of 4-H Club members enrolled.....	(1) Girls..... (2) Boys.....		186
	0	0	
187. Number of 4-H Club members completing.....	(1) Girls..... (2) Boys.....		187
	0	0	
	0	0	
188. Number of homes assisted in planning family food supply for a year.....	3	188	
189. Number of homes budgeting food expenditures for a year.....	0	189	
190. Number of homes balancing family meals.....	55	190	
191. Number of homes improving home-packed lunches according to recommendations.....	47	191	
192. Number of schools following recommendations for a hot dish or school lunch.....	17	192	
193. Number of children involved in preceding question.....	680	193	
194. Number of homes using improved methods in child feeding.....	28	194	
195. Number of individuals adopting recommendations for corrective feeding (such as weight control, anemia, pellagra, and constipation).....	613	195	
196. Number of jars of canned products preserved by 4-H Club members.....	0	196	

(Use space below for State questions not listed above)

<b>Keep Growing</b>		<b>Civil Works Service</b>
Number of communities.....	22	Administration School Lunch
Number of children.....	593	Number of communities... 5
% increase in number in good nutrition.....	17.14	Number of children.....521
% decrease in number in poor nutrition.....	-1.43	
% children in good nutrition.....	72.28	
% children in poor nutrition.....	5.82	
Number physical defects corrected	312	
% children having physical defects	76	
Number schools having hot lunches.	17	
Number schools having supervised lunch.....	22	

CHILD TRAINING AND CARE

Report Only This Year's Extension Activities that are Supported by Records

197. Number of method demonstration meetings held.....	30	197
198. Number of adult result demonstrations completed or carried into the next year.....	43	198
199. Number of groups devoting major part of program to child training and care.....	0	199
200. Membership in these groups.....	0	200
	(a) Girls.....	0
201. Number of 4-H Club members enrolled.....	(b) Boys.....	0
		201
	(a) Girls.....	0
202. Number of 4-H Club members completing.....	(b) Boys.....	0
		202
	(a) Girls.....	0
202½. Number of 4-H Club members not in special child training and care clubs who participated in definite child training and care work.....	(b) Boys.....	0
		202½
203. Number of homes improving habits of school children (other than reported under "Foods and Nutrition" and "Home Health and Sanitation").....	19	203
204. Number of homes substituting positive methods of discipline for negative ones.....	6	204
205. Number of homes providing recommended play equipment.....	0	205
206. Number of homes making recommended physical adjustments to better meet children's needs.....	13	206
207. Number of homes adopting better adult habits with respect to development of children.....	5	207

(Use space below for State questions not listed above)



CLOTHING

Report Only This Year's Extension Activities that are Supported by Records

208. Number of method demonstration meetings held.....	2	208
209. Number of adult result demonstrations completed or carried into the next year.....	171	209
210. Number of 4-H Club members enrolled.....	(a) Girls..... 41	210
	(b) Boys..... 0	
211. Number of 4-H Club members completing.....	(a) Girls..... 0	211
	(b) Boys..... 0	
212. Number of individuals following recommendations in improving construction of clothing.....	(a) Women..... 97	212
	(b) Girls..... 41	
213. Number of individuals using a clothing budget.....	(a) Women..... 0	213
	(b) Girls..... 41	
	(c) Boys..... 0	
214. Number of individuals making garments for themselves.....	(a) Women..... 153	214
	(b) Girls..... 41	
215. Number of individuals improving children's clothing according to recommendations.....	(a) Women..... 5	215
	(b) Girls..... 9	
216. Number of individuals following recommendations in improving care, renovation, and remodeling of clothing.....	(a) Women..... 49	216
	(b) Girls..... 29	

(Use space below for State questions not listed above)

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HOME MANAGEMENT

Report Only This Year's Extension Activities that are Supported by Records

217. Number of method demonstration meetings held.....	37	217
218. Number of adult result demonstrations completed or carried into the next year.....	171	218
219. Number of 4-H Club members enrolled.....	(a) Girls..... 0	219
	(b) Boys..... 0	
220. Number of 4-H Club members completing.....	(a) Girls..... 0	220
	(b) Boys..... 0	
220½. Number of 4-H Club members keeping personal accounts.....	41	220½
221. Number of homes keeping home accounts according to a recommended plan.....	0	221
222. Number of homes budgeting expenditures in relation to income according to a recommended plan.....	51	222
223. Number of homes following recommended methods in buying for the home.....	103	223
224. Number of women following a recommended schedule for home activities.....	0	224
225. Number of kitchens rearranged for convenience according to recommendations.....	2	225
226. Number of homes following recommendations in obtaining labor-saving equipment.....	6	226
227. Number of homes adopting recommended laundering methods.....	0	227
228. Number of homes adopting recommended methods in care of house.....	3	228
229. Number of homes assisted in an analysis of their home conditions with reference to a standard of living.....	0	229
230. Number of homes assisted in making adjustments in home making to gain a more satisfactory standard of living.....	0	230

(Use space below for State questions not listed above)

Supplementary Extension Work with Relief and Subsistence Families:

Number of communities.....	8
Number of families.....	171
Number of home visits made.....	239



HOME FURNISHINGS

Report Only This Year's Extension Activities that are Supported by Records

231. Number of method demonstration meetings held.....	1	231
232. Number of adult result demonstrations completed or carried into the next year.....	4	232
233. Number of 4-H Club members enrolled.....	{ (a) Girls..... 0 (b) Boys..... 0 }	}233
234. Number of 4-H Club members completing.....	{ (a) Girls..... 0 (b) Boys..... 0 }	}234
235. Number of individuals improving the selection of household furnishings.....	{ (a) Women..... 3 (b) Girls..... 0 }	}235
236. Number of individuals following recommendations in improving methods of repairing, remodeling, or refinishing of furniture.....	{ (a) Women..... 2 (b) Girls..... 0 }	}236
237. Number of individuals following recommendations in improving treatment of windows (shades, curtains, draperies).....	{ (a) Women..... 11 (b) Girls..... 0 }	}237
238. Number of individuals following recommendations in improving arrangement of rooms (other than kitchens).....	{ (a) Women..... 3 (b) Girls..... 0 }	}238
239. Number of individuals improving treatment of walls, woodwork, and floors.....	{ (a) Women..... 2 (b) Girls..... 0 }	}239

(Use space below for State questions not listed above)

Supplementary Extension Work with Relief and Subistence Families:

Number of communities..... 8

Number of families..... 171

Number of home visits made..... 229

HOME HEALTH AND SANITATION

Report Only This Year's Extension Activities that are Supported by Records

240. Number of method demonstration meetings held.....	33	240
241. Number of adult result demonstrations completed or carried into the next year.....	627	241
242. Number of 4-H Club members enrolled.....	{ (a) Girls..... 0 (b) Boys..... 0 }	}242
243. Number of 4-H Club members completing.....	{ (a) Girls..... 0 (b) Boys..... 0 }	}243
244. Number of 4-H Club members not in special health clubs who participated in definite health-improvement work.....	{ (a) Girls..... 67 (b) Boys..... 0 }	}244
245. Number of individuals having health examination on recommendation of extension workers.....	{ (a) 4-H Club members..... 37 (b) Others..... 598 }	}245
246. Number of individuals improving health habits according to recommendations.....	613	246
247. Number of individuals improving posture according to recommendations.....	135	247
248. Number of individuals adopting recommended positive preventive measures to improve health (immunization for typhoid, diphtheria, smallpox, etc.).....	0	248
249. Number of homes adopting better home-nursing procedure according to recommendations.....	31	249
250. Number of homes installing sanitary closets or outhouses according to recommended plans.....	0	250
251. Number of homes screened according to recommendations.....	0	251
252. Number of homes following other recommended methods of controlling flies, mosquitoes, and other insects.....	8	252

(Use space below for State questions not listed above.)



**COMMUNITY OR COUNTRY-LIFE ACTIVITIES**  
 Report Only This Year's Extension Activities that are Supported by Records

253. Number of communities assisted in making social or country-life surveys, or in scoring themselves or their community organizations.....	0	253
254. Number of country-life conferences or training meetings conducted for community leaders.....	0	254
255. Number of community groups assisted with organizational problems, programs of activities, or meeting programs.....	35	255
256. Number of communities developing recreation according to recommendations.....	7	256
257. Number of community or county-wide pageants or plays presented.....	2	257
258. Number of community houses, clubhouses, permanent camps, or community rest rooms established.....	0	} 258
	0	
259. Number of communities assisted in improving hygienic or public-welfare practices.....	23	259
260. Number of school or other community grounds improved in accordance with plans furnished.....	0	260
261. Number of 4-H Clubs engaging in community activities, such as improving school grounds, conducting local fairs, etc.....	3	261
261½. Total number of different communities assisted in connection with the community or country-life work reported on this page.....	7	261½

(Use space below for State questions not listed above)

.....

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**BEEES, WEEDS, HANDICRAFT, RABBITS, AND MISCELLANEOUS**

Under This Heading Report Other Lines of Work not Included in the Preceding Pages, Such as Bees, Weeds, Handicraft, and Similar Work, i. e., any Other Information that can be Reported Statistically and that Will Help to Give a Complete Account of the Year's Work

Item	(a) Bees	(b) Weeds	(c) Handicraft	(d) Rabbits	(e) Other clubs	
262. Number of method demonstration meetings held.....	0	0	0	0	0	262
263. Number of adult result demonstrations completed or carried into next year.....	0	0	0	0	0	263
264. Number of 4-H Club members enrolled.....	(1) Boys.....	0	0	0	0	} 264
	(2) Girls.....	0	0	0	0	
265. Number of 4-H Club members completing.....	(1) Boys.....	0	0	0	0	} 265
	(2) Girls.....	0	0	0	0	



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UNIVERSITY OF NEVADA  
AGRICULTURAL AND HOME ECONOMICS  
EXTENSION DIVISION

\*\*\*\*\*

ANNUAL NARRATIVE REPORT  
OF  
HOME ECONOMIC ACTIVITIES  
IN  
ELKO COUNTY

by  
MARGARET BRENNER  
COUNTY EXTENSION AGENT

November 1, 1933

to

June 1, 1934



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## FOREWORD BY EXTENSION AGENT

June 1, 1934, finds the agent completing nearly three and one-half years' interesting work in the Nevada Extension Service. In that period of time there have been many changes in home demonstration projects and in the method of presenting them, due largely to the emergency conditions arising from the severe economic depression of this decade. Nevada has had a history of financial prosperity in mining and agricultural industries, probably unmatched anywhere in the United States, and the depression has been late in affecting this area. When the old time incomes suddenly began a landslide to nothingness the affect was acute and the adjustment has required all the ingenuity possible from the Extension Service and its cooperators.

It has been a real struggle to teach Nevada people to produce their living at home, to grow a good vegetable garden and preserve its products, to make and remodel clothing, to safeguard the health of the family by simple living rather than by doctor bills and to find enjoyment and entertainment at little cost in the home or community instead of in much spending in cities on the coast. At times it has seemed such an unsurmountable task that the agent has wondered if trying was worthwhile. But in the past few years economic conditions have been acute enough to interest these people in doing anything which would decrease their cash expenditures, and the result has been that they are beginning to find a real satisfaction in being able to produce most of their living at home. The Nevada-Live-at-Home Plan is a project which is being correlated with food production and preservation, clothing selection, construction and care; nutrition and health, home improvement and also recreation. It is hoped that the good such a campaign can bring in solving the problems of economic and social adjustments will be of lasting as well as temporary value to Nevada people.

It is with pleasure and a sense of gratitude that the agent now leaves a position which has given her a little better than three years' rich and interesting experiences and the hope that possibly in return she has helped some of the people of the county to live better and more economically in making a much needed adjustment. Best wishes are extended that the service may carry on with increasing efficiency and good results.

MARGARET BRENNER  
County Extension Agent



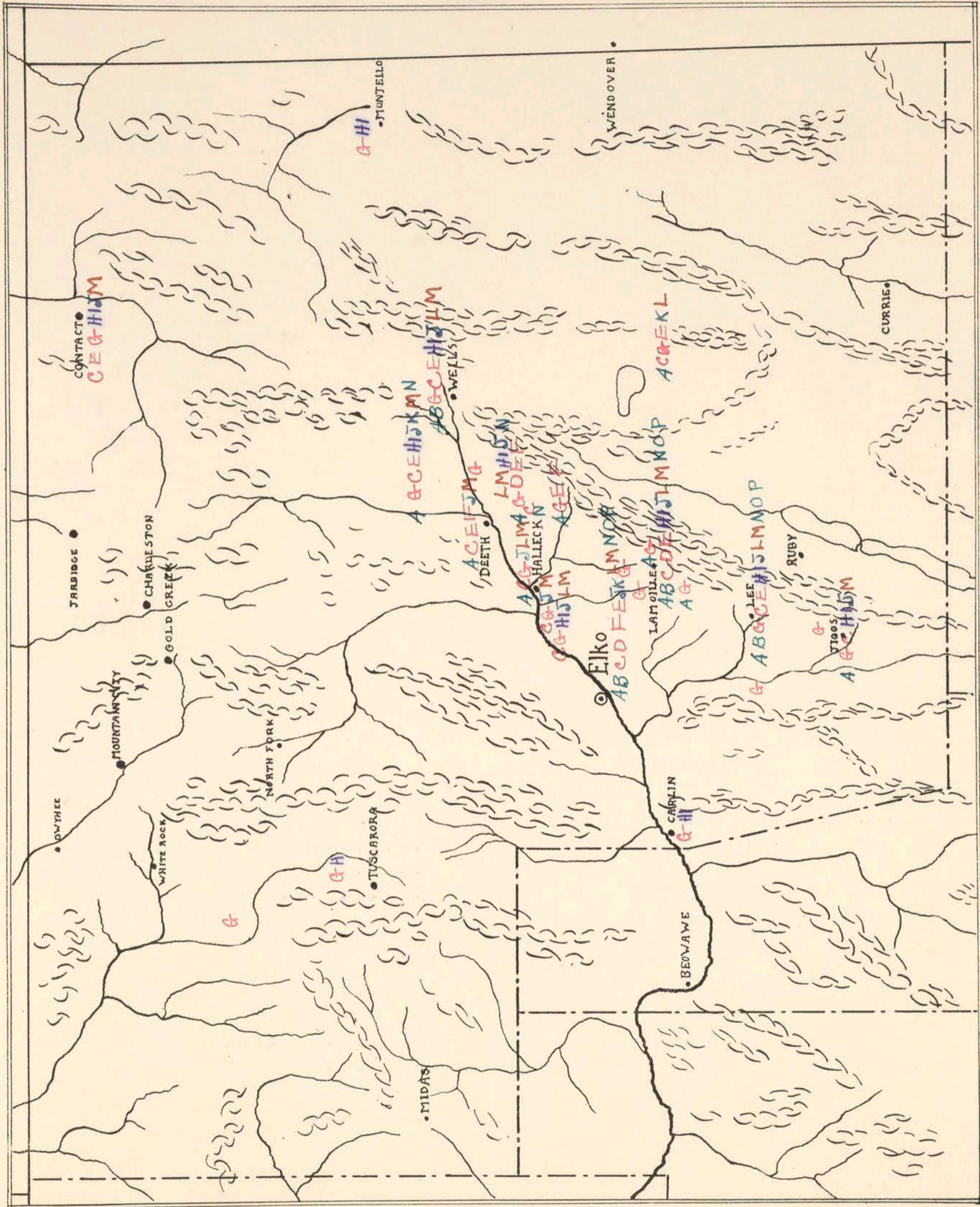
DISTRIBUTION OF AGENT'S TIME

Keep Growing	39%
Food Selection and Preparation	3%
Gardens and Yard Improvement	1½%
Pre-school Projects	5%
Clothing Selection & Construction and Children's Clothing	½%
Home Management	7½%
Agricultural and Civic Problems	½%
Homemakers' Clubs	3½%
Farm Bureau Cooperation	3½%
Relief Work	1½%
4-H Clubs: Foods 10%; Clothing 6%; Canning ½%	16½%
Miscellaneous	18%

DISTRIBUTION OF TIME BY DAYS

Total number of days...	176	Home Management.....	13
Days in field.....	95¼	(Supplementary Extension Work Included)	
Days in office.....	80¼	Agricultural and Civic Problems.....	1
Keep Growing.....	68½	Homemakers' Clubs.....	(6½) 6½
(CWSA School Lunch Included)		Farm Bureau.....	6½
Adult Food Preservation ½		Relief Work.....	(6½) 2
Food Selection and Preparation.....	4	Recreation.....	(1)
Gardens and Yard Improvement.....	2½	4-H Club.....	28½
Pre-school work.....	9	Foods Club.....	17
Clothing Selection and Construction.....	1	Clothing Club.....	10½
(Children's Clothing Included)		Canning Club.....	1
		Miscellaneous.....	32





- A Gardens
- B Yard Improvement
- C Food Sel + Prep.
- D 4-H Foods club
- E Food Pres.
- F 4-H Food Pres.
- G Keep Growing
- H Prepare for School
- I Pre-School Home Dem.
- J Clothing
- K 4-H Clothing club
- L Home Improvement
- M. Home Management
- N. Farm Bureau
- O. Homemakers' Clubs
- P Agri + Civic Prob



## III. STATUS OF COUNTY EXTENSION ORGANIZATION

The County Extension organization cooperates with and works under the County Farm Bureau Board composed of three men and two women.

## (1). Form of Organization.

This organization is made of three Extension agents, two having charge of the work of the men and one having charge of the work of the women and school children. The work is under the dual supervision of the State Director of Extension and two assistant directors. The assistant director of the women's work is also the State nutrition specialist. The women's work is organized as Homemakers' Clubs and the school children are cared for under the major nutrition project known as Keep Growing.

Community Organization: Each club has its president, vice-president, secretary-treasurer and project leaders, the latter having charge of the different phases of the work. Since the distances between the communities are so great it is seldom possible to have county leaders' meetings. One club holds its meeting in a community hall, and the other three hold their meetings in the homes of members or in school houses. Two clubs hold two meetings per month, one business and one social while two hold a meeting just once a month which serves as both a business and social meeting.

## (2). Function of Different Bodies in the Development of program work.

A committee, comprised usually of the local leaders, meets and selects a program of work with the county agent. It is then presented to the club, discussed and often revised before it is accepted.

## (3). General Policies.

Cooperation: The County Extension agents have the splendid support of the State Extension office. Director C. W. Creel, serves in a supervisory capacity, Assistant Director, Mary S. Byol, also supervises the women's work, Assistant Director, Thomas Buckman is head of the boys' and girls' club work.

In the county, the Elko and Wells Chamber of Commerce, the County Medical Association, the Twentieth Century Club, the Rotary Club, other federated clubs and the Elko County Fair Board and many of the school boards have cooperated, and in return we have given valuable service to them. We have an office in the Elko Federal Building.



## III. STATUS OF COUNTY EXTENSION ORGANIZATION (continued)

Publicity: County and state-wide publicity of our work is taken care of by news items in the local papers and by mimeographed narrative reports sent to those interested in agriculture and home economics throughout the county. The local papers have cooperated splendidly and have been of valuable assistance in making a great many of our projects successful. Professor A. L. Higginbotham, of the University Extension Service, has aided us greatly in state-wide publicity.

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## IV. PROGRAM OF WORK

## (1). Factors considered and Methods Used in Determining Program of Work.

Elko County is situated in the northeastern part of the State of Nevada, and covers over 17,059 square miles, with some 4,000 miles of roads to be traveled by the agent in reaching all of the communities. These communities range from twenty-three to 125 miles from the main office at Elko. About 1,500 miles per month is the average distance traveled by the agent.

Each Homemakers' Club meets, discusses the program of work and then decides upon the program for the year, appointing project leaders for each phase of the work. Typewritten or printed programs are furnished each member and the programs are carried out as nearly as possible. The 4-H Clubs are sponsored by the Homemakers in a number of the communities.

In the school health work a local leader is appointed who carries on the project when the agent is not able to visit the community.

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GOALS AND COMPLETIONS TO DATE

(\* shows that the project has been completed;  
 - shows that the project is as yet unfinished)

(f) Home Gardens and Home Beautification.

1. Adequate Gardens (Campaign Stage) State office #37,  
 County #2.

<u>Goals</u>	<u>Completions</u>
15 communities.....	15
30 result demonstrations.....	24
150 families adopting improved practices.....	-
Work with families securing FERA garden seeds.....	*
Encourage town subsistence gardens; correlate with Live-at-Home plan campaign.....	*

2. Green Leaf Vegetables, Variety Tests, State office #117,  
 County #37.

<u>Goals</u>	<u>Completions</u>
24 Test plots: 3 of each of the following:	
Spinach.....	8
Tender greens.....	5
Swiss chard.....	11
Peppers.....	2
Asparagus.....	0
Corn salad.....	2
Endive.....	3
Chard.....	9

3. Home Grounds Improvement - Elko and Wells, State office #55, County #20.

<u>Goals</u>	<u>Completions</u>
4 new result demonstrations.....	-
Continue work with old demonstrators.....	-
25 homes adopting improved practices.....	-

4. County-wide Farm Grounds Improvement, State office #121,  
 County #20.

<u>Goals</u>	<u>Completions</u>
2 communities.....	1
6 result demonstrations.....	1
2 new result demonstrations.....	-
1 Flower show.....	-



GOALS AND COMPLETIONS TO DATE (continued)

(q) Foods and Nutrition.

1. Food Selection and Preparation, (Demonstration Stage)  
State office #36, County #1.

<u>Goals</u>	<u>Completions</u>
7 communities.....	7
(Keep Growing communities.....	22)
30 result demonstrations.....	18
200 families following Live-at-Home Plan.....	-
Emphasize low cost meals, definite market orders, use of tomatoes, dried beans, salt pork, corned beef, inferior cuts of meat and simple milk desserts. ....	*
Cooperate with FERA on relief and subsistence family problems.....	*
2. 4-H Club Food Selection and Preparation, State office #41, County #6.	

<u>Goals</u>	<u>Completions</u>
3 communities.....	3
4 clubs.....	4
30 members.....	22
4 demonstration teams.....	-
85% completions.....	-

3. Food Production and Preservation (Demonstration  
Stage), State office #38, County #3.

<u>Goals</u>	<u>Completions</u>
6 communities canning with pressure cookers...	7
5 communities canning in tin.....	2
5 communities evaporating products.....	-
25 result demonstration on food preservation budgets.....	-
6 meetings.....	-
100 families adopting improved practices.....	-
Emphasis on canning with pressure cooker and in tin; on making cheese, soap, vinegar, curing meats.....	-
200 families adopting the Live-at-Home plan.....	-

4. 4-H Food Preservation, State office #42, County #7.

<u>Goals</u>	<u>Completions</u>
2 communities.....	3
1 club (county-wide).....	1
10 members.....	11
8 meetings.....	-



GOALS AND COMPLETIONS (continued)

<u>Goals</u>	<u>Completions</u>
25% completions .....	-
Emphasis on canning budgets.....	-
5. Keep Growing (Campaign Stage), State office #39, County #4.	

<u>Goals</u>	<u>Completions</u>
23 community demonstrations.....	22
600 children involved.....	593
10% children free from physical defects.....	26%
40% children in good nutritional condition.....	72.28%
3 gold star schools.....	5
10 silver star schools.....	13
10 Achievement days.....	10

(r) Child Training and Care.

1. Prepare for School Round Up, State office #169, County #46.

<u>Goals</u>	<u>Completions</u>
6 communities.....	10
12 meetings.....	3
30 children involved.....	-

2. Pre-school Home Demonstrations, State office #168, County #45.

<u>Goals</u>	<u>Completions</u>
6 communities.....	9
12 meetings.....	28
10 result demonstrations.....	-
30 children involved.....	-
20 families adopting improved practices.....	-
Emphasis on protection against the effects of the depression.....	*

(s) Clothing.

1. Clothing Selection and Construction, State office #58, County #23.

<u>Goals</u>	<u>Completions</u>
7 communities.....	7
100 result demonstrations.....	171
Cooperation with relief agencies and FERA...	*
Emphasis on remodeling.....	*



GOALS AND COMPLETIONS (continued)

2. 4-H Clothing Selection and Construction, State office #64, County #29.

<u>Goals</u>	<u>Completions</u>
3 communities.....	3
24 meetings.....	14
3 clubs.....	4
30 members.....	41
3 demonstration teams.....	-
10 judging teams.....	-
85% completions.....	-
Emphasis on remodeling and care and wearing qualities.....	*

3. Children's Clothing, State office #60, County #25.

<u>Goals</u>	<u>Completions</u>
5 communities.....	8
5 meetings.....	1
10 result demonstrations.....	-
15 families adopting improved practices.....	-

(t) Home Management.

1. Nevada Live-at-Home Plan, State office #241, County #48.

<u>Goals</u>	<u>Completions</u>
5 communities.....	7
150 result demonstrations.....	171
100 families adopting improved practices.....	-
Emphasis on buying foods and clothing for quality as well as cost.....	*

(u) Home Furnishings.

1. Home Improvement - Interior, State office #46, County #11.

<u>Goals</u>	<u>Completions</u>
No goals set up this year due to economic conditions; however, all requests are being met; results to date are:	
Kitchens improved.....	2
Other rooms improved.....	7



GOALS AND COMPLETIONS (continued)

(w) Community Activities.

1. 4-H Club Work, County-wide, State office #65, County #30.

<u>Goals</u>	<u>Completions</u>
5 communities.....	6
70 club members.....	67
40 meetings.....	32
7 clubs.....	8
85% completions.....	-

2. Fairs and Exhibits, State office #69, County #34.

<u>Goals</u>	<u>Completions</u>
1 County fair.....	-
200 exhibitors in women's department.....	-
500 entries.....	-
1 flower show.....	-
100 exhibitors in flower show.....	-

3. Agricultural and Civic Problems, State office #251, County #50.

<u>Goals</u>	<u>Completions</u>
4 communities.....	2
Appointment of leaders in communities to lead in various phases of agricultural and civic problems.....	*

4. Recreation, State office #66, County #31.

<u>Goals</u>	<u>Completions</u>
7 communities.....	6
4 communities (4-H).....	5

5. Relief Work, State office #242, County #49.

<u>Goals</u>	<u>Completions</u>
6 communities.....	32
Cooperate with FERA, CWA, and local relief agencies.....	*
Supervise CWA school lunch project.....	*
Direct and supervise local leaders in Supplementary Extension Work.....	*
Cooperate with CWS nursing service.....	*



## GOALS AND COMPLETIONS (continued)

## 6. Farm Bureau Cooperation, State office #122, County #42.

<u>Goals</u>		<u>Completions</u>
6	Board of Directors meetings.....	4
5	Regional meetings.....	2
10	community meetings .....	15
1	meeting in each commodity department.....	-
1	annual picnic.....	-
1	annual County meetings.....	-
75	memberships.....	33



## (f) Home Gardens and Home Beautification.

## NUTRITION

## Adequate Gardens

Due to practically no snowfall during the past winter, and to the little spring rain, there has not been sufficient moisture to make it possible to have an extensive garden project this year. However, nearly every ranch has a little garden for summer use, and in many cases, one large enough to permit the canning of vegetables for next winter's food supply.

Adequate gardens which include four green leafy vegetables, three root, two pod and three miscellaneous vegetables are being planted in the following communities:

Elko	Lee
Jiggs	Halleck
Elburz	Wells
Metropolis	Sprucemont
Independence Valley	Ryndon
Clover Valley	O'Neill
Carlin	Deeth
Fort Halleck	

Special demonstrators are here listed:

<u>Demonstrator</u>	<u>Community</u>
Mrs. Brig Lewis	Sprucemont
Mrs. H. R. Gilmer	Metropolis (O'Neill Community)
Mrs. Thurston	Metropolis
Mrs. F. A. Gerber	"
Mrs. George Terry	"
Mrs. Marjorie Holbrook	"
Mrs. H. Bolton	Lee
Mrs. Beatrice Clayton	"
Mrs. Jessie Dewar	"
Mrs. Clark Drown	"
Mrs. George Glaser	Elburz
Mrs. Walter Glaser	"
Mrs. Clarence Glaser	Halleck
Mrs. Beatrice Keating	Ryndon
Mrs. B. Winrow	Deeth
Mrs. Irwin Griswold	"
Mrs. L. B. Jeanney	"
Mrs. W. Helth	"
Mrs. Edgar Hylton	"
Mrs. Don Riddell	"
Mrs. Sim Davis	"
Mrs. Carroll Burner	Elko
Mrs. Marquerite Foster	"
Mrs. Joseph Walthers	Fort Halleck



## (f) Home Gardens and Home Beautification.

## Adequate Gardens (continued)

In connection with the local relief agencies' work, a sub-project on relief and subsistence gardens has been started this spring. Garden seed to the amount of three dollars' value are being given to all relief and subsistence families which have ground and water for a garden. At present, one such disbursement has been made, Mrs. Winrow of Deeth, is to have one of these gardens.

The following is a typical order for garden seeds for these relief or subsistence gardens:

110 lb. seed potatoes.....	\$1.30
4 oz. green or wax beans.....	.10
4 oz. sweet corn.....	.10
6 oz. peas.....	.15
1 oz. beets.....	.10
1 oz. cabbage.....	.10
1 oz. carrots.....	.10
1 oz. kale.....	.10
1 oz. lettuce.....	.15
1 oz. Swiss chard.....	.10
1 oz. onions.....	.20
1 oz. parsnips.....	.10
1 oz. radishes.....	.10
1 oz. rutabagas.....	.10
1 oz. squash.....	.10
1 oz. turnips.....	.10
TOTAL.....	\$3.00

Those amounts should plant from one-fourth to one-half acre of garden depending upon the fertility of the soil, and the amount of water available.

## Summary of results to date:

Number of communities.....	15
Number of result demonstrations.....	24
Number days devoted to work by agent.....	1
Number days devoted to work by specialist..	$\frac{1}{2}$
Number news articles published.....	0
Number home visits made.....	5
Number office calls.....	8



## (f) Home Gardens and Home Beautification.

## NUTRITION

## Adequate Gardens

## Variety Tests Green Leaf Vegetables

It is impossible at this time to know how good a year we will have for growing green leafy vegetables. There is very little snow in the mountains for irrigation, and the spring rains have not been sufficient to provide moisture for extensive gardening. However, the ranchers are all planting several green leaf vegetables in their adequate gardens, and if the season permits, there will be considerable canning of green vegetables in the fall.

The popular green leafy vegetables planted are: spinach, kale, Swiss chard, beets and turnips (for tops), lettuce and onions.

The following communities are involved in this project: Elko, Lamoille, Elburz, Halleck, O'Neill, Metropolis, Lee, Fort Halleck, Deeth and Independence Valley.

## Summary of results to date:

Number of communities involved.....	10
Number demonstrators.....	24
Number days devoted to work by agent.....	1
Number home visits made.....	5
Number office calls.....	8

Note: This work was accomplished along with that of the adequate garden project.



## (f) Home Gardens and Home Beautification.

## HOME GROUNDS IMPROVEMENT

## Elko and Wells

The home grounds improvement work is being gradually taken over by the men agents' projects in that practically all of the work consists of requests for assistance in landscaping, selecting plants, pest and blight control and information on pruning shrubs and trees.

Considerable work in home grounds beautification is being done in both Elko and Wells, and a complete report of what is being accomplished will be found in Mr. Mark Menke's report for the year, since he is specialist in horticulture and related subjects.

## Summary of results to date:

Number of communities involved.....	2
Number of days devoted to project by agent.....	0



(f) Home Gardens and Home Beautification.

HOME GROUNDS IMPROVEMENT

County-wide Farm Yard Improvement

Like the Elko-Wells project on home grounds beautification, the Farm Yard Improvement work is being absorbed by the projects in this type of work being carried on by the Extension specialist in Horticulture, Mr. Menke.

Mrs. Bert Harmer of Lamoille, is making some note worthy improvements in her yard and there are a number of other ranch homes which are also interested in beautifying their grounds.

Summary of results to date:

Number of communities.....	1
Number of demonstrators.....	1



(q) Foods and Nutrition.

NUTRITION

Food Selection and Preparation

This is always a popular subject since every woman is interested in new recipes, and in how to prepare some food in a different manner for her family. Again emphasis is being placed on low cost menus, marketing orders and recipes. Through the temporary Civil Works Administration project on Supplementary Extension Work, 171 families were visited and twelve method demonstrations were given, also a large number of low cost recipes, menus and marketing orders were distributed.

The communities and their leaders which are interested in this project are as follows:

<u>Community</u>	<u>Leader</u>
Contact .....	Mrs. L. L. Wilcox
Metropolis .....	Mrs. Marjorie Holbrook
Wells, .....	Mrs. Nancy Felts
Deeth and Starr Valley ..	Mrs. Leona Griswold
	Mrs. Margaret Grover
Elko .....	Mrs. Artie Truett
	Mrs. Winona Drown
Lee and Lamoille .....	Mrs. Jessie Dewar

Through the Homemakers' clubs, three method demonstrations have been given. In December, the Lamoille group had a meeting on making Christmas candy from dried fruits and in Elko, a demonstration was given on fruit desserts and salads. Once a month at Lamoille, one of the homemakers has been giving a luncheon for the club. These luncheons are well planned and served and are good result demonstrations on meal planning and serving.

Food Selection and Preparation is also stressed through the health work in the Keep Growing demonstration in the twenty-two communities where that work is carried on. Special dietary advice has been given to 637 persons on weight control, nutritional anemia, thyroid, constipation, nephritis and eczema.

Summary of results to date:

Number of communities carrying on project.....	7
Number of leaders assisting (adult).....	7
4-H club.....	6
Keep Growing.....	22
Number of days devoted to work by agent.....	4
Number method demonstrations given.....	15
Number result demonstrations carried on.....	18
Number news stories.....	1
Number home visits.....	4
Number office calls.....	7



(q) Foods and Nutrition.

NUTRITION

4-H FOOD SELECTION AND PREPARATION CLUB

There has been a decrease in the enrollment of club members in this project this year largely due to the difficulty in obtaining adequate leadership and also due to the fact that the prizes offered in the clothing projects have been more attractive than those offered in foods.

However, standard clubs have been organized in Elko, Lamoille and Starr Valley, and in each community a high standard of work is promised. In Starr Valley, six club girls are taking up their fourth year of Food Selection and Preparation projects and are concentrating on break making. In this community, and at Lamoille, it has been very difficult to secure a leader so a plan of having a committee of local leaders is being carried out. There are three women in each community who alternate in leading the club.

The following table shows the enrollments by communities and projects and their leaders:

COMMUNITY	LEADERS	ENROLLMENTS BY YEAR			
		1st	2nd	3rd	4th
Elko		3			
Lamoille	Mrs. Scott Griswold		3	1	
	Mrs. Bert Harmer	9			
	Mrs. Lou Leberski				
Starr Valley	Mrs. Ray Eagers				
	Mrs. L. B. Jeanney				6
	Mrs. W.W. Weathers				
	Mrs. E. Black				
ENROLLMENT TOTALS.....		12	3	1	6
GRAND TOTAL FOOD SELECTION & PREPARATION			22		

Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	7
Number of members enrolled.....	22
Number of days devoted to work by agent.	17
Number of meetings held.....	35
Number method demonstrations held.....	11
Number news stories published.....	7
Number of home visits.....	26
Number of office calls.....	39



## (q) Foods and Nutrition.

## FOOD PRESERVATION

At this early date it is impossible to report that anything has been accomplished in food preservation. However, ranchers are planting as large and varied gardens as the season and amount of moisture will permit in that hope that they can preserve vegetables and fruits for next winter's use. One family has just purchased a tin can sealer and is making arrangements to order a stock of tin cans which will provide for everything they wish to can.

Again emphasis is being placed on canning all non-acid vegetables and meats with the pressure cooker to avoid the possibility of Botulinus poisoning; and on canning in tin. The program this year also stresses storage of as many vegetables as possible instead of canning them because there is a certain amount of danger of accidents from burns and explosions in any canning process.

A list of the women most interested in food preservation is as follows:

Deeth

Mrs. Everett Black  
Mrs. Joe Jeanney  
Mrs. L. B. Jeanney  
Mrs. Sim Davis  
Mrs. Edgar Hylton  
Mrs. William Helth  
Mrs. Lyle Beeney

Lamoille

Mrs. C. H. Reinken  
Mrs. Irwin Leberski  
Mrs. Bert Harmer  
Mrs. Effie McKinney  
Mrs. Fred Voight

Jiggs

Mrs. William Peters  
Mrs. E. G. Arnhold

Fort Halleck

Mrs. Joseph Walthers

Metropolis

Mrs. George Terry  
Mrs. F. A. Gerber  
Mrs. Thurston  
Mrs. Marjorie Holbrook

Lee

Mrs. Jessie Dewar  
Mrs. Beatrice Clayton  
Mrs. George Ogilvie  
Mrs. Clark Drown

Halleck

Mrs. Walter Glaser  
Mrs. George Glaser

Since it is too early to preserve or store food, there is no summary of results.



## (q) Foods and Nutrition.

## 4-H FOOD PRESERVATION CLUB

Since the number of girls enrolled in this project are scattered over the County and range from only two to five in a community, a county-wide club has been organized. At this date, ten girls are enrolled and are listed by communities as follows:

Starr Valley  
Virginia Black  
Margie Black  
Ruth Jeanney  
Esther Marian Weathers  
Eleanor Weathers

Fort Halleck  
Beulah Walthers  
June Walthers

Elko  
Orrine Sawyer  
Pansy Clark  
Lois Wallace

Mrs. Everett Black of Deeth, and Miss Florence Walthers of Fort Halleck are leaders in this project. All of these club members intend to can fruits and vegetables for exhibits at the County 4-H Club Achievement Day, the State Club Encampment, the local County Fair, and if possible, for some of the National canning contests.

## Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	2
Number of club members enrolled.....	10
Number method demonstrations given.....	1
Number days devoted to project by agent....	1
Number news stories published.....	1
Number home visits made.....	2
Number office calls.....	1



## (g) Foods and Nutrition.

## KEEP GROWING

This year the school child health work under the new program of the Keep Growing demonstration which includes a more complete analysis of nutritional and physical condition of the children shows greater progress in Elko County than ever before. With financial conditions reaching the most critical point than in any period in the history of our County, the forecast early in the fall was not encouraging. However, with the united efforts of women's organizations, school trustees, parents, teachers and children, and with the very timely aid of the Civil Works Service Administration which carried on the hot lunch project, and the nursing service, we are proud to report a great improvement in the school health conditions all over the County.

Twenty-two communities have been involved in the Keep Growing project this year with a total of 584 children completing the demonstration. Hot lunches have been served in 17 of these communities in one way or another. Carlin, Metropolis, Contact, and Wells have had the Civil Works Service Administration hot lunch project under the very able supervision of Mrs. Alice Murdock. The Elko schools were also included in this project, but are not enrolled in the Keep Growing demonstration. In thirteen schools milk has been served at noon or recess, thus helping the children to gain more regularly. Child Health Day was celebrated in ten communities with a total of 1193 adults and children attending the programs which shows the growth of interest in child health and the cooperation of women's organizations which sponsored these programs.

This year, Elko County can boast 13 schools or nearly 59% of the Keep Growing communities, qualifying for a silver star certificate since they have at least 75% of their children in good nutritional condition, and not more than 10% in poor nutrition. Five of these schools are rated as gold star communities since they also meet the sanitary requirements of safe drinking water, good toilets and good hand washing facilities. The silver star communities are: Elburz, Jack Creek, Metropolis, Panama, Rabbit Creek, Smith Creek, South Fork, Spanish Ranch. The gold star schools are: Boulder, Carlin, Contact, Montello and Sprucemont. The percentage of total individual children in the County in good nutritional condition has increased from 55.14 to 72.28 this year. This is an increase of 17.14% which is over one and one half times the State goal. In the fall, 19% of these youngsters were gold star children, and in the spring 36% or nearly twice the number had this distinction. These figures indicate the tremendous improvement during the year in the children's health.



(q) Foods and Nutrition.

KEEP GROWING (continued)

Another very important factor in securing these remarkable results has been the correction of physical defects which is so necessary before the children are free to gain. During the past year we find that 312 defects have been corrected which leaves 139 children or nearly 24% free from apparent defects.

Montello leads the list with a total of 98 corrections in a school of 75 children. This is the best record of physical defect corrections that Elko County has ever had, and no doubt is due to the cooperation of parents, teachers and sponsoring organizations such as the Women's Relief Society, P.T.A. and other agencies.

The aid of the Civil Works Service Administration nursing service which loaned us Mrs. Stella Hostetler who has inspected the children in the Keep Growing project for physical defects has meant a great deal in completing our work so satisfactorily this year. Mrs. Hostetler's service has been invaluable in determining defects, making contacts with local doctors and in following up the most urgent cases.

Sincere appreciation is extended to all teachers, local leaders, parents and to Mrs. Hostetler who have so willingly helped to make the Keep Growing demonstration so successful this year. The enthusiasm and cooperation of these people have been largely responsible for the follow-up work and for the fine health teachings in the schools.

Summary of results:

Number of children included.....	593	
Number of children completing.....	534	or 98.48%
Number leaders assisting with project.....	24	
Number days devoted to work by agent.....	61	
Number news stories published.....	2	
Number home visits.....	40	
Number method demonstrations held.....	45	
Number result demonstrations carried on.....	22	
Number children in good nutritional condition.	422	or 72.28%
Number children in fair nutritional condition.	128	or 21.92%
Number children in poor nutritional condition.	34	or 5.82%
Number physical defects corrected.....	312	
Number silver star communities.....	13	
Number gold star communities.....	5	
Number schools having hot lunches.....	17	
Number schools serving milk.....	13	
Number schools having safe drinking water.....	12	
Number schools having good toilets.....	16	
Number schools having good handwashing facilities.....	14	
Number communities observing Child Health Day.	10	
Attendance.....	1193	



ELKO COUNTY SUMMARY FOR THE YEAR 1933 to 1934  
COMMUNITY AND COUNTY RESULTS COMPARED TO STATE GOALS

COMMUNITIES	CHILDREN		ANNUAL STATE GOALS				ULTIMATE STATE GOALS			
	#Ex.	#Comp.	%Comp.	Increase in number of ch. in Good Nutri- tional Con- dition. State goal + 5%	Decrease in number of ch. in Poor Nutri- tional Con- dition. State goal - 5%	Number of physical defects corrected State goal 10%	% of child- ren in Good Nutritional Condition. State goal 75%	% of child- ren in Poor Nutritional Condition. State goal 10% or less	% of child- ren who show evidence of physical de- fects. Temporary State goal 90% or less	
Boulder °°	15	15	100.00	+26.67%	+6.66%	7	86.67%	6.66%	26.67%	
Carlin °°	128	129	100.77	+13.46	-3.14	58	75.96	3.11	16.28	
Contact °°	55	50	90.90	+38.00	-8.18	22	78.00	10.00	34.00	
Elburz °	10	12	120.00	+25.00	-10.00	3	75.00	0.00	0.00	
Ft. Halleck	7	7	100.00	+14.29	0.00	12	57.14	0.00	42.86	
Halleck	8	8	100.00	+12.50	-12.50	1	62.50	12.50	12.50	
Humboldt	5	5	100.00	0.00	-20.00	4	60.00	20.00	40.00	
Jack Creek °	10	8	80.00	+15.00	0.00	3	75.00	0.00	0.00	
Jiggs	6	5	83.33	+60.00	+3.33	3	60.00	20.00	60.00	
Lamoille	26	26	100.00	+26.92	-3.85	18	65.38	11.54	7.70	
Lee	9	10	111.11	+3.33	+20.00	3	70.00	20.00	30.00	
Metropolis °	37	37	100.00	+27.02	+2.71	7	75.67	2.71	27.92	
Montello °°	83	75	90.36	+9.74	-3.60	98	76.00	1.33	40.00	
North Starr	9	9	100.00	0.00	+3.33	2	22.22	33.33	0.00	
Panama °	5	3	60.00	+80.00	0.00	1	100.00	0.00	0.00	
Rabbit Creek °	6	5	83.33	0.00	0.00	3	100.00	0.00	0.00	
Ryndon	13	8	61.53	-6.73	+12.50	7	62.50	12.50	25.00	
Smith Creek ° x	4	5	120.00	-20.00	0.00	3	80.00	0.00	0.00	
South Fork ° x	5	5	100.00	0.00	0.00	2	100.00	0.00	20.00	
Spanish Ranch °	6	3	50.00	+33.33	0.00	2	100.00	0.00	0.00	
Spruce Mont °°	6	6	100.00	+50.00	0.00	11	100.00	0.00	33.33	
Wells	140	153	109.28	+13.22	-1.32	42	65.36	6.54	25.49	
COUNTY										
TOTALS	593	584	98.48	+17.14%	-1.43%	312	72.28%	5.82%	23.81%	

° Silver Star Community  
°° Gold Star Community  
° x Star Community all year



(q) Foods and Nutrition.

KEEP GROWING

Boulder, Elko County

A Gold Star Community

Number of children enrolled in fall..... 15  
 Number of children completing demonstration.... 15 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	86.67%
Number in fair nutritional condition	40.00	6.66
Number in poor nutritional condition	00.00	6.66
	<u>100.00%</u>	<u>99.99%</u>
Children having physical defects.....	73.33%	73.33%
Total number of defects corrected.....		7

For two years now, Boulder has been a gold star community because it has had at least 75% of its children in good nutritional condition and less than 10% have been in poor nutritional condition. Since last September, this school has increased its number of children in good nutrition 16.67%, which is three times the State goal. At the close of the school year, this community could boast 40% of its children as gold star youngsters since they were in a good state of nutrition and had no very serious physical defects. Boulder has also the proud record of having nearly 27% of its children free from apparent defects. During the year there has been some correction of defects; four children have improved their posture and three have had dental work done.

Through the CWS nursing service, the Boulder school children were inspected for physical defects by Mrs. Stella Hostetler, the County nurse and quite a number of the youngsters were found to need medical and dental attention. It is hoped that in the next year many of these newly discovered defects can be corrected.

For several years, this school has had health work as a part of the regular curriculum and the children have become health conscious and eager to do everything within their power to improve their individual physical conditions. They have brought well-balanced lunches to school, have included milk, fruit and vegetables in their diets and during the cold weather brought soups, cocoa and other foods which could be reheated at school to provide a hot lunch.

Instead of having the regular health day program this year, Boulder held a track meet on the last day of school in which healthful sports and games were emphasized.



## (q) Foods and Nutrition.

## KEEP GROWING

## Boulder, Elko County (continued)

This community is also one of the few in the County which meets the sanitation requirements, having safe drinking water, good handwashing facilities and sanitary toilets.

## Recommendations for the Coming Year:

1. Continue the fine health and nutrition program.
2. Try to have more physical defects corrected.
3. Hold a Child Health Day program in conjunction with a track meet.
4. Continue to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Carlin, Elko County

A Gold Star Community

Number in good nutritional condition..... 128  
 Number of children completing demonstration..... 129 or 100.77%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	62.50%	75.96%
Number in fair nutritional condition	31.25	20.93
Number in poor nutritional condition	6.25	3.11
	<u>100.00%</u>	<u>100.00%</u>

Children having physical defects .... 77.34%      83.73%  
 Total number of defects corrected..... 58

Several times during the ten year history of the Keep Growing demonstration in Elko County, Carlin has been a gold star community, and this year the school again has that distinction which is more than ever a coveted honor under the new program which makes it more difficult for a large school to meet the requirements of a gold star standard. In the spring over 75% of the Carlin children were in good nutritional state and less than 4% were in poor nutrition.

The CWS school lunch project was carried on more efficiently in this community than in any other in the County last winter, and no doubt is responsible for the very good nutritional condition of the youngsters. Mrs. W. C. Owens, our Keep Growing leader has supervised the selection of the children who were to be in the school lunch project and was present during each lunch period to make sure the children ate all the food served and drank their milk. This service was voluntary and has been invaluable in insuring the success of the work. Through the unusual cooperation of the Parent-Teachers' Association, the School Trustees and the School principal, a modern kitchen and dining room equipped with gas stove, cupboards, sink and tables were set up, greatly facilitating carrying on the school lunch project.

Carlin also has the remarkable record of having over 16% of its children free from physical defects and nearly 30% gold star youngsters. During the year 58 physical defects were corrected; thirty were defects of posture, four were eyes, one ears, three were nose and throat, thirteen were dental and four were other defects. Many defects still exist as it shown from the inspection made by the County CWS nurse, Mrs. Stella Hostetler, and we hope some of these defects can be corrected soon.

The Carlin school has very good sanitary standards and easily



## (q) Foods and Nutrition.

## KEEP GROWING

## Carlin, Elko County (continued)

qualifies on safe drinking water, good handwashing facilities and sanitary toilets.

Every year this community gives a May Day program which is more musical and dramatic than health educative; however, it is a May Day observance.

Again we congratulate Mrs. Owens on her great success in the Keep Growing work at Carlin, because it is due to her fine efforts that the community has such a fine record.

## Recommendations for the Coming Year:

1. Continue the fine health and nutrition program.
2. Try to have more physical defects corrected.
3. Continue to be a Gold Star community.



## (q) Foods and Nutrition.

## KEEP GROWING

## Contact, Elko County

## A Gold Star Community

Number of children enrolled in the fall..... 55  
 Number of children completing demonstration..... 50 or 90.90%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	40.00	78.00
Number in fair nutritional condition	41.82	12.00
Number in poor nutritional condition	18.18	10.00
	<u>100.00</u>	<u>100.00</u>
Children having physical defects.....	60.00%	66.00%
Total number of defects corrected.....		22

Contact has made one of the most spectacular improvements in health conditions among the schools of the County this year. In the fall only 40% of the youngsters were in good nutritional state, and in the spring the percentage was nearly doubled and the percentage in poor nutrition decreased to almost half what it was. Contact, too, carried on the CWS school lunch project and no doubt this is the reason for the remarkable improvement in nutrition. The hot lunches have meant a great deal to this community because financial conditions have been such that very few of the Contact homes had a regular income and many of the youngsters did not have an adequate diet at home.

This community has had 22 defects corrected among its children this year; four were posture, five were nose and throat, three dental and five other defects. This is a good record during a financial depression, but there remain many defects which need attention. Perhaps in another year more can be done. Contact has one of the best reports of number of children free from defects. This year 34% (which is nearly three and one half times the State goal) are free from apparent physical defects. Contact is one of the five schools in the County having at least half of their youngsters qualifying for gold stars. Fifty-two per cent have this distinction in this community. With this kind of a record and with the sanitary standards of safe drinking water, sanitary toilets and good handwashing facilities, Contact is a gold star school.

A very nice program in observance of Child Health was given late in March since the school closed early this year. The children gave several health plays, recitations and sang several health songs; a local contest for health booklets was also held and the three best booklets were submitted to the State contest.



## (q) Foods and Nutrition.

## KEEP GROWING

## Contact, Elko County (continued)

Much credit for the unusual success of the health program at Contact goes to Mrs. L. L. Wilcox, who has been the Keep Growing leader in the community for three years. The teachers, too, have cooperated and helped to improve the children's health conditions.

## Recommendations for the Coming Year:

1. Continue the fine nutrition and health program.
2. Try to have more physical defects corrected.
3. Continue to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Elburz, Elko County

Silver Star Community

Number of children enrolled in the fall..... 10  
 Number of children completing demonstration..... 12 or 120%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	50.00%	75.00%
Number in fair nutritional condition	40.00	25.00
Number in poor nutritional condition	10.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	90.00%	100.00%
Total number defects corrected.....		3

The Elburz school is a silver star community this year since it has 75% of the children in good nutritional condition and none in poor nutrition. This is a rural community and most of the children have an abundance of milk, fruit and vegetables in their diets, have plenty of fresh air and sunshine, and in most cases, long hours of sleep. All of this contributes to a good nutritional standard. However, this school does not make the effort to have defects corrected that it might. Elburz could easily have one of the best records in the County if some of these youngsters reported could have teeth and throats taken care of. Every year this condition remains about the same. The few defects reported improved are postural. Then, too, if the school could improve its handwashing facilities by providing warm water and liquid soap in addition to having good drinking water and sanitary toilets, Elburz would be a gold star community.

Elburz more than met the State goal in improving the children's nutrition when the percentage of those in good nutrition increased twenty-five and those in poor condition decreased from ten percent to none. We hope next year that the school can also emphasize some other phases of the health work.

Recommendations for the Coming Year:

1. Continue the present nutrition program.
2. Try to have some physical defects corrected.
3. Improve the handwashing facilities of the school.
4. Hold a child Health Day program.
5. Try to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Fort Halleck, Elko County

Number of children enrolled in the fall..... 7  
 Number of children completing demonstration..... 7 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	42.85%	57.14%
Number in fair nutritional condition	57.14	42.86
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	71.42%	57.14%
Total number of defects corrected.....		12

Although Fort Halleck may not be a gold star community this year, it is one of our outstanding schools in its accomplishments. It has the distinction of having one hundred percent dental corrections and is one of the few communities which has fewer physical defects at the close of school than at the beginning. Like a number of the other small rural schools, Fort Halleck has the difficult problem of providing safe drinking water, but this year this school has solved that problem by having each child bring a small jar of pure water from home. Fort Halleck also has a tea kettle for heating water for hand-washing which is the best recognized method of washing hands in these schools which do not have running water. As soon as two of the youngsters in this school reach good nutritional condition by gaining, Fort Halleck will be a gold star school since it meets the other requirements of such a standard. This school now has the proud distinction of having no children who are in poor nutritional condition.

Every morning this past year the children in this community have had health inspection, and have learned that getting ready for school includes well brushed teeth, clean hands, faces, neck and ears and clean clothing, hair combed and a well-groomed appearance. The condition and appearance of the teeth have improved especially under this program. The youngsters have also learned to sleep with windows open and to exercise to improve their posture. The great progress this year in this community has been



## (q) Foods and Nutrition.

## KEEP GROWING

## Fort Halleck, Elko County (continued)

due to the teacher, Mrs. Marguerite McQuistion, who appreciates the importance of health teaching and who has integrated it in her curriculum.

Fort Halleck along with Lamoille, Humbolt, and Panama schools gave fine child Health Day program late in April, and exhibited health booklets made by the children for the state health booklet contest. A Fort Halleck girl won first in the local contest.

Recommendations for the Coming Year:

1. Continue the present fine program of nutrition and health.
2. Try to have more physical defects corrected.
3. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Halleck, Elko County

Number of children enrolled in the fall.....	8	
Number of children completing demonstration .....	8 or 100%	
		<u>Sept. 1933</u> <u>May, 1934</u>
Number in good nutritional condition	50.00	62.50
Number in fair nutritional condition	25.00	25.00
Number in poor nutritional condition	25.00	12.50
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	87.50%	87.50%
Total number of defects corrected.....		1

Halleck is another school, which with a little effort could be a gold star community. This year it falls short of being a silver star school because just 62.50% of the youngsters are in good nutritional condition. However, the improvement from 50% to 62.50% more than meets the State annual goal. And the number in poor nutrition decreased from 25% to 12.50% which again exceeds the State goal.

If some of the numerous physical defects among these school children could be corrected, Halleck would probably qualify as a gold star school. The handwashing facilities here are fairly good and the requirements of sanitary toilets and safe drinking water are met.

Part of the children go home to a hot noon meal, but the rest bring lunches to school. We hope that in another year some provision can be made to reheat soups and similar food at school so that these children may have hot lunches. This would, without doubt, help to improve the children's nutritional condition.

Recommendations for the Coming Year:

1. Improve the present nutritional program.
2. Provide some means for the children to have hot lunches.
3. Try to have some physical defects corrected.
4. Improve handwashing facilities by providing a means to heat water.
5. Observe Child Health Day with a health program.
6. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Humboldt, Elko County

Number of children enrolled in fall..... 5  
 Number of children completing demonstration..... 5 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	60.00%
Number in fair nutritional condition	00.00	20.00
Number in poor nutritional condition	40.00	20.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	60.00%
Total number of defects corrected.....		4

Humboldt is a new community in the Keep Growing demonstration this year. The school is very small and since two of the children are very much underweight only 60.00% can qualify as in good nutrition. However, the improvement in those who were in poor nutrition last fall has been remarkably good and the State goal of a decrease of 10% was doubled. This is a nice start for a new school. The children have become more health conscious and are trying to improve their food and health habits.

In another year we hope Humboldt will at least be a silver star community, and we hope that the drinking water supply, the handwashing facilities and toilets can be improved. We also urge that next year some arrangements be made so that these children can bring food which can be reheated at school to provide a hot lunch during the cold weather.

Along with Panama, Fort Halleck and Lamoille, Humboldt held a very nice child Health Day program late in April. About 115 children and parents attended.

Recommendations for the Coming Year:

1. Improve the present nutrition and health program.
2. Provide a means of having hot lunches.
3. Try to have physical defects corrected.
4. Improve handwashing facilities.
5. Try to be at least a gold star school.



## (q) Foods and Nutrition.

## KEEP GROWING

Jack Creek, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 10  
 Number of children completing demonstration..... 8 or 80%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	75.00%
Number in fair nutritional condition	40.00	25.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects....	90.00%	100.00%
Total number of defects corrected.....		3

Jack Creek is an isolated community which is difficult to reach during the winter months for follow up work, and most of what is accomplished depends upon the children themselves. We are very proud to report that at the close of the school year, 15% more of the children were in good nutritional condition and that the community has had no children in poor nutrition all year. With this record Jack Creek is a silver star community and would be gold star if the sanitary conditions could be improved, but the present source of water is the irrigation ditch and we cannot consider such, safe drinking water, especially since the irrigation ditch runs through fields where cattle run.

The food habits in this community are quite good except that it is sometimes difficult to have a variety of fruits and vegetables. A campaign on tooth brushing, baths and general hygiene would be of benefit in this community. With the good start that Jack Creek has it should not be difficult for it to be a gold star school.

## Recommendations for the Coming Year:

1. Improve sanitary conditions.
2. Have daily health inspections among the children.
3. Try to have some physical defects corrected.
4. Try to secure a scales for the school.
5. Hold a child Health Day program.
6. Enter the state Health booklet contest.
7. Try to be a gold star school.



## (q) Foods and Nutrition.

## KEEP GROWING

## Jiggs, Elko County

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration.... 5 or 83.33%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	00.00%	60.00%
Number in fair nutritional condition	83.33	20.00
Number in poor nutritional condition	16.67	20.00
	<u>99.99%</u>	<u>100.00%</u>
Children having physical defects.....	66.66%	40.00%
Total number of defects corrected.....		3

The Jiggs community has made a tremendous improvement in the number of children in good nutritional condition this year. In the fall none of the youngsters were considered in a really good state of nutrition, but during the year 60% have gained nicely in weight and have improved in posture, muscle tone and color to the extent that they are now classified good nutritionally. With a little more effort the community will be eligible for a silver star certificate. It has been difficult at Jiggs, to have physical defects corrected because of financial conditions, but we hope the next year may bring some needed corrections.

This little school like many others has the difficult problem of meeting sanitary requirements in safe drinking water, good toilets and good handwashing facilities. If a better source of water could be secured, Jiggs might sometime qualify for a gold star rating.

Mrs. Ralph Drown has been the teacher in this community for a number of years and the good work which has been accomplished here is to her credit for she has made hygiene and health a part of her teaching routine.

## Recommendations for the Coming Year:

1. Continue the present fine nutrition program.
2. Try to have some physical defects corrected.
3. Try to solve the problem of providing safe drinking water by bringing water to school from the children's homes.
4. Try to be a gold star school.
5. Hold a child Health Day program.
6. Enter the health booklet contest.



(q) Foods and Nutrition.

KEEP GROWING

Lamoille, Elko County

Number of children enrolled in the fall.....	26	
Number of children completing demonstration.....	26 or 100%	
		<u>Sept. 1933</u> <u>May, 1934</u>
Number in good nutritional condition	38.46%	65.38%
Number in fair nutritional condition	46.15	23.08
Number in poor nutritional condition	15.39	11.54
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects....	100.00%	92.30%
Total number of defects corrected.....		18

This year for the first time in a number of years, Lamoille has carried on the Keep Growing demonstration and since the work has been under the fine sponsorship of the Lamoille Homemakers' Club, much has been accomplished. A very remarkable achievement is the improvement in number of children in good nutritional condition. The percentage has increased over 26% which is over two and a half times the State goal. A great deal of interest has been shown in better food and health habits and a teeth brushing campaign has greatly improved the appearance of the children's teeth. With only a little more effort, Lamoille will be a gold star community since the sanitation conditions are very good in this school. The school building is modern, offering good drinking water, good handwashing facilities and sanitary toilets. As soon as 75% of the Lamoille youngsters reach a good state of nutrition, they will have a gold star school.

The Homemakers' Club this year purchased a scales for the school and has provided a local leader to carry on the health work cooperating with the Extension agent.

Most of the Lamoille children live near the school and are able to go home to a hot lunch at noon. We hope next year some provision can be made to serve hot lunches to those who must bring their lunches from home. A kitchen is equipped in the school and this should not be difficult to do.

Under the leadership of the Homemakers' Club, Lamoille held a very fine joint program with Humboldt, Panama and Fort Halleck in observance of child Health Day, and held a local health poster and booklet contest. A new interest in all child health activities has arisen in the community and another year should bring some outstanding achievements.



(q) Foods and Nutrition.

KEEP GROWING

Lamoille, Elko County (continued)

Recommendations for the Coming Year:

1. Continue the present fine nutrition and health program under the sponsorship of the Homemakers' Club.
2. Try to have more physical defects corrected.
3. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Lee, Elko County

Number of children enrolled in the fall..... 9  
 Number of children completing demonstration..... 10 or 111.11%

	<u>Sept. 1933</u>	<u>May, 1934.</u>
Number in good nutritional condition	66.67%	70.00%
Number in fair nutritional condition	33.33	10.00
Number in poor nutritional condition	00.00	20.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	66.67%	70.00%
Total number defects corrected.....		3

The seemingly unfavorable figures for the Lee community this year are due to the fact that some children in very poor nutritional condition moved into the neighborhood to spend the winter. For the past six or eight years, Lee has had one of the best records in the State. However, in spite of handicap the school shows an improvement in the number of youngsters who are in good nutrition and a few defects have been corrected. This community has a remarkably high percentage (30%) of children who are free from apparent defects and has 50% of its youngsters with gold star ratings. When the new children improve both in nutrition and in physical defects, Lee will again be one of our best schools with a little effort toward improving handwashing facilities and repairing the toilets, this school will qualify for a gold star certificate.

Some of the best homes in the County are in this community, and the parent cooperation has always been ideal. The children bring hot food and milk in thermos bottles to school for their lunches and every effort is made to give these youngsters the advantages of a large school.

Recommendations for the Coming year:

1. Continue the present nutrition and health program.
2. Try to have more defects corrected.
3. Hold a child Health Day program.
4. Enter the State Health booklet contest.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Metropolis, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 37  
 Number of children completing the demonstration.... 37 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	48.64%	75.67%
Number in fair nutritional condition	51.36	21.62
Number in poor nutritional condition	00.00	2.71
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	32.43%	72.08%
Number of defects corrected.....		7

Metropolis has made one of the greatest improvements among all the schools in the County. This community has an increase of 27% of the youngsters in the good nutritional class which is nearly three times the State goal, and makes the school of the eighteen qualifying for a silver star certificate since 75% of the children are in good nutrition and only 2.71% are in poor nutritional state. We are very proud of this remarkable progress and believe that we can attribute it to the Civil Works Service project on hot lunches. This school carried on this hot lunch work for nearly three months, and during that time the individual gains ranged from two to ten pounds. Many of the children came to school on buses and started very early in the morning. Having an adequate hot lunch at noon was the very thing they most needed in order to keep gaining. The Home economics laboratory was used for the preparation and serving of these lunches since it was already equipped and was not in use. We wish it might be possible to make a hot lunch project a permanent part of the school program in this particular community.

We are sorry to report that the only thing which prevents Metropolis from being a gold star school this year is its sanitary conditions. The toilets and handwashing facilities are in such a deplorable condition that much has to be done before the school can have good sanitation. There is running water in the building and modern conveniences, but the plumbing is badly in need of repair and the school youngsters should be taught to take care of such conveniences.

Recommendations for the Coming Year:

1. Continue the present nutrition program especially the hot lunches.
2. Repair the plumbing in the building.
3. Teach the children to respect school property and to make the proper use of modern conveniences



(q) Foods and Nutrition.

KEEP GROWING

Metropolis, Elko County (continued)

4. Hold a child Health Day program.
5. Enter the State health booklet contest.
6. Try to have more defects corrected.
7. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Montello, Elko County

A Gold Star Community

Number of children enrolled in the fall..... 83  
 Number of children completing the demonstration.... 75 or 90.36%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	66.26%	76.00%
Number in fair nutritional condition	28.90	22.67
Number in poor nutritional condition	4.93	1.33
	<u>99.99%</u>	<u>100.00%</u>
Children having physical defects....	57.83%	60.00%
Total number of defects corrected.....		98

Montello is our prize community in Elko County this year since it has such a fine record of improvement in nutritional condition and in number of physical defects corrected. This school has improved nearly 10% in good nutritional state and at present has 40% of its children free from apparent defects and 56% with gold star ratings. With 76% in good nutritional standing and less than 2% in poor nutrition, and with the excellent sanitary conditions of safe drinking water, good toilets and good handwashing facilities, Montello easily qualifies for a gold star certificate.

The most interesting and outstanding achievement of the community, however, is its correction of 98 defects this year. We doubt if this record could be matched in the State. Forty-eight of the Montello children have improved their posture, seven have had eyes corrected, three have had nose and throat corrections and thirty-four have had dental work done. This is an enviable record and all credit is due Mrs. H. Earl Belnap, the local leader for her fine individual follow up work in the school and to the relief Society which has been so good to provide funds in a number of instances for the correction of defects among those children whose parents were financially unable to help them. We congratulate Mrs. Belnap and her helpers on their splendid results.

Almost all of the Montello school children go home at noon to a hot lunch so there was not the need of carrying on the hot lunch project in this community this year.

May 4, the school gave a very fine child Health Day program and reported an attendance of more than 200 adults and children.

Recommendations for the Coming Year;

1. Continue the present splendid program.



(q) Foods and Nutrition.

KEEP GROWING

North Starr, Elko County

Number of children enrolled in the fall..... 9  
 Number of children completing the demonstration... 9 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	22.22%	22.22%
Number in fair nutritional condition	77.77	44.45
Number in poor nutritional condition	00.00	33.33
	<u>99.99%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Total number of defects corrected.....		2

This little community has had a hard struggle again this year, and while the figures do not present a very favorable report we can say that North Starr has made some progress in health which cannot be measured in figures.

Because of the impossibility of getting physical defects corrected, the nutritional rating of the school has not improved and we are sorry to report that everyone of the children have serious physical defects. With this condition existing we have little hope of improving the nutritional condition of the community.

However, through the civil works administration, the school building has been refinished inside and repaired and is now one of the best rural school plants in the County. We count this health progress since it has improved the sanitary conditions of the school. The children have also tried to brush their teeth more regularly, and have tried to improve their health and food habits. We hope that through some financial aid next year, some of the physical defects in this school may be corrected so that the children will be free to gain.

Recommendations for the Coming Year:

1. Try to have some physical defects corrected.
2. Provide for a means of serving hot lunches during the winter.
3. Try to be a gold star school.
4. Hold a child Health Day program.
5. Enter the State health booklet contest.



(q) Foods and Nutrition.

KEEP GROWING

Panama, Elko County

A Silver Star Community

Number of children enrolled in the fall ..... 5  
 Number of children completing the demonstration.... 3 or 60%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	20.00%	100.00%
Number in fair nutritional condition	80.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Total number of defects corrected.....		1

The Panama school shows perhaps the greatest improvement in nutritional condition among all the schools in the County this year; however, most of this improvement has been due to the fact that two of the worst cases moved away. Nevertheless we are glad to report that those children who remained in the school improved from fair to good nutritional standing, and Panama has the fine distinction of being among those schools which will be awarded silver star certificates. If this community could solve its problem of providing safe drinking water, good toilets and good handwashing facilities it would qualify as a gold star school. This can be possible if the children will bring drinking water to school in jars and if a tea kettle is provided for heating water for handwashing and the toilets can be repaired a little.

The teacher, Miss Mary Weeks, and the school trustees have cooperated splendidly this year at Panama, in carrying on the Keep Growing demonstration. Another year should show even greater progress.

Panama held a very fine child Health program and health poster contest with the Humboldt, Fort Halleck and Lamoille schools late in April. The children also entered the state health booklet contest. This school as well as Humboldt and Lamoille is sponsored by the Lamoille Homemakers' Club.

Recommendations for the Coming Year:

1. Continue the present fine nutrition and health program.
2. Try to have some physical defects corrected.
3. Try to improve the school sanitary conditions so as to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Rabbit Creek, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 6  
 Number of children completing demonstration..... 5 or 80%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	100.00%
Number in fair nutritional condition	00.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Number of defects corrected.....		3

Rabbit Creek has been 100% in good nutritional condition all year so is one of our best communities from that standpoint. This little school easily qualifies for a silver star certificate with such a record as this and were it not for the shortage of water so that an adequate supply of safe drinking water is available, Rabbit Creek would be a gold star school. All water which is used has to be brought from home which makes it difficult to have enough drinking water to say nothing of sufficient water for handwashing. The school has paper towels and if it were not for the water problem it would have good handwashing facilities.

During the winter the youngsters sometimes bring soups, cocoa or other food to reheat so they can have hot food at noon. Part of the children go home for lunch. Mrs. George Bowers, the teacher has done a great deal in emphasizing health in her teaching and in improving the sanitation and health equipment of the school. Rabbit Creek has one of the best equipped play grounds among the small schools of Elko County.

Recommendations for the Coming Year:

1. Try to have some physical defects corrected.
2. Try to secure a better source of water by having a well drilled if possible.
3. Hold a child health day program.
4. Enter the State health booklet contest.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Ryndon, Elko County

Number of children enrolled in the fall..... 13  
 Number of children completing the demonstration... 8 or 61.53%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	69.23%	62.50%
Number in fair nutritional condition	30.77	25.00
Number in poor nutritional condition	00.00	12.50
	<u>100.00%</u>	<u>100.00%</u>

Children having physical defects .... 92.30%      75.00%  
 Total number of defects corrected..... 7

Ryndon again has a commendable record although there has been a decrease in the number of children in good nutritional condition which is due to the fact the enrollment has fluctuated during the year, some of the children moving out and others moving in.

Because of financial conditions it has been difficult to have physical defects corrected here; however, the youngsters have worked hard to correct postural defects and to take better care of their teeth. A tooth brush drill every day has greatly improved the condition and appearance of the children's mouths. Mrs. Beatrice Keating, the teacher, has accomplished a fine piece of work in health by making hygiene and nutrition a part of her school routine. She is to be congratulated on her achievement.

Most of the Ryndon children live near the school and go home to a hot lunch so they do not have the problem of hot lunches at school. For a small community this school has good sanitary conditions. The hand washing facilities can be improved, but the school has a good source of hot water and has fairly good toilets. When Ryndon reaches a better state of nutrition it will be a gold star school.

Recommendations for the Coming Year:

1. Continue the present fine program of nutrition and health.
2. Try to have some physical defects corrected.
3. Try to improve handwashing facilities.
4. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Smith Creek, Elko County

An All Year Silver Star Community

Number of children enrolled in the fall..... 4  
 Number of children completing demonstration..... 5 or 120%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	80.00%
Number in fair nutritional condition	00.00%	20.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	100.00%
Total number of defects corrected.....		3

This little school is a silver star community for the second year since it has more than 80% of its children in good nutritional condition, and none in poor nutrition. If a better supply of drinking water and better handwashing facilities could be provided, Smith Creek would be a gold star school. We cannot consider water from an irrigation ditch safe.

The food habits in this community are quite good which accounts for the fine weights of the children, but there is need of a tooth brushing campaign and a daily health inspection in the school to emphasize and enforce the little rules of hygiene which should be automatic in a child's life. A child Health Day program each year would also greatly help to make these children health conscious. We also urge the school to take part in the state Health booklet contest. Making such a booklet and keeping individual health records impresses the youngsters with the importance of health practices. Smith Creek is located in an out of the way place in the County, and it is often difficult for the Extension agent to reach the school during the winter so as to weigh the children regularly. If a scales could be secured for the school the teacher or a local leader could carry the work on regularly and much more could be accomplished.

Recommendations for the Coming Year:

1. Try to provide a better source of drinking water and better handwashing facilities.
2. Hold a child Health Day program.
3. Enter the state health booklet contest.
4. Try to secure scales for the school.
5. Try to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

South Fork, Elko County

An All Year Silver Star Community

Number of children enrolled in the fall ..... 5  
 Number of children completing the demonstration... 5 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	100.00%
Number in fair nutritional condition	00.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	80.00%
Total number of defects corrected.....		2

South Fork is another small rural school in which the children are naturally in good nutrition and because of their isolation seldom have any of the usual childhood diseases. In this community 100% of the youngsters have been in good nutrition all year. This is a fine distinction and gives the community the award of a silver star certificate. But like several other small country schools, South Fork does not qualify on sanitary conditions for a gold star certificate. The source of drinking water and the handwashing facilities are not good.

Much can be done in this school to improve its health conditions. A number of the children need to have physical defects corrected, but the families are financially unable to have such work done now. Drinking water will have to be brought from home if it is to be safe and enough should be brought so that the children can wash their hands when they need it. A little inexpensive play ground equipment would also help to improve the school. Some of the children bring cold lunches to school all winter.

Some provision should be made to reheat soups, cocoa or other hot dishes so that these youngsters can have a hot lunch. Daily health inspection would do much to remind the children to brush teeth regularly and come to school well groomed. We also urge South Fork to hold a child Health Day program each year and to enter the state health booklet contest.

Recommendations for the Coming Year:

1. Try to improve the source of drinking water and the handwashing facilities.
2. Hold a child Health Day program.
3. Enter the state Health booklet contest.
4. Try to have some physical defects corrected.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Spanish Ranch, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration.... 3 or 50%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	66.66%	100.00%
Number in fair nutritional condition	33.33	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	100.00%
Number of defects corrected.....		2

Spanish Ranch is a tiny school in an isolated locality where the youngsters are usually in good nutrition, but where the other health needs are great. We are proud to report a splendid improvement in the percentage of children in the school in good nutrition, although much of the credit must go to the fact that the worst cases moved away. In the spring the three children enrolled were all in excellent nutrition, and the school qualifies for a silver star certificate. If the sanitary conditions such as provision for safe drinking water, better toilets and good hand washing facilities were made, Spanish Ranch would be a gold star community this year. It is difficult to improve the school plant in such a district because every year doubt arises as to whether there will be enough children to carry on a school. However, the teacher, Mrs. Alice Rakir, has accomplished a great deal in stressing hygiene and good food and health practices in the regular school work. The children have made some very fine health posters this year.

Recommendations for the Coming Year:

1. Try to improve source of drinking water and handwashing facilities.
2. Hold a child Health Day program.
3. Enter the State health booklet contest.
4. Try to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Sprucemont, Elko County

A Gold Star Community

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration... 6 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	50.00%	100.00%
Number in fair nutritional condition	50.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	83.00%	66.67%
Total number of defects corrected.....		11

Sprucemont is a far away little school and the Extension agent is seldom able to reach it more than twice a year, but the teacher, the children and the parents in this community cooperate so well that a very fine health program is carried on every day and the results which we have to report are among the best in the County. For two years now Sprucemont has closed the year as a gold star school, and we feel that the success has been due to the Bank of Health project which the children carry on each day in which they have daily health inspection and enter deposit slips in their bank of health for following daily health practices. In the fall this school had just 50% of its youngsters in good nutrition, and in the spring every child was rated in this class which means 100% improvement.

During the last year this community has had 100% dental corrections which also adds a remarkable distinction in our report for Sprucemont. Several of the children need to have other defects corrected, but with the present financial situation, little can be done. However, we are so proud of the fine Hygiene accomplishments in the school and feel that the children have probably done more for themselves than in any other school we have. We congratulate Sprucemont on its fine record. This little school gave a combined last day of school and Health Day program this year.

Recommendations for the Coming Year:

1. Continue the present fine program.



## (q) Foods and Nutrition.

## KEEP GROWING

## Wells, Elko County

Number of children enrolled in the fall ..... 140  
 Number of children completing demonstration..... 153 or 109.28%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	52.14%	65.36%
Number in fair nutritional condition	40.00	28.10
Number in poor nutritional condition	7.86	6.54
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	63.57%	74.51%
Total number of defects corrected.....		42

Wells is our largest school in the Keep Growing demonstration in Elko County, and has made a remarkable record this year since there has been an increase of over 13% in the number of children in good nutritional condition, and 42 physical defects have been corrected. No doubt the hot lunch project carried on under the Civil Works Service is largely responsible for the improvement in nutritional condition.

A Health committee composed of several mothers in Wells have weighed the children each month during the winter since it was not always possible for the agent to go to the school. This committee has accomplished a splendid piece of work in the school and in acquainting the town with the purpose and results of the health program. They have also helped with the follow-up work.

Wells has the most modern and best equipped school plant in the County, and can easily qualify as a gold star community as soon as the percentage of children in good nutrition increases to 75.

With a crowded school program and a short term, Wells did not hold a child Health program or enter the state Health booklet contest this year, but we hope that both activities can be included in the health program next year.

## Recommendations for the Coming Year:

1. Continue the present fine program.
2. Try to have more physical defects corrected.
3. Try to continue the hot lunch project.
4. Hold a child Health Day program.
5. Enter the State health booklet contest.
6. Try to be a gold star community.



## (q) Foods and Nutrition.

## THE CWS SCHOOL LUNCH

(Sub-project to Keep Growing)

Early in January, under the women's division of the Federal Civil Works Administration, a Nevada State project on hot school lunches was started to give employment to needy women and to help safeguard the health of the children in at least part of the schools during the critical months when so many fathers were out of work, and unable to provide adequate food for their families.

Five communities in Elko County carried on this project from two to nearly three months in Carlin, Contact, Elko, Wells and Metropolis. This project was under the supervision of Mrs. Alice Murdock, assistant supervisor of the women's work in Elko County. The local school trustees, parent-teacher associations and other organizations provided the space and equipment for these lunches and the CWA furnished the food and hired the labor at 62½ cents an hour. With the help of Keep Growing leaders, school nurses and teachers, those children who were under-nourished, or who were known to have an inadequate diet at home, were selected to make up the nutrition classes in these schools.

On an average, 1500 children were served in the five schools each week at an average cost of six cents a meal. The total food cost per week for the five schools amounted to approximately \$95, and the average cost of the labor was about \$140 per week.

A typical menu used in these school lunches is as follows:

Cream of Tomato Soup

Crackers

Buttered Carrots

Egg Whole Wheat Bread Sandwiches

Apple Tapioca

Milk

These menus were planned by the Extension Service and were prepared by the women, usually mothers of some of the children, in the school laboratories, provided for that purpose. The Keep Growing leaders and teachers helped to keep order in the lunch rooms and to see that the children ate all of their foods. The youngsters in all five communities made amazing gains - some were as much as ten pounds in the ten week's period they were served the lunches. This school lunch project has been a very important factor in the great improvement of the nutrition of the children in the Keep Growing demonstration this year.



## (q) Foods and Nutrition.

## THE CWS SCHOOL LUNCH (continued)

We hope that such a project may be a permanent part of the school program in the five communities which had the service last winter and also in several other communities.

## Summary of results:

Number of communities involved.....	5
Number of children included.....	521
Number leaders assisting.....	17
Number days devoted to projects by agent....	7½
Number news stories published.....	7
Number home visits made.....	6
Number method demonstrations held.....	2
Number result demonstrations carried on.....	5
Number meetings held in relation to project.	267
Number office calls.....	22



## (q) Foods and Nutrition.

## KEEP GROWING (continued)

The local leaders in the respective schools in the Keep Growing demonstration for 1933-1934 are as follows:

1.	Boulder	Miss Verle Leberski	Teacher
2.	Carlin	Mrs. W. C. Owens	
3.	Contact	Mrs. L. L. Wilcox	R.N.
4.	Elburz	Mrs. Lois Pursell	Teacher
5.	Fort Halleck	Mrs. Marguerite McQuiston	Teacher
6.	Halleck	Miss Mercedes Gerald	Teacher
7.	Humboldt	Miss Ruth Sauer	Teacher
8.	Jack Creek	Mrs. Florence Meyers	Teacher
9.	Jiggs	Mrs. Ralph Drown	Teacher
10.	Lamoille	Mrs. Yale Williams	Homemaker
11.	Lee	Mrs. Jessie Dewar	Homemaker
12.	Metropolis	no one	
13.	Montello	Mrs. H. Earl Belnap	R. N.
14.	North Starr	Mrs. Clara Warr	Teacher
15.	Panama	Miss Mary Weeks	Teacher
16.	Rabbit Creek	Mrs. George Bowers	Teacher
17.	Ryndon	Mrs. Beatrice Keating	Teacher
18.	Smith Creek	Miss Mary Margaret Thompson	Teacher
19.	South Fork	Mr. Fred Dees	Teacher
20.	Spanish Ranch	Mrs. Alice Rakir	Teacher
21.	Sprucemont	Miss Virginia Cole	Teacher
22.	Wells(committee)	Mrs. D. Quilici	R. N.
		Mrs. Myrtle Murphy	
		Mrs. H. R. Gilmer	



## (r) Child Care and Training.

## PREPARE FOR SCHOOL ROUND UP

It was hoped that before the Civil Works Service Administration nursing project closed in the spring, that the preschool work could be completed so that the communities might benefit by having the nurse inspect the preschool as well as the school children for physical defects. But the CWSA nursing service was cut off the last week in March, and thus far has not been resumed. However, it may be possible to have the field nurse from the Nevada Public Health Association to visit the County in June, and assist the Extension agent in the preschool projects.

All preschool work thus far accomplished has been done along with the Keep Growing demonstration, and is not very complete at this time.

There are ten communities in the County which have children who will start to school for the first time next fall, and therefore should carry on this Prepare for School Round Up project. These communities with their leaders are as follows:

Carlin - Mrs. W. C. Owens  
 Contact - Mrs. L. L. Wilcox  
 Deeth - - Mrs. Margaret Tavelle  
 Starr Valley - Mrs. Margaret Tavelle  
 Lamoille - Mrs. Yale Williams  
 Lee - - - Mrs. Jessie Dewar  
 Metropolis Mrs. Marjorie Holbrook  
 Montello - Mrs. H. Earl Belnap  
 Ryndon - - Mrs. Beatrice Keating  
 Spanish Ranch - Mrs. Alice Rakir  
 Wells - - Mrs. D. Quilici, Mrs. Harriet Hyde

## Summary of results to date:

Number of communities involved.....	10
Number of leaders assisting.....	10
Number of days devoted to project by agent....	1½
Number meetings held in relation to work.....	3
Number home visits.....	1
Number office calls.....	1



(r) Child Care and Training.

PRESCHOOL HOME DEMONSTRATIONS

The preschool home demonstrations are accomplished along with the Prepare for School Round Up as a rule; however, there are times all through the winter months when mothers bring their preschool youngsters in to the school on the days when the Extension agent visits the community to carry on the Keep Growing work.

If the Civil Works Administration nursing service could have been maintained two or three months longer, more could have been completed in this preschool project since the parents are eager to have the nurse inspect their little youngsters for physical defects. It is hoped that the field nurse from the Nevada Public Health Association can come to Elko County in June, and that the Extension agent can then give this demonstration to most of the communities.

The communities interested in carrying on this work are as follows:

<u>Community</u>	<u>Leader</u>
Carlin	Mrs. W. C. Owens
Contact	Mrs. L. L. Wilcox
Deeth and Starr Valley	Mrs. Margaret Tavelle
Lamoille	Mrs. Yale Williams
Lee	Mrs. Jessie Dewar
Metropolis	Mrs. Marjorie Holbrook
Montello	Mrs. H. Earl Belnap
Ryndon	Mrs. Beatrice Keating
Wells	Mrs. D. Quilici, and Mrs. Harriet Hyde

Summary of results to date:

Number of communities involved.....	9
Number of leaders assisting.....	10
Number days devoted to project by agent...	7½
Number meetings held in relation to work..	28
Number home visits.....	21
Number office calls.....	3
Number method demonstrations given.....	27



## (s) Clothing

## ADULT CLOTHING SELECTION AND CONSTRUCTION

Through the county relief agency, the Civil Works Administration and the County Chapter of the American Red Cross, a great deal of cotton yard goods was made up into garments this year and distributed in every community throughout the County. The Extension agent, however, had little to do with this except to furnish a few patterns, and to aid in locating individuals and families who were in need of clothing.

In the temporary project on Supplementary Extension work in which seven workers in as many communities visited homes and assisted homemakers with every type of home problem, quite a little work was done in remodeling clothing, renovating, mending and simple sewing. This work only lasted nine weeks and the following report shows what was accomplished in this County in clothing in that time:

Number method demonstrations given.....	13
Attendance.....	29
Articles made.....	26
Number cases referred for aid in clothing.....	5

In May, two demonstrations were given by the agent before the Lamoille Homemakers' Club; one on Shoes and Hosiery, and one on the identification of cotton, silk and rayon textiles.

There is renewed interest in clothing construction in the home, and especially in making collars, fabric hats, gloves and other accessories to vary certain outfits of dress. Women are becoming more interested in sewing and all express a desire to have their daughters learn to sew.

## Summary of results to date:

Number of communities involved.....	2
Number of days devoted to work by agent.....	1
Number meetings held in relation to project.....	1
Number method demonstrations given.....	2
Number office calls.....	8



## (s) Clothing.

## 4-H CLOTHING SELECTION AND CONSTRUCTION CLUB

The final enrollments in the 4-H clothing clubs have been made at this date, and the girls are well started on their projects. There has been an increased interest in clothing work in Elko County, probably due to the outstanding success of some of these club members last year through the National Style Dress Revue contest in which one of our girls won first in the State, and was granted a trip to the National Club Congress in Chicago in November.

The following table shows the present enrollments according to projects and communities:

COMMUNITY	LEADER	ENROLLMENTS BY YEAR			
		1st	2nd	3rd	4th
Elko	Mrs. Ruth Duerloo	5	12		
	Mrs. E. T. Butler			7	
Metropolis	Mrs. Marjorie Holbrook		1	4	1
Sprucemont	Mrs. Brig Lewis			1	
Elko Indians	Mrs. L. L. Horn	3	3	2	2
ENROLLMENT TOTALS.....		<u>8</u>	<u>16</u>	<u>14</u>	<u>3</u>
GRAND TOTAL FOR CLOTHING PROJECT.....		41			

In the past three years there has been a decided improvement in the quality of 4-H clothing work, and this year should bring the highest standard of achievement in this project we have ever had since the leadership has improved and the girls themselves have a better appreciation of good work.

## Summary of results to date:

Number of communities involved.....	4
Number of leaders assisting.....	5
Number of members enrolled.....	41
Number of days devoted to project.....	10 $\frac{1}{2}$
Number of meetings held.....	36
Number of method demonstration meetings.....	13
Number of news stories published.....	4
Number of home visits made.....	14
Number of office calls.....	29



(s) Clothing.

#### CHILDREN'S CLOTHING

Very little has been done at this early date on this subject; however, in connection with both the adult clothing work and the pre-school home demonstrations, it promises to be an interesting subject before the year is over.

Some very nice models of small youngsters clothing were made by some of the women in the Civil Works Administration sewing room during the winter and are ready to be used in demonstrations. These models were made according to patterns recommended by the Bureau of Home Economics in Washington. The patterns are available to anyone in the County and are kept on file in the local Farm Bureau office.

The girls in third and fourth year 4-H Club clothing are making children's garments as a part of their work this year.

The following communities are interested in pre-school child projects and will be glad to have this work on children's clothing: Starr Valley, Metropolis, Wells, Montello, Lamoille, Lee, Jiggs and Carlin.

#### Summary of results to date:

Number of communities interested in project.....	8
Number of days devoted to work by agent.....	2
Number of method demonstrations given.....	1



(t) Home Management.

NUTRITION

Nevada's Live-at-Home Plan

At this time of year, the Live-at-Home Plan can only be begun. This project is in its second year in Elko County, and there is increased interest in making it the major program correlating it very closely with Food Preservation, Gardens, Supplementary Extension Work, Food Selection and Preparation, Clothing Selection and Construction, and even Recreation.

The primary purpose of the project is to assist all ranch and farm families in meeting their needs by producing as much of their living at home as possible, since they have so little cash with which to buy food and other essentials away from home.

The following communities are taking part in this live-at-home program: Metropolis, Wells, Contact, Starr Valley, Elko, Lamoille and Lee.

Outstanding leaders in these communities are:

Metropolis

Mrs. Marjorie Holbrook  
Mrs. F. A. Gerber  
Mrs. George Terry

Wells

Mrs. Nancy Felts

Contact

Mrs. L. L. Wilcox

Deeth

Mrs. Leona Griswold  
Mrs. Margaret Grover  
Mrs. Everett Black  
Mrs. L. B. Jeanney  
Mrs. Sim Davis

Elko

Mrs. Winona Drown  
Mrs. Artie Truett

Lee

Mrs. Jessie Dewar  
Mrs. H. Bolton  
Mrs. George Ogilvie

Lamoille

Mrs. John Patterson  
Mrs. Effie McKinney  
Mrs. C. H. Reinken  
Mrs. Bert Harmer

In the later summer and early fall, the Food Preservation program will be included in this Live-at-Home plan.

A great deal is being done in home and community recreation with little or not cost in the following communities: Starr Valley, Lee and Lamoille.

Summary of results to date:

Number of communities involved.....	7
Number of leaders assisting.....	7
Number days devoted to project by agent (including the CWS Supplementary Extension Work).....	13
Number meetings held in relation to work.....	9



(t) Home Management.

Nevada's Live-at-Home Plan (continued)

Number homes visited.....	239
Number method demonstrations given.....	37
Number result demonstrations carried on.....	171



## (o) Home Management.

CWSA PROJECT # 26-423

## Supplementary Extension Work

Late in January, a relief work project under the Civil Works Service Administration, known as Supplementary Extension Work, was opened in Nevada, to provide employment for needy women, and to assist the Extension agents in reaching all relief and subsistence families. The chief purpose of this service was to investigate homes on the relief rolls and others which were just managing to eke out a living, to discover their real needs and to show them how to make the best use of the little income they had.

This project was organized under the state-wide supervision of Mrs. Helen S. Tremewan, and was directed by the local Extension agents. In Elko County, the work was carried on for nine weeks, in Contact, Wells, Metropolis and Starr Valley, Elko, Lamoille and Lee, with the following workers: Mrs. L. L. Wilcox, Mrs. Nancy Felts, Mrs. Marjorie Holbrook, Mrs. Leona Griswold, Mrs. Eugene Drown, Mrs. Artie Truett and Mrs. Jessie Dewar. The women were paid  $62\frac{1}{2}$  cents an hour, twenty-four hours a week in Elko, and 75 cents an hour, fifteen hours a week in the outlying communities since in the rural districts it was necessary to use a car in traveling.

These seven workers reached 171 different homes in the County, and assisted the homemakers with making out market orders, planning meals, preparing simple low cost foods, remodeling garments, refinishing furniture, cleaning house, making arrangements to get home loans on their property and numerous other little services which helped to solve the problems of the relief and subsistence families.

A few of the narrative reports of these assistant Extension workers here appended, tell of the nature of their service and what they accomplished.

## Summary of results:

Number communities involved.....	7
Number leaders assisting.....	7
Number days devoted to work by agent.....	13
Number days devoted to work by specialist.....	6
Number result demonstrations or families reached.....	171
Number home visits made.....	239
Number bulletins distributed.....	561
Number meetings held in relation to work.....	9
Number method demonstration meetings held.....	37
Number office calls.....	30



(o) Home Management.

CWSA PROJECT #26-423

Supplementary Extension Work (continued)

Narrative Reports

Dear Helen:

The Red Cross gave me a box of rags - some things that had been handed in, but which were too far gone to be of any use as garments for anyone - so when I went begging for something for a woman who makes rag rugs and sells them, they turned over this box of discards to me. From one badly worn silk skirt we got a sleeveless blouse for a girl of fifteen. The material went well with another second hand dress I had given her the week before, so she had an ensemble to her delight. One voile wash dress, full skirt, with a deep pink figure made a pair of curtains for a little square window in a very bare living end of a kitchen. I donated a potted geranium with a pink flower for the sill. It made a spot of beauty and the woman seemed surprised and very pleased. I succeeded in getting two new orders for rugs for the woman who makes rag rugs. She gets only 60 cents for each, but to this woman it's money and it's hers. So that's the story of the rags that would have been burned up.

Two of the homes where I have been called are way, way off the main roads and almost no one ever goes there. At both places I was told how glad they were to have someone come. And they were well pleased with the recipes. Most women are glad to have a new recipe and these were for simple things they all had. And I find most all women like to talk about foods. They like to know they are buying the most for their money.

I found that in most of these homes where I called, the women do most of the gardening - at least the planning of it, and they were anxious for any suggestions I could give on what to plant - and also on how best to preserve it for winter use.

We did a little sewing in one home for tiny tots and I helped a girl of sixteen make over a dress or two.

I know I haven't done anything big, but I think I have helped with lots of little things.

Sincerely,

(signed) Jessie Dewar



(o) Home Management.

CWSA PROJECT #26-423

Supplementary Extension Work (continued)

Narrative Reports

Dear Helen:

Since you can't be my shadow, I'll have to tell you something of the work I have been doing the past four weeks. It seems that I am just beginning to realize the scope and possibilities of this new phase of Extension work. It took a good part of the first week for it to soak into my head just what it was all about, and then the second week to locate people on the list or to find others who might like to work with us or needed us. But after that, it was easy and now it is going to be hard to know how to stop. There is something new coming up all the time.

The people have all been so receptive and friendly. As soon as I tell them who and what I am, they seem so glad to have some one to talk to. And by the time I call the second or third time they treat me like a special friend and even go with me to the yard gate. Although they live in town, many of them seem just hungry for some one to talk to as we isolated ranchers are. I remember when I was in the country how good it seemed to have the County agent stop in for just a minute on her way, and thinking back now, there was always a hint or suggestion dropped that eventually bore fruit, and so it seems with these visits I make.

We can't begin to tell all the results in this short time, but take for instance that little Mexican woman with her fourteen months old baby and husband with no work for some months. Could not get on CWA because he wasn't naturalized. She had gone to our Elko public schools and seems quite intelligent, but so apathetic. I asked her what she fed the baby. "I am still nursing her because we can't buy food for her". I investigated and reported to the CWA office. Can you see her happier expression when I told her they would give her a list of food to get so she could start weaning the baby and told her how to feed her. I haven't time to go back yet, but I must, real soon now, so as to help her further with the baby's diet, and to see if they need more food. I also want to encourage the husband to study so he can get his naturalization papers.

Another Mexican family - the first time I went, I couldn't do much, but I made an excuse - she was crocheting - and in a few days I took her a spool of crochet thread that I had knocking around in my way and stayed a while longer that time. Then the next time I was met at the door by the poor little five year old who recently had had to have one eye removed. "Get in", she said, with a big smile. Things were neat and clean, but the mother and six children, the oldest, a boy 15 years old, were sleeping in two beds in one room. She has a place where she can put up the third



## (o) Home Management.

## Supplementary Extension Work (continued)

bed and now soon as I have time, I'll try to help her get a bed up so they can sleep more comfortably.

Still another Mexican home - a two room cabin that he had built himself - 000! when I saw him answering the door, I was afraid he'd hear my knees shake. He looked sort of fierce, but as soon as I saw his wife, I recognized a squaw that worked on the ranch for us 18 years ago, and then remembered the man as one of Garcia's tanners for a number of years. They were almost out of food. (Two children. The father had had no work for months). I told him to go to the OWA office for food. He said he had, but they had turned him down. They said he had had help. Upon investigation I found that there was another family by the same name and initial and the office thought they were the same. As soon as I reported that to the office the man got his food and the children didn't have to go hungry. The last time I was there I advised the wife on how to make over some clothes for her girl.

One evening at a lodge meeting one lady laughingly remarked that some day she was going to get me to come to her house and make an angel food cake and eat it all herself. Another lady spoke up and said, "Yes, you can come to my house and show me how too". After learning that she really meant it, I made an appointment and we made the cake. But while making the cake I found out she needed help about as badly as the rest of us, and I never would have dared to approach her. She was very glad to get the menus and market list, and now I can feel free to go back and help her in other ways. As for her affording the angel cake, she has her own eggs and that is as cheap a dessert as she can make. She had said her stove didn't draw well, and when I saw the way the stove pipe was I wasn't surprised. I suggested a change in the kind of stove pipe elbow and she said she hadn't known about that. So even in little things like that we can help.

The little lady I have been giving sewing lessons to, was left an orphan at 13, with 4 younger brothers and sisters and her father to keep house for, so she had no time for sewing and no one to teach her. But now she says if she learns to sew her husband will buy her a second hand sewing machine. She feels like it is such a saving to make their own clothes. Some one had given her girls dresses and she didn't have the least idea of how to make them over, so I helped her there too.

Another lady met me with a big smile the first time I called. "Oh, I am so glad you came; I've been wanting to see you for some time. I want you to tell me how to make things for the Fair so they will be worthy of prizes", she said. So there I have a big job ahead of me. She has four "stair-steps", the oldest not quite



## (o) Home Management.

## Supplementary Extension Work (continued)

six and cleanest, cutest bunch I've seen for some time. She was so glad to get the market order and immediately began comparing it with what she usually spent. She found it about the same, but her husband had been thinking she was spending too much for food, and she was glad to have that to show him.

This poor family: father with his injured back, not able to work for 3 years, a  $3\frac{1}{2}$  year old boy, and just the other day a new baby. The mother is so ambitious and willing to work. She had received help from the County the month before, but didn't know whether she'd get it for this month and she wanted to leave her family cared for while she was confined, but hated to go to the County Commissioner to see about it, as he was so cranky with her. In the condition she was in, she didn't need any added unpleasantness, so I went to the Commissioner for her. You should have seen how grateful she and her husband were, and they seem so glad to see me every time I drop in. She wants work as soon as she is able, as she thinks by then, the husband will be strong enough to watch the children while she is out. I wish there was some way to get him some teeth as he had his all pulled, thinking it would help him get well quicker. She also never had a chance to learn to sew and I've promised to teach her as soon as she is able.

Now take this case. Some relative had sent a pair of rompers for her 13 month old baby. The young mother - she is also pregnant - said she'd just put these rompers away for a keep sake as the neck was so small she couldn't get the child's head through. When she showed them to me I gried them on the child and they fitted perfectly. The hole she thought was for his head was just an opening in the back to make it a sort of sun suit affair. She will need help getting her layette ready and in feeding the boy the right kind of food. She seems quite willing to learn and keeps things clean and neat. The first time I was there she complained about her stove not heating up like it should. Well, she had her damper down, so what could she expect? She is going to try some of the recipes as soon as they can get some groceries. Her husband is promised a job right away.

Gee, when I get started it's too hard to stop. This other little pregnant mother, her baby is 12 months old, and she expects to go to the hospital right away. She had nothing for her layette except what she had received at a shower, so I looked over her things and got what else she needed for her from the Red Cross, also some clothes for the other baby. She said last summer for a while they had nothing, but potatoes. She got so tired of them she quit eating. Just about 19 years old too!

The CWA office is depending on us to relieve them of a lot of investigation. They even hand us cases to look into and hope we'll be able to put in a telephone so they can call us when some one comes in that they want information on. They think the work



## (o) Home Management.

## Supplementary Extension Work (continued)

we are doing is splendid and very worthwhile, especially at this time.

Oh, and I must tell you about the old lady who has all her money, several thousand dollars, tied up in the Henderson Bank, and her without a penny. Her two oldest sons haven't been able to work all this time - good workers too. She's trying to keep the youngest in High School. Well, Mrs. Truett had been there, but the old lady sent for me to come too. Apparently not satisfied, so I went. In the meantime, Mrs. Truett had been there and had showed her how to turn the collars on her boys' shirts and had given her a grocery order, so she was in a much better frame of mind. Poor thing - she has worried so much about her affairs that it helps to just have some one come in and cheer her up.

Oh, and don't let me forget to tell you about my bed bug job. Yes, I found 'em! The lady says they can't sleep nights. So now I've got a good job helping them make war on those bugs. A bulletin from the Extension office helped me in this.

Then there is this other young mother with her 6 small children and only her CWA work for them to live on. There is lots to be done there. I've just made an opening as I've been there only once.

And the young girl, she didn't even finish 8th grade, whose husband left her before her baby was born. The baby is 7 months old now. She seems so uninterested in anything. I asked what work she could do if she could get it. "Oh, I can't work with the baby". I asked about what she cooked, "Oh, I can't cook just for myself". Now I'll feel like I have accomplished something if I can just arouse a little ambition in her and get her to do something for herself and baby. But that will take many visits. I've called only once.

I found a likeable, worthwhile young Mexican woman who seemed too interested in everything. Her husband had just taken out his citizenship papers and she wants to be a help to him. They have one cute little girl about 14 months old. It will be a pleasure to help her learn our ways, especially when she is trying so hard to be like her husband's American friends.

Did I mention the lady who wants suggestions about making over her wedding clothes; the one who asked advice about her new drapes and window curtains, the one who wants to make new cretonne covers for her chairs; the one who was going to discard a



(o) Home Management.

Supplementary Extension Work (continued)

dress and I showed her how to change the sleeves and now she says she doesn't know what she'd do without it.

The Italian woman whose husband has been out of work two years, and seemed so gloomy, now he jokes with me and seems quite friendly. I helped her with some sewing. Yes, and there's a lady who wants me to show her how to cut out a dress for her girl. Nice material was given to her, but she doesn't feel confident enough to go ahead.

And there are so many others I just can't have space to mention them all.

This work seems to gain momentum in the telling, as well as the doing and no end seems in sight. However, I'll have to bring this to a close now and hope to be able to tell you more another time.

Sincerely yours,

(signed) Winona Walton Drown  
(Mrs. Eugene Drown)

Elko, Nevada  
March 27, 1934.

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WHAT I HAVE ACCOMPLISHED AS AN EXTENSION SERVICE  
VISITOR

When I started this most interesting work, I knew to a large extent who needed my help and what they needed. When one has watched the life of a community through its drug store for eleven years, it is easy to know the story of most families. But instead of doing the things I had planned, I have found myself a regular clearing house for the woes of the community. Wherever need or sickness appear, they send for me and expect me to provide the necessary help. In return they accept my suggestions, and thus I buy my way.

One case I have spent much time on. Sufficient supplies were "laid in" in the fall for the school year, but evidently little variety. The father has earned nothing since. They were very bitter toward CWA and all charity organizations - the children showed poor food and all had bad colds. I finally persuaded her to try some of our recipes for which she had supplies and to accept two quarts of fresh milk daily from the Red Cross. The children already show a remarkable improvement.



## (o) Home Management.

## Supplementary Extension Work (continued)

Another case I have watched for a long time. Those children possibly buy more candy than any other family in town. For several years, the father has had little work, but candy is still bought. At last here was my chance. But the lady is not interested in cooking. However, she loves to sew and has lots of material on hand. Red Cross material from last year, I believe - which was never used because the machine was out of repair. I oiled and adjusted it, showed her how to repair it in case it stops again. This means new clothes and mended clothes for a raggedy family. In return, she agreed to try making deserts for the family and I hope my next call will show an improvement in the children's skin.

For two years I watched a neighbor throw out food one week and let the children go hungry the next, even offered to help her can a half beef to save it, but we didn't. Now I come with authority - she watches for my visits and is so eager for every recipe or suggestion to help her save food or give those children better meals.

In nearly every instance those who are having the hardest struggle own their own homes and keep them immaculately clean. They all sew well, but have never learned much economy in foods for it is only recently that such need has confronted them.

During the winter there were many miserable families here, but with the nice weather they have drifted on - many following the road camps. It is interesting to note that I have visited only one home where the living conditions are deplorable. The family health is good, and the mother very eager to have help with foods.

I have been welcomed everywhere. I have gone and our recipes and suggestions have been eagerly received in every home. Great results could not be accomplished in this time, but I believe much good will come of even this brief start.

(signed) Mrs. Nancy Felts  
Wells, Nevada  
March 26, 1934.

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EXTENSION SERVICE VISITOR'S REPORT

To begin this story, I should like to say that I enjoyed my visits to all the relief families and they seemed always to enjoy seeing and visiting with me. Perhaps considerable good I did was to cheer up those who seemed to be discouraged and "down and out",



## (o) Home Management.

## Supplementary Extension Work (continued)

so to speak. Their outlook on life seemed brighter many times after my calls. A good many of my calls were to families which during my period of work were subsistence families and most of them needed very little help. Now that CWA work has been discontinued there will be several of them who will need help at least for a month or two until more things open up, and haying starts. Even then there may not be much demand for men at the present outlook.

I spent more time and effort trying to be of assistance to John Moore and his family than to any other family because it being a family of ten I felt that certainly they needed help if any did. John has had very little work, possibly averaged \$18 per month for several months, which hasn't been enough for such a large family. At present he has no work, so of course they do need help.

Mrs. Moore is quite unwilling to accept suggestions, but I still have hopes that some I made to her will take effect sometime. Since the house was so poorly kept I suggested on my first visit that with all the work she had to do perhaps the girls and older boys might help her. Whether or not they did I don't know, but at any rate the general appearance of the house and its cleanliness was greatly improved as I noticed on my subsequent visits. That she took more pride in having it cleaner and more sanitary was evident. I suggested that she use more tomatoes since the children had so little fruit and I explained the necessity of the children having some fruit every day if possible. At the present they are living principally on charity, so what they are using depends principally upon what is given them. Then only the smaller children (babies) were drinking milk and she said she did use some in cooking, but no doubt these children do not get enough milk. I gave her dessert recipes which required the use of milk. I suggested fewer hot cakes for breakfast and more light bread rather than biscuits all the time for the other meals. I also suggested that the stockings would wear longer if darned.

This family, however, has had so much direct relief (commodities) that they practically insist on it now, and are not too appreciative of any other help, but at least I hope I have spread a little sunshine in this family and helped them quite definitely.

Another person I believe I helped to get relief was George Byers, Sr., a man of eighty-three, who because of his age and poor eye-sight is unable to carry on his usual work of raising strawberries, the means by which he realized a slight income each year. Having been fairly well to do at one time as so many old times have been, and being of a proud nature he was at first very



## (o) Home Management.

## Supplementary Extension Work (continued)

careful not to let on that he had little to eat. Finally, he took me into his confidence and admitted he would be very appreciative of a little flour and some beans. I reported his case and he received a nice supply of groceries which he really needed and appreciated from the bottom of his heart. I enjoyed so much helping some one of such an appreciative nature as this.

Hubert McNammarra is a very interesting bachelor. He lives by himself and keep his house spick and span - cleaner than that of many of the housewives I had occasion to visit. Having no children and plenty of time, this was of course possible, but an unusual characteristic of most men. Mr. McNammarra is also a good cook and specializes in jelly making and has quite a reputation along that line. I interested him in some of the recipes I gave him and went over a few of them with him. He mentioned various ones he had tried and how good they were. As I encouraged others, I also encouraged him to use as much milk, fruit and vegetables as possible. He had plenty of canned fruit and jelly in his store of foods.

The R. M. Cloud family of Ryndon is a fine family. She seems to be a good cook and a very capable seamstress. She makes and remakes the children's clothes and does sewing for others.

I have made two calls there, but she was home only the first time. I left some recipes which she seemed pleased to get. She seemed to be using as much milk, fruit and vegetables as they could afford.

Leyvas of Elburz was a difficult family to help very much since she does not understand English very well. I found out that they needed relief and reported them. They were using hardly any milk, fruit or vegetables. They were buying mush by small packages, so I suggested that they buy it in larger amounts which would be cheaper. I left recipes which the oldest girl said they had tried. They enjoyed having me come and I gave as many helpful suggestions as possible.

The problem of the Montgomery family of Ryndon is principally poor management. The house is filthy and poorly kept, and she evidently doesn't cook nourishing and appetizing dishes. The girl is undernourished and needs to drink more milk and take cod liver oil. They were using little fruit so again I suggested using more tomatoes. I left several recipes which I hoped she would try. She was not home when I called last.

The remainder of the families I helped in about the same ways. I gave them recipes which they could use to the best advantage and encouraged them to use plenty of nourishing and healthful foods. To a good many of the mothers I gave the pamphlet on how to remake used garments. So many of the mothers were very capable seamstresses, but those who weren't I gave suggestions to the best I could.



(o) Home Management.

Supplementary Extension Work (continued)

Although the time has been rather short for many changes, or many practices to be adopted, I may say in summing up, that I have tried to be of service and help those who are in greatest need. I feel that from the standpoint of the home and the children in it that this work is truly important.

(signed) Leona Griswold.

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## (u) Home Furnishings.

## HOME IMPROVEMENT

## Interior

Although the financial depression is still as serious as it has been for the last three years, there has been considerable interest in interior home improvement in the County, this year. This is probably due to the fact that homemakers have put off redecorating and refurnishing until their homes are so much in need of improvement that at last they are trying to do what they can on the little money they have.

Mrs. Bert Harmer at Lamoille, is improving her home interior as well as her grounds, this year. She is refinishing the kitchen, making it lighter and more attractive with light paints, and has just finished redecorating a bedroom in which she calcimined and stipled the walls with a blend of cream, blue and rose. She expects to use creamy yellow curtains to help add warmth to the room. She is also redecorating another bedroom with a cream and light brown stipling on the walls. This home should be very attractive when it is finished. The outside of the house is also receiving a fresh coat of dark brown paint with white trimming.

Last summer, Mrs. Flavon purchased an old home in Lamoille, and has been remodeling it for a summer home for herself and little girl. She has remodeled the kitchen, putting in cupboards and sink at proper heights and has redecorated the other rooms and painted the exterior of the house. It will be a very neat and attractive little place when it is finished.

In Elko, Mrs. E. L. Bachman is redecorating her back porch making it into a very nice little breakfast room. The walls were a dull French grey. Ivory walls and ceiling, brightly printed orange and green shades and a dull green breakfast set make this a lovely little room in which to serve the family meals this summer.

Mrs. Brig Lewis at Sprucemont, has been cleaning and refinishing woodwork and furniture according to directions obtained from our local Extension office.

Much more work will probably be done in these and other communities before the summer is over in interior decoration, home furnishings, remodeling, etc.

At present, a summary of results is as follows:

Number communities involved.....	3
Number leaders assisting.....	0
Number days devoted to work by agent.....	1
Number method demonstrations held.....	1



(u) Home Furnishings.

HOME IMPROVEMENT

Interior

Summary of results (continued):

Number result demonstrations being carried on	4
Number news stories published.....	0
Number home visits made.....	3
Number kitchens improved.....	2
Number bedrooms improved.....	4
Number other rooms redecorated.....	6
Number houses remodeled.....	1
Number office calls made.....	1



(w) Community Activities.

4-H CLUB, COUNTY-WIDE

A very good enrollment in girls' 4-H club projects has just been completed in the County. This year the clothing work seems to be more popular than the foods projects. This is probably due to the fact that it has been difficult to secure food club leaders; then, too, some of the clothing club members won such nice prizes last year, that the girls are eager to compete in this field. The Food Preservation Club is again county-wide since there are only eleven members altogether. There has been considerable interest in this project, but because of drouth conditions it is difficult for families to grow a sufficient variety of preservable foods for the girls to be able to can as much as they might under other conditions. Those members in Elko must buy all they preserve, and that is not always economical.

The following table shows the distribution of 4-H club projects and enrollments according to communities:

COMMUNITY	PROJECTS		
	Clothing	Foods	Canning
Elko .....	24	7	3
Elko Indians.....	10		
Lamoille.....		9	
Metropolis.....	6		
Starr Valley.....		6	6
Sprucemont.....	1		
Fort Halleck.....			2
<b>TOTALS.....</b>	<b>41</b>	<b>22</b>	<b>11</b>
<b>TOTAL NUMBER PROJECT ENROLLMENTS</b>		<b>74</b>	
Total number of 4-H club members.....		67	
Total number club members enrolled in two projects.....		7	

Summary of results to date:

Number of communities involved.....	7
Number of leaders assisting.....	13
Number of project enrollments.....	74
Number of club members.....	67
Number of days devoted to work by agent.....	28½



## (w) Community Activities:

## RELIEF WORK

Since Elko County has had a relief organization this year operating under the Federal Emergency Relief Administration with almost entirely federal funds, the local Extension office has had little responsibility in the County relief work other than supervision of the CWSA School Lunch, and the Supplementary Extension Work projects.

A County relief committee composed of Mrs. A. J. Hood, Mr. Ira Pearce, Mr. A. H. Berning and Mr. George Adamson, was selected and controlled all relief and CWA work.

A county-wide Red Cross drive was put on early in the fall, and a larger number of memberships were secured than in any previous year. A large quantity of Red Cross cotton materials had been received the year before and under the CWSA a sewing room was opened employing six or eight women who made up the yard goods into garments and salvaged old clothing brought into the local Red Cross office. The Elko Red Cross committee consisted of Mrs. C. W. Griswold, Mrs. E. P. Carville, Mrs. F. E. Scott and Mrs. R. Kinne.

The County Extension agent acted as voluntary supervisor, and also as technical advisor in the CWS school lunch project which was carried on under the direction of Mrs. Alice Murdock. Five schools: Elko, Carlin, Contact, Metropolis and Wells with a total of about three hundred children were fed every day for nearly three months, carried on this project.

The CWS nursing service also cooperated very closely with the Extension Service this year in loaning Mrs. Stella Hostetler, R. N., to the Keep Growing demonstration for a period of about nine weeks. Mrs. Hostetler inspected a total of 431 children for physical defects in twenty-one schools and did follow-up work in getting such defects corrected.

When the CWS project on Supplementary Extension Work was organized in February, it was initiated under the direct supervision of the women's Extension Service and was carried on in three counties of the State with Mrs. Helen S. Tremewan as State Supervisor, and the local agent as County supervisor. Seven women were employed in Elko County and were as follows:



## (w) Community Activities.

## RELIEF WORK (continued)

<u>Employee</u>	<u>Community</u>
Mrs. L. L. Wilcox	Contact
Mrs. Nancy Felts	Wells
Mrs. Marjorie Holbrook	Metropolis
Mrs. Leona Griswold	Starr Valley
Mrs. Jessie Dewar	Lee and Lamoille
Mrs. Artie Truett	Elko
Mrs. Winona Drown	Elko

The two purposes of this project were to give needy women employment and to have these women teach other families how to use the income they had to better advantage. These seven leaders reached 171 families, made 239 home visits, gave 37 method demonstrations and distributed 561 bulletins.

## Summary of results:

Number of communities involved in some form of relief work.....	32
Number of leaders assisting.....	25
Number days devoted to relief work by agent.....	8½
Number meetings held.....	15
Number news stories published.....	3
Number home visits made, 239 + 13.....	252
Number method demonstrations held.....	60
Keep Growing.....	21
Supplementary Extension work.....	37
School lunch.....	2
Number result demonstrations carried on.....	902
Keep Growing.....	431
Supplementary Extension work.....	171
School Lunch.....	300



## (w) Community Activities.

## FARM BUREAU COOPERATION

At the annual State Extension and Farm Bureau meeting held in Reno, the latter part of the month of January and the first part of February, a new organization of the Farm Bureau was initiated and is now functioning. The Farm Bureau articles of Incorporation were amended to include commodity departments, and to provide for additional directors. These commodity departments are as follows: Livestock; Crops; Home and Community; 4-H Club.

In addition to the purpose of diffusing information on agricultural and home economics subjects, the new Farm Bureau is also intended to aid in uniting the ranchers with different interests in a common organization which promotes the fulfillment of their needs in increasing agricultural prices and decreasing agricultural costs.

The opening up of a livestock department in the Farm Bureau this year greatly increased the interest and value of the organization. The State meeting in Reno was attended by more people than in any previous year in the history of the Nevada State Farm Bureau.

Under the new plan the State is divided into several regions, and Elko County with Eureka County, makes up Region No. 4. The directors in the several counties in a region meet two or three times a year to cooperate in adopting certain policies in legislation and other matters. Thus far this year one regional meeting has been held in Elko, at which the agricultural adjustment administration program was the chief topic.

In this County, the Homemakers' Clubs at Elko, Lamoille and Lee are auxiliary to the County Farm Bureau, and provide from five to ten memberships according to the size of the club.

There are five organized Farm Bureau centers in Elko County, and they are as follows: Metropolis, Starr Valley, Halleck, Lee and Lamoille. Meetings relating to the agricultural adjustment administration have been held in each of these community centers. The Homemakers' Club in Elko, Lamoille and Lee, meet twice a month; one meeting being devoted to business and educational activity and the other to social recreation.

The County Board of Directors for this year is as follows: president, George Ogilvie; vice-president, George Terry; secretary-treasurer, Mrs. John Patterson; Mrs. Eugene Drown; L. B. Jeanney, Tracy Fairchild and Allen McBride. There are at present



## (w) Community Activities.

## FARM BUREAU COOPERATION (continued)

thirty-three paid up memberships in the local Farm Bureau.

Greater interest and enthusiasm in the Farm Bureau is being shown this year than at any time during the three year period which the agent has worked in Elko County. The close relationship of the Extension Service with the Farm Bureau in carrying out the agricultural adjustment administration and the opening of a department for livestock interests are no doubt responsible for this increased interest.

## Summary of results to date:

Number of communities having Farm Bureau organization.	5
Number of community chairmen.....	5
Number of Homemakers' clubs.....	3
Number of Farm Bureau memberships.....	33
Number of Homemakers in the County.....	58
Number days devoted to project by agent.....	6½
Number meetings held in relation to project.....	15
(AAA meetings not counted)	
Number news stories published.....	2
Number office calls.....	8



## (w) Community Activities.

## HOMEMAKERS' CLUB

Organized Homemakers' Clubs are functioning in Elko, Lee and Lamoille, with a total enrollment of about 58 women. These clubs are auxiliary to the County Farm Bureau and each has from five to ten paid up memberships in the Farm Bureau. They sponsor the 4-H clubs, Keep Growing and Pre-school Child Health work and help to make the May Day Child Health programs, Health Booklet contests and 4-H Club Achievement Day successful. Most of the 4-H Club leaders are recruited from these women's clubs. In Starr Valley, the Starr Progressive Club has also helped to sponsor the 4-H Club and Keep Growing project.

The Homemakers' Clubs each year plan a program of meetings which include every phase of homemaking from food selection and preparation and child care and training to community and civic development.

The 1934 Program for the Lamoille Homemakers' Club is here attached and shows how varied and comprehensive they have planned their work.

## Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	3
Number days devoted to work by agent.....	13
Number meetings held in relation to work.....	16
Number news stories published.....	8
Number home visits.....	16
Number office calls.....	13
Number result demonstrations carried on.....	58
Number method demonstrations given.....	5



## (w) Community Activities.

## THE LAMOILLE HOMEMAKERS' CLUB

The officers of the Lamoille Homemakers' Club are: president, vice-president, secretary and treasurer.

There are committees on: program, entertainment, refreshments, publicity, memberships, visiting and flowers, welfare, 4-H club, nutrition and health and thrift.

Business meetings are held the first Wednesday in every month, and social meetings on the third Wednesday in every month.

Following is the 1934 plan of the business meetings:

Roll Call: If I were Building a Home.

Subject: The Present Trend in Architecture (Use pictures, plans, etc.) Home Decorating (Walls, floors, curtains).

Roll Call: My Favorite "Home" Song or Poem.

Subject: Home Furnishings (Use pictures, catalogs, samples, etc.) Silver, Linen, Glass.

Roll Call: My Favorite Picture for the Home.

Subject: Building Family Life. Books for the Whole Family.

Roll Call: An Interesting Magazine Article.

Subject: Magazines for the Home. Short Talks on stories, articles, advertising, types of magazines such as Travel, Home and Garden, Scientific, etc.

Roll Call: A New Fashion Note.

Subject: Life Expressed in Clothes. Short Talks and Demonstrations on cottons, silks, shoes, furs, jewelry.

Roll Call: My Garden.

Subject: Old Fashioned Gardens are New Fashioned. Planning your garden on paper.

Roll Call: My Favorite Radio Program.

Subject: The Progress of Radio. What Radio may do for the home.

Roll Call: Modern Health Discoveries.

Subject: What's All This About Vitamins? Diet and Exercise (talk, round table or demonstrations).

Roll Call: My Favorite Economy.

Subject: Planning the Family Finances (with budget demonstrations if possible). Possible Gold Behind the Depression Clouds (simpler ways, more neighborliness, etc.).



(w) Community Activities.

THE LAMOILLE HOMEMAKERS' CLUB (continued)

Roll Call: A Prominent Woman.

Subject: Are Women Voting? Are they Successful in Public Office; What Place in Modern Life Have Women's Organizations? (round table informal debate).

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Roll Call: My Favorite Motion Picture Star.

Subject: Development of the Talkies. Standards of Censorship.

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Roll Call: The Kind of Music I Like Best.

Subject: Music in the Home; Piano; Other Instruments; a Home Orchestra. Development of the phonograph. Are Mechanical Devices Crowding Out Other Music? Desirable or Otherwise? (round table discussion).



## (w) Community Activities.

## RECREATION

Perhaps one good result of the depressing times in that communities are seeking wholesome home-made entertainment and recreation at little or no cost. There is an increasing interest in simple parties, programs, socials, etc., in all of our community centers in Elko County. The Homemakers' Clubs devote wholly half of their programs to social meetings and are sponsoring school programs, Child Health Day activities, and many other community projects which provide recreational as well as educational values.

In addition to bridge and other card parties the clubs have had children's parties, luncheons, garden parties, dances and many other recreational activities within their own groups.

Considerable interest has also been shown in good reading, and in response to this interest the agent has started a lending library of current books of fiction and non-fiction in the local Farm Bureau office. These books are loaned for two weeks without charge.

The 4-H clubs also have a recreational program, and try to devote some time at each meeting to games, songs, stunts, etc. In Elko, the club went to see "Alice in Wonderland" as a part of their social program. Hikes, picnics and dances also are popular among the 4-H Club members.

## Summary of results to date:

Number of communities participating.....	6
Number of leaders assisting.....	3
Number of days devoted to work by agent.....	1
Number of meetings held in relation to project	3
Number of news stories published.....	2
Number home visits made.....	5
Number of method demonstrations.....	3
Number of result demonstrations being carried on.....	7



## (w) Community Activities.

## AGRICULTURAL AND CIVIC PROBLEMS

In response to the requests of some of the women at the Chicago meeting of the National Farm Bureau Federation last fall, and again at the state meeting of the Nevada Farm Bureau in Reno, in February, this project was formulated to inform the women of our County on the chief topics of present agricultural and civic progress.

This project takes up a detailed study of legislation, national, state and local, of law enforcement and what it means to be an informed voter; a study of consumers' problems using the Consumers' Guide, and the Consumers' Research findings; and a study of the Agricultural Adjustment Act, the Farm Loan set-up and national, state and local health problems.

In Elko, the key person in the study of consumers' problems is Mrs. Winona Drown, and at Lamaille, Mrs. John Patterson. Mrs. George Ogilvie, at Lee, is also interested in this information.

## Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	3
Number of days devoted to work by agent.....	1
Number of news stories published.....	1
Number of result demonstrations being carried on..	58
Number of method demonstrations.....	1



## (w) Community Activities.

## FAIRS AND EXHIBITS

At the present time (June 1), it is not known whether there will be County Fair and Flower Show. There are very little funds for such an activity; however, there has been a suggestion that the fair and flower show could be held if the workers work without remuneration and only ribbons are given as prizes. It remains to be seen whether this will be carried out.

The women's department of the Fair has always been one of the finest attractions of the occasion. A list of the superintendents and their respective departments is as follows:

Sewing.....	Mrs. Eugene Drown
Handwork.....	Mrs. Fred Voight
4-H Club Sewing.....	Mrs. Fred Walthers
Foods.....	Mrs. C. E. Secor
4-H Club Foods and Canning.....	Mrs. Joe Curry
Canning (adult).....	Mrs. E. G. Reynolds
Antiques.....	Mrs. August Rohwer
Indian Work.....	Mrs. August Rohwer
Manual Arts.....	Fred Snyder
Flower Show.....	Mrs. E. C. Riddell
	Mrs. E. M. Steninger
Clerks.....	Mrs. C. H. Reinken
	Mrs. C. W. Griswold

Since nothing has been accomplished at this early date on this project, there is no summary of results.



## V. OUTLOOK AND RECOMMENDATIONS

Outlook: The "New Deal" in agriculture which is functioning under the present presidential administration, has greatly changed the nature of Extension Work, and we find it administrative as well as educational. It is hoped that the federal agricultural adjustment Act will greatly improve rural conditions permanently. The temporary benefits have already in many cases provided sustenance and bare necessities to farm families.

Emphasis on the importance of living adequately and happily at low cost and on improving and protecting family health is increasing and is being supported by rural life itself as well as by our Extension Service.

Looking forward, the most eminent projects are Keep Growing, 4-H Club, pre-school and the Nevada-Live-At-Home Plan which comprehensively includes the production and utilization of all the needs of the home.

Recommendations:

## (1). Home Gardens.

- (a). Stress adequate gardens again and strive to increase the number of these gardens.

## (2). Home Grounds Improvement.

- (a). Transfer all phases of this project to the men's division of Extension Work, since all requests are handled by specialist in landscaping and horticulture. Heretofore the organization and management of home grounds improvement enrollments and contests have been handled by the woman Extension Agent but in the last five years the territory has been well canvassed and this method of carrying on the project is no longer needed.

## (3). Foods and Nutrition.

- (a). Increase emphasis on the low cost, but adequate dietary.
- (b). Continue the present fine method of carrying on the Keep Growing work. Strive to have all of the Children in the Keep Growing schools inspected for physical defects by the State or County field nurse, and try to have at least ten percent of the physical defects corrected.
- (c). Continue the good work in Food Selection and Preparation and in Food Preservation, 4-H Clubs,.



- 
- (4). Child Care and Training
- (a). Continue the Prepare for School and the Pre-school Home Demonstration work.
- (5). Clothing
- (a). Assist all relief organizations in their clothing work by providing technical help and advice in the selection and construction of garments.
  - (b). Increase work in children's clothing by giving standards for selection and construction of children's clothing.
  - (c). Increase the quality and quantity of 4-H clothing work.
- (6). Home Management
- (a). Continue the Nevada Live-at-Home program and correlate it with all other projects.
- (7). Home Improvement
- (a). Meet demands and interests of individuals in the county.
- (8). Community Activities
- (a). Assist in promoting the growth of the Farm Bureau.
  - (b). Assist in making the County Fair and Flower Show efficient and educational institution.
  - (c). Assist in promoting interest in wholesome community and family recreation in the county.
  - (d). Continue and increase work on agricultural and civic problems especially on consumer's problems.



VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS TO DATE.  
June 1, 1934

1. Gardens.

This work is being carried on in 15 communities with 24 cooperators. There will undoubtedly be more cooperators later. The garden project is correlated very closely with the Nevada Live-at-Home Plan.

2. Yard Improvement.

Home grounds improvement is being carried on in Elko, Wells and Lamaille, and consists chiefly of specialists' service on landscaping, the selection and care of trees, shrubbery and flowers, and on the control of pests.

3. Food Selection and Preparation.

Seven communities have been involved in this work through the Supplementary Extension project which emphasized low cost menus, recipes and market orders. There will be other nutrition work through the Homemakers' Clubs during the summer and fall. Four-H Foods Clubs are organized in Elko, Lamaille and Starr Valley.

4. Food Preservation.

Nothing has been accomplished at this early date in food preservation; however, this promises to be one of the most important projects in the early fall.

5. Keep Growing.

Twenty-two communities have been reached in this demonstration with a total of 584 children. Health inspection by the CWA nursing service and the correction of 312 physical defects as well as advice on diet and environmental problems have made up the program of work.

6. Child Care and Training.

Neither of the two projects: the Prepare for School Round Up and the Preschool Home Demonstrations have been completed at this time; however, ten communities with a total of 43 children have been reached. Emphasis is being placed on health, diet and habit formation among these children.

7. Clothing.

Cooperating with the local relief agencies and working through the project on Supplementary Extension work, seven communities have been involved in clothing work and at least 171 families have been contacted.



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VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (continued)

8. Home Improvement.

This year finds increased interest in home improvement and thus far eight rooms have been redecorated and partially re-furnished, two kitchens remodeled and one house rearranged and improved.

9. 4-H Club Work.

Sixty-seven 4-H club girls are at present enrolled: 22 are studying Foods work; 11 are studying Food Preservation and 41, Clothing Selection and Construction. Six girls are enrolled in more than one project.

10. Farm Bureau Cooperation.

Seven communities, five of which are organized farm centers are involved in Farm Bureau cooperation. Eight meetings have been held other than those directly concerning the Agricultural Adjustment Administration. At present, there is a membership of 33 persons. The Homemakers' Clubs offer an auxiliary membership of 58 women.



A N N U A L   R E P O R T

F O R

E L K O   C O U N T Y

M A R G A R E T   B R E N N E R

N O V E M B E R 1, 1933 to J U N E 1, 1934

AC 0089/L/49 - c. 2



# COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS

U. S. Department of Agriculture  
and State Agricultural Colleges  
Cooperating

Extension Service,  
Office of Cooperative Extension Work  
Washington, D. C.

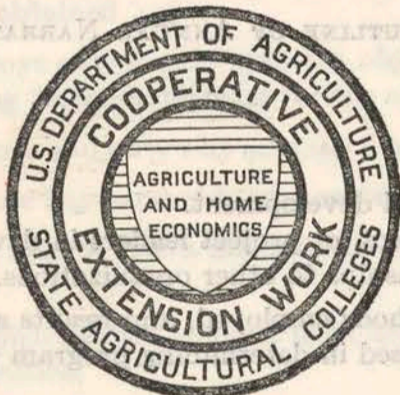
## ANNUAL REPORT OF COUNTY EXTENSION WORKERS

This report form is to be used by county extension agents, such as county agricultural agent, home demonstration agent, club agent, and negro agent, reporting on their respective lines of work.

State Nevada County Elko  
Report of Margaret Brenner County Extension Agent  
(Name) (Title)  
From November 1, 1933 to June 1, 1934

If agent has not been employed entire year, indicate exact period. Agents resigning during the year should make out this report before quitting the service.

### READ DEFINITIONS, PAGE 3



Approved:

Date \_\_\_\_\_ State or District Supervisor.

Date \_\_\_\_\_ State Extension Director.

AC0089/1/49 c.2



## SUGGESTIONS RELATIVE TO THE PREPARATION OF THE COUNTY EXTENSION AGENT'S ANNUAL REPORT

The annual report should be a summary, with analysis and interpretations, for presentation to the people of the county, the State, and the Nation of the extension activities in each county for the year and the results obtained by the county extension agent, assisted by the subject-matter specialists. The making of such a report is of great value to the county extension agent and the people of the county in showing the progress made during the year as a basis for future plans. It is of vital concern also to the State and Nation as a measure of rural progress and a basis for intelligent legislation and financial support of extension work.

Separate statistical and narrative reports are desired from each leader of a line of work, such as county agricultural agent, home demonstration agent, boys' and girls' club agent, and negro agent, regardless of title. Where an assistant agent has been employed a part or all of the year, a report on his or her work should be included with the report of the leader of that line of work. Where an agent in charge of a line of work has quit the service during the year, the information contained in his or her report should be incorporated in the annual report of the agent on duty at the close of the report year, and the latter report so marked. Where two or more agents are employed in a county, each a leader of a line of work, statistics should not be duplicated.

At least four copies of the annual report should be made: One copy for the county officials, one copy for the agent's files, one copy for the State extension office, and one copy for the Extension Service, United States Department of Agriculture. *The report to the Washington office should be sent through the State extension office.*

### NARRATIVE SUMMARY

The narrative report should summarize and interpret the outstanding results accomplished and the extension methods used, under appropriate subheadings, for each project. Every statement should be clear-cut, concise, forceful, and, where possible, reinforced with necessary data from the statistical summary. Use an interesting style of writing, giving major accomplishments first under each project. Give extension methods fully relating to outstanding results only, and where practicable illustrate with photographs, maps, diagrams, blue prints, or copies of charts and other forms used. Full credit should be given to all cooperating agencies. The lines should be single-spaced, with double space between the paragraphs, and reasonably good margins. The pages should be numbered in consecutive order.

The following outline is suggestive of how the narrative report may be clearly and systematically presented. Each agent should adapt the outline to the situation and the work to be reported.

### SUGGESTIVE OUTLINE OF ANNUAL NARRATIVE REPORT

- I. Cover and title page.
- II. Table of contents.
- III. Status of county extension organization.
  - (1) Form of organization—changes and development.
  - (2) Function of local people, committees, or project leaders in developing the program of work.
  - (3) General policies, including relationships to other organizations.
- IV. Program of work; listing goals set up, methods employed, and results achieved.
  - (1) Factors considered and methods used in determining program of work.
  - (2) Project activities and results.
 

<ol style="list-style-type: none"> <li>(a) Cereals.</li> <li>(b) Legumes and forage crops.</li> <li>(c) Potatoes, Irish.</li> <li>(d) Cotton.</li> <li>(e) Tobacco and other special crops.</li> <li>(f) Home gardens and home beautification.</li> <li>(g) Market garden and truck crops.</li> <li>(h) Fruits.</li> <li>(i) Forestry.</li> <li>(j) Rodents and miscellaneous insects.</li> <li>(k) Agricultural engineering and home engineering.</li> <li>(l) Poultry.</li> </ol>	<ol style="list-style-type: none"> <li>(m) Dairy.</li> <li>(n) Other livestock.</li> <li>(o) Farm management.</li> <li>(p) Marketing, farm and home.</li> <li>(q) Foods and nutrition.</li> <li>(r) Child training and care.</li> <li>(s) Clothing.</li> <li>(t) Home management.</li> <li>(u) Home furnishings.</li> <li>(v) Home health and sanitation.</li> <li>(w) Community activities.</li> <li>(x) Miscellaneous.</li> </ol>
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- V. Outlook and recommendations, including suggestive program of work for next year.
- VI. Summary of activities and accomplishments, preferably of one or two typewritten pages only, placed at the beginning or end of the narrative report.

## STATISTICAL SUMMARY

To supplement the narrative part of the report, and in order that comparable State and National summaries may be made, it is necessary to include a statistical summary of the work in each county. The following form has been prepared to insure uniformity of reporting:

### DEFINITIONS OF TERMS USED IN THIS REPORT

1. A program of work is a statement of the specific lines of extension work to be undertaken by the extension agent during a year or a period of years.
2. A plan of work is a definite outline of procedure for carrying out the different phases of the program of work. Such a plan provides specifically for the means to be used and the methods of using them. It also shows what, how much, when, and where the work is to be done.
3. A community is a more or less well-defined group of rural people with common interests and problems. Such a group may include those within a township, trade area, or similar limits. For the purpose of this report a community is one of the several units into which a county is divided for conducting organized extension work.
4. A project leader, local leader, or committeeman is a person who, because of special interest and fitness, is selected to serve as a leader in advancing some phase of the local extension program. A project leader may be either an organization or a subject-matter leader.
5. Demonstrations as contemplated in this report are of two kinds—method demonstrations and result demonstrations.
 

A method demonstration is a demonstration given by an extension worker or other trained leader for the purpose of showing how to carry out a practice. Examples: Demonstrations of how to can fruits and vegetables, mix spray materials, and cull poultry.

A result demonstration is a demonstration conducted by a farmer, home maker, boy, or girl under the direct supervision of the extension worker, to show locally the value of a recommended practice. Such a demonstration involves a substantial period of time and records of results and comparisons, and is designed to teach others in addition to the person conducting the demonstration. Examples: Demonstrating that the application of fertilizer to cotton will result in more profitable yields, that underweight of certain children can be corrected through proper diet, or that the use of certified seed in growing potatoes is a good investment.

The adoption of a farm or home practice resulting from a demonstration or other teaching activity employed by the extension worker as a means of teaching is not in itself a demonstration.
6. A result demonstrator is an adult, boy, or girl who conducts a result demonstration as defined above.
7. A cooperator is a farmer or home maker who agrees to adopt certain recommended practices upon the solicitation of an extension worker. The work is not directly supervised by the extension agent and records are not required, but reports on the success of the practices may be obtained.
8. A 4-H Club is an organized group of boys and/or girls with the objectives of demonstrating improved practices in agriculture or home economics, and of providing desirable training for the members.
9. 4-H Club members enrolled are those boys and girls who actually start the work outlined for the year.
10. 4-H Club members completing are those boys and girls who satisfactorily finish the work outlined for the year.
11. A demonstration meeting is a meeting held to give a method demonstration or to start, inspect, or further a result demonstration.
12. A training meeting is a meeting at which project leaders, local leaders, or committeemen are trained to carry on extension activities in their respective communities.
13. An office call is a call in person by an individual or group seeking agricultural or home-economics information, as a result of which some definite assistance or information is given. A telephone call differs from an office call in that the assistance or information is given or received by means of the telephone. Telephone calls may be either incoming or outgoing.
14. A farm or home visit is a call by the agent at a farm or home at which some definite information relating to extension work is given or obtained.
15. Days in office should include time spent by the county extension agent in his office, extension conferences, and any other work directly related to office administration.
16. Days in field should include all days spent on official duty other than those spent in office.
17. Letters written should include all original letters on official business. (Duplicated letters should not be included.)
18. An extension school is a school usually of two to six days' duration, arranged by the extension service, where practical instruction is given to persons not resident at the college. An extension short course differs from an extension school in that it is usually held at the college or other educational institution and usually for a longer period of time.
19. Records consist of definite information on file in the county office that will enable the agent to verify the data on extension work included in this report.



GENERAL ACTIVITIES

Report Only This Year's Activities and Results that can be Verified

1. List below the names, titles, and periods of service of the county extension agents whose work is included in this report.

Margaret Brenner County Extension Agent 5
Helen S. Tremewan, Ass't. County Extension Agent 1 1/2

2. County extension organization or association. (a) Name Farm Bureau and Homemakers' Clubs

(b) Number of members (1) Men 33 (2) Women 58

3. Number of communities in county where extension work should be conducted 32

4. Number of above communities in which the extension program has been cooperatively worked out by extension agents and local committees 32

5. Number of different voluntary county or community local leaders or committeemen actively engaged in forwarding the extension program.

(a) Adult work (1) Men 5 (2) Women 42

(b) 4-H Club work (1) Men 0 (2) Women 12 (3) Older club boys 0 (4) Older club girls 1

6. Number of clubs or other groups organized to carry on adult home demonstration work 39

7. Members in above clubs or groups 789

8. Number of 4-H Clubs 10

9. Number of different 4-H Club members enrolled (a) Boys 0 (b) Girls 59 - 67 projects

10. Number of different 4-H Club members completing (a) Boys 0 (b) Girls 0

11. Number of different members enrolled in 4-H Club work for:

Table with columns for 1st Year, 2d Year, 3d Year, 4th Year, 5th Year, 6th Year and Over. Rows for (a) Boys and (b) Girls.

12. Number of different 4-H Club members enrolled according to age.

Table with columns for Age (10-20) and rows for Boys and Girls.

1 Report the total number of different boys or girls enrolled in club work. This total should equal the sum of the project enrollments reported on pages 8 to 24, less any duplications due to the same boy or girl carrying on two or more subject-matter lines of work.

GENERAL ACTIVITIES—Continued

Report Only This Year's Extension Activities and Results that can be Verified

13. Number of 4-H Club members in school 66 Out of school 1

14. Number of 4-H Club teams trained (a) Judging 0 (b) Demonstration 0

15. Number of groups organized for extension work with rural young people above the 4-H Club age 0

16. Members in above groups (a) Young men 0 (b) Young women 0

17. Total number of farm visits 2 made in conducting extension work 0

18. Number of different farms visited 0

19. Total number of home visits 2 made in conducting extension work 565

20. Number of different homes visited 172

21. Number of calls relating to extension work (a) Office 253 (b) Telephone 260

22. Number of days agent spent in office 80 1/2

23. Number of days agent spent in field 95 1/2

24. Number of news articles or stories published 38

25. Number of individual letters written 148

26. Number of different circular letters prepared (not total copies mailed) 43

27. Number of bulletins distributed 2693

28. Number of radio talks made 0

29. Number of events at which extension exhibits were shown 0

30. Training meetings held for local leaders or committeemen (a) Adult work (1) Number 15 (2) Total men leaders attending 0 (3) Total women leaders attending 266 (b) 4-H Club (1) Number 5 (2) Total leaders attending 16

31. Method demonstration meetings held (do not include meetings reported under No. 30) (a) Number 115 (b) Total attendance 2170

32. Meetings held at result demonstrations (a) Number 7 (b) Total attendance 183

33. Tours conducted (a) Adult work (1) Number 0 (2) Attendance 0 (b) 4-H Club (1) Number 0 (2) Attendance 0

34. Achievement days held (a) Adult work (1) Number 0 (2) Total attendance 0 (b) 4-H Club (1) Number 0 (2) Total attendance 0

2 List as farm or home visit according to principal purpose of visit. 3 Include county and State press, agricultural journals, and home magazines. Do not count items relating to notices of meetings only.



GENERAL ACTIVITIES—Continued

Report Only This Year's Extension Activities and Results that can be Verified

35. Encampments held (Do not include picnics, rallies, or short courses, as these should be reported under other meetings.)	(a) Farm women	(1) Number.....	0
		(2) Total members attending.....	0
		(3) Total others attending.....	0
(b) 4-H Club	(1) Number.....	0	
	(2) Total boys attending.....	0	
	(3) Total girls attending.....	0	
	(4) Total others attending.....	0	
36. Other meetings of an extension nature participated in and not previously reported	(a) Number.....	0	
	(b) Total attendance.....	0	
37. Meetings held by local leaders or committeemen not participated in by agent and not reported elsewhere.	(a) Adult work	(1) Number.....	0
		(2) Total attendance.....	0
	(b) 4-H Club	(1) Number.....	0
		(2) Total attendance.....	0

8-5146

PROGRAM SUMMARY  
(Nevada Substitute)

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	Sheet No.....	(a) Number communities or other units participating	(b) Number of leaders or committee-men assisting	(c) Days specialists helped with line of work	(d) Days agents devoted to line of work	(e) No. meetings held in relation to line of work	(f) No. news stories published	(g) No. circular letters issued	(h) No. farm or home visits made	(i) No. office calls made	(j) No. result demonstration completed or carried thru year	(k) No. meetings at result demonstrations	(l) No. method demonstration meetings	QUESTION NUMBER
	Home Gardens & Variety Tests	1	15	0	1/2	2 1/2	0	0	0	5	8	24	0	0	
	Home Grounds Improvement	1	2	0	13	0	0	0	0	0	0	3	0	0	
43	Sub-Totals Home Gardens	1	17	0	13 1/2	2 1/2	0	0	0	5	8	27	0	0	43
	Food Selection & Preparation	1	7	7	0	4	15	1	0	4	7	(171)	0	15	
	Food Selection & Preparation 4-H	1	3	7	0	17	35	7	12	26	39	22	3	11	
	Food Preservation	1	8	0	0	1/2	0	0	0	2	3	3	0	0	
	Food Preservation 4-H	1	3	1	0	1	2	1	2	2	1	11	0	1	
	Keep Growing	1	22	24	21	61	103	2	5	40	19	22	0	45	
	CWSA School Lunch	1	5	7	0	7 1/2	267	7	0	6	22	5	258	2	
54	Sub-totals Nutrition	1	48	46	21	91	422	18	19	80	91	(171)	261	74	54
	Prepare for School Round Up	1	10	10	0	1 1/2	3	0	0	1	1	25	0	3	
	Preschool Home Demonstrations	1	9	10	0	7 1/2	28	0	0	21	3	18	0	27	
55	Sub-totals Child Training & Care	1	19	20	0	9	31	0	0	22	4	43	0	30	55

(1) Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
(2) Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



**PROGRAM SUMMARY**  
(Nevada Substitute)

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	(a)	(b)	(c)	(d)	(e)	(f)	(g)	(h)	(i)	(j)	(k)	(l)	QUESTION NUMBER
		Number communities or other units participating	Number of leaders or committee-men assisting	Days specialists helped with line of work	Days agents devoted to line of work	No. meetings held in relation to line of work	No. news stories published	No. circular letters issued	No. farm or home visits made	No. office calls made	No. result demonstration completed or carried thru year	No. meetings at result demonstrations	No. method demonstration meetings	
	Clothing Selection & Construction	7	0	0	1	1	0	0	0	8	(171)	0	2	
	Clothing Sel. & Construction 4-H	4	5	0	10 $\frac{1}{2}$	36	4	13	14	29	41	3	13	
	Children's Clothing	3	0	0	(2)	0	0	0	0	0	0	0	1	
56	Sub-totals Clothing Sel. & Const.	14	5	0	(2) 11 $\frac{1}{2}$	37	4	13	14	37	(41)	3	16	56
	Nevada Live-at-Home Plan	(7)	(7)	(6)	(13)	(9)	0	(1)	(239)	(30)	(171)	(3)	(37)	
	Sub-totals Live-at-Home Plan	(7)	(7)	(6)	(13)	(9)	0	(1)	(239)	(30)	(171)	(3)	(37)	
	Home Improvement Interior	3	0	0	1	0	0	0	3	2	4	0	12	
58	Home Improvement sub-totals	3	0	0	1	0	0	0	3	2	4	0	12	58
	Recreation	8	3	0	(1)	(3)	2	0	5	0	7	0	(3)	
	Relief Work Cooperation	32	25	0	(6 $\frac{1}{2}$ )	6	3	1	13	42	(171)	0	0	
	Supplementary Extension Work	7	7	6	13	9	0	2	239	30	171	0	37	
	Farm Bureau Cooperation	7	7	2	6 $\frac{1}{2}$	15	2	0	0	8	33	0	0	
	Homemakers Cooperation	3	3	0	(6 $\frac{1}{2}$ )	16	8	1	16	13	58	1	5	

Sheet No. 2

(1) Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
(2) Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



**PROGRAM SUMMARY**  
(Nevada Substitute)

List below information on each subdivision of the program of work. Include under each heading a brief description of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her name with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

QUESTION NUMBER	LINE OF WORK (Name and Number of Project)	(a) Number communities or other units participating	(b) Number of leaders or committeemen assisting	(c) Days specialists helped with line of work	(d) Days agents devoted to line of work	(e) No. meetings held in relation to line of work	(f) No. news stories published	(g) No. circular letters issued	(h) No. farm or home visits made	(i) No. office calls made	(j) No. result demonstrations completed or carried thru year	(k) No. meetings at result demonstrations	(l) No. method demonstration meetings	QUESTION NUMBER
	Sheet No. <u>3</u>													
60	Agricultural & Civic Problems	3	3	0	1	1	1	0	0	0	58	0	1	
	Sub-totals Community Activities	60	48	8	(14) <sup>3</sup> 29	(3) <sup>4</sup> 47	16	4	273	93	(4) <sup>38</sup> 327	1	(3) <sup>43</sup> 43	60
	Miscellaneous Organization & Extension	0	0	4	32	2	0	7	17	25	0	0	0	
61	Sub-totals Misc. Org. & Exten.	0	0	4	32	2	0	7	17	25	0	0	0	
	GRAND TOTALS	32	55	52½	(29) <sup>18</sup> 176	(18) <sup>3</sup> 539	38	(1) <sup>43</sup> 43	(239) <sup>30</sup> 414	(30) <sup>68</sup> 523	(68) <sup>4</sup> 265	(3) <sup>40</sup> 265	(40) <sup>175</sup> 175	

<sup>1</sup>Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.  
<sup>2</sup>Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



PROGRAM SUMMARY

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

Table with 10 columns: Line of work, Number of communities or other units participating (a), Number of leaders or committeemen assisting (b), Days specialists helped with line of work (c), Days agent devoted to line of work (d), Number of meetings held in relation to line of work (e), Number of news stories published (f), Number of different circular letters issued (g), Number of farm or home visits made (h), Number of office calls received (i). Rows 38-63 list various agricultural and home management topics.

(The totals for these columns do not necessarily check with the information given on pages 4, 5, and 6, since one meeting, farm visit, circular letter, etc., may relate to two or more lines of subject matter.)

1 Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs, as this should be reported under the projects above.

2 Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.



CEREALS<sup>1</sup>

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Corn	(b) Wheat	(c) Oats	(d) Rye	(e) Barley	(f) Other <sup>2</sup>
64. Number of method demonstration meetings held.....						64
65. Number of adult result demonstrations completed or carried into the next year.....						65
66. Total number of acres included in adult result demonstrations.....						66
67. Average increased yield per acre on adult result demonstrations due to recommended practices.....	bu.	bu.	bu.	bu.	bu.	bu.
68. Number of 4-H Club members enrolled.....	(1) Boys.....					68
	(2) Girls.....					
69. Number of 4-H Club members completing.....	(1) Boys.....					69
	(2) Girls.....					
70. Number of acres grown by club members completing.....						70
71. Total yields of cereals grown by club members completing.....	bu.	bu.	bu.	bu.	bu.	bu.

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Report fall-sown crops the year they are harvested.  
<sup>2</sup> Indicate crop by name.

LEGUMES AND FORAGE CROPS

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Alfalfa	(b) Sweet clover	(c) Clover (red, alsike, white)	(d) Vetch	(e) Lespedeza	(f) Pastures
72. Number of method demonstration meetings held.....						72
73. Number of adult result demonstrations completed or carried into the next year.....						73
74. Total number of acres included in adult result demonstrations.....						74
75. Average increased yield per acre on adult result demonstrations due to recommended practices <sup>1</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ xxxxxx } xxxxxx
76. Number of 4-H Club members enrolled.....	(1) Boys.....					76
	(2) Girls.....					
77. Number of 4-H Club members completing.....	(1) Boys.....					77
	(2) Girls.....					
78. Number of acres grown by club members completing.....						78
79. Total yield of crops grown by club members completing <sup>1</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. tons	{ xxxxxx } xxxxxx

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate whether yield is bushels of seed or tons of cured forage.



LEGUMES AND FORAGE CROPS—Continued

Report Only This Year's Extension Activities that are Supported by Records

Item	(g)	(h)	(i)	(j)	(k)	(m)
	Soy beans	Cowpeas	Velvet-beans	Field beans	Peanuts	Other <sup>1</sup>
72. Number of method demonstration meetings held.....						72
73. Number of adult result demonstrations completed or carried into the next year.....						73
74. Total number of acres included in adult result demonstrations.....						74
75. Average increased yield per acre on adult result demonstrations due to recommended practices <sup>2</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. lbs.	{ lbs. tons	75
76. Number of 4-H Club members enrolled.....	{ (1) Boys.....					76
	{ (2) Girls.....					
77. Number of 4-H Club members completing.....	{ (1) Boys.....					77
	{ (2) Girls.....					
78. Number of acres grown by club members completing.....						78
79. Total yield of crops grown by club members completing <sup>2</sup> .....	{ bu. tons	{ bu. tons	{ bu. tons	{ bu. lbs.	{ lbs. tons	79

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate crop by name.

<sup>2</sup> Indicate whether yield is bushels of seed or tons of cured forage.

POTATOES, COTTON, TOBACCO, AND OTHER SPECIAL CROPS

Report Only This Year's Extension Activities that are Supported by Records

Item	(a)	(b)	(c)	(d)	(e)
	Irish potatoes	Sweet potatoes	Cotton	Tobacco	Other <sup>1</sup>
80. Number of method demonstration meetings held.....					80
81. Number of adult result demonstrations completed or carried into the next year.....					81
82. Total number of acres included in adult result demonstrations.....					82
83. Average increased yield per acre on adult result demonstrations due to recommended practices.....	bu.	bu.	lbs. <sup>2</sup>	lbs.	83
84. Number of 4-H Club members enrolled.....	{ (1) Boys.....				84
	{ (2) Girls.....				
85. Number of 4-H Club members completing.....	{ (1) Boys.....				85
	{ (2) Girls.....				
86. Number of acres grown by club members completing.....					86
87. Total yield of crops grown by club members completing.....	bu.	bu.	lbs. <sup>2</sup>	lbs.	87

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

<sup>1</sup> Indicate crop by name.

<sup>2</sup> Report yield of cotton in pounds of seed cotton.



FRUITS, VEGETABLES, AND BEAUTIFICATION OF HOME GROUNDS

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Home gardens	(b) Market gardening, truck, and canning crops	(c) Beautification of home grounds	(d) Tree fruits	(e) Bush and small fruits	(f) Grapes	
88. Number of method demonstration meetings held.....	0	0	0	0	0	0	88
89. Number of adult result demonstrations completed or carried into the next year.....	24	0	3	0	0	0	89
90. Total number of acres included in adult result demonstrations.....	x x x x x	0	x x x x x	0	0	0	90
91. Average increased yield per acre on adult result demonstrations due to recommended practices.....	x x x x x	0 bu.	x x x x x	0 bu.	0 qts.	0 lbs.	91
92. Number of 4-H Club members enrolled.....	(1) Boys.....	0	0	0	0	0	92
	(2) Girls.....	0	0	0	0	0	
93. Number of 4-H Club members completing.....	(1) Boys.....	0	0	0	0	0	93
	(2) Girls.....	0	0	0	0	0	
94. Number of acres grown by club members completing.....	0	0	x x x x x	0	0	0	94

NOTE.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

FORESTRY

Report Only This Year's Extension Activities that are Supported by Records

95. Number of method demonstration meetings held.....		95
96. Number of adult result demonstrations completed or carried into the next year.....		96
97. Number of 4-H Club members enrolled.....	(a) Boys.....	97
	(b) Girls.....	
98. Number of 4-H Club members completing.....	(a) Boys.....	98
	(b) Girls.....	
99. Number of transplant beds cared for by club members completing.....		99
100. Number of acres of farm woodland managed by club members completing.....		100
101. Number of new areas reforested by planting with small trees according to recommendations.....		101
102. Acres involved in preceding question.....		102
103. Number of farms assisted in forest or woodland management.....		103
104. Acres involved in preceding question.....		104
105. Number of farms planting windbreaks according to recommendations.....		105
106. Number of farms following recommendations as to control of white-pine blister rust.....		106
107. Number of farms assisted in other ways relative to forestry (specify below).....		107
107½. Number of farmers cutting timber on farm for construction or repair of buildings on recommendation of agent.....		107½

(Use space below for State questions not listed above)

RODENTS, OTHER ANIMAL PESTS, AND MISCELLANEOUS INSECTS

Report Only This Year's Extension Activities that are Supported by Records

(Do not include work reported under "Crop" and "Livestock" headings)

Item	(a) Rodents	(b) Other animal pests	(c) Insects	
108. Number of method demonstration meetings held.....				108
109. Number of result demonstrations completed or carried into the next year.....				109
110. Pounds of poison used.....				110



AGRICULTURAL ENGINEERING  
(FARM AND HOME)

Report Only This Year's Extension Activities that are Supported by Records

- 111. Number of method demonstration meetings held..... 111
- 112. Number of adult result demonstrations completed or carried into next year..... 112
- 113. Number of adults completing training in terracing and other engineering extension schools, or completing plans for some major engineering improvement..... 113
- 114. Number of 4-H Club members enrolled.....  
 (a) Boys.....  
 (b) Girls..... } 114
- 115. Number of 4-H Club members completing.....  
 (a) Boys.....  
 (b) Girls..... } 115
- 116. Number of units improved by 4-H Club members:  
 (a) Acres terraced..... (c) Articles made.....  
 (b) Machines or equipment repaired..... (d) Equipment installed..... } 116

Engineering activities	Principal improvements being made	(a) Number of farms	(b) Number of units	(c) Total value of service or saving	
117. Terracing and erosion control.....			acres.	\$.....	117
118. Drainage practices.....			acres.		118
119. Irrigation practices.....			acres.		119
120. Land-clearing practices.....			acres.		120
121. Better types of machines.....			mach.		121
122. Maintenance and repair of machines <sup>1</sup> .....			mach.		122
123. Efficient use of machinery.....			x x x x x		123
124. All buildings constructed <sup>2</sup> .....			bldgs.		124
125. Buildings remodeled, repaired, painted <sup>2</sup> .....			bldgs.		125
126. Farm electrification <sup>2</sup> .....					126
127. Home equipment <sup>2</sup> .....					127
128. Total of columns (a) and (c).....	x x x x x		farms	\$.....	12

- <sup>1</sup> 129. Number of machines repaired as reported in question 122, by types:
- (a) Tractors..... (c) Harvesters and threshers.....
  - (b) Tillage implements..... (d) Other..... } 129

- <sup>2</sup> 130. Number of building and equipment improvements as reported in questions 124, 125, 126, 127, by types:
- (a) Dwellings constructed according to plans furnished.....
  - (b) Dwellings remodeled according to plans furnished.....
  - (c) Sewage systems installed..... (h) Dairy buildings.....
  - (d) Water systems installed..... (i) Silos.....
  - (e) Heating systems installed..... (j) Hog houses.....
  - (f) Lighting systems installed..... (k) Poultry houses.....
  - (g) Home appliances and machines..... (l) Other..... } 130

POULTRY, DAIRY CATTLE, BEEF CATTLE, SHEEP, SWINE, AND HORSES

Report Only This Year's Extension Activities that are Supported by Records

Item	(a)	(b)	(c)	(d)	(e)	(f)
	Poultry	Dairy cattle	Beef cattle	Sheep	Swine	Horses and mules
131. Number of method demonstration meetings held.....						131
132. Number of adult result demonstrations completed or carried into the next year.....						132
133. Number of animals involved in these completed adult result demonstrations.....						133
134. Total profit or saving on adult result demonstrations completed.....						134
135. Number of 4-H Club members enrolled..... (1) Boys..... (2) Girls.....						135
136. Number of 4-H Club members completing..... (1) Boys..... (2) Girls.....						136
137. Number of animals involved in 4-H Club work completed.....						137
138. Number of farms assisted in obtaining purebred sires.....						138
139. Number of farms assisted in obtaining high-grade or purebred females.....						139
140. Number of bull, boar, ram, or stallion circles or clubs organized <sup>1</sup> .....						140
141. Number of members in preceding circles or clubs.....						141
142. Number of herd or flock improvement associations organized or reorganized <sup>1</sup> .....						142
143. Number of members in these associations.....						143
144. Number of farms not in associations keeping performance records of animals.....						144
(Use space below for State questions not listed above)						
.....						
.....						
.....						
.....						
.....						
.....						
.....						
.....						
.....						
.....						

<sup>1</sup> Where less than half the membership resides within the county, do not report the circle, club, or association, but report the membership within the county under following questions.



FARM MANAGEMENT, CREDIT, INSURANCE, AND TAXATION

Report Only This Year's Extension Activities that are Supported by Records

145. Number of method demonstration meetings held.....	145	
146. Number of adult result demonstrations completed or carried into the next year.....	146	
147. Number of 4-H Club members enrolled in farm account work.....	147	
(a) Boys.....		
(b) Girls.....		
148. Number of 4-H Club members completing.....	148	
(a) Boys.....		
(b) Girls.....		
149. Number of farms keeping farm accounts throughout the year under supervision of agent.....	149	
150. Number of farms keeping cost-of-production records under supervision of agent.....	150	
151. Number of farms assisted in summarizing and interpreting their accounts.....	151	
152. Number of farms assisted in making inventory or credit statements.....	152	
153. Number of farm business or enterprise survey records taken during year.....	153	
154. Number of farms making recommended changes in their business as result of keeping accounts or survey records.....	154	
155. Number of other farms adopting cropping, livestock, or complete farming systems according to recommendations.....	155	
156. Number of farms advised relative to leases.....	156	
157. Number of farms assisted in obtaining credit.....	157	
158. Number of different farms assisted in using outlook or other timely economic information as a basis for readjusting farm operations (Use best judgment in making conservative estimate).....	158	
159. Number of farms in preceding question making readjustments in—	159	
(a) Wheat.....	(g) Dairy cattle.....	(m).....
(b) Corn.....	(h) Beef cattle.....	(n).....
(c) Cotton.....	(i) Hogs.....	(o).....
(d) Potatoes.....	(j) Sheep.....	(p).....
(e) Tobacco.....	(k) Poultry.....	(q).....
(f) Truck crops.....	(l).....	(r).....

(Use space below for State questions not listed above)

MARKETING (FARM AND HOME)

Report Only This Year's Extension Activities that are Supported by Records

Item	(a) Grain and feed	(b) Cotton	(c) Dairy products	(d) Livestock	(e) Fruits and vegetables	(f) Poultry and eggs	(g) Home products	(h) Other
160. Number of cooperative-marketing associations or groups <sup>1</sup> organized during the year.....								160
161. Number of cooperative-marketing associations or groups <sup>1</sup> previously organized assisted by extension agent this year.....								161
162. Membership in associations organized and assisted (161 and 162).....								162
163. Value of products marketed by all associations worked with.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	163
164. Value of supplies purchased by all associations worked with.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	\$.....	164
Number of cooperative-marketing associations or groups assisted with problems of—								
165. Preliminary analysis.....								165
166. Organization.....								166
167. Accounting and auditing.....								167
168. Financing.....								168
169. Business policies.....								169
170. Production to meet market demand.....								170
171. Reduction of market losses.....								171
172. Use of current market information.....								172
173. Standardizing.....								173
174. Processing or manufacturing.....								174
175. Packaging and grading.....								175
176. Loading.....								176
177. Transporting.....								177
178. Warehousing.....								178
179. Keeping membership informed.....								179
180. Merging into larger units.....								180
Number of farms or homes not in cooperative associations or groups assisted with problems of—								
181. Standardizing.....								181
182. Packaging and grading.....								182
183. Use of current market information.....								183

(Use space below for State questions not listed above)

<sup>1</sup> Include independent local associations, units of federations, branches of centralized organizations, terminal sales agencies, production associations which do buying or selling, and curb and home demonstration club markets.



FOODS AND NUTRITION

Report Only This Year's Extension Activities that are Supported by Records

184. Number of method demonstration meetings held.....			74	184
185. Number of adult result demonstrations completed or carried into the next year.....			48	185
		Food selection and preparation	Food preservation	
		(a)	(b)	
186. Number of 4-H Club members enrolled.....	(1) Girls.....	22	11	186
	(2) Boys.....	0	0	
187. Number of 4-H Club members completing.....	(1) Girls.....	0	0	187
	(2) Boys.....	0	0	
188. Number of homes assisted in planning family food supply for a year.....			3	188
189. Number of homes budgeting food expenditures for a year.....			0	189
190. Number of homes balancing family meals.....			55	190
191. Number of homes improving home-packed lunches according to recommendations.....			47	191
192. Number of schools following recommendations for a hot dish or school lunch.....			17	192
193. Number of children involved in preceding question.....			680	193
194. Number of homes using improved methods in child feeding.....			28	194
195. Number of individuals adopting recommendations for corrective feeding (such as weight control, anemia, pellagra, and constipation).....			613	195
196. Number of jars of canned products preserved by 4-H Club members.....			0	196

(Use space below for State questions not listed above)

Keep Growing

Number of communities.....	22
Number of children.....	593
% increase in number in good nutrition.....	17.14
% decrease in number in poor nutrition.....	-1.43
% children in good nutrition.....	72.28
% children in poor nutrition.....	5.82
Number physical defects corrected.....	312
% children having physical defects.....	76
Number schools having hot lunches.....	17
Number schools having supervised lunch.....	22

Civil Works Service

Administration School Lunch	
Number of communities...	5
Number of children.....	521

CHILD TRAINING AND CARE

Report Only This Year's Extension Activities that are Supported by Records

197. Number of method demonstration meetings held.....			30	197
198. Number of adult result demonstrations completed or carried into the next year.....			43	198
199. Number of groups devoting major part of program to child training and care.....			0	199
200. Membership in these groups.....			0	200
201. Number of 4-H Club members enrolled.....	(a) Girls.....		0	201
	(b) Boys.....		0	
202. Number of 4-H Club members completing.....	(a) Girls.....		0	202
	(b) Boys.....		0	
202½. Number of 4-H Club members not in special child training and care clubs who participated in definite child training and care work.....	(a) Girls.....		0	202½
	(b) Boys.....		0	
203. Number of homes improving habits of school children (other than reported under "Foods and Nutrition" and "Home Health and Sanitation").....			19	203
204. Number of homes substituting positive methods of discipline for negative ones.....			6	204
205. Number of homes providing recommended play equipment.....			0	205
206. Number of homes making recommended physical adjustments to better meet children's needs.....			13	206
207. Number of homes adopting better adult habits with respect to development of children.....			5	207

(Use space below for State questions not listed above)



CLOTHING

Report Only This Year's Extension Activities that are Supported by Records

208. Number of method demonstration meetings held.....	2	208
209. Number of adult result demonstrations completed or carried into the next year.....	171	209
210. Number of 4-H Club members enrolled.....	(a) Girls..... 41 (b) Boys..... 0	210
211. Number of 4-H Club members completing.....	(a) Girls..... 0 (b) Boys..... 0	211
212. Number of individuals following recommendations in improving construction of clothing.....	(a) Women..... 97 (b) Girls..... 41	212
213. Number of individuals using a clothing budget.....	(a) Women..... 0 (b) Girls..... 41 (c) Boys..... 0	213
214. Number of individuals making garments for themselves.....	(a) Women..... 153 (b) Girls..... 41	214
215. Number of individuals improving children's clothing according to recommendations.....	(a) Women..... 5 (b) Girls..... 9	215
216. Number of individuals following recommendations in improving care, renovation, and remodeling of clothing.....	(a) Women..... 49 (b) Girls..... 29	216

(Use space below for State questions not listed above)

HOME MANAGEMENT

Report Only This Year's Extension Activities that are Supported by Records

217. Number of method demonstration meetings held.....	37	217
218. Number of adult result demonstrations completed or carried into the next year.....	171	218
219. Number of 4-H Club members enrolled.....	(a) Girls..... 0 (b) Boys..... 0	219
220. Number of 4-H Club members completing.....	(a) Girls..... 0 (b) Boys..... 0	220
220½. Number of 4-H Club members keeping personal accounts.....	41	220½
221. Number of homes keeping home accounts according to a recommended plan.....	0	221
222. Number of homes budgeting expenditures in relation to income according to a recommended plan.....	51	222
223. Number of homes following recommended methods in buying for the home.....	103	223
224. Number of women following a recommended schedule for home activities.....	0	224
225. Number of kitchens rearranged for convenience according to recommendations.....	2	225
226. Number of homes following recommendations in obtaining labor-saving equipment.....	6	226
227. Number of homes adopting recommended laundering methods.....	0	227
228. Number of homes adopting recommended methods in care of house.....	3	228
229. Number of homes assisted in an analysis of their home conditions with reference to a standard of living.....	0	229
230. Number of homes assisted in making adjustments in home making to gain a more satisfactory standard of living.....	0	230

(Use space below for State questions not listed above)

Supplementary Extension Work with Relief & Subsistence Families

Number of communities.....	8
Number of families.....	171
Number of home visits made.....	239







COMMUNITY OR COUNTRY-LIFE ACTIVITIES

Report Only This Year's Extension Activities that are Supported by Records

253. Number of communities assisted in making social or country-life surveys, or in scoring themselves or their community organizations.....	0	253
254. Number of country-life conferences or training meetings conducted for community leaders.....	0	254
255. Number of community groups assisted with organizational problems, programs of activities, or meeting programs.....	35	255
256. Number of communities developing recreation according to recommendations.....	7	256
257. Number of community or county-wide pageants or plays presented.....	2	257
258. Number of community houses, clubhouses, permanent camps, or community rest rooms established.....	(a) Adults..... 0 (b) Juniors..... 0	258
259. Number of communities assisted in improving hygienic or public-welfare practices.....	23	259
260. Number of school or other community grounds improved in accordance with plans furnished.....	0	260
261. Number of 4-H Clubs engaging in community activities, such as improving school grounds, conducting local fairs, etc.....	3	261
261½. Total number of different communities assisted in connection with the community or country-life work reported on this page.....	7	261½

(Use space below for State questions not listed above)

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BEES, WEEDS, HANDICRAFT, RABBITS, AND MISCELLANEOUS

Under This Heading Report Other Lines of Work not Included in the Preceding Pages, Such as Bees, Weeds, Handicraft, and Similar Work, i. e., any Other Information that can be Reported Statistically and that Will Help to Give a Complete Account of the Year's Work

Item	(a) Bees	(b) Weeds	(c) Handicraft	(d) Rabbits	(e) Other clubs	
262. Number of method demonstration meetings held.....	0	0	0	0	0	262
263. Number of adult result demonstrations completed or carried into next year.....	0	0	0	0	0	263
264. Number of 4-H Club members enrolled.....	(1) Boys.....	0	0	0	0	264
	(2) Girls.....	0	0	0	0	
265. Number of 4-H Club members completing.....	(1) Boys.....	0	0	0	0	265
	(2) Girls.....	0	0	0	0	



UNIVERSITY OF NEVADA  
AGRICULTURAL AND HOME ECONOMICS  
EXTENSION DIVISION

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ANNUAL NARRATIVE REPORT  
OF  
HOME ECONOMIC ACTIVITIES  
IN  
ELKO COUNTY

by  
MARGARET BRENNER  
COUNTY EXTENSION AGENT

November 1, 1933

to

June 1, 1934



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## FOREWORD BY EXTENSION AGENT

June 1, 1934, finds the agent completing nearly three and one-half years' interesting work in the Nevada Extension Service. In that period of time there have been many changes in home demonstration projects and in the method of presenting them, due largely to the emergency conditions arising from the severe economic depression of this decade. Nevada has had a history of financial prosperity in mining and agricultural industries, probably unmatched anywhere in the United States, and the depression has been late in affecting this area. When the old time incomes suddenly began a landslide to nothingness the affect was acute and the adjustment has required all the ingenuity possible from the Extension Service and its cooperators.

It has been a real struggle to teach Nevada people to produce their living at home, to grow a good vegetable garden and preserve its products, to make and remodel clothing, to safeguard the health of the family by simple living rather than by doctor bills and to find enjoyment and entertainment at little cost in the home or community instead of in much spending in cities on the coast. At times it has seemed such an unsurmountable task that the agent has wondered if trying was worthwhile. But in the past few years economic conditions have been acute enough to interest these people in doing anything which would decrease their cash expenditures, and the result has been that they are beginning to find a real satisfaction in being able to produce most of their living at home. The Nevada-Live-at-Home Plan is a project which is being correlated with food production and preservation, clothing selection, construction and care; nutrition and health, home improvement and also recreation. It is hoped that the good such a campaign can bring in solving the problems of economic and social adjustments will be of lasting as well as temporary value to Nevada people.

It is with pleasure and a sense of gratitude that the agent now leaves a position which has given her a little better than three years' rich and interesting experiences and the hope that possibly in return she has helped some of the people of the county to live better and more economically in making a much needed adjustment. Best wishes are extended that the service may carry on with increasing efficiency and good results.

MARGARET BRENNER  
County Extension Agent



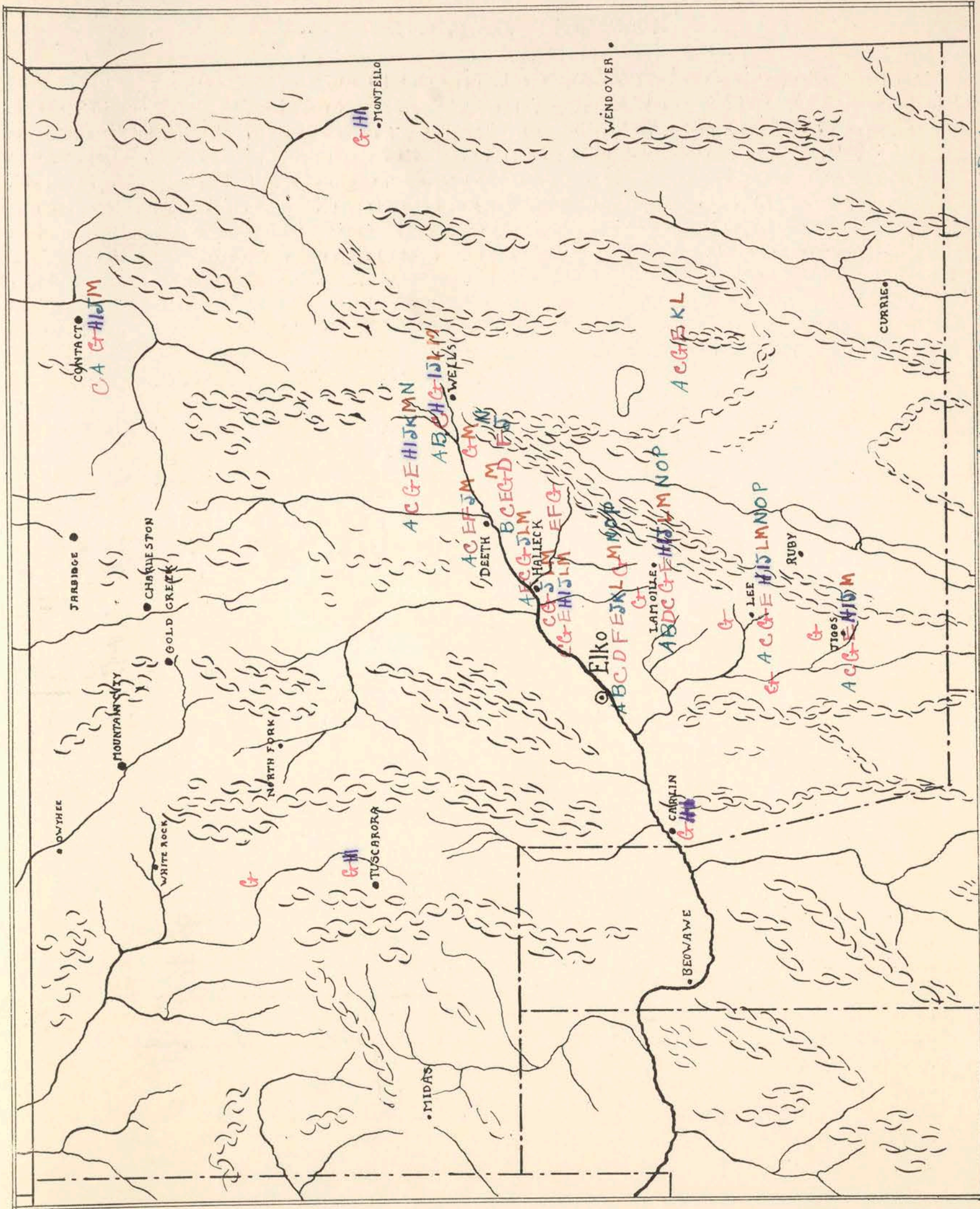
DISTRIBUTION OF AGENT'S TIME

Keep Growing	39%
Food Selection and Preparation	3%
Gardens and Yard Improvement	1½%
Pre-school Projects	5%
Clothing Selection & Construction and Children's Clothing	½%
Home Management	7½%
Agricultural and Civic Problems	½%
Homemakers' Clubs	3½%
Farm Bureau Cooperation	3½%
Relief Work	1½%
4-H Clubs: Foods 10%; Clothing 6%; Canning ½%	16½%
Miscellaneous	18%

DISTRIBUTION OF TIME BY DAYS

Total number of days...	176	Home Management.....	13
Days in field.....	95½	(Supplementary Extension Work Included)	
Days in office.....	80½	Agricultural and Civic Problems.....	1
Keep Growing.....	68½	Homemakers' Clubs.....	(6½) 6½
(CWSA School Lunch Included)		Farm Bureau.....	6½
Adult Food Preservation ½		Relief Work.....	(6½) 2
Food Selection and Preparation.....	4	Recreation.....	(1)
Gardens and Yard Improvement.....	2½	4-H Club.....	28½
Pre-school work.....	9	Foods Club.....	17
Clothing Selection and Construction.....	1	Clothing Club.....	10½
(Children's Clothing Included)		Canning Club.....	1
		Miscellaneous.....	32





- A Gardens
- B Yard Improvement
- C Food Sel. & Prep.
- D 4-H Foods club
- E Food Pres.
- F 4-H Food Pres.
- G Keep Growing
- H Prepare for School
- I Preschool Home dem.
- J Clothing
- K 4-H clothing club
- L Home Improvement
- M. Home Management
- N. Farm Bureau
- O. Home maker's club
- P. Agri. & Civic Prob



### III. STATUS OF COUNTY EXTENSION ORGANIZATION

The County Extension organization cooperates with and works under the County Farm Bureau Board composed of three men and two women.

#### (1). Form of Organization.

This organization is made of three Extension agents, two having charge of the work of the men and one having charge of the work of the women and school children. The work is under the dual supervision of the State Director of Extension and two assistant directors. The assistant director of the women's work is also the State nutrition specialist. The women's work is organized as Homemakers' Clubs and the school children are cared for under the major nutrition project known as Keep Growing.

Community Organization: Each club has its president, vice-president, secretary-treasurer and project leaders, the latter having charge of the different phases of the work. Since the distances between the communities are so great it is seldom possible to have county leaders' meetings. One club holds its meeting in a community hall, and the other three hold their meetings in the homes of members or in school houses. Two clubs hold two meetings per month, one business and one social while two hold a meeting just once a month which serves as both a business and social meeting.

#### (2). Function of Different Bodies in the Development of program work.

A committee, comprised usually of the local leaders, meets and selects a program of work with the county agent. It is then presented to the club, discussed and often revised before it is accepted.

#### (3). General Policies.

Cooperation: The County Extension agents have the splendid support of the State Extension office. Director C. W. Creel, serves in a supervisory capacity, Assistant Director, Mary S. Byol, also supervises the women's work, Assistant Director, Thomas Buckman is head of the boys' and girls' club work.

In the county, the Elko and Wells Chamber of Commerce, the County Medical Association, the Twentieth Century Club, the Rotary Club, other federated clubs and the Elko County Fair Board and many of the school boards have cooperated, and in return we have given valuable service to them. We have an office in the Elko Federal Building.



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III. STATUS OF COUNTY EXTENSION ORGANIZATION (continued)

Publicity: County and state-wide publicity of our work is taken care of by news items in the local papers and by mimeographed narrative reports sent to those interested in agriculture and home economics throughout the county. The local papers have cooperated splendidly and have been of valuable assistance in making a great many of our projects successful. Professor A. L. Higginbotham, of the University Extension Service, has aided us greatly in state-wide publicity.

.....



## IV. PROGRAM OF WORK

## (1). Factors considered and Methods Used in Determining Program of Work.

Elko County is situated in the northeastern part of the State of Nevada, and covers over 17,059 square miles, with some 4,000 miles of roads to be traveled by the agent in reaching all of the communities. These communities range from twenty-three to 125 miles from the main office at Elko. About 1,500 miles per month is the average distance traveled by the agent.

Each Homemakers' Club meets, discusses the program of work and then decides upon the program for the year, appointing project leaders for each phase of the work. Typewritten or printed programs are furnished each member and the programs are carried out as nearly as possible. The 4-H Clubs are sponsored by the Homemakers in a number of the communities.

In the school health work a local leader is appointed who carries on the project when the agent is not able to visit the community.

\*\*\*\*\*



GOALS AND COMPLETIONS TO DATE

(\* shows that the project has been completed;  
 - shows that the project is as yet unfinished)

(f) Home Gardens and Home Beautification.

1. Adequate Gardens (Campaign Stage) State office #37,  
 County #2.

<u>Goals</u>	<u>Completions</u>
15 communities.....	15
30 result demonstrations.....	24
150 families adopting improved practices.....	-
Work with families securing FERA garden seeds.....	*
Encourage town subsistence gardens; correlate with Live-at-Home plan campaign.....	*

2. Green Leaf Vegetables, Variety Tests, State office #117,  
 County #37.

<u>Goals</u>	<u>Completions</u>
24 Test plots: 3 of each of the following:	
Spinach.....	8
Tender greens.....	5
Swiss chard.....	11
Peppers.....	2
Asparagus.....	0
Corn salad.....	2
Endive.....	3
Chard.....	9

3. Home Grounds Improvement - Elko and Wells, State office #55, County #20.

<u>Goals</u>	<u>Completions</u>
4 new result demonstrations.....	-
Continue work with old demonstrators.....	-
25 homes adopting improved practices.....	-

4. County-wide Farm Grounds Improvement, State office #121,  
 County #20.

<u>Goals</u>	<u>Completions</u>
2 communities.....	1
6 result demonstrations.....	1
2 new result demonstrations.....	-
1 Flower show.....	-



GOALS AND COMPLETIONS TO DATE (continued)

(q) Foods and Nutrition.

1. Food Selection and Preparation, (Demonstration Stage)  
State office #36, County #1.

<u>Goals</u>	<u>Completions</u>
7 communities.....	7
(Keep Growing communities.....	22)
30 result demonstrations.....	18
200 families following Live-at-Home Plan.....	-
Emphasize low cost meals, definite market orders, use of tomatoes, dried beans, salt perk, corned beef, inferior cuts of meat and simple milk desserts. ....	*
Cooperate with FERA on relief and subsistence family problems.....	*
2. 4-H Club Food Selection and Preparation, State office #41, County #6.	

<u>Goals</u>	<u>Completions</u>
3 communities.....	3
4 clubs.....	4
30 members.....	22
4 demonstration teams.....	-
85% completions.....	-

3. Food Production and Preservation (Demonstration  
Stage), State office #38, County #3.

<u>Goals</u>	<u>Completions</u>
6 communities canning with pressure cookers...	7
5 communities canning in tin.....	2
5 communities evaporating products.....	-
25 result demonstration on food.preservation budgets.....	-
6 meetings.....	-
100 families adopting improved practices.....	-
Emphasis on canning with pressure cooker and in tin; on making cheese, soap, vinegar, curing meats.....	-
200 families adopting the Live-at-Home plan.....	-

4. 4-H Food Preservation, State office #42, County #7.

<u>Goals</u>	<u>Completions</u>
2 communities.....	3
1 club (county-wide).....	1
10 members.....	11
8 meetings.....	-



GOALS AND COMPLETIONS (continued)

<u>Goals</u>	<u>Completions</u>
25% completions .....	-
Emphasis on canning budgets.....	-
5. Keep Growing (Campaign Stage), State office #39, County #4.	

<u>Goals</u>	<u>Completions</u>
23 community demonstrations.....	22
600 children involved.....	593
10% children free from physical defects.....	26%
40% children in good nutritional condition.....	72.28%
3 gold star schools.....	5
10 silver star schools.....	13
10 Achievement days.....	10
(r) Child Training and Care.	
1. Prepare for School Round Up, State office #169, County #46.	

<u>Goals</u>	<u>Completions</u>
6 communities.....	10
12 meetings.....	3
30 children involved.....	-
2. Pre-school Home Demonstrations, State office #168, County #45.	

<u>Goals</u>	<u>Completions</u>
6 communities.....	9
12 meetings.....	28
10 result demonstrations.....	-
30 children involved.....	-
20 families adopting improved practices.....	-
Emphasis on protection against the effects of the depression.....	*

- (s) Clothing.
1. Clothing Selection and Construction, State office #58, County #23.

<u>Goals</u>	<u>Completions</u>
7 communities.....	7
100 result demonstrations.....	171
Cooperation with relief agencies and FERA...	*
Emphasis on remodeling.....	*



GOALS AND COMPLETIONS (continued)

2. 4-H Clothing Selection and Construction, State office #64, County #29.

<u>Goals</u>	<u>Completions</u>
3 communities.....	3
24 meetings.....	14
3 clubs.....	4
30 members.....	41
3 demonstration teams.....	-
10 judging teams.....	-
85% completions.....	-
Emphasis on remodeling and care and wearing qualities.....	*

3. Children's Clothing, State office #60, County #25.

<u>Goals</u>	<u>Completions</u>
5 communities.....	8
5 meetings.....	1
10 result demonstrations.....	-
15 families adopting improved practices.....	-

(t) Home Management.

1. Nevada Live-at-Home Plan, State office #241, County #48.

<u>Goals</u>	<u>Completions</u>
5 communities.....	7
150 result demonstrations.....	171
100 families adopting improved practices.....	-
Emphasis on buying foods and clothing for quality as well as cost.....	*

(u) Home Furnishings.

1. Home Improvement - Interior, State office #46, County #11.

<u>Goals</u>	<u>Completions</u>
No goals set up this year due to economic conditions; however, all requests are being met; results to date are:	
Kitchens improved.....	2
Other rooms improved.....	7



GOALS AND COMPLETIONS (continued)

(w) Community Activities.

1. 4-H Club Work, County-wide, State office #65, County #30.

<u>Goals</u>	<u>Completions</u>
5 communities.....	6
70 club members.....	67
40 meetings.....	32
7 clubs.....	8
85% completions.....	-

2. Fairs and Exhibits, State office #69, County #34.

<u>Goals</u>	<u>Completions</u>
1 County fair.....	-
200 exhibitors in women's department.....	-
500 entries.....	-
1 flower show.....	-
100 exhibitors in flower show.....	-

3. Agricultural and Civic Problems, State office #251, County #50.

<u>Goals</u>	<u>Completions</u>
4 communities.....	2
Appointment of leaders in communities to lead in various phases of agricultural and civic problems.....	*

4. Recreation, State office #66, County #31.

<u>Goals</u>	<u>Completions</u>
7 communities.....	6
4 communities (4-H).....	5

5. Relief Work, State office #242, County #49.

<u>Goals</u>	<u>Completions</u>
6 communities.....	32
Cooperate with FERA, CWA, and local relief agencies.....	*
Supervise CWA school lunch project.....	*
Direct and supervise local leaders in Supplementary Extension Work.....	*
Cooperate with CWS nursing service.....	*



GOALS AND COMPLETIONS (continued)

6. Farm Bureau Cooperation, State office #122, County #42.

<u>Goals</u>	<u>Completions</u>
6 Board of Directors meetings.....	4
5 Regional meetings.....	2
10 community meetings .....	15
1 meeting in each commodity department.....	-
1 annual picnic.....	-
1 annual County meetings.....	-
75 memberships.....	33



## (f) Home Gardens and Home Beautification.

## NUTRITION

## Adequate Gardens

Due to practically no snowfall during the past winter, and to the little spring rain, there has not been sufficient moisture to make it possible to have an extensive garden project this year. However, nearly every ranch has a little garden for summer use, and in many cases, one large enough to permit the canning of vegetables for next winter's food supply.

Adequate gardens which include four green leafy vegetables, three root, two pod and three miscellaneous vegetables are being planted in the following communities:

Elko	Lee
Jiggs	Halleck
Elburz	Wells
Metropolis	Sprucemont
Independence Valley	Ryndon
Clover Valley	O'Neill
Carlin	Deeth
Fort Halleck	

Special demonstrators are here listed:

<u>Demonstrator</u>	<u>Community</u>
Mrs. Brig Lewis	Sprucemont
Mrs. H. R. Gilmer	Metropolis (O'Neill Community)
Mrs. Thurston	Metropolis
Mrs. F. A. Gerber	"
Mrs. George Terry	"
Mrs. Marjorie Holbrook	"
Mrs. H. Bolton	Lee
Mrs. Beatrice Clayton	"
Mrs. Jessie Dewar	"
Mrs. Clark Drown	"
Mrs. George Glaser	Elburz
Mrs. Walter Glaser	"
Mrs. Clarence Glaser	Halleck
Mrs. Beatrice Keating	Ryndon
Mrs. B. Winrow	Deeth
Mrs. Irwin Griswold	"
Mrs. L. B. Jeanney	"
Mrs. W. Helth	"
Mrs. Edgar Hylton	"
Mrs. Don Riddell	"
Mrs. Sim Davis	"
Mrs. Carroll Burner	Elko
Mrs. Marquerite Foster	"
Mrs. Joseph Walthers	Fort Halleck



(f) Home Gardens and Home Beautification.

Adequate Gardens (continued)

In connection with the local relief agencies' work, a sub-project on relief and subsistence gardens has been started this spring. Gardenseed to the amount of three dollars' value are being given to all relief and subsistence families which have ground and water for a garden. At present, one such disbursement has been made, Mrs. Winrow of Deeth, is to have one of these gardens.

The following is a typical order for garden seeds for these relief or subsistence gardens:

110 lb. seed potatoes.....	\$1.30
4 oz. green or wax beans.....	.10
4 oz. sweet corn.....	.10
6 oz. peas.....	.15
1 oz. beets.....	.10
1 oz. cabbage.....	.10
1 oz. carrots.....	.10
1 oz. kale.....	.10
1 oz. lettuce.....	.15
1 oz. Swiss chard.....	.10
1 oz. onions.....	.20
1 oz. parsnips.....	.10
1 oz. radishes.....	.10
1 oz. rutabagas.....	.10
1 oz. squash.....	.10
1 oz. turnips.....	.10
<b>TOTAL.....</b>	<b>\$3.00</b>

These amounts should plant from one-fourth to one-half acre of garden depending upon the fertility of the soil, and the amount of water available.

Summary of results to date:

Number of communities.....	15
Number of result demonstrations.....	24
Number days devoted to work by agent.....	1
Number days devoted to work by specialist..	1/2
Number news articles published.....	0
Number home visits made.....	5
Number office calls.....	8



(f) Home Gardens and Home Beautification.

NUTRITION

Adequate Gardens

Variety Tests Green Leaf Vegetables

It is impossible at this time to know how good a year we will have for growing green leafy vegetables. There is very little snow in the mountains for irrigation, and the spring rains have not been sufficient to provide moisture for extensive gardening. However, the ranchers are all planting several green leaf vegetables in their adequate gardens, and if the season permits, there will be considerable canning of green vegetables in the fall.

The popular green leafy vegetables planted are: spinach, kale, Swiss chard, beets and turnips (for tops), lettuce and onions.

The following communities are involved in this project: Elko, Lamoille, Elburz, Halleck, O'Neill, Metropolis, Lee, Fort Halleck, Deeth and Independence Valley.

Summary of results to date:

Number of communities involved.....	10
Number demonstrators.....	24
Number days devoted to work by agent.....	1
Number home visits made.....	5
Number office calls.....	8

Note: This work was accomplished along with that of the adequate garden project.



## (f) Home Gardens and Home Beautification.

## HOME GROUNDS IMPROVEMENT

## Elko and Wells

The home grounds improvement work is being gradually taken over by the men agents' projects in that practically all of the work consists of requests for assistance in landscaping, selecting plants, pest and blight control and information on pruning shrubs and trees.

Considerable work in home grounds beautification is being done in both Elko and Wells, and a complete report of what is being accomplished will be found in Mr. Mark Menke's report for the year, since he is specialist in horticulture and related subjects.

## Summary of results to date:

Number of communities involved.....	2
Number of days devoted to project by agent.....	0



(f) Home Gardens and Home Beautification.

HOME GROUNDS IMPROVEMENT

County-wide Farm Yard Improvement

Like the Elko-Wells project on home grounds beautification, the Farm Yard Improvement work is being absorbed by the projects in this type of work being carried on by the Extension specialist in Horticulture, Mr. Menke.

Mrs. Bert Harmer of Lamoille, is making some note worthy improvements in her yard and there are a number of other ranch homes which are also interested in beautifying their grounds.

Summary of results to date:

Number of communities.....	1
Number of demonstrators.....	1



## (q) Foods and Nutrition.

## NUTRITION

## Food Selection and Preparation

This is always a popular subject since every woman is interested in new recipes, and in how to prepare some food in a different manner for her family. Again emphasis is being placed on low cost menus, marketing orders and recipes. Through the temporary Civil Works Administration project on Supplementary Extension Work, 171 families were visited and twelve method demonstrations were given, also a large number of low cost recipes, menus and marketing orders were distributed.

The communities and their leaders which are interested in this project are as follows:

<u>Community</u>	<u>Leader</u>
Contact .....	Mrs. L. L. Wilcox
Metropolis .....	Mrs. Marjorie Holbrook
Wells, .....	Mrs. Nancy Felts
Deeth and Starr Valley ..	Mrs. Leona Griswold
	Mrs. Margaret Grover
Elko .....	Mrs. Artie Truett
	Mrs. Winona Drown
Lee and Lamaille .....	Mrs. Jessie Dewar

Through the Homemakers' clubs, three method demonstrations have been given. In December, the Lamaille group had a meeting on making Christmas candy from dried fruits and in Elko, a demonstration was given on fruit desserts and salads. Once a month at Lamaille, one of the homemakers has been giving a luncheon for the club. These luncheons are well planned and served and are good result demonstrations on meal planning and serving.

Food Selection and Preparation is also stressed through the health work in the Keep Growing demonstration in the twenty-two communities where that work is carried on. Special dietary advice has been given to 637 persons on weight control, nutritional anemia, thyroid, constipation, nephritis and eczema.

## Summary of results to date:

Number of communities carrying on project.....	7
Number of leaders assisting (adult).....	7
4-H club.....	6
Keep Growing.....	22
Number of days devoted to work by agent.....	4
Number method demonstrations given.....	15
Number result demonstrations carried on.....	18
Number news stories.....	1
Number home visits.....	4
Number office calls.....	7



(q) Foods and Nutrition.

NUTRITION

4-H FOOD SELECTION AND PREPARATION CLUB

There has been a decrease in the enrollment of club members in this project this year largely due to the difficulty in obtaining adequate leadership and also due to the fact that the prizes offered in the clothing projects have been more attractive than those offered in foods.

However, standard clubs have been organized in Elko, Lamoille and Starr Valley, and in each community a high standard of work is promised. In Starr Valley, six club girls are taking up their fourth year of Food Selection and Preparation projects and are concentrating on break making. In this community, and at Lamoille, it has been very difficult to secure a leader so a plan of having a committee of local leaders is being carried out. There are three women in each community who alternate in leading the club.

The following table shows the enrollments by communities and projects and their leaders:

COMMUNITY	LEADERS	ENROLLMENTS BY YEAR			
		1st	2nd	3rd	4th
Elko		3			
Lamoille	Mrs. Scott Griswold		3	1	
	Mrs. Bert Harmer	9			
	Mrs. Lou Leberski				
Starr Valley	Mrs. Ray Eagers				
	Mrs. L. B. Jeanney				6
	Mrs. W.W. Weathers				
	Mrs. E. Black				
ENROLLMENT TOTALS.....		12	3	1	6
GRAND TOTAL FOOD SELECTION & PREPARATION			22		

Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	7
Number of members enrolled.....	22
Number of days devoted to work by agent.	17
Number of meetings held.....	35
Number method demonstrations held.....	11
Number news stories published.....	7
Number of home visits.....	26
Number of office calls.....	39



## (q) Foods and Nutrition.

## FOOD PRESERVATION

At this early date it is impossible to report that anything has been accomplished in food preservation. However, ranchers are planting as large and varied gardens as the season and amount of moisture will permit in that hope that they can preserve vegetables and fruits for next winter's use. One family has just purchased a tin can sealer and is making arrangements to order a stock of tin cans which will provide for everything they wish to can.

Again emphasis is being placed on canning all non-acid vegetables and meats with the pressure cooker to avoid the possibility of Botulinus poisoning; and on canning in tin. The program this year also stresses storage of as many vegetables as possible instead of canning them because there is a certain amount of danger of accidents from burns and explosions in any canning process.

A list of the women most interested in food preservation is as follows:

Deeth

Mrs. Everett Black  
Mrs. Joe Jeanney  
Mrs. L. B. Jeanney  
Mrs. Sim Davis  
Mrs. Edgar Hylton  
Mrs. William Helth  
Mrs. Lyle Beeney

Lamoille

Mrs. C. H. Reinken  
Mrs. Irwin Leberski  
Mrs. Bert Harmer  
Mrs. Effie McKinney  
Mrs. Fred Voight

Jiggs

Mrs. William Peters  
Mrs. E. G. Arnhold

Fort Halleck

Mrs. Joseph Walthers

Metropolis

Mrs. George Terry  
Mrs. F. A. Gerber  
Mrs. Thurston  
Mrs. Marjorie Holbrook

Lee

Mrs. Jessie Dewar  
Mrs. Beatrice Clayton  
Mrs. George Ogilvie  
Mrs. Clark Drown

Halleck

Mrs. Walter Glaser  
Mrs. George Glaser

Since it is too early to preserve or store food, there is no summary of results.



## (q) Foods and Nutrition.

## 4-H FOOD PRESERVATION CLUB

Since the number of girls enrolled in this project are scattered over the County and range from only two to five in a community, a county-wide club has been organized. At this date, ten girls are enrolled and are listed by communities as follows:

Starr Valley  
Virginia Black  
Margie Black  
Ruth Jeanney  
Esther Marian Weathers  
Eleanor Weathers

Fort Halleck  
Beulah Walthers  
June Walthers

Elko  
Orrine Sawyer  
Pansy Clark  
Lois Wallace

Mrs. Everett Black of Deeth, and Miss Florence Walthers of Fort Halleck are leaders in this project. All of these club members intend to can fruits and vegetables for exhibits at the County 4-H Club Achievement Day, the State Club Encampment, the local County Fair, and if possible, for some of the National canning contests.

## Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	2
Number of club members enrolled.....	10
Number method demonstrations given.....	1
Number days devoted to project by agent....	1
Number news stories published.....	1
Number home visits made.....	2
Number office calls.....	1



## (q) Foods and Nutrition.

## KEEP GROWING

This year the school child health work under the new program of the Keep Growing demonstration which includes a more complete analysis of nutritional and physical condition of the children shows greater progress in Elko County than ever before. With financial conditions reaching the most critical point than in any period in the history of our County, the forecast early in the fall was not encouraging. However, with the united efforts of women's organizations, school trustees, parents, teachers and children, and with the very timely aid of the Civil Works Service Administration which carried on the hot lunch project, and the nursing service, we are proud to report a great improvement in the school health conditions all over the County.

Twenty-two communities have been involved in the Keep Growing project this year with a total of 584 children completing the demonstration. Hot lunches have been served in 17 of these communities in one way or another. Carlin, Metropolis, Contact, and Wells have had the Civil Works Service Administration hot lunch project under the very able supervision of Mrs. Alice Murdock. The Elko schools were also included in this project, but are not enrolled in the Keep Growing demonstration. In thirteen schools milk has been served at noon or recess, thus helping the children to gain more regularly. Child Health Day was celebrated in ten communities with a total of 1193 adults and children attending the programs which shows the growth of interest in child health and the cooperation of women's organizations which sponsored these programs.

This year, Elko County can boast 13 schools or nearly 59% of the Keep Growing communities, qualifying for a silver star certificate since they have at least 75% of their children in good nutritional condition, and not more than 10% in poor nutrition. Five of these schools are rated as gold star communities since they also meet the sanitary requirements of safe drinking water, good toilets and good hand washing facilities. The silver star communities are: Elburz, Jack Creek, Metropolis, Panama, Rabbit Creek, Smith Creek, South Fork, Spanish Ranch. The gold star schools are: Boulder, Carlin, Contact, Montello and Sprucemont. The percentage of total individual children in the County in good nutritional condition has increased from 55.14 to 72.28 this year. This is an increase of 17.14% which is over one and one half times the State goal. In the fall, 19% of these youngsters were gold star children, and in the spring 36% or nearly twice the number had this distinction. These figures indicate the tremendous improvement during the year in the children's health.



## (q) Foods and Nutrition.

## KEEP GROWING (continued)

Another very important factor in securing these remarkable results has been the correction of physical defects which is so necessary before the children are free to gain. During the past year we find that 312 defects have been corrected which leaves 139 children or nearly 24% free from apparent defects.

Montello leads the list with a total of 98 corrections in a school of 75 children. This is the best record of physical defect corrections that Elko County has ever had, and no doubt is due to the cooperation of parents, teachers and sponsoring organizations such as the Women's Relief Society, P.T.A. and other agencies.

The aid of the Civil Works Service Administration nursing service which loaned us Mrs. Stella Hostetler who has inspected the children in the Keep Growing project for physical defects has meant a great deal in completing our work so satisfactorily this year. Mrs. Hostetler's service has been invaluable in determining defects, making contacts with local doctors and in following up the most urgent cases.

Sincere appreciation is extended to all teachers, local leaders, parents and to Mrs. Hostetler who have so willingly helped to make the Keep Growing demonstration so successful this year. The enthusiasm and cooperation of these people have been largely responsible for the follow-up work and for the fine health teachings in the schools.

## Summary of results:

Number of children included.....	593	
Number of children completing.....	534	or 98.48%
Number leaders assisting with project.....	24	
Number days devoted to work by agent.....	61	
Number news stories published.....	2	
Number home visits.....	40	
Number method demonstrations held.....	45	
Number result demonstrations carried on.....	22	
Number children in good nutritional condition.	422	or 72.28%
Number children in fair nutritional condition.	128	or 21.92%
Number children in poor nutritional condition.	34	or 5.82%
Number physical defects corrected.....	312	
Number silver star communities.....	13	
Number gold star communities.....	5	
Number schools having hot lunches.....	17	
Number schools serving milk.....	13	
Number schools having safe drinking water.....	12	
Number schools having good toilets.....	16	
Number schools having good handwashing facilities.....	14	
Number communities observing Child Health Day.	10	
Attendance.....	1193	



ELKO COUNTY SUMMARY FOR THE YEAR 1933 to 1934  
COMMUNITY AND COUNTY RESULTS COMPARED TO STATE GOALS

COMMUNITIES	CHILDREN		ANNUAL STATE GOALS				ULTIMATE STATE GOALS			
	#Ex.	#Comp.	%Comp.	Increase in number of ch. in Good Nutritional Condition. State goal + 5%	Decrease in number of ch. in Poor Nutritional Condition. State goal - 5%	Number of physical defects corrected State goal 10%	% of children in Good Nutritional Condition. State goal 75%	% of children in Poor Nutritional Condition. State goal 10% or less	% of children who show evidence of physical defects. Temporary State goal 90% or less	
Boulder **	15	15	100.00	+26.67%	+6.66%	7	86.67%	6.66%	26.67%	
Carlin**	128	129	100.77	+13.46	-3.14	58	75.96	3.11	16.28	
Contact**	55	50	90.90	+38.00	-8.18	22	78.00	10.00	34.00	
Elburz*	10	12	120.00	+25.00	-10.00	3	75.00	0.00	0.00	
Ft. Halleck	7	7	100.00	+14.29	0.00	12	57.14	0.00	42.86	
Halleck	8	8	100.00	+12.50	-12.50	1	62.50	12.50	12.50	
Humboldt	5	5	100.00	0.00	-20.00	4	60.00	20.00	40.00	
Jack Creek*	10	8	80.00	+15.00	0.00	3	75.00	0.00	0.00	
Jiggs	6	5	83.33	+60.00	+3.33	3	60.00	20.00	60.00	
Lamoille	26	26	100.00	+26.92	-3.85	18	65.38	11.54	7.70	
Lee	9	10	111.11	+3.53	+20.00	3	70.00	20.00	30.00	
Metropolis*	37	37	100.00	+27.02	+2.71	7	75.67	2.71	27.92	
Montello**	83	75	90.36	+9.74	-3.60	98	76.00	1.33	40.00	
North Starr	9	9	100.00	0.00	+3.33	2	22.22	33.33	0.00	
Panama*	5	3	60.00	+80.00	0.00	1	100.00	0.00	0.00	
Rabbit Creek*	6	5	83.33	0.00	0.00	3	100.00	0.00	0.00	
Ryndon	13	8	61.53	-6.73	+12.50	7	62.50	12.50	25.00	
Smith Creek**	4	5	120.00	-20.00	0.00	3	80.00	0.00	0.00	
South Fork**	5	5	100.00	0.00	0.00	2	100.00	0.00	20.00	
Spanish Ranch*	6	3	50.00	+33.33	0.00	2	100.00	0.00	0.00	
Spruce Mont**	6	6	100.00	+50.00	0.00	11	100.00	0.00	33.33	
Wells	140	153	109.28	+13.22	-1.32	42	65.36	6.54	25.49	
COUNTY TOTALS	593	594	98.48	+17.14%	-1.43%	312	72.28%	5.82%	23.81%	

\*Silver Star Community  
\*\*Gold Star Community  
\*\*Star Community all year



## (q) Foods and Nutrition.

## KEEP GROWING

Boulder, Elko County

A Gold Star Community

Number of children enrolled in fall..... 15  
 Number of children completing demonstration.... 15 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	86.67%
Number in fair nutritional condition	40.00	6.66
Number in poor nutritional condition	00.00	6.66
	<u>100.00%</u>	<u>99.99%</u>
Children having physical defects.....	73.33%	73.33%
Total number of defects corrected.....		7

For two years now, Boulder has been a gold star community because it has had at least 75% of its children in good nutritional condition and less than 10% have been in poor nutritional condition. Since last September, this school has increased its number of children in good nutrition 16.67%, which is three times the State goal. At the close of the school year, this community could boast 40% of its children as gold star youngsters since they were in a good state of nutrition and had no very serious physical defects. Boulder has also the proud record of having nearly 27% of its children free from apparent defects. During the year there has been some correction of defects; four children have improved their posture and three have had dental work done.

Through the CWS nursing service, the Boulder school children were inspected for physical defects by Mrs. Stella Hostetler, the County nurse and quite a number of the youngsters were found to need medical and dental attention. It is hoped that in the next year many of these newly discovered defects can be corrected.

For several years, this school has had health work as a part of the regular curriculum and the children have become health conscious and eager to do everything within their power to improve their individual physical conditions. They have brought well-balanced lunches to school, have included milk, fruit and vegetables in their diets and during the cold weather brought soups, cocoa and other foods which could be reheated at school to provide a hot lunch.

Instead of having the regular health day program this year, Boulder held a track meet on the last day of school in which healthful sports and games were emphasized.



(q) Foods and Nutrition.

KEEP GROWING

Boulder, Elko County (continued)

This community is also one of the few in the County which meets the sanitation requirements, having safe drinking water, good handwashing facilities and sanitary toilets.

Recommendations for the Coming Year:

1. Continue the fine health and nutrition program.
2. Try to have more physical defects corrected.
3. Hold a Child Health Day program in conjunction with a track meet.
4. Continue to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Carlin, Elko County

A Gold Star Community

Number in good nutritional condition..... 128  
 Number of children completing demonstration..... 129 or 100.77%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	62.50%	75.96%
Number in fair nutritional condition	31.25	20.93
Number in poor nutritional condition	6.25	3.11
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	77.34%	83.73%
Total number of defects corrected.....		58

Several times during the ten year history of the Keep Growing demonstration in Elko County, Carlin has been a gold star community, and this year the school again has that distinction which is more than ever a coveted honor under the new program which makes it more difficult for a large school to meet the requirements of a gold star standard. In the spring over 75% of the Carlin children were in good nutritional state and less than 4% were in poor nutrition.

The CWS school lunch project was carried on more efficiently in this community than in any other in the County last winter, and no doubt is responsible for the very good nutritional condition of the youngsters. Mrs. W. C. Owens, our Keep Growing leader has supervised the selection of the children who were to be in the school lunch project and was present during each lunch period to make sure the children ate all the food served and drank their milk. This service was voluntary and has been invaluable in insuring the success of the work. Through the unusual cooperation of the Parent-Teachers' Association, the School Trustees and the School principal, a modern kitchen and dining room equipped with gas stove, cupboards, sink and tables were set up, greatly facilitating carrying on the school lunch project.

Carlin also has the remarkable record of having over 16% of its children free from physical defects and nearly 30% gold star youngsters. During the year 58 physical defects were corrected; thirty were defects of posture, four were eyes, one ears, three were nose and throat, thirteen were dental and four were other defects. Many defects still exist as it shown from the inspection made by the County CWS nurse, Mrs. Stella Hostetler, and we hope some of these defects can be corrected soon.

The Carlin school has very good sanitary standards and easily



## (q) Foods and Nutrition.

## KEEP GROWING

## Carlin, Elko County (continued)

qualifies on safe drinking water, good handwashing facilities and sanitary toilets.

Every year this community gives a May Day program which is more musical and dramatic than health educative; however, it is a May Day observance.

Again we congratulate Mrs. Owens on her great success in the Keep Growing work at Carlin, because it is due to her fine efforts that the community has such a fine record.

## Recommendations for the Coming Year:

1. Continue the fine health and nutrition program.
2. Try to have more physical defects corrected.
3. Continue to be a Gold Star community.



(q) Foods and Nutrition.

KEEP GROWING

Contact, Elko County

A Gold Star Community

Number of children enrolled in the fall.....	55	
Number of children completing demonstration.....	50 or 90.90%	
		<u>Sept. 1933</u> <u>May, 1934</u>
Number in good nutritional condition	40.00	78.00
Number in fair nutritional condition	41.82	12.00
Number in poor nutritional condition	18.18	10.00
	<u>100.00</u>	<u>100.00</u>
Children having physical defects.....	60.00%	66.00%
Total number of defects corrected.....		22

Contact has made one of the most spectacular improvements in health conditions among the schools of the County this year. In the fall only 40% of the youngsters were in good nutritional state, and in the spring the percentage was nearly doubled and the percentage in poor nutrition decreased to almost half what it was. Contact, too, carried on the CWS school lunch project and no doubt this is the reason for the remarkable improvement in nutrition. The hot lunches have meant a great deal to this community because financial conditions have been such that very few of the Contact homes had a regular income and many of the youngsters did not have an adequate diet at home.

This community has had 22 defects corrected among its children this year; four were posture, five were nose and throat, three dental and five other defects. This is a good record during a financial depression, but there remain many defects which need attention. Perhaps in another year more can be done. Contact has one of the best reports of number of children free from defects. This year 34% (which is nearly three and one half times the State goal) are free from apparent physical defects. Contact is one of the five schools in the County having at least half of their youngsters qualifying for gold stars. Fifty-two per cent have this distinction in this community. With this kind of a record and with the sanitary standards of safe drinking water, sanitary toilets and good handwashing facilities, Contact is a gold star school.

A very nice program in observance of Child Health was given late in March since the school closed early this year. The children gave several health plays, recitations and sang several health songs; a local contest for health booklets was also held and the three best booklets were submitted to the State contest.



## (q) Foods and Nutrition.

## KEEP GROWING

## Contact, Elko County (continued)

Much credit for the unusual success of the health program at Contact goes to Mrs. L. L. Wilcox, who has been the Keep Growing leader in the community for three years. The teachers, too, have cooperated and helped to improve the children's health conditions.

## Recommendations for the Coming Year:

1. Continue the fine nutrition and health program.
2. Try to have more physical defects corrected.
3. Continue to be a gold star community.



## (q) Foods and Nutrition.

## KEEP GROWING

Elburz, Elko County

Silver Star Community

Number of children enrolled in the fall..... 10  
 Number of children completing demonstration..... 12 or 120%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	50.00%	75.00%
Number in fair nutritional condition	40.00	25.00
Number in poor nutritional condition	10.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	90.00%	100.00%
Total number defects corrected.....		3

The Elburz school is a silver star community this year since it has 75% of the children in good nutritional condition and none in poor nutrition. This is a rural community and most of the children have an abundance of milk, fruit and vegetables in their diets, have plenty of fresh air and sunshine, and in most cases, long hours of sleep. All of this contributes to a good nutritional standard. However, this school does not make the effort to have defects corrected that it might. Elburz could easily have one of the best records in the County if some of these youngsters reported could have teeth and throats taken care of. Every year this condition remains about the same. The few defects reported improved are postural. Then, too, if the school could improve its handwashing facilities by providing warm water and liquid soap in addition to having good drinking water and sanitary toilets, Elburz would be a gold star community.

Elburz more than met the State goal in improving the children's nutrition when the percentage of those in good nutrition increased twenty-five and those in poor condition decreased from ten percent to none. We hope next year that the school can also emphasize some other phases of the health work.

## Recommendations for the Coming Year:

1. Continue the present nutrition program.
2. Try to have some physical defects corrected.
3. Improve the handwashing facilities of the school.
4. Hold a child Health Day program.
5. Try to be a gold star community.



(g) Foods and Nutrition.

KEEP GROWING

Fort Halleck, Elko County

Number of children enrolled in the fall..... 7  
 Number of children completing demonstration..... 7 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	42.85%	57.14%
Number in fair nutritional condition	57.14	42.86
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	71.42%	57.14%
Total number of defects corrected.....		12

Although Fort Halleck may not be a gold star community this year, it is one of our outstanding schools in its accomplishments. It has the distinction of having one hundred percent dental corrections and is one of the few communities which has fewer physical defects at the close of school than at the beginning. Like a number of the other small rural schools, Fort Halleck has the difficult problem of providing safe drinking water, but this year this school has solved that problem by having each child bring a small jar of pure water from home. Fort Halleck also has a tea kettle for heating water for hand-washing which is the best recognized method of washing hands in these schools which do not have running water. As soon as two of the youngsters in this school reach good nutritional condition by gaining, Fort Halleck will be a gold star school since it meets the other requirements of such a standard. This school now has the proud distinction of having no children who are in poor nutritional condition.

Every morning this past year the children in this community have had health inspection, and have learned that getting ready for school includes well brushed teeth, clean hands, faces, neck and ears and clean clothing, hair combed and a well-groomed appearance. The condition and appearance of the teeth have improved especially under this program. The youngsters have also learned to sleep with windows open and to exercise to improve their posture. The great progress this year in this community has been



## (q) Foods and Nutrition.

## KEEP GROWING

## Fort Halleck, Elko County (continued)

due to the teacher, Mrs. Marguerite McQuiston, who appreciates the importance of health teaching and who has integrated it in her curriculum.

Fort Halleck along with Lamoille, Humbolt, and Panama schools gave fine child Health Day program late in April, and exhibited health booklets made by the children for the state health booklet contest. A Fort Halleck girl won first in the local contest.

Recommendations for the Coming Year:

1. Continue the present fine program of nutrition and health.
2. Try to have more physical defects corrected.
3. Try to be a gold star school.



## (q) Foods and Nutrition.

## KEEP GROWING

## Halleck, Elko County

Number of children enrolled in the fall..... 8  
 Number of children completing demonstration ..... 8 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	50.00	62.50
Number in fair nutritional condition	25.00	25.00
Number in poor nutritional condition	25.00	12.50
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	87.50%	87.50%
Total number of defects corrected.....		1

Halleck is another school, which with a little effort could be a gold star community. This year it falls short of being a silver star school because just 62.50% of the youngsters are in good nutritional condition. However, the improvement from 50% to 62.50% more than meets the State annual goal. And the number in poor nutrition decreased from 25% to 12.50% which again exceeds the State goal.

If some of the numerous physical defects among these school children could be corrected, Halleck would probably qualify as a gold star school. The handwashing facilities here are fairly good and the requirements of sanitary toilets and safe drinking water are met.

Part of the children go home to a hot noon meal, but the rest bring lunches to school. We hope that in another year some provision can be made to reheat soups and similar food at school so that these children may have hot lunches. This would, without doubt, help to improve the children's nutritional condition.

## Recommendations for the Coming Year:

1. Improve the present nutritional program.
2. Provide some means for the children to have hot lunches.
3. Try to have some physical defects corrected.
4. Improve handwashing facilities by providing a means to heat water.
5. Observe Child Health Day with a health program.
6. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Humboldt, Elko County

Number of children enrolled in fall..... 5  
 Number of children completing demonstration..... 5 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	60.00%
Number in fair nutritional condition	00.00	20.00
Number in poor nutritional condition	40.00	20.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	60.00%
Total number of defects corrected.....		4

Humboldt is a new community in the Keep Growing demonstration this year. The school is very small and since two of the children are very much underweight only 60.00% can qualify as in good nutrition. However, the improvement in those who were in poor nutrition last fall has been remarkably good and the State goal of a decrease of 10% was doubled. This is a nice start for a new school. The children have become more health conscious and are trying to improve their food and health habits.

In another year we hope Humboldt will at least be a silver star community, and we hope that the drinking water supply, the handwashing facilities and toilets can be improved. We also urge that next year some arrangements be made so that these children can bring food which can be reheated at school to provide a hot lunch during the cold weather.

Along with Panama, Fort Halleck and Lamoille, Humboldt held a very nice child Health Day program late in April. About 115 children and parents attended.

Recommendations for the Coming Year:

1. Improve the present nutrition and health program.
2. Provide a means of having hot lunches.
3. Try to have physical defects corrected.
4. Improve handwashing facilities.
5. Try to be at least a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Jack Creek, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 10  
 Number of children completing demonstration..... 8 or 80%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	60.00%	75.00%
Number in fair nutritional condition	40.00	25.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects....	90.00%	100.00%
Total number of defects corrected.....		3

Jack Creek is an isolated community which is difficult to reach during the winter months for follow up work, and most of what is accomplished depends upon the children themselves. We are very proud to report that at the close of the school year, 15% more of the children were in good nutritional condition and that the community has had no children in poor nutrition all year. With this record Jack Creek is a silver star community and would be gold star if the sanitary conditions could be improved, but the present source of water is the irrigation ditch and we cannot consider such, safe drinking water, especially since the irrigation ditch runs through fields where cattle run.

The food habits in this community are quite good except that it is sometimes difficult to have a variety of fruits and vegetables. A campaign on tooth brushing, baths and general hygiene would be of benefit in this community. With the good start that Jack Creek has it should not be difficult for it to be a gold star school.

Recommendations for the Coming Year:

1. Improve sanitary conditions.
2. Have daily health inspections among the children.
3. Try to have some physical defects corrected.
4. Try to secure a scales for the school.
5. Hold a child Health Day program.
6. Enter the state Health booklet contest.
7. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Jiggs, Elko County

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration.... 5 or 83.33%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	00.00%	60.00%
Number in fair nutritional condition	83.33	20.00
Number in poor nutritional condition	<u>16.67</u>	<u>20.00</u>
	99.99%	100.00%
Children having physical defects.....	66.66%	40.00%
Total number of defects corrected.....		3

The Jiggs community has made a tremendous improvement in the number of children in good nutritional condition this year. In the fall none of the youngsters were considered in a really good state of nutrition, but during the year 60% have gained nicely in weight and have improved in posture, muscle tone and color to the extent that they are now classified good nutritionally. With a little more effort the community will be eligible for a silver star certificate. It has been difficult at Jiggs, to have physical defects corrected because of financial conditions, but we hope the next year may bring some needed corrections.

This little school like many others has the difficult problem of meeting sanitary requirements in safe drinking water, good toilets and good handwashing facilities. If a better source of water could be secured, Jiggs might sometime qualify for a gold star rating.

Mrs. Ralph Drown has been the teacher in this community for a number of years and the good work which has been accomplished here is to her credit for she has made hygiene and health a part of her teaching routine.

Recommendations for the Coming Year:

1. Continue the present fine nutrition program.
2. Try to have some physical defects corrected.
3. Try to solve the problem of providing safe drinking water by bringing water to school from the children's homes.
4. Try to be a gold star school.
5. Hold a child Health Day program.
6. Enter the health booklet contest.



## (q) Foods and Nutrition.

## KEEP GROWING

## Lamoille, Elko County

Number of children enrolled in the fall.....	26	
Number of children completing demonstration.....	26 or 100%	
	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	38.46%	65.38%
Number in fair nutritional condition	46.15	23.08
Number in poor nutritional condition	15.39	11.54
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects....	100.00%	92.30%
Total number of defects corrected.....		18

This year for the first time in a number of years, Lamoille has carried on the Keep Growing demonstration and since the work has been under the fine sponsorship of the Lamoille Homemakers' Club, much has been accomplished. A very remarkable achievement is the improvement in number of children in good nutritional condition. The percentage has increased over 26% which is over two and a half times the State goal. A great deal of interest has been shown in better food and health habits and a teeth brushing campaign has greatly improved the appearance of the children's teeth. With only a little more effort, Lamoille will be a gold star community since the sanitation conditions are very good in this school. The school building is modern, offering good drinking water, good handwashing facilities and sanitary toilets. As soon as 75% of the Lamoille youngsters reach a good state of nutrition, they will have a gold star school.

The Homemakers' Club this year purchased a scales for the school and has provided a local leader to carry on the health work cooperating with the Extension agent.

Most of the Lamoille children live near the school and are able to go home to a hot lunch at noon. We hope next year some provision can be made to serve hot lunches to those who must bring their lunches from home. A kitchen is equipped in the school and this should not be difficult to do.

Under the leadership of the Homemakers' Club, Lamoille held a very fine joint program with Humboldt, Panama and Fort Halleck in observance of child Health Day, and held a local health poster and booklet contest. A new interest in all child health activities has arisen in the community and another year should bring some outstanding achievements.



(q) Foods and Nutrition.

KEEP GROWING

Lamoille, Elko County (continued)

Recommendations for the Coming Year:

1. Continue the present fine nutrition and health program under the sponsorship of the Homemakers' Club.
2. Try to have more physical defects corrected.
3. Try to be a gold star school.



## (q) Foods and Nutrition.

## KEEP GROWING

## Lee, Elko County

Number of children enrolled in the fall..... 9  
 Number of children completing demonstration..... 10 or 111.11%

	<u>Sept. 1933</u>	<u>May, 1934.</u>
Number in good nutritional condition	66.67%	70.00%
Number in fair nutritional condition	33.33	10.00
Number in poor nutritional condition	00.00	20.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	66.67%	70.00%
Total number defects corrected.....		3

The seemingly unfavorable figures for the Lee community this year are due to the fact that some children in very poor nutritional condition moved into the neighborhood to spend the winter. For the past six or eight years, Lee has had one of the best records in the State. However, in spite of handicap the school shows an improvement in the number of youngsters who are in good nutrition and a few defects have been corrected. This community has a remarkably high percentage (30%) of children who are free from apparent defects and has 50% of its youngsters with gold star ratings. When the new children improve both in nutrition and in physical defects, Lee will again be one of our best schools with a little effort toward improving handwashing facilities and repairing the toilets, this school will qualify for a gold star certificate.

Some of the best homes in the County are in this community, and the parent cooperation has always been ideal. The children bring hot food and milk in thermos bottles to school for their lunches and every effort is made to give these youngsters the advantages of a large school.

## Recommendations for the Coming year:

1. Continue the present nutrition and health program.
2. Try to have more defects corrected.
3. Hold a child Health Day program.
4. Enter the State Health booklet contest.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Metropolis, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 37  
 Number of children completing the demonstration.... 37 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	48.64%	75.67%
Number in fair nutritional condition	51.36	21.62
Number in poor nutritional condition	00.00	2.71
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	32.43%	72.08%
Number of defects corrected.....		7

Metropolis has made one of the greatest improvements among all the schools in the County. This community has an increase of 27% of the youngsters in the good nutritional class which is nearly three times the State goal, and makes the school of the eighteen qualifying for a silver star certificate since 75% of the children are in good nutrition and only 2.71% are in poor nutritional state. We are very proud of this remarkable progress and believe that we can attribute it to the Civil Works Service project on hot lunches. This school carried on this hot lunch work for nearly three months, and during that time the individual gains ranged from two to ten pounds. Many of the children came to school on buses and started very early in the morning. Having an adequate hot lunch at noon was the very thing they most needed in order to keep gaining. The Home economics laboratory was used for the preparation and serving of these lunches since it was already equipped and was not in use. We wish it might be possible to make a hot lunch project a permanent part of the school program in this particular community.

We are sorry to report that the only thing which prevents Metropolis from being a gold star school this year is its sanitary conditions. The toilets and handwashing facilities are in such a deplorable condition that much has to be done before the school can have good sanitation. There is running water in the building and modern conveniences, but the plumbing is badly in need of repair and the school youngsters should be taught to take care of such conveniences.

Recommendations for the Coming Year:

1. Continue the present nutrition program especially the hot lunches.
2. Repair the plumbing in the building.
3. Teach the children to respect school property and to make the proper use of modern conveniences



(q) Foods and Nutrition.

KEEP GROWING

Metropolis, Elko County (continued)

4. Hold a child Health Day program.
5. Enter the State health booklet contest.
6. Try to have more defects corrected.
7. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Montello, Elko County

A Gold Star Community

Number of children enrolled in the fall..... 83  
 Number of children completing the demonstration.... 75 or 90.36%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	66.26%	76.00%
Number in fair nutritional condition	28.90	22.67
Number in poor nutritional condition	4.93	1.33
	<u>99.99%</u>	<u>100.00%</u>
Children having physical defects....	57.83%	60.00%
Total number of defects corrected.....		98

Montello is our prize community in Elko County this year since it has such a fine record of improvement in nutritional condition and in number of physical defects corrected. This school has improved nearly 10% in good nutritional state and at present has 40% of its children free from apparent defects and 56% with gold star ratings. With 76% in good nutritional standing and less than 2% in poor nutrition, and with the excellent sanitary conditions of safe drinking water, good toilets and good handwashing facilities, Montello easily waulifies for a gold star certificate.

The most interesting and outstanding achievement of the community, however, is its correction of 98 defects this year. We doubt if this record could be matched in the State. Forty-eight of the Montello children have improved their posture, seven have had eyes corrected, three have had nose and throat corrections and thirty-four have had dental work done. This is an enviable record and all credit is due Mrs. H. Earl Belnap, the local leader for her fine individaul follow up work in the school and to the relief Society which has been so good to provide funds in a number of instances for the correction of defects among those children whose parents were financially unable to help them. We congratulate Mrs. Belnap and her helpers on their splendid results.

Almost all of the Montello school children go home at noon to a hot lunch so there wasnot the need of carrying on the hot lunch project in this community this year.

May 4, the school gave a very fine child Health Day program and reported an attendance of more than 200 adults and children.

Recommendations for the Coming Year;

1. Continue the present splendid program.



(q) Foods and Nutrition.

KEEP GROWING

North Starr, Elko County

Number of children enrolled in the fall.....	9	
Number of children completing the demonstration...	9 or 100%	
	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	22.22%	22.22%
Number in fair nutritional condition	77.77	44.45
Number in poor nutritional condition	00.00	33.33
	<u>99.99%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Total number of defects corrected.....		2

This little community has had a hard struggle again this year, and while the figures do not present a very favorable report we can say that North Starr has made some progress in health which cannot be measured in figures.

Because of the impossibility of getting physical defects corrected, the nutritional rating of the school has not improved and we are sorry to report that everyone of the children have serious physical defects. With this condition existing we have little hope of improving the nutritional condition of the community.

However, through the civil works administration, the school building has been refinished inside and repaired and is now one of the best rural school plants in the County. We count this health progress since it has improved the sanitary conditions of the school. The children have also tried to brush their teeth more regularly, and have tried to improve their health and food habits. We hope that through some financial aid next year, some of the physical defects in this school may be corrected so that the children will be free to gain.

Recommendations for the Coming Year:

1. Try to have some physical defects corrected.
2. Provide for a means of serving hot lunches during the winter.
3. Try to be a gold star school.
4. Hold a child Health Day program.
5. Enter the State health booklet contest.



(q) Foods and Nutrition.

KEEP GROWING

Panama, Elko County

A Silver Star Community

Number of children enrolled in the fall .....	5	
Number of children completing the demonstration....	3	or 60%
	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	20.00%	100.00%
Number in fair nutritional condition	80.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Total number of defects corrected.....		1

The Panama school shows perhaps the greatest improvement in nutritional condition among all the schools in the County this year; however, most of this improvement has been due to the fact that two of the worst cases moved away. Nevertheless we are glad to report that those children who remained in the school improved from fair to good nutritional standing, and Panama has the fine distinction of being among those schools which will be awarded silver star certificates. If this community could solve its problem of providing safe drinking water, good toilets and good handwashing facilities it would qualify as a gold star school. This can be possible if the children will bring drinking water to school in jars and if a tea kettle is provided for heating water for handwashing and the toilets can be repaired a little.

The teacher, Miss Mary Weeks, and the school trustees have cooperated splendidly this year at Panama, in carrying on the Keep Growing demonstration. Another year should show even greater progress.

Panama held a very fine child Health program and health poster contest with the Humboldt, Fort Halleck and Lamoille schools late in April. The children also entered the state health booklet contest. This school as well as Humboldt and Lamoille is sponsored by the Lamoille Homemakers' Club.

Recommendations for the Coming Year:

1. Continue the present fine nutrition and health program.
2. Try to have some physical defects corrected.
3. Try to improve the school sanitary conditions so as to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Rabbit Creek, Elko County

A Silver Star Community

Number of children enrolled in the fall.....		6
Number of children completing demonstration.....		5 or 80%
	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	100.00%
Number in fair nutritional condition	00.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	100.00%	100.00%
Number of defects corrected.....		3

Rabbit Creek has been 100% in good nutritional condition all year so is one of our best communities from that standpoint. This little school easily qualifies for a silver star certificate with such a record as this and were it not for the shortage of water so that an adequate supply of safe drinking water is available, Rabbit Creek would be a gold star school. All water which is used has to be brought from home which makes it difficult to have enough drinking water to say nothing of sufficient water for handwashing. The school has paper towels and if it were not for the water problem it would have good handwashing facilities.

During the winter the youngsters sometimes bring soups, cocoa or other food to reheat so they can have hot food at noon. Part of the children go home for lunch. Mrs. George Bowers, the teacher has done a great deal in emphasizing health in her teaching and in improving the sanitation and health equipment of the school. Rabbit Creek has one of the best equipped play grounds among the small schools of Elko County.

Recommendations for the Coming Year:

1. Try to have some physical defects corrected.
2. Try to secure a better source of water by having a well drilled if possible.
3. Hold a child health day program.
4. Enter the State health booklet contest.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Ryndon, Elko County

Number of children enrolled in the fall..... 13  
 Number of children completing the demonstration... 8 or 61.53%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	69.23%	62.50%
Number in fair nutritional condition	30.77	25.00
Number in poor nutritional condition	00.00	12.50
	<u>100.00%</u>	<u>100.00%</u>

Children having physical defects .... 92.30%      75.00%  
 Total number of defects corrected..... 7

Ryndon again has a commendable record although there has been a decrease in the number of children in good nutritional condition which is due to the fact the enrollment has fluctuated during the year, some of the children moving out and others moving in.

Because of financial conditions it has been difficult to have physical defects corrected here; however, the youngsters have worked hard to correct postural defects and to take better care of their teeth. A tooth brush drill every day has greatly improved the condition and appearance of the children's mouths. Mrs. Beatrice Keating, the teacher, has accomplished a fine piece of work in health by making hygiene and nutrition a part of her school routine. She is to be congratulated on her achievement.

Most of the Ryndon children live near the school and go home to a hot lunch so they do not have the problem of hot lunches at school. For a small community this school has good sanitary conditions. The hand washing facilities can be improved, but the school has a good source of hot water and has fairly good toilets. When Ryndon reaches a better state of nutrition it will be a gold star school.

Recommendations for the Coming Year:

1. Continue the present fine program of nutrition and health.
2. Try to have some physical defects corrected.
3. Try to improve handwashing facilities.
4. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Smith Creek, Elko County

An All Year Silver Star Community

Number of children enrolled in the fall..... 4  
 Number of children completing demonstration..... 5 or 120%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	80.00%
Number in fair nutritional condition	00.00%	20.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	100.00%
Total number of defects corrected.....		3

This little school is a silver star community for the second year since it has more than 80% of its children in good nutritional condition, and none in poor nutrition. If a better supply of drinking water and better handwashing facilities could be provided, Smith Creek would be a gold star school. We cannot consider water from an irrigation ditch safe.

The food habits in this community are quite good which accounts for the fine weights of the children, but there is need of a tooth brushing campaign and a daily health inspection in the school to emphasize and enforce the little rules of hygiene which should be automatic in a child's life. A child Health Day program each year would also greatly help to make these children health conscious. We also urge the school to take part in the state Health booklet contest. Making such a booklet and keeping individual health records impresses the youngsters with the importance of health practices. Smith Creek is located in an out of the way place in the County, and it is often difficult for the Extension agent to reach the school during the winter so as to weigh the children regularly. If a scales could be secured for the school the teacher or a local leader could carry the work on regularly and much more could be accomplished.

Recommendations for the Coming Year:

1. Try to provide a better source of drinking water and better handwashing facilities.
2. Hold a child Health Day program.
3. Enter the state health booklet contest.
4. Try to secure scales for the school.
5. Try to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

South Fork, Elko County

An All Year Silver Star Community

Number of children enrolled in the fall ..... 5  
 Number of children completing the demonstration... 5 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	100.00%	100.00%
Number in fair nutritional condition	00.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	80.00%
Total number of defects corrected.....		2

South Fork is another small rural school in which the children are naturally in good nutrition and because of their isolation seldom have any of the usual childhood diseases. In this community 100% of the youngsters have been in good nutrition all year. This is a fine distinction and gives the community the award of a silver star certificate. But like several other small country schools, South Fork does not qualify on sanitary conditions for a gold star certificate. The source of drinking water and the handwashing facilities are not good.

Much can be done in this school to improve its health conditions. A number of the children need to have physical defects corrected, but the families are financially unable to have such work done now. Drinking water will have to be brought from home if it is to be safe and enough should be brought so that the children can wash their hands when they need it. A little inexpensive play ground equipment would also help to improve the school. Some of the children bring cold lunches to school all winter.

Some provision should be made to reheat soups, cocoa or other hot dishes so that these youngsters can have a hot lunch. Daily health inspection would do much to remind the children to brush teeth regularly and come to school well groomed. We also urge South Fork to hold a child Health Day program each year and to enter the state health booklet contest.

Recommendations for the Coming Year:

1. Try to improve the source of drinking water and the hand-washing facilities.
2. Hold a child Health Day program.
3. Enter the state Health booklet contest.
4. Try to have some physical defects corrected.
5. Try to be a gold star school.



(q) Foods and Nutrition.

KEEP GROWING

Spanish Ranch, Elko County

A Silver Star Community

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration.... 3 or 50%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	66.66%	100.00%
Number in fair nutritional condition	33.33	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects ....	100.00%	100.00%
Number of defects corrected.....		2

Spanish Ranch is a tiny school in an isolated locality where the youngsters are usually in good nutrition, but where the other health needs are great. We are proud to report a splendid improvement in the percentage of children in the school in good nutrition, although much of the credit must go to the fact that the worst cases moved away. In the spring the three children enrolled were all in excellent nutrition, and the school qualifies for a silver star certificate. If the sanitary conditions such as provision for safe drinking water, better toilets and good hand washing facilities were made, Spanish Ranch would be a gold star community this year. It is difficult to improve the school plant in such a district because every year doubt arises as to whether there will be enough children to carry on a school. However, the teacher, Mrs. Alice Rakir, has accomplished a great deal in stressing hygiene and good food and health practices in the regular school work. The children have made some very fine health posters this year.

Recommendations for the Coming Year:

1. Try to improve source of drinking water and handwashing facilities.
2. Hold a child Health Day program.
3. Enter the State health booklet contest.
4. Try to be a gold star community.



(q) Foods and Nutrition.

KEEP GROWING

Sprucemont, Elko County

A Gold Star Community

Number of children enrolled in the fall..... 6  
 Number of children completing the demonstration... 6 or 100%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	50.00%	100.00%
Number in fair nutritional condition	50.00	00.00
Number in poor nutritional condition	00.00	00.00
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	83.00%	66.67%
Total number of defects corrected.....		11

Sprucemont is a far away little school and the Extension agent is seldom able to reach it more than twice a year, but the teacher, the children and the parents in this community cooperate so well that a very fine health program is carried on every day and the results which we have to report are among the best in the County. For two years now Sprucemont has closed the year as a gold star school, and we feel that the success has been due to the Bank of Health project which the children carry on each day in which they have daily health inspection and enter deposit slips in their bank of health for following daily health practices. In the fall this school had just 50% of its youngsters in good nutrition, and in the spring every child was rated in this class which means 100% improvement.

During the last year this community has had 100% dental corrections which also adds a remarkable distinction in our report for Sprucemont. Several of the children need to have other defects corrected, but with the present financial situation, little can be done. However, we are so proud of the fine Hygiene accomplishments in the school and feel that the children have probably done more for themselves than in any other school we have. We congratulate Sprucemont on its fine record. This little school gave a combined last day of school and Health Day program this year.

Recommendations for the Coming Year:

1. Continue the present fine program.



(q) Foods and Nutrition.

KEEP GROWING

Wells, Elko County

Number of children enrolled in the fall ..... 140  
 Number of children completing demonstration..... 153 or 109.28%

	<u>Sept. 1933</u>	<u>May, 1934</u>
Number in good nutritional condition	52.14%	65.36%
Number in fair nutritional condition	40.00	28.10
Number in poor nutritional condition	7.86	6.54
	<u>100.00%</u>	<u>100.00%</u>
Children having physical defects.....	63.57%	74.51%
Total number of defects corrected.....		42

Wells is our largest school in the Keep Growing demonstration in Elko County, and has made a remarkable record this year since there has been an increase of over 13% in the number of children in good nutritional condition, and 42 physical defects have been corrected. No doubt the hot lunch project carried on under the Civil Works Service is largely responsible for the improvement in nutritional condition.

A Health committee composed of several mothers in Wells have weighed the children each month during the winter since it was not always possible for the agent to go to the school. This committee has accomplished a splendid piece of work in the school and in acquainting the town with the purpose and results of the health program. They have also helped with the follow-up work.

Wells has the most modern and best equipped school plant in the County, and can easily qualify as a gold star community as soon as the percentage of children in good nutrition increases to 75.

With a crowded school program and a short term, Wells did not hold a child Health program or enter the state Health booklet contest this year, but we hope that both activities can be included in the health program next year.

Recommendations for the Coming Year:

1. Continue the present fine program.
2. Try to have more physical defects corrected.
3. Try to continue the hot lunch project.
4. Hold a child Health Day program.
5. Enter the State health booklet contest.
6. Try to be a gold star community.



## (q) Foods and Nutrition.

## THE CWS SCHOOL LUNCH

(Sub-project to Keep Growing)

Early in January, under the women's division of the Federal Civil Works Administration, a Nevada State project on hot school lunches was started to give employment to needy women and to help safeguard the health of the children in at least part of the schools during the critical months when so many fathers were out of work, and unable to provide adequate food for their families.

Five communities in Elko County carried on this project from two to nearly three months in Carlin, Contact, Elko, Wells and Metropolis. This project was under the supervision of Mrs. Alice Murdock, assistant supervisor of the women's work in Elko County. The local school trustees, parent-teacher associations and other organizations provided the space and equipment for these lunches and the CWA furnished the food and hired the labor at 62½ cents an hour. With the help of Keep Growing leaders, school nurses and teachers, those children who were under-nourished, or who were known to have an inadequate diet at home, were selected to make up the nutrition classes in these schools.

On an average, 1500 children were served in the five schools each week at an average cost of six cents a meal. The total food cost per week for the five schools amounted to approximately \$95, and the average cost of the labor was about \$140 per week.

A typical menu used in these school lunches is as follows:

Cream of Tomato Soup

Crackers

Buttered Carrots

Egg Whole Wheat Bread Sandwiches

Apple Tapioca

Milk

These menus were planned by the Extension Service and were prepared by the women, usually mothers of some of the children, in the school laboratories, provided for that purpose. The Keep Growing leaders and teachers helped to keep order in the lunch rooms and to see that the children ate all of their foods. The youngsters in all five communities made amazing gains - some were as much as ten pounds in the ten week's period they were served the lunches. This school lunch project has been a very important factor in the great improvement of the nutrition of the children in the Keep Growing demonstration this year.



## (q) Foods and Nutrition.

## THE CWS SCHOOL LUNCH (continued)

We hope that such a project may be a permanent part of the school program in the five communities which had the service last winter and also in several other communities.

## Summary of results:

Number of communities involved.....	5
Number of children included.....	521
Number leaders assisting.....	17
Number days devoted to projects by agent....	7½
Number news stories published.....	7
Number home visits made.....	6
Number method demonstrations held.....	2
Number result demonstrations carried on.....	5
Number meetings held in relation to project.	267
Number office calls.....	22



## (q) Foods and Nutrition.

## KEEP GROWING (continued)

The local leaders in the respective schools in the Keep Growing demonstration for 1933-1934 are as follows:

1.	Boulder	Miss Verle Leberski	Teacher
2.	Carlin	Mrs. W. C. Owens	
3.	Contact	Mrs. L. L. Wilcox	R.N.
4.	Elburz	Mrs. Lois Pursell	Teacher
5.	Fort Halleck	Mrs. Marguerite McQuiston	Teacher
6.	Halleck	Miss Mercedes Gerald	Teacher
7.	Humboldt	Miss Ruth Sauer	Teacher
8.	Jack Creek	Mrs. Florence Meyers	Teacher
9.	Jiggs	Mrs. Ralph Drown	Teacher
10.	Lamoille	Mrs. Yale Williams	Homemaker
11.	Lee	Mrs. Jessie Dewar	Homemaker
12.	Metropolis	no one	
13.	Montello	Mrs. H. Earl Belnap	R. N.
14.	North Starr	Mrs. Clara Warr	Teacher
15.	Panama	Miss Mary Weeks	Teacher
16.	Rabbit Creek	Mrs. George Bowers	Teacher
17.	Ryndon	Mrs. Beatrice Keating	Teacher
18.	Smith Creek	Miss Mary Margaret Thompson	Teacher
19.	South Fork	Mr. Fred Dees	Teacher
20.	Spanish Ranch	Mrs. Alice Rakir	Teacher
21.	Sprucemont	Miss Virginia Cole	Teacher
22.	Wells(committee)	Mrs. D. Quilici	R. N.
		Mrs. Myrtle Murphy	
		Mrs. H. R. Gilmer	



(r) Child Care and Training.

PREPARE FOR SCHOOL ROUND UP

It was hoped that before the Civil Works Service Administration nursing project closed in the spring, that the preschool work could be completed so that the communities might benefit by having the nurse inspect the preschool as well as the school children for physical defects. But the CWSA nursing service was cut off the last week in March, and thus far has not been resumed. However, it may be possible to have the field nurse from the Nevada Public Health Association to visit the County in June, and assist the Extension agent in the preschool projects.

All preschool work thus far accomplished has been done along with the Keep Growing demonstration, and is not very complete at this time.

There are ten communities in the County which have children who will start to school for the first time next fall, and therefore should carry on this Prepare for School Round Up project. These communities with their leaders are as follows:

- Carlin - Mrs. W. C. Owens
- Contact - Mrs. L. L. Wilcox
- Deeth - - Mrs. Margaret Tavelle
- Starr Valley - Mrs. Margaret Tavelle
- Lamoille - Mrs. Yale Williams
- Lee - - - Mrs. Jessie Dewar
- Metropolis Mrs. Marjorie Holbrook
- Montello - Mrs. H. Earl Belnap
- Ryndon - - Mrs. Beatrice Keating
- Spanish Ranch - Mrs. Alice Rakir
- Wells - - Mrs. D. Quilici, Mrs. Harriet Hyde

Summary of results to date:

Number of communities involved.....	10
Number of leaders assisting.....	10
Number of days devoted to project by agent....	1½
Number meetings held in relation to work.....	3
Number home visits.....	1
Number office calls.....	1



## (r) Child Care and Training.

## PRESCHOOL HOME DEMONSTRATIONS

The preschool home demonstrations are accomplished along with the Prepare for School Round Up as a rule; however, there are times all through the winter months when mothers bring their preschool youngsters in to the school on the days when the Extension agent visits the community to carry on the Keep Growing work.

If the Civil Works Administration nursing service could have been maintained two or three months longer, more could have been completed in this preschool project since the parents are eager to have the nurse inspect their little youngsters for physical defects. It is hoped that the field nurse from the Nevada Public Health Association can come to Elko County in June, and that the Extension agent can then give this demonstration to most of the communities.

The communities interested in carrying on this work are as follows:

<u>Community</u>	<u>Leader</u>
Carlin	Mrs. W. C. Owens
Contact	Mrs. L. L. Wilcox
Deeth and Starr Valley	Mrs. Margaret Tavelle
Lamoille	Mrs. Yale Williams
Lee	Mrs. Jessie Dewar
Metropolis	Mrs. Marjorie Holbrook
Montello	Mrs. H. Earl Belnap
Ryndon	Mrs. Beatrice Keating
Wells	Mrs. D. Quilici, and Mrs. Harriet Hyde

## Summary of results to date:

Number of communities involved.....	9
Number of leaders assisting.....	10
Number days devoted to project by agent...	7½
Number meetings held in relation to work..	28
Number home visits.....	21
Number office calls.....	3
Number method demonstrations given.....	27



(s) Clothing

ADULT CLOTHING SELECTION AND CONSTRUCTION

Through the county relief agency, the Civil Works Administration and the County Chapter of the American Red Cross, a great deal of cotton yard goods was made up into garments this year and distributed in every community throughout the County. The Extension agent, however, had little to do with this except to furnish a few patterns, and to aid in locating individuals and families who were in need of clothing.

In the temporary project on Supplementary Extension work in which seven workers in as many communities visited homes and assisted homemakers with every type of home problem, quite a little work was done in remodeling clothing, renovating, mending and simple sewing. This work only lasted nine weeks and the following report shows what was accomplished in this County in clothing in that time:

Number method demonstrations given.....	13
Attendance.....	29
Articles made.....	26
Number cases referred for aid in clothing.....	5

In May, two demonstrations were given by the agent before the Lamoille Homemakers' Club; one on Shoes and Hosiery, and one on the identification of cotton, silk and rayon textiles.

There is renewed interest in clothing construction in the home, and especially in making collars, fabric hats, gloves and other accessories to vary certain outfits of dress. Women are becoming more interested in sewing and all express a desire to have their daughters learn to sew.

Summary of results to date:

Number of communities involved.....	2
Number of days devoted to work by agent.....	1
Number meetings held in relation to project.....	1
Number method demonstrations given.....	2
Number office calls.....	8



(s) Clothing.

4-H CLOTHING SELECTION AND CONSTRUCTION CLUB

The final enrollments in the 4-H clothing clubs have been made at this date, and the girls are well started on their projects. There has been an increased interest in clothing work in Elko County, probably due to the outstanding success of some of these club members last year through the National Style Dress Revue contest in which one of our girls won first in the State, and was granted a trip to the National Club Congress in Chicago in November.

The following table shows the present enrollments according to projects and communities:

COMMUNITY	LEADER	ENROLLMENTS BY YEAR			
		1st	2nd	3rd	4th
Elko	Mrs. Ruth Duerloo	5	12		
	Mrs. E. T. Butler			7	
Metropolis	Mrs. Marjorie Holbrook		1	4	1
Sprucemont	Mrs. Brig Lewis			1	
Elko Indians	Mrs. L. L. Horn	3	3	2	2
ENROLLMENT TOTALS.....		<u>8</u>	<u>16</u>	<u>14</u>	<u>3</u>
GRAND TOTAL FOR CLOTHING PROJECT.....				41	

In the past three years there has been a decided improvement in the quality of 4-H clothing work, and this year should bring the highest standard of achievement in this project we have ever had since the leadership has improved and the girls themselves have a better appreciation of good work.

Summary of results to date:

Number of communities involved.....	4
Number of leaders assisting.....	5
Number of members enrolled.....	41
Number of days devoted to project.....	10½
Number of meetings held.....	36
Number of method demonstration meetings.....	13
Number of news stories published.....	4
Number of home visits made.....	14
Number of office calls.....	29



## (s) Clothing.

## CHILDREN'S CLOTHING

Very little has been done at this early date on this subject; however, in connection with both the adult clothing work and the pre-school home demonstrations, it promises to be an interesting subject before the year is over.

Some very nice models of small youngsters clothing were made by some of the women in the Civil Works Administration sewing room during the winter and are ready to be used in demonstrations. These models were made according to patterns recommended by the Bureau of Home Economics in Washington. The patterns are available to anyone in the County and are kept on file in the local Farm Bureau office.

The girls in third and fourth year 4-H Club clothing are making children's garments as a part of their work this year.

The following communities are interested in pre-school child projects and will be glad to have this work on children's clothing: Starr Valley, Metropolis, Wells, Montello, Lamaille, Lee, Jiggs and Carlin.

## Summary of results to date:

Number of communities interested in project.....	8
Number of days devoted to work by agent.....	2
Number of method demonstrations given.....	1



(t) Home Management.

NUTRITION

Nevada's Live-at-Home Plan

At this time of year, the Live-at-Home Plan can only be begun. This project is in its second year in Elko County, and there is increased interest in making it the major program correlating it very closely with Food Preservation, Gardens, Supplementary Extension Work, Food Selection and Preparation, Clothing Selection and Construction, and even Recreation.

The primary purpose of the project is to assist all ranch and farm families in meeting their needs by producing as much of their living at home as possible, since they have so little cash with which to buy food and other essentials away from home.

The following communities are taking part in this live-at-home program: Metropolis, Wells, Contact, Starr Valley, Elko, Lamoille and Lee.

Outstanding leaders in these communities are:

Metropolis

Mrs. Marjorie Holbrook  
Mrs. F. A. Gerber  
Mrs. George Terry

Wells

Mrs. Nancy Felts

Contact

Mrs. L. L. Wilcox

Deeth

Mrs. Leona Griswold  
Mrs. Margaret Grover  
Mrs. Everett Black  
Mrs. L. B. Jeanney  
Mrs. Sim Davis

Elko

Mrs. Winona Drown  
Mrs. Artie Truett

Lee

Mrs. Jessie Dewar  
Mrs. H. Bolton  
Mrs. George Ogilvie

Lamoille

Mrs. John Patterson  
Mrs. Effie McKinney  
Mrs. C. H. Reinken  
Mrs. Bert Harmer

In the later summer and early fall, the Food Preservation program will be included in this Live-at-Home plan.

A great deal is being done in home and community recreation with little or not cost in the following communities: Starr Valley, Lee and Lamoille.

Summary of results to date:

Number of communities involved.....	7
Number of leaders assisting.....	7
Number days devoted to project by agent (including the CWS Supplementary Extension Work).....	13
Number meetings held in relation to work.....	9



(t) Home Management.

Nevada's Live-at-Home Plan (continued)

Number homes visited.....	239
Number method demonstrations given.....	37
Number result demonstrations carried on.....	171



## (o) Home Management.

CWSA PROJECT # 26-423

## Supplementary Extension Work

Late in January, a relief work project under the Civil Works Service Administration, known as Supplementary Extension Work, was opened in Nevada, to provide employment for needy women, and to assist the Extension agents in reaching all relief and subsistence families. The chief purpose of this service was to investigate homes on the relief rolls and others which were just managing to eke out a living, to discover their real needs and to show them how to make the best use of the little income they had.

This project was organized under the state-wide supervision of Mrs. Helen S. Tremewan, and was directed by the local Extension agents. In Elko County, the work was carried on for nine weeks, in Contact, Wells, Metropolis and Starr Valley, Elko, Lamaille and Lee, with the following workers: Mrs. L. L. Wilcox, Mrs. Nancy Felts, Mrs. Marjorie Holbrook, Mrs. Leona Griswold, Mrs. Eugene Drown, Mrs. Artie Truett and Mrs. Jessie Dewar. The women were paid 62½ cents an hour, twenty-four hours a week in Elko, and 75 cents an hour, fifteen hours a week in the outlying communities since in the rural districts it was necessary to use a car in traveling.

These seven workers reached 171 different homes in the County, and assisted the homemakers with making out market orders, planning meals, preparing simple low cost foods, remodeling garments, refinishing furniture, cleaning house, making arrangements to get home loans on their property and numerous other little services which helped to solve the problems of the relief and subsistence families.

A few of the narrative reports of these assistant Extension workers here appended, tell of the nature of their service and what they accomplished.

## Summary of results:

Number communities involved.....	7
Number leaders assisting.....	7
Number days devoted to work by agent.....	13
Number days devoted to work by specialist.....	6
Number result demonstrations or families reached.....	171
Number home visits made.....	239
Number bulletins distributed.....	561
Number meetings held in relation to work.....	9
Number method demonstration meetings held.....	37
Number office calls.....	30



(o) Home Management.

CWSA PROJECT #26-423

Supplementary Extension Work (continued)

Narrative Reports

Dear Helen:

The Red Cross gave me a box of rags - some things that had been handed in, but which were too far gone to be of any use as garments for anyone - so when I went begging for something for a woman who makes rag rugs and sells them, they turned over this box of discards to me. From one badly worn silk skirt we got a sleeveless blouse for a girl of fifteen. The material went well with another second hand dress I had given her the week before, so she had an ensemble to her delight. One voile wash dress, full skirt, with a deep pink figure made a pair of curtains for a little square window in a very bare living end of a kitchen. I donated a potted geranium with a pink flower for the sill. It made a spot of beauty and the woman seemed surprised and very pleased. I succeeded in getting two new orders for rugs for the woman who makes rag rugs. She gets only 60 cents for each, but to this woman it's money and it's hers. So that's the story of the rags that would have been burned up.

Two of the homes where I have been called are way, way off the main roads and almost no one ever goes there. At both places I was told how glad they were to have someone come. And they were well pleased with the recipes. Most women are glad to have a new recipe and these were for simple things they all had. And I find most all women like to talk about foods. They like to know they are buying the most for their money.

I found that in most of these homes where I called, the women do most of the gardening - at least the planning of it, and they were anxious for any suggestions I could give on what to plant - and also on how best to preserve it for winter use.

We did a little sewing in one home for tiny tots and I helped a girl of sixteen make over a dress or two.

I know I haven't done anything big, but I think I have helped with lots of little things.

Sincerely,

(signed) Jessie Dewar



(o) Home Management.

CWSA PROJECT #26-423

Supplementary Extension Work (continued)

Narrative Reports

Dear Helen:

Since you can't be my shadow, I'll have to tell you something of the work I have been doing the past four weeks. It seems that I am just beginning to realize the scope and possibilities of this new phase of Extension work. It took a good part of the first week for it to soak into my head just what it was all about, and then the second week to locate people on the list or to find others who might like to work with us or needed us. But after that, it was easy and now it is going to be hard to know how to stop. There is something new coming up all the time.

The people have all been so receptive and friendly. As soon as I tell them who and what I am, they seem so glad to have some one to talk to. And by the time I call the second or third time they treat me like a special friend and even go with me to the yard gate. Although they live in town, many of them seem just hungry for some one to talk to as we isolated ranchers are. I remember when I was in the country how good it seemed to have the County agent stop in for just a minute on her way, and thinking back now, there was always a hint or suggestion dropped that eventually bore fruit, and so it seems with these visits I make.

We can't begin to tell all the results in this short time, but take for instance that little Mexican woman with her fourteen months old baby and husband with no work for some months. Could not get on CWA because he wasn't naturalized. She had gone to our Elko public schools and seems quite intelligent, but so apathetic. I asked her what she fed the baby. "I am still nursing her because we can't buy food for her". I investigated and reported to the CWA office. Can you see her happier expression when I told her they would give her a list of food to get so she could start weaning the baby and told her how to feed her. I haven't time to go back yet, but I must, real soon now, so as to help her further with the baby's diet, and to see if they need more food. I also want to encourage the husband to study so he can get his naturalization papers.

Another Mexican family - the first time I went, I couldn't do much, but I made an excuse - she was crocheting - and in a few days I took her a spool of crochet thread that I had knocking around in my way and stayed a while longer that time. Then the next time I was met at the door by the poor little five year old who recently had had to have one eye removed. "Get in", she said, with a big smile. Things were neat and clean, but the mother and six children, the oldest, a boy 15 years old, were sleeping in two beds in one room. She has a place where she can put up the third



## (o) Home Management.

## Supplementary Extension Work (continued)

bed and now soon as I have time, I'll try to help her get a bed up so they can sleep more comfortably.

Still another Mexican home - a two room cabin that he had built himself - OOO! when I saw him answering the door, I was afraid he'd hear my knees shake. He looked sort of fierce, but as soon as I saw his wife, I recognized a squaw that worked on the ranch for us 15 years ago, and then remembered the man as one of Garcia's tanners for a number of years. They were almost out of food. (Two children. The father had had no work for months). I told him to go to the CWA office for food. He said he had, but they had turned him down. They said he had had help. Upon investigation I found that there was another family by the same name and initial and the office thought they were the same. As soon as I reported that to the office the man got his food and the children didn't have to go hungry. The last time I was there I advised the wife on how to make over some clothes for her girl.

One evening at a lodge meeting one lady laughingly remarked that some day she was going to get me to come to her house and make an angel food cake and eat it all herself. Another lady spoke up and said, "Yes, you can come to my house and show me how too". After learning that she really meant it, I made an appointment and we made the cake. But while making the cake I found out she needed help about as badly as the rest of us, and I never would have dared to approach her. She was very glad to get the menus and market list, and now I can feel free to go back and help her in other ways. As for her affording the angel cake, she has her own eggs and that is as cheap adessert as she can make. She had said her stove didn't draw well, and when I saw the way the stove pipe was I wasn't surprised. I suggested a change in the kind of stove pipe elbow and she said she hadn't known about that. So even in little things like that we can help.

The little lady I have been giving sewing lessons to, was left an orphan at 13, with 4 younger brothers and sisters and her father to keep house for, so she had no time for sewing and no one to teach her. But now she says if she learns to sew her husband will buy her a second hand sewing machine. She feels like it is such a saving to make their own clothes. Some one had given her girls dresses and she didn't have the least idea of how to make them over, so I helped her there too.

Another lady met me with a big smile the first time I called. "Oh, I am so glad you came; I've been wanting to see you for some time. I want you to tell me how to make things for the Fair so they will be worthy of prizes", she said. So there I have a big job ahead of me. She has four "stair-steps", the oldest not quite



## (o) Home Management.

## Supplementary Extension Work (continued)

six and cleanest, cutest bunch I've seen for some time. She was so glad to get the market order and immediately began comparing it with what she usually spent. She found it about the same, but her husband had been thinking she was spending too much for food, and she was glad to have that to show him.

This poor family: father with his injured back, not able to work for 3 years, a  $3\frac{1}{2}$  year old boy, and just the other day a new baby. The mother is so ambitious and willing to work. She had received help from the County the month before, but didn't know whether she'd get it for this month and she wanted to leave her family cared for while she was confined, but hated to go to the County Commissioner to see about it, as he was so cranky with her. In the condition she was in, she didn't need any added unpleasantness, so I went to the Commissioner for her. You should have seen how grateful she and her husband were, and they seem so glad to see me every time I drop in. She wants work as soon as she is able, as she thinks by then, the husband will be strong enough to watch the children while she is out. I wish there was some way to get him some teeth as he had his all pulled, thinking it would help him get well quicker. She also never had a chance to learn to sew and I've promised to teach her as soon as she is able.

Now take this case. Some relative had sent a pair of rompers for her 13 month old baby. The young mother - she is also pregnant - said she'd just put these rompers away for a keep sake as the neck was so small she couldn't get the child's head through. When she showed them to me I gried them on the child and they fitted perfectly. The hole she thought was for his head was just an opening in the back to make it a sort of sun suit affair. She will need help getting her layette ready and in feeding the boy the right kind of food. She seems quite willing to learn and keeps things clean and neat. The first time I was there she complained about her stove not heating up like it should. Well, she had her damper down, so what could she expect? She is going to try some of the recipes as soon as they can get some groceries. Her husband is promised a job right away.

Gee, when I get started it's too hard to stop. This other little pregnant mother, her baby is 12 months old, and she expects to go to the hospital right away. She had nothing for her layette except what she had received at a shower, so I looked over her things and got what else she needed for her from the Red Cross, also some clothes for the other baby. She said last summer for a while they had nothing, but potatoes. She got so tired of them she quit eating. Just about 19 years old too!

The CWA office is depending on us to relieve them of a lot of investigation. They even hand us cases to look into and hope we'll be able to put in a telephone so they can call us when some one comes in that they want information on. They think the work



## (o) Home Management.

## Supplementary Extension Work (continued)

we are doing is splendid and very worthwhile, especially at this time.

Oh, and I must tell you about the old lady who has all her money, several thousand dollars, tied up in the Henderson Bank, and her without a penny. Her two oldest sons haven't been able to work all this time - good workers too. She's trying to keep the youngest in High School. Well, Mrs. Truett had been there, but the old lady sent for me to come too. Apparently not satisfied, so I went. In the meantime, Mrs. Truett had been there and had showed her how to turn the collars on her boys' shirts and had given her a grocery order, so she was in a much better frame of mind. Poor thing - she has worried so much about her affairs that it helps to just have some one come in and cheer her up.

Oh, and don't let me forget to tell you about my bed bug job. Yes, I found 'em! The lady says they can't sleep nights. So now I've got a good job helping them make war on those bugs. A bulletin from the Extension office helped me in this.

Then there is this other young mother with her 6 small children and only her CWA work for them to live on. There is lots to be done there. I've just made an opening as I've been there only once.

And the young girl, she didn't even finish 8th grade, whose husband left her before her baby was born. The baby is 7 months old now. She seems so uninterested in anything. I asked what work she could do if she could get it. "Oh, I can't work with the baby". I asked about what she cooked, "Oh, I can't cook just for myself". Now I'll feel like I have accomplished something if I can just arouse a little ambition in her and get her to do something for herself and baby. But that will take many visits. I've called only once.

I found a likeable, worthwhile young Mexican woman who seemed too interested in everything. Her husband had just taken out his citizenship papers and she wants to be a help to him. They have one cute little girl about 14 months old. It will be a pleasure to help her learn our ways, especially when she is trying so hard to be like her husband's American friends.

Did I mention the lady who wants suggestions about making over her wedding clothes; the one who asked advice about her new drapes and window curtains, the one who wants to make new cretonne covers for her chairs; the one who was going to discard a



## (o) Home Management.

## Supplementary Extension Work (continued)

dress and I showed her how to change the sleeves and now she says she doesn't know what she'd do without it.

The Italian woman whose husband has been out of work two years, and seemed so gloomy, now he jokes with me and seems quite friendly. I helped her with some sewing. Yes, and there's a lady who wants me to show her how to cut out a dress for her girl. Nice material was given to her, but she doesn't feel confident enough to go ahead.

And there are so many others I just can't have space to mention them all.

This work seems to gain momentum in the telling, as well as the doing and no end seems in sight. However, I'll have to bring this to a close now and hope to be able to tell you more another time.

Sincerely yours,

(signed) Winona Walton Drown  
(Mrs. Eugene Drown)

Elko, Nevada  
March 27, 1934.

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WHAT I HAVE ACCOMPLISHED AS AN EXTENSION SERVICE  
VISITOR

When I started this most interesting work, I knew to a large extent who needed my help and what they needed. When one has watched the life of a community through its drug store for eleven years, it is easy to know the story of most families. But instead of doing the things I had planned, I have found myself a regular clearing house for the woes of the community. Wherever need or sickness appear, they send for me and expect me to provide the necessary help. In return they accept my suggestions, and thus I buy my way.

One case I have spent much time on. Sufficient supplies were "laid in" in the fall for the school year, but evidently little variety. The father has earned nothing since. They were very bitter toward CWA and all charity organizations - the children showed poor food and all had bad colds. I finally persuaded her to try some of our recipes for which she had supplies and to accept two quarts of fresh milk daily from the Red Cross. The children already show a remarkable improvement.



## (o) Home Management.

## Supplementary Extension Work (continued)

Another case I have watched for a long time. Those children possibly buy more candy than any other family in town. For several years, the father has had little work, but candy is still bought. At last here was my chance. But the lady is not interested in cooking. However, she loves to sew and has lots of material on hand. Red Cross material from last year, I believe - which was never used because the machine was out of repair. I oiled and adjusted it, showed her how to repair it in case it stops again. This means new clothes and mended clothes for a raggedy family. In return, she agreed to try making desserts for the family and I hope my next call will show an improvement in the children's skin.

For two years I watched a neighbor throw out food one week and let the children go hungry the next, even offered to help her can a half beef to save it, but we didn't. Now I come with authority - she watches for my visits and is so eager for every recipe or suggestion to help her save food or give those children better meals.

In nearly every instance those who are having the hardest struggle own their own homes and keep them immaculately clean. They all sew well, but have never learned much economy in foods for it is only recently that such need has confronted them.

During the winter there were many miserable families here, but with the nice weather they have drifted on - many following the road camps. It is interesting to note that I have visited only one home where the living conditions are deplorable. The family health is good, and the mother very eager to have help with foods.

I have been welcomed everywhere. I have gone and our recipes and suggestions have been eagerly received in every home. Great results could not be accomplished in this time, but I believe much good will come of even this brief start.

(signed) Mrs. Nancy Felts  
Wells, Nevada  
March 26, 1934.

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EXTENSION SERVICE VISITOR'S REPORT

To begin this story, I should like to say that I enjoyed my visits to all the relief families and they seemed always to enjoy seeing and visiting with me. Perhaps considerable good I did was to cheer up those who seemed to be discouraged and "down and out",



## (o) Home Management.

## Supplementary Extension Work (continued)

so to speak. Their outlook on life seemed brighter many times after my calls. A good many of my calls were to families which during my period of work were subsistence families and most of them needed very little help. Now that CWA work has been discontinued there will be several of them who will need help at least for a month or two until more things open up, and haying starts. Even then there may not be much demand for men at the present outlook.

I spent more time and effort trying to be of assistance to John Moore and his family than to any other family because it being a family of ten I felt that certainly they needed help if any did. John has had very little work, possibly averaged \$18 per month for several months, which hasn't been enough for such a large family. At present he has no work, so of course they do need help.

Mrs. Moore is quite unwilling to accept suggestions, but I still have hopes that some I made to her will take effect sometime. Since the house was so poorly kept I suggested on my first visit that with all the work she had to do perhaps the girls and older boys might help her. Whether or not they did I don't know, but at any rate the general appearance of the house and its cleanliness was greatly improved as I noticed on my subsequent visits. That she took more pride in having it cleaner and more sanitary was evident. I suggested that she use more tomatoes since the children had so little fruit and I explained the necessity of the children having some fruit every day if possible. At the present they are living principally on charity, so what they are using depends principally upon what is given them. Then only the smaller children (babies) were drinking milk and she said she did use some in cooking, but no doubt these children do not get enough milk. I gave her dessert recipes which required the use of milk. I suggested fewer hot cakes for breakfast and more light bread rather than biscuits all the time for the other meals. I also suggested that the stockings would wear longer if darned.

This family, however, has had so much direct relief (commodities) that they practically insist on it now, and are not too appreciative of any other help, but at least I hope I have spread a little sunshine in this family and helped them quite definitely.

Another person I believe I helped to get relief was George Byers, Sr., a man of eighty-three, who because of his age and poor eye-sight is unable to carry on his usual work of raising strawberries, the means by which he realized a slight income each year. Having been fairly well to do at one time as so many old times have been, and being of a proud nature he was at first very



## (o) Home Management.

## Supplementary Extension Work (continued)

careful not to let on that he had little to eat. Finally, he took me into his confidence and admitted he would be very appreciative of a little flour and some beans. I reported his case and he received a nice supply of groceries which he really needed and appreciated from the bottom of his heart. I enjoyed so much helping some one of such an appreciative nature as this.

Hubert McNammarra is a very interesting bachelor. He lives by himself and keep his house spick and span - cleaner than that of many of the housewives I had occasion to visit. Having no children and plenty of time, this was of course possible, but an unusual characteristic of most men. Mr. McNammarra is also a good cook and specializes in jelly making and has quite a reputation along that line. I interested him in some of the recipes I gave him and went over a few of them with him. He mentioned various ones he had tried and how good they were. As I encouraged others, I also encouraged him to use as much milk, fruit and vegetables as possible. He had plenty of canned fruit and jelly in his store of foods.

The R. M. Cloud family of Ryndon is a fine family. She seems to be a good cook and a very capable seamstress. She makes and remakes the children's clothes and does sewing for others.

I have made two calls there, but she was home only the first time. I left some recipes which she seemed pleased to get. She seemed to be using as much milk, fruit and vegetables as they could afford.

Leyvas of Elburz was a difficult family to help very much since she doesn't understand English very well. I found out that they needed relief and reported them. They were using hardly any milk, fruit or vegetables. They were buying mush by small packages, so I suggested that they buy it in larger amounts which would be cheaper. I left recipes which the oldest girl said they had tried. They enjoyed having me come and I gave as many helpful suggestions as possible.

The problem of the Montgomery family of Ryndon is principally poor management. The house is filthy and poorly kept, and she evidently doesn't cook nourishing and appetizing dishes. The girl is undernourished and needs to drink more milk and take cod liver oil. They were using little fruit so again I suggested using more tomatoes. I left several recipes which I hoped she would try. She was not home when I called last.

The remainder of the families I helped in about the same ways. I gave them recipes which they could use to the best advantage and encouraged them to use plenty of nourishing and healthful foods. To a good many of the mothers I gave the pamphlet on how to remake used garments. So many of the mothers were very capable seamstresses, but those who weren't I gave suggestions to the best I could.



(c) Home Management.

Supplementary Extension Work (continued)

Although the time has been rather short for many changes, or many practices to be adopted, I may say in summing up, that I have tried to be of service and help those who are in greatest need. I feel that from the standpoint of the home and the children in it that this work is truly important.

(signed) Leona Griswold.

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## (u) Home Furnishings.

## HOME IMPROVEMENT

## Interior

Although the financial depression is still as serious as it has been for the last three years, there has been considerable interest in interior home improvement in the County, this year. This is probably due to the fact that homemakers have put off redecorating and refurnishing until their homes are so much in need of improvement that at last they are trying to do what they can on the little money they have.

Mrs. Bert Harmer at Lamaille, is improving her home interior as well as her grounds, this year. She is refinishing the kitchen, making it lighter and more attractive with light paints, and has just finished redecorating a bedroom in which she calcimined and stipled the walls with a blend of cream, blue and rose. She expects to use creamy yellow curtains to help add warmth to the room. She is also redecorating another bedroom with a cream and light brown stipling on the walls. This home should be very attractive when it is finished. The outside of the house is also receiving a fresh coat of dark brown paint with white trimming.

Last summer, Mrs. Flavon purchased an old home in Lamaille, and has been remodeling it for a summer home for herself and little girl. She has remodeled the kitchen, putting in cupboards and sink at proper heights and has redecorated the other rooms and painted the exterior of the house. It will be a very neat and attractive little place when it is finished.

In Elko, Mrs. E. L. Bachman is redecorating her back porch making it into a very nice little breakfast room. The walls were a dull French grey. Ivory walls and ceiling, brightly printed orange and green shades and a dull green breakfast set make this a lovely little room in which to serve the family meals this summer.

Mrs. Brig Lewis at Sprucemont, has been cleaning and refinishing woodwork and furniture according to directions obtained from our local Extension office.

Much more work will probably be done in these and other communities before the summer is over in interior decoration, home furnishings, remodeling, etc.

At present, a summary of results is as follows:

Number communities involved.....	3
Number leaders assisting.....	0
Number days devoted to work by agent.....	1
Number method demonstrations held.....	1



(u) Home Furnishings.

HOME IMPROVEMENT

Interior

Summary of results (continued):

Number result demonstrations being carried on	4
Number news stories published.....	0
Number home visits made.....	3
Number kitchens improved.....	2
Number bedrooms improved.....	4
Number other rooms redecorated.....	6
Number houses remodeled.....	1
Number office calls made.....	1



(w) Community Activities.

4-H CLUB, COUNTY-WIDE

A very good enrollment in girls' 4-H club projects has just been completed in the County. This year the clothing work seems to be more popular than the foods projects. This is probably due to the fact that it has been difficult to secure food club leaders; then, too, some of the clothing club members won such nice prizes last year, that the girls are eager to compete in this field. The Food Preservation Club is again county-wide since there are only eleven members altogether. There has been considerable interest in this project, but because of drouth conditions it is difficult for families to grow a sufficient variety of preservable foods for the girls to be able to can as much as they might under other conditions. Those members in Elko must buy all they preserve, and that is not always economical.

The following table shows the distribution of 4-H club projects and enrollments according to communities:

COMMUNITY	PROJECTS		
	Clothing	Foods	Canning
Elko .....	24	7	3
Elko Indians.....	10		
Lamoille.....		9	
Metropolis.....	6		
Starr Valley.....		6	6
Sprucemont.....	1		
Fort Halleck.....			2
TOTALS.....	41	22	11
TOTAL NUMBER PROJECT ENROLLMENTS		74	
Total number of 4-H club members.....		67	
Total number club members enrolled in two projects.....		7	

Summary of results to date:

Number of communities involved.....	7
Number of leaders assisting.....	13
Number of project enrollments.....	74
Number of club members.....	67
Number of days devoted to work by agent.....	28½



## (w) Community Activities:

## RELIEF WORK

Since Elko County has had a relief organization this year operating under the Federal Emergency Relief Administration with almost entirely federal funds, the local Extension office has had little responsibility in the County relief work other than supervision of the CWSA School Lunch, and the Supplementary Extension Work projects.

A County relief committee composed of Mrs. A. J. Hood, Mr. Ira Pearce, Mr. A. H. Berning and Mr. George Adamson, was selected and controlled all relief and CWA work.

A county-wide Red Cross drive was put on early in the fall, and a larger number of memberships were secured than in any previous year. A large quantity of Red Cross cotton materials had been received the year before and under the CWSA a sewing room was opened employing six or eight women who made up the yard goods into garments and salvaged old clothing brought into the local Red Cross office. The Elko Red Cross committee consisted of Mrs. C. W. Griswold, Mrs. E. P. Carville, Mrs. F. E. Scott and Mrs. R. Kinne.

The County Extension agent acted as voluntary supervisor, and also as technical advisor in the CWS school lunch project which was carried on under the direction of Mrs. Alice Murdock. Five schools: Elko, Carlin, Contact, Metropolis and Wells with a total of about three hundred children were fed every day for nearly three months, carried on this project.

The CWS nursing service also cooperated very closely with the Extension Service this year in loaning Mrs. Stella Hostetler, R. N., to the Keep Growing demonstration for a period of about nine weeks. Mrs. Hostetler inspected a total of 431 children for physical defects in twenty-one schools and did follow-up work in getting such defects corrected.

When the CWS project on Supplementary Extension Work was organized in February, it was initiated under the direct supervision of the women's Extension Service and was carried on in three counties of the State with Mrs. Helen S. Tremewan as State Supervisor, and the local agent as County supervisor. Seven women were employed in Elko County and were as follows:



(w) Community Activities.

RELIEF WORK (continued)

<u>Employee</u>	<u>Community</u>
Mrs. L. L. Wilcox	Contact
Mrs. Nancy Felts	Wells
Mrs. Marjorie Holbrook	Metropolis
Mrs. Leona Griswold	Starr Valley
Mrs. Jessie Dewar	Lee and Lamaille
Mrs. Artie Truett	Elko
Mrs. Winona Drown	Elko

The two purposes of this project were to give needy women employment and to have these women teach other families how to use the income they had to better advantage. These seven leaders reached 171 families, made 239 home visits, gave 37 method demonstrations and distributed 561 bulletins.

Summary of results:

Number of communities involved in some form of relief work.....	32
Number of leaders assisting.....	25
Number days devoted to relief work by agent.....	8½
Number meetings held.....	15
Number news stories published.....	3
Number home visits made, 239 + 13.....	252
Number method demonstrations held.....	60
Keep Growing.....	21
Supplementary Extension work.....	37
School lunch.....	2
Number result demonstrations carried on.....	902
Keep Growing.....	431
Supplementary Extension work.....	171
School Lunch.....	300



## (w) Community Activities.

## FARM BUREAU COOPERATION

At the annual State Extension and Farm Bureau meeting held in Reno, the latter part of the month of January and the first part of February, a new organization of the Farm Bureau was initiated and is now functioning. The Farm Bureau articles of Incorporation were amended to include commodity departments, and to provide for additional directors. These commodity departments are as follows: Livestock; Crops; Home and Community; 4-H Club.

In addition to the purpose of diffusing information on agricultural and home economics subjects, the new Farm Bureau is also intended to aid in uniting the ranchers with different interests in a common organization which promotes the fulfillment of their needs in increasing agricultural prices and decreasing agricultural costs.

The opening up of a livestock department in the Farm Bureau this year greatly increased the interest and value of the organization. The State meeting in Reno was attended by more people than in any previous year in the history of the Nevada State Farm Bureau.

Under the new plan the State is divided into several regions, and Elko County with Eureka County, makes up Region No. 4. The directors in the several counties in a region meet two or three times a year to cooperate in adopting certain policies in legislation and other matters. Thus far this year one regional meeting has been held in Elko, at which the agricultural adjustment administration program was the chief topic.

In this County, the Homemakers' Clubs at Elko, Lamoille and Lee are auxiliary to the County Farm Bureau, and provide from five to ten memberships according to the size of the club.

There are five organized Farm Bureau centers in Elko County, and they are as follows: Metropolis, Starr Valley, Halleck, Lee and Lamoille. Meetings relating to the agricultural adjustment administration have been held in each of these community centers. The Homemakers' Club in Elko, Lamoille and Lee, meet twice a month; one meeting being devoted to business and educational activity and the other to social recreation.

The County Board of Directors for this year is as follows: president, George Ogilvie; vice-president, George Terry; secretary-treasurer, Mrs. John Patterson; Mrs. Eugene Drown; L. B. Jeanney, Tracy Fairchild and Allen McBride. There are at present



## (w) Community Activities.

## FARM BUREAU COOPERATION (continued)

thirty-three paid up memberships in the local Farm Bureau.

Greater interest and enthusiasm in the Farm Bureau is being shown this year than at any time during the three year period which the agent has worked in Elko County. The close relationship of the Extension Service with the Farm Bureau in carrying out the agricultural adjustment administration and the opening of a department for livestock interests are no doubt responsible for this increased interest.

## Summary of results to date:

Number of communities having Farm Bureau organization.	5
Number of community chairmen.....	5
Number of Homemakers' clubs.....	3
Number of Farm Bureau memberships.....	33
Number of Homemakers in the County.....	58
Number days devoted to project by agent.....	6½
Number meetings held in relation to project.....	15
(AAA meetings not counted)	
Number news stories published.....	2
Number office calls.....	8



## (w) Community Activities.

## HOMEMAKERS' CLUB

Organized Homemakers' Clubs are functioning in Elko, Lee and Lamoille, with a total enrollment of about 58 women. These clubs are auxiliary to the County Farm Bureau and each has from five to ten paid up memberships in the Farm Bureau. They sponsor the 4-H clubs, Keep Growing and Pre-school Child Health work and help to make the May Day Child Health programs, Health Booklet contests and 4-H Club Achievement Day successful. Most of the 4-H Club leaders are recruited from these women's clubs. In Starr Valley, the Starr Progressive Club has also helped to sponsor the 4-H Club and Keep Growing project.

The Homemakers' Clubs each year plan a program of meetings which include every phase of homemaking from food selection and preparation and child care and training to community and civic development.

The 1934 Program for the Lamoille Homemakers' Club is here attached and shows how varied and comprehensive they have planned their work.

## Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	3
Number days devoted to work by agent.....	13
Number meetings held in relation to work.....	16
Number news stories published.....	8
Number home visits.....	16
Number office calls.....	13
Number result demonstrations carried on.....	58
Number method demonstrations given.....	5



## (w) Community Activities.

## THE LAMOILLE HOMEMAKERS' CLUB

The officers of the Lamoille Homemakers' Club are: president, vice-president, secretary and treasurer.

There are committees on: program, entertainment, refreshments, publicity, memberships, visiting and flowers, welfare, 4-H club, nutrition and health and thrift.

Business meetings are held the first Wednesday in every month, and social meetings on the third Wednesday in every month.

Following is the 1934 plan of the business meetings:

Roll Call: If I were Building a Home.

Subject: The Present Trend in Architecture (Use pictures, plans, etc.) Home Decorating (Walls, floors, curtains).

Roll Call: My Favorite "Home" Song or Poem.

Subject: Home Furnishings (Use pictures, catalogs, samples, etc.) Silver, Linen, Glass.

Roll Call: My Favorite Picture for the Home.

Subject: Building Family Life. Books for the Whole Family.

Roll Call: An Interesting Magazine Article.

Subject: Magazines for the Home. Short Talks on stories, articles, advertising, types of magazines such as Travel, Home and Garden, Scientific, etc.

Roll Call: A New Fashion Note.

Subject: Life Expressed in Clothes. Short Talks and Demonstrations on cottons, silks, shoes, furs, jewelry.

Roll Call: My Garden.

Subject: Old Fashioned Gardens are New Fashioned. Planning your garden on paper.

Roll Call: My Favorite Radio Program.

Subject: The Progress of Radio. What Radio may do for the home.

Roll Call: Modern Health Discoveries.

Subject: What's All This About Vitamins? Diet and Exercise (talk, round table or demonstrations).

Roll Call: My Favorite Economy.

Subject: Planning the Family Finances (with budget demonstrations if possible). Possible Gold Behind the Depression Clouds (simpler ways, more neighborliness, etc.).



## (w) Community Activities.

## THE LAMOILLE HOMEMAKERS' CLUB (continued)

Roll Call: A Prominent Woman.

Subject: Are Women Voting? Are they Successful in Public Office; What Place in Modern Life Have Women's Organizations? (round table informal debate).

Roll Call: My Favorite Motion Picture Star.

Subject: Development of the Talkies. Standards of Censorship.

Roll Call: The Kind of Music I Like Best.

Subject: Music in the Home; Piano; Other Instruments; a Home Orchestra. Development of the phonograph. Are Mechanical Devices Crowding Out Other Music? Desirable or Otherwise? (round table discussion).



## (w) Community Activities.

## RECREATION

Perhaps one good result of the depressing times in that communities are seeking wholesome home-made entertainment and recreation at little or no cost. There is an increasing interest in simple parties, programs, socials, etc., in all of our community centers in Elko County. The Homemakers' Clubs devote wholly half of their programs to social meetings and are sponsoring school programs, Child Health Day activities, and many other community projects which provide recreational as well as educational values.

In addition to bridge and other card parties the clubs have had children's parties, luncheons, garden parties, dances and many other recreational activities within their own groups.

Considerable interest has also been shown in good reading, and in response to this interest the agent has started a lending library of current books of fiction and non-fiction in the local Farm Bureau office. These books are loaned for two weeks without charge.

The 4-H clubs also have a recreational program, and try to devote some time at each meeting to games, songs, stunts, etc. In Elko, the club went to see "Alice in Wonderland" as a part of their social program. Hikes, picnics and dances also are popular among the 4-H Club members.

## Summary of results to date:

Number of communities participating.....	6
Number of leaders assisting.....	3
Number of days devoted to work by agent.....	1
Number of meetings held in relation to project	3
Number of news stories published.....	2
Number home visits made.....	5
Number of method demonstrations.....	3
Number of result demonstrations being carried on.....	7



(w) Community Activities.

AGRICULTURAL AND CIVIC PROBLEMS

In response to the requests of some of the women at the Chicago meeting of the National Farm Bureau Federation last fall, and again at the state meeting of the Nevada Farm Bureau in Reno, in February, this project was formulated to inform the women of our County on the chief topics of present agricultural and civil progress.

This project takes up a detailed study of legislation, national, state and local, of law enforcement and what it means to be an informed voter; a study of consumers' problems using the Consumers' Guide, and the Consumers' Research findings; and a study of the Agricultural Adjustment Act, the Farm Loan set-up and national, state and local health problems.

In Elko, the key person in the study of consumers' problems is Mrs. Winona Drown, and at Lamaille, Mrs. John Patterson. Mrs. George Ogilvie, at Lee, is also interested in this information.

Summary of results to date:

Number of communities involved.....	3
Number of leaders assisting.....	3
Number of days devoted to work by agent.....	1
Number of news stories published.....	1
Number of result demonstrations being carried on..	58
Number of method demonstrations.....	1



## (w) Community Activities.

## FAIRS AND EXHIBITS

At the present time (June 1), it is not known whether there will be County Fair and Flower Show. There are very little funds for such an activity; however, there has been a suggestion that the fair and flower show could be held if the workers work without remuneration and only ribbons are given as prizes. It remains to be seen whether this will be carried out.

The women's department of the Fair has always been one of the finest attractions of the occasion. A list of the superintendents and their respective departments is as follows:

Sewing.....	Mrs. Eugene Drown
Handwork.....	Mrs. Fred Voight
4-H Club Sewing.....	Mrs. Fred Walthers
Foods.....	Mrs. C. E. Secor
4-H Club Foods and Canning.....	Mrs. Joe Curry
Canning (adult).....	Mrs. E. G. Reynolds
Antiques.....	Mrs. August Rohwer
Indian Work.....	Mrs. August Rohwer
Manual Arts.....	Fred Snyder
Flower Show.....	Mrs. E. C. Riddell
	Mrs. E. M. Steninger
Clerks.....	Mrs. C. H. Reinken
	Mrs. C. W. Griswold

Since nothing has been accomplished at this early date on this project, there is no summary of results.



## V. OUTLOOK AND RECOMMENDATIONS

Outlook: The "New Deal" in agriculture which is functioning under the present presidential administration, has greatly changed the nature of Extension Work, and we find it administrative as well as educational. It is hoped that the federal agricultural adjustment Act will greatly improve rural conditions permanently. The temporary benefits have already in many cases provided sustenance and bare necessities to farm families.

Emphasis on the importance of living adequately and happily at low cost and on improving and protecting family health is increasing and is being supported by rural life itself as well as by our Extension Service.

Looking forward, the most eminent projects are Keep Growing, 4-H Club, pre-school and the Nevada-Live-At-Home Plan which comprehensively includes the production and utilization of all the needs of the home.

Recommendations:

## (1). Home Gardens.

- (a). Stress adequate gardens again and strive to increase the number of these gardens.

## (2). Home Grounds Improvement.

- (a). Transfer all phases of this project to the men's division of Extension Work, since all requests are handled by specialist in landscaping and horticulture. Heretofore the organization and management of home grounds improvement enrollments and contests have been handled by the woman Extension Agent but in the last five years the territory has been well canvassed and this method of carrying on the project is no longer needed.

## (3). Foods and Nutrition.

- (a). Increase emphasis on the low cost, but adequate dietary.
- (b). Continue the present fine method of carrying on the Keep Growing work. Strive to have all of the Children in the Keep Growing schools inspected for physical defects by the State or County field nurse, and try to have at least ten percent of the physical defects corrected.
- (c). Continue the good work in Food Selection and Preparation and in Food Preservation, 4-H Clubs,.



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- (4). Child Care and Training
- (a). Continue the Prepare for School and the Pre-school Home Demonstration work.
- (5). Clothing
- (a). Assist all relief organizations in their clothing work by providing technical help and advice in the selection and construction of garments.
  - (b). Increase work in children's clothing by giving standards for selection and construction of children's clothing.
  - (c). Increase the quality and quantity of 4-H clothing work.
- (6). Home Management
- (a). Continue the Nevada Live-at-Home program and correlate it with all other projects.
- (7). Home Improvement
- (a). Meet demands and interests of individuals in the county.
- (8). Community Activities
- (a). Assist in promoting the growth of the Farm Bureau.
  - (b). Assist in making the County Fair and Flower Show efficient and educational institution.
  - (c). Assist in promoting interest in wholesome community and family recreation in the county.
  - (d). Continue and increase work on agricultural and civic problems especially on consumer's problems.



VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS TO DATE.  
June 1, 1934

1. Gardens.

This work is being carried on in 15 communities with 24 cooperators. There will undoubtedly be more cooperators later. The garden project is correlated very closely with the Nevada Live-at-Home Plan.

2. Yard Improvement.

Home grounds improvement is being carried on in Elko, Wells and Lamaille, and consists chiefly of specialists' service on landscaping, the selection and care of trees, shrubbery and flowers, and on the control of pests.

3. Food Selection and Preparation.

Seven communities have been involved in this work through the Supplementary Extension project which emphasized low cost menus, recipes and market orders. There will be other nutrition work through the Homemakers' Clubs during the summer and fall. Four-H Foods Clubs are organized in Elko, Lamaille and Starr Valley.

4. Food Preservation.

Nothing has been accomplished at this early date in food preservation; however, this promises to be one of the most important projects in the early fall.

5. Keep Growing.

Twenty-two communities have been reached in this demonstration with a total of 584 children. Health inspection by the CWA nursing service and the correction of 312 physical defects as well as advice on diet and environmental problems have made up the program of work.

6. Child Care and Training.

Neither of the two projects: the Prepare for School Round Up and the Preschool Home Demonstrations have been completed at this time; however, ten communities with a total of 43 children have been reached. Emphasis is being placed on health, diet and habit formation among these children.

7. Clothing.

Cooperating with the local relief agencies and working through the project on Supplementary Extension work, seven communities have been involved in clothing work and at least 171 families have been contacted.



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VI. SUMMARY OF ACTIVITIES AND ACCOMPLISHMENTS (continued)

8. Home Improvement.

This year finds increased interest in home improvement and thus far eight rooms have been redecorated and partially re-furnished, two kitchens remodeled and one house rearranged and improved.

9. 4-H Club Work.

Sixty-seven 4-H club girls are at present enrolled: 22 are studying Foods work; 11 are studying Food Preservation and 41, Clothing Selection and Construction. Six girls are enrolled in more than one project.

10. Farm Bureau Cooperation.

Seven communities, five of which are organized farm centers are involved in Farm Bureau cooperation. Eight meetings have been held other than those directly concerning the Agricultural Adjustment Administration. At present, there is a membership of 33 persons. The Homemakers' Clubs offer an auxiliary membership of 58 women.